



# The Knight's Tablet

**"Put on the armor of God and fight the good fight of faith." – St. Paul**

**January 24, 2024**

## **Upcoming Events**

**Jan 17-Jan 27** ~ Registration Opens for CURRENT FAMILIES

**Jan 28** ~ OPEN HOUSE/ Men's Breakfast/ Registration Opens for New Families

**Jan 28-Feb 2** ~ Catholic Schools Week—see page 3 for details

**Feb 2**~ Noon Dismissal Spirit Day

**Feb 9**~ Father-Daughter Dance p 6

**Feb 13**~Class Valentine Party

**Feb 14**~ **Ash Wednesday**

**Feb 17** ~ St. Paul Dinner Auction

**Feb 19** ~ No School / President's Day

## **Registration Information**

St. Paul School Registration for the 2024-2025 school year is now open for **current school families!**

Please return your registration as soon as possible to hold your child's spot, it will open up to **everyone** on Sunday, January 28. Please see page 5 and 6 of the Tablet for the updated scholarship guidelines.

## **Servers Schedule**

**Jan 26** Noah Gentemann and Kamdyn O'Connor

**Jan 27** 4:30pm Volunteers Needed

**Jan 28** 7:00am Tedy Militello & Emmie Osterholt

9:00am Anna VonBokel & Marianne Vomund

11:00am Makenna Erwin & Gavin Berry

**Jan 29** Natalie Griesenauer & Tedy Militelo

**Jan 31** Natalie Griesenauer & Tedy Militelo



## School News/Reminders:

Please join us for a monthly family rosary led by children on Tuesday, February 6. Doors open at 6:30PM.

Rosary begins at 6:45 PM.

All are welcome!



We go outside for Recess; please make sure the kids come to school with appropriate winter clothing (hats, gloves, coats, etc)



## Water Bottle Update

Even though Stanleys were a popular Christmas gift this year, water bottles at school need to have a **screw-on top, snap-close lid, and no straws**. No glass water bottles, please. Spills near laptops are getting too close for comfort. Thanks for your cooperation!

# SAVE THE DATE! MARCH INTO TRIVIA MADNESS

BRING YOUR  
GENERAL TRIVIA  
KNOWLEDGE TO THE  
COURT!

TRIVIA  
NIGHT!

SATURDAY, APRIL 6TH, 2024

@St. Paul Gym

BENEFITING ST. PAUL  
CLASS OF 2025



St. Paul Knights  
2024-2025

# Catholic Schools Week

*Our Faith Can Move Mountains*

Sunday

**1/29**

Celebrate our  
Parish!

Come to Sunday  
Mass in your  
St. Paul Spirit Gear!

Breakfast and  
Open House  
after all  
masses!

Monday

**1/30**

Celebrate Our  
Community!

We have a  
Comfy Cozy  
Community!

Dress in Comfy  
Clothes/  
Pajamas

Tuesday

**1/31**

Celebrate Our  
Students!

Free Dress  
Day!

7 vs 8  
Basketball  
Game @ 1:30

Wednesday

**2/1**

Celebrate  
Vocations!

Dress as your  
Future Sainly  
Self!

All School Living  
Rosary for  
Vocations @ 1:30

Thursday

**2/2**

Celebrate Our  
Nation!

Wear  
Red/White/Blue

All School  
Spelling Bee @  
1:30

Friday

**2/3**

Celebrate  
Faculty & Staff!

All School Mass  
Adoration

All School Faith  
Family Bingo





# Faith

# Friday!







## It's Your Time To SHINE!

Today & Tomorrow Scholarship Applications  
OPEN ONLINE JANUARY 22, 2024

**NEW and RETURNING TTEF students will need to apply online!**

- To apply and re-apply for TTEF scholarships using the unified online application visit: [ttef-stl.org/info-for-parents/](https://ttef-stl.org/info-for-parents/)

Questions? Please contact us!



Laura George  
Senior Director of Scholarships  
(314)-792-7623  
[laurageorge@archstl.org](mailto:laurageorge@archstl.org)



Scan for TTEF



Cori Scheitlin  
Scholarship Coordinator  
(314)-792-7735  
[corisheitlin@archstl.org](mailto:corisheitlin@archstl.org)



# Scholarships

## Family & Student Information



Powered By



TODAY & TOMORROW

CHANGING THE FUTURE — ONE CHILD AT A TIME

## Missouri's Empowerment Scholarship Program

### About MOScholars

On July 1, 2022, the State of Missouri launched the Missouri Empowerment Scholarship Accounts Program known as MOScholars. It provides financial support to qualifying families to offset educational expenses including tuition.

### Learn More About Pre-Qualification

Visit  
[ttef-stl.org/MOScholars](https://ttef-stl.org/MOScholars)  
Or  
Scan the QR Code



**Prequalify Before You Apply**

### Contact Us



Jermecia Jackson  
MOScholars Program Manager  
[Jermeciajackson@archstl.org](mailto:Jermeciajackson@archstl.org)  
314-792-7043

## Application Period Opens Early 2024

### Benefits

- A **\$6,375 annual scholarship** for eligible K-12 students
- **Renewable** through high school
- No repayment requirements
- No family tax liability
- Unused **funds rollover** to support future tuition obligations
- Access to premium education and resources

### Who is Eligible?

Students must live in St. Louis City, St. Louis County, Jefferson County or St. Charles County and meet one of the following to qualify.

**Have a Certified IEP or ISP**  
Attend a Private School

**100% Free & Reduced Lunch Eligible**  
**AND**  
Attended a public or charter public school for one semester within the year prior to applying  
**OR**  
Entering Kindergarten or 1<sup>st</sup> Grade





Let's go  
Girls!



SADDLE UP AND RIDE ON OVER TO

ST. PAUL SCHOOL'S  
**Daddy-Daughter Dance**

*Bring a Dad, Grandfather, Uncle  
or other special male guest!*

FRIDAY, FEBRUARY 9TH

6- 9 PM

*St. Paul's Picnic Hall*

**Tickets**

*\$30 per pair*

\$5.00 FOR EACH

ADDITIONAL DAUGHTER

DJ, SNACKS,

REFRESHMENTS, RAFFLES-

50/50 AND PHOTO BOOTH



H  
O  
W  
D  
Y

PLEASE RETURN BY FEBRUARY 7, 2024

Let's go Girls!

NAME/S: \_\_\_\_\_

GRADE/S: \_\_\_\_\_

NUMBER OF TICKETS: \_\_\_\_\_

*Father-Daughter Dance*  
**2024**



# ST. PAUL PARISH BREAKFAST

## And Catholic Schools Week OPEN HOUSE

### Sunday, January 28th

In the gym from 7:30am to 12:30pm

**\$12.00 for Adults**  
**\$8.00 for Children**  
**Children under 5  
are free**

*Enjoy all you can eat*

Sausage  
Pancakes  
Biscuits and Gravy

**Carry-outs  
available**

Scrambled Eggs  
Hash Browns

**50/50 Drawing**

**Adult volunteers  
needed and service  
hours are  
available for  
students!**

**Contact Jerome Mueller**  
**314-348-4096**

**Have breakfast with us and take a tour of our school!**

©LPi



**St. Paul Dinner Auction**  
**Saturday, February 17, 2024**  
**Purchase tickets online and get  
a 5.00 discount.**



ST PAUL DINNER AUCTION

Dinner Reservation Form

February 17, 2024

Doors Open at 5:00 p.m. / Dinner Served at 6:30 p.m.  
St. Paul Knights of Columbus Hall

Dinner Tickets are \$50 each or \$400.00/table of 8.  
(\$5.00 discount/ticket for online registration)

Name: \_\_\_\_\_ Phone #: \_\_\_\_\_ E-mail: \_\_\_\_\_

I would like to purchase \_\_\_\_\_ Tickets

NAME	E-MAIL	PHONE NUMBER

Who would you like to sit with (if they are not on this form)? \_\_\_\_\_

Checks should be made payable to: *St. Paul Church*

*This form and payment should be sent to the Parish Office*

St. Paul Church  
1223 Church Road  
St. Paul, Mo 63366

**Thank You!**

NOTE: This form and payment are required for an assigned table at the dinner.





## St. Paul Parish Annual Men's Breakfast Work List - Sunday, January 28, 2024

Set-up Saturday <u>Service hour opportunity</u>	Cook Pancakes	Cook Eggs	Coffee, Juice & Rolls	Biscuits and Gravy	Hash Browns	Serve Food
Dave Montgomery Need Volunteers to assist after the 4:30pm Mass. Chad Vomund Tony Ahrens Mitchell Mueller	6:30 to Brian Vomund 8:30am Gary Vomund	Dan Mueller Steve Mueller	Larry Hoff	Tim Dyer Ron Chostner	Andy Gould	7:30am John Mueller Tim Wilmes Daniel Mueller
	7:00 to 9:00am		Jim Grabenhorst			9:00am Drew Renaud Joe Bennett Tim Roettger
	8:30 to Todd Pickering 10:30am Gary Luedloff	Greg Mueller Terry Mueller Josh Schulte	Steve Boehmer	Erwin Emge Ken Mylenbusch	Dave Urbeck	10:30am Jim Wilsonholme Chuck Gentemann Wes Gentemann
Cook Sausage 5:30am Denny Meyer Bill Wortmann Mel Wortmann Rich Sommer	10:30am to 12:00pm	Jim Osterholt	Dave Schneider	Chris Schultz Shane Riffle	Matt Hoff	
9:00am Jake Hermann Bill Hermann Todd Bishop	Sell Meal and 50/50 Tickets	Sell Sausage	Clean and Set Tables	Wash Dishes	Clean up Crew <u>Service hour opportunity</u>	
Brown Sausage 6:30am Frank Bean	7:30am Henry Hoff Wayne Orf Nick Sigmund	Dan Mehegan Adam Orf	Jerry Reynolds Kenny Griesenauer		11:30am Ron Hoff Dan Huber Paul Fowlie Bryan Hoff John Barry Denny Hoff Kyle Mueller Blake Hoff	Steve Hoff Mike Hembrock Mike Hoff Tim Phillips Mark Hoff Dennis Mueller Nathan Mueller
7:00am Gary Runge	9:00am Bob Tock need volunteer Bruce Puscian	Joe Osvath Todd Schultz	Doug Schneider Jeff Bauer	Chip Bamert Joe Dames		
8:45am Greg Neal Brian Prudlow	10:30am Jeff Sachs Bill Vomund Kevin Brugmann	Mark Fields Andy Mueller	Rich Glinski Kay Spencer	Tim Kuntz Butch Kuntz John Hargadine		

**Workers** - Please find a replacement if you are unable to work your assigned shift. If you are not on the list, but would like to help out, call Jerome Mueller at 314-348-4096.

**Ladies** - Please bring sweet rolls, breakfast cakes, brownies, cup cakes or muffins for the breakfast - these are always a big hit.  
Please drop them off in the gym after 6am.

**Students** - Need service hours? We can always use your help with set up, clean up or anytime between 7:30am and 1:00pm





## Kenrick-Glennon Days 2024

Kenrick-Glennon Days is an overnight summer camp for grade school & high school boys. This event takes place at Kenrick-Glennon Seminary in Shrewsbury, Missouri.

### **Camp Session One: June 10-12, 2024**

6th & 7th Graders (Fall 2024)

### **Camp Session Two: June 13-15, 2024**

8th & 9th Graders (Fall 2024)

**[Click Here for camp info and to register](#)**

### **Junior Counselors: June 9-15, 2024**

Sophomores-Seniors (Fall 2024)

**JC applications available in February 2024.**



The IHM Knights of Columbus Present  
A NIGHT OF WORSHIP AND PRAISE

IN CONCERT  
**Isaiah 61**

**JANUARY 27, 2024**

THE GRAND HALL at IHM  
Doors open at 6PM; Show begins at 7PM

**\$20 ADMISSION**

**OPEN BAR & SNACKS INCLUDED**

For tickets see a Knight, or visit  
[Isaiah61Music.com](http://Isaiah61Music.com)



# HELP!—Volunteers are Needed!

LUNCH VOLUNTEER SIGN UP RECESS VOLUNTEER SIGN UP

YOU MUST COMPLETE Prevent & Protect to volunteer  
at school. THANK YOU!



## JANUARY / FEBRUARY

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		24 C- CORNETT P - <u>HELP NEEDED</u>	25 C- SCHULTZ P- <u>HELP NEEDED</u>	26 C- GROHMANN P- <u>HELP NEEDED</u>
29 C- <u>HELP NEEDED</u> P-DUNKIN	30 C- <u>HELP NEEDED</u> P- <u>HELP NEEDED</u>	31 C-CORNETT P - <u>HELP NEEDED</u>	1 C-PFLUM P- <u>HELP NEEDED</u>	2 NOON DISMISSAL /FACULTY MTG
5 C- <u>HELP NEEDED</u> P-DUNKIN	6 C- <u>HELP NEEDED</u> P- <u>HELP NEEDED</u>	7 C- CORNETT P - <u>HELP NEEDED</u>	8 C- <u>HELP NEEDED</u> P- <u>HELP NEEDED</u>	9 C- <u>HELP NEEDED</u> P- <u>HELP NEEDED</u>
12 C- <u>HELP NEEDED</u> P-DUNKIN	13 C- <u>HELP NEEDED</u> P- <u>HELP NEEDED</u>	14 C- CORNETT P - <u>HELP NEEDED</u>	15 C- <u>HELP NEEDED</u> P- <u>HELP NEEDED</u>	16 C- WILDERMUTH P- <u>HELP NEEDED</u>
19 PRESIDENTS DAY NO SCHOOL	20 C- <u>HELP NEEDED</u> P- <u>HELP NEEDED</u>	21 C- CORNETT P - <u>HELP NEEDED</u>	22 C- <u>HELP NEEDED</u> P- NANNEY	23 C- WILDERMUTH P- <u>HELP NEEDED</u>
26 C- <u>HELP NEEDED</u> P-DUNKIN	27 C- <u>HELP NEEDED</u> P- <u>HELP NEEDED</u>	28 C- CORNETT P - <u>HELP NEEDED</u>	29 C- HANFF P- <u>HELP NEEDED</u>	01 NOON DISMISSAL FACULTY MTG



# January

## St. Paul Catholic School

### FOOD IN FOCUS



#### Daily Specials \$3.50

Grades 5th-8th Only

Monday Breaded Chicken Sandwich & Chips  
Tuesday Tony's 5" Cheese Pizza & Fruit  
Wednesday Grilled cheese on Texas Toast with Fruit  
Thursday Bacon Cheeseburger & Chips  
Friday Chicken Nuggets & Fries Basket

#### Plate Lunch Prices

Pre-School \$ 4.00

Grades K-2nd \$ 4.15

Grades 3rd-8th \$ 4.50

Extra Entrée \$1.95

Ala Carte Milk or Bottled Water \$.50

#### Available Daily

Snack Rack & Drink Cooler  
Many offerings & various prices

Sharon LaBarge  
Cafeteria Manager  
[cafeteria@stpaulknights.org](mailto:cafeteria@stpaulknights.org)

Please Check your  
MYSCHOOLBUCKS Account

Thank you!

**MENU IS SUBJECT TO CHANGE**

Contact our dietitian  
at [lisa@foodserv.org](mailto:lisa@foodserv.org) for special  
dietary concerns

For more information about FSC or  
employment opportunities, please go to  
[www.foodserviceconsultants.org](http://www.foodserviceconsultants.org)



1

2

3

4

5

Crispy Nachos with Cheese  
OR  
Carnival Corn Dog with  
Fresh Veggies & Dip  
Tropical Mixed Fruit  
Vanilla Wafers 8

Mini French Toast  
OR  
Mini Waffles with  
Crispy Bacon Slice  
Yogurt  
Frosty Peaches 9

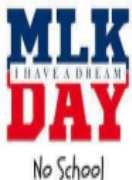
PAPA JOHN'S  
CHEESE PIZZA  
  
Fresh Veggies & Ranch  
Vine Ripen Grapes 10

Chicken Rings  
OR  
Toasted Beef Ravioli with  
Buttered Noodles  
Golden Corn  
Sparkling Jell-O 11

1/2 Day

No Lunch  
Service

12



15

Popcorn Chicken  
OR  
Hot Ham and Cheese  
with  
Fruit Flavored Yogurt  
French Fries  
Veggies with Dip 16

PAPA JOHN'S  
PEPPERONI  
  
Fresh Carrots & Ranch  
Fresh Orange Wedges 17

Dinosaur Chicken  
Nuggets  
OR  
Golden Grilled Cheese  
with  
Vegetable Medley  
Frosty Peaches  
Jiggling Jell-O 18

Breaded Chicken Patty  
OR  
Grilled Hamburger  
with  
Golden French Fries  
Fresh Veggies & Dip  
Mandarin Oranges 19

Turkey & Cheese Wrap  
OR  
Chicken Ring with  
Cheddar Goldfish, WG  
Seasonal Fresh Fruit  
Mini Rice Krispies Treat 22

Stadium Style Hot Dog  
OR  
Crispy Chicken Nuggets  
with  
Tater Tots  
Fresh Veggies & Dip  
Creamy Sherbet 23

PAPA JOHN'S  
CHEESE PIZZA  
  
Fresh Veggies & Ranch  
Fresh Orange Wedges 24

Emoji Waffle  
OR  
French Toast Sticks  
with  
Golden Hash Browns  
Tropical Fruit Medley  
Mini Blueberry Muffin 25

Chicken Alfredo Pasta  
OR  
Toasted Beef Ravioli  
with  
Garlic Breadstick  
Garden Salad  
Diced Pears 26

Cheese Stuffed Bosco  
Stick  
OR  
Pepperoni Hot Pocket  
with  
Fresh Veggies & Dip  
Orange Wedges  
Yogurt 29

Carnival Corn Dog  
OR  
Cheeseburger with Bun  
with  
Smiley Face Potatoes  
Icy Blueberries  
Flavored Jell-O 30

PAPA JOHN'S  
PEPPERONI  
  
Fresh Carrots & Ranch  
Vine Ripen Grapes 31

### Did you know?



People first made 'New Year's  
Resolutions' 4,000 years ago!

# February

## St. Paul Catholic School

### FOOD IN FOCUS



#### Daily Specials \$3.50

Grades 5th-8th Only

Monday Toasted Ravioli with Red Sauce & Fruit

Tuesday Breaded Spicy Chicken Sandwich with Chips

Wednesday Pretzel with Cheese & Fruit

Thursday Chicken Nuggets & Fries Basket

Friday Bosco Stick with Sauce & Fruit

#### Plate Lunch Prices

Pre-School \$ 4.00

Grades K-2nd \$ 4.15

Grades 3rd-8th \$ 4.50

Extra Entrée \$1.95

Ala Carte Milk or Bottled Water \$.50

#### Available Daily

Snack Rack & Drink Cooler

Many offerings & various prices

Sharon LaBarge

Cafeteria Manager

[cafeteria@stpaulknights.org](mailto:cafeteria@stpaulknights.org)

Please Check your  
MYSCHOOLBUCKS Account

Thank you!

MENU IS SUBJECT TO CHANGE

Contact our dietitian  
at [lisa@foodserv.org](mailto:lisa@foodserv.org) for special  
dietary concerns





For more information about FSC or  
employment opportunities, please go to  
[www.foodserviceconsultants.org](http://www.foodserviceconsultants.org)



### Did you know?



Leap days happen every 4 years, but we actually skip it once every 400 years like in the year 2000.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Did you know?</b> Leap days happen every 4 years, but we actually skip it once every 400 years like in the year 2000.			Ground Hog Day Special Ground Hog Chicken Strips Or Cloudy Sloppy Joe Shadow Chips Spring is Coming Salad Sunshine Cookie 1	½ Day  <b>No Lunch Service</b> 2
Mini Stuffed Tacos OR Cheesy Quesadilla with Fiesta Rice Flame Roasted Corn Pineapple 5	Fluffy Pancake OR Scrambled Eggs with Pork Sausage Patty Fresh Fruit Creamy Yogurt 6	PAPA JOHNS PEPPERONI  Fresh Carrots & Ranch Fresh Orange Wedges 7	Dinosaur Chicken Nuggets OR Golden Grilled Cheese with Vegetable Medley Frosty Peaches Jiggling Jell-O 8	Penne with Meat Sauce OR Chicken Nuggets with Tossed Salad with Dressing Applesauce Bread Stick 9
SUPER BOWL SPECIAL Super Bowl Dog Or Tight End Burger Field Goal Fries Touch Down Brownie Huddle Apples 12	Chicken Rings OR Toasted Beef Ravioli with Buttered Noodles Golden Corn Chocolate Pudding 13	PAPA JOHNS CHEESE PIZZA  Fresh Veggies & Ranch Vine Ripened Grapes 14	VALENTINE'S DAY Friendship Nuggets Or Cupid's Mini Corndogs Cupid's Carrots Shimmering Heart Jell-O Valentine Treat 15	Captain's Fish Bites OR Pretzel with Cheese with Golden French Fries Garden Salad Ice Cream Cup 16
<b>No School</b>  19	Presidents Day Special By George Bosco Stick Or Lincoln Dinosaur Nuggets Log Cabin Broccoli Honest Abe Fruit Gettysburg Vanilla Wafers 20	PAPA JOHNS PEPPERONI  Fresh Veggies & Ranch Vine Ripened Grapes 21	Carnival Corn Dog OR Cheeseburger with Bun with Smiley Face Potatoes Strawberries Ice Cream Cup 22	ST. LOUIS CITY SOCCER Goalie Grilled Cheese Or Field Popcorn Shrimp Yellow Card Corn Offsides Cookie Punt Peaches 23
CARDINALS Spring Training Double Play Dog Or Fielders Choice Chicken Rings Fair Ball Fries Curve Ball Cookie Stolen Base Strawberries 26	Pancake & Sausage Bites OR Mini French Toast with Golden Hash Browns Frosty Peaches Yogurt 27	PAPA JOHNS CHEESE PIZZA  Fresh Carrots & Ranch Fresh Orange Wedges 28	Mini Corn Dogs OR Crispy Chicken Tenders with Tossed Salad Vine-Ripened Grapes Mini Rice Krispies Treat 29	