



The Knight's Tablet

"Put on the armor of God and fight the good fight of faith." – St. Paul

January 25, 2023

Upcoming Events

January 18-27~ Registration opens for current families.

January 29~OPEN HOUSE after all masses/ Registration opens up for new families.

January 29-February 3 ~ Catholic Schools Week (details on page 10)

January 31~ School Spelling Bee 08:30/
All School Mass 1:00PM

February 3~ All School Mass 09:30/
Noon Dismissal/ Spirit Day/ Faculty Meeting/Faith Works/ MOUSE RACES

February 10~ Father Daughter Dance

REGISTRATION NOW OPEN FOR ALL CURRENT SCHOOL FAMILIES!

St. Paul School Registration for the 2023-2024 school year is now open. Scholarship information begins on page 5. **Please return your registration as soon as possible to secure you spot at St. Paul School**, it will open up to everyone on Sunday, January 29.

Servers Schedule

January 26-27

Emmie Osterholt & Tedy Militello

January 28

4:30pm *Volunteers*

January 29

7:00am *Gianna Schultz & Jacob Feise*

9:00am *Catherine Dyer & Max Lanham*

11:00am *John Roettger & Elise Vomund*

January 30-31

Natalie Griesenauer & Carter Lickteig

THANK YOU!

We want to thank everyone who donated to our family for dress down day and thank you all for keeping us in your prayers. We are incredibly thankful for such a loving and supportive community!

Thank you all so very much.

Love,

Nathan, Becky, Hunter and Hadley

Mass Greeters

WE WANT YOU!!! We are looking for school families to help welcome parishioners to St. Paul Church **this weekend** and bring up the gifts as a family during mass. If your family would like to take advantage of this opportunity, please use this Sign Up Genius link to let us know at which Mass you are available to serve.

<https://www.signupgenius.com/go/805094BABA629A3FA7-mass1>

THANK YOU!!



HELP—Volunteers are Needed on the following days:

We are in need of lunch servers on the following days in JANUARY: 26, 27, 30 [**LUNCH VOLUNTEER SIGN UP**](#)

We are in need for recess monitors on the following days in JANUARY: 26, 27, 31 [**RECESS VOLUNTEER SIGN UP**](#)

YOU MUST COMPLETE Prevent and Protect to volunteer at school. **THANK YOU!**

8th Annual Father/Daughter Dance

Friday, February 10th
Schulte Hall
6:30-8:30pm
PK3 - 8th Grade

Raffle
tickets \$1
or 6 for \$5

**Cost includes: DJ, Snacks & Photo
Booth**

We will have a sign up genius asking for snack donations the week before the dance. If you have any prizes/baskets you'd like to donate, please let me know. Thanks!

Please return this portion of the form along with payment to school by February 6th.

Daughters Name(s): _____

Early Bird Ticket Special: \$25 per Dad/Special Person and 1 princess. Each additional princess is \$5.

Cost at the Door: \$30 per Dad/Special Person and 1 princess. Each add'l princess is \$5.

Number of guests attending: _____

For questions, contact Mindy Schultz (mindy_rose88@hotmail.com) 314-603-8678



JOIN US FOR A "KNIGHT" AT THE

MOUSE RACES



Friday, February 3rd

ST PAUL GYM

1235 CHURCH ROAD, ST PAUL, MO

6:30 P.M.

\$200 PER TABLE of 8

21 and over to attend

**BRING YOUR SNACKS,
Beer and Soft Drinks INCLUDED**

Live Betting ♦ Games ♦ Raffle Baskets ♦ Prizes ♦ 50/50 ♦ Fun, Fun, Fun!

All Proceeds Benefit:

St Paul Class of 2024

Pro-Life Initiatives and Graduation

Sponsors, Donations, and Support Needed!

\$500 High Roller Table- Includes Sponsorship

Donations can be brought to the Parish Office Attn: Patty Kinder

Thank You, St. Paul, for your support!



**CONTACT LESLIE DUFFY TO
RESERVE YOUR SPOT!**

**314-330-5328/
LIFSVR77@GMAIL.COM**



MARK YOUR CALENDER!

MAY 2 – MAY 6, 2023
SCHOOL UNIFORM FITTING FOR
ST. PAUL CATHOLIC SCHOOL

FISCHER'S SCHOOL UNIFORMS
3773 NEW TOWN BLVD, ST. CHARLES 63301

TUESDAY & THURSDAY

10AM – 6PM

WEDNESDAY, FRIDAY & SATURDAY

10AM – 3PM

CLOSED SUNDAY-MONDAY

Receive 10% off your purchases in-store and on-line*

*Discount only valid during the days of the fitting

The spring fitting for uniforms for **ST. PAUL CATHOLIC SCHOOL**
will be held at Fischer's School Uniforms.

If you are familiar with our sizing, ordering online or by phone is both an easy and efficient way that you can take advantage of the 10% discount!

If you are new to the uniform process, we are here to help you!
Attending your fitting at Fischer's School Uniforms allows you the opportunity to try on uniform clothing and determine your correct size. You may take home uniform items we have in stock that day. If we need to order an item, we will call when it is available and can be picked up at our store or we can ship via USPS to your home!

For pricing or sizing questions, please visit our website at
www.fischersuniforms.com or call us at 636-493-0655.

We look forward to seeing you in the Spring!

Scholarship Opportunities 2023-2024



TODAY & TOMORROW

CHANGING THE FUTURE — ONE CHILD AT A TIME

TTEF offers
scholarships
to
Catholic schools
&
private schools

Scholarships Available
Apply Online at
TTEF-STL.org

2023 -2024 Applications Open
January 17, 2023

Appt.
Thursday
@ 5pm



Questions? Contact

Laura George
Senior Director of Scholarships
314.792.7777 | laurageorge@archstl.org



TRUST
your 

TUITION ASSISTANCE INFORMATION 2023-2024 SCHOOL YEAR
NOTICE OF UPCOMING SCHOLARSHIP APPLICATION PERIOD

Contact Teresa Boehmer at 636-978-1900, ext. 224, tboehmer@st-paulchurch.org if you
have any questions

ARCHDIOCESE & BEYOND SUNDAY
SCHOLARSHIPS 2023-2024 SCHOLARSHIP APPLICATION
AVAILABLE ON January 17th, 2023

Alive! In Christ is first-come, first served for all new awards and younger siblings that may be eligible, so we
strongly encourage you to apply as early as possible.

The application deadline for Beyond Sunday, Catholic Families Tuition Assistance (CFTA), and the Parish
Employees Endowment Fund (PEEF) is February 28th, 2023. Any family who would like to be considered for
these programs, even if you are applying for requalification, must apply between
January 17th and February 28th, 2023.

IMPORTANT ADDITIONAL INFORMATION

- If you have ever applied to TTEF before or are currently on scholarship, you must use the email address we have on file for you. If you do not know what this email address is, please email our office at ttef@archstl.org or call us at 314-792-7777. If you know what your email address is but forgot your password, please visit the family login page and click Forgot Password below the family login box. To access the Family Login Page, go to www.ttef-stl.org and click APPLY HERE.
- Individual students may not receive more than one scholarship if awarded. However, Catholic Families Tuition Assistance and Parish Employees Endowment Fund are tuition aid programs that may be awarded in addition to another scholarship. Families may have multiple children receiving scholarships.
- Documents needed to complete applications include:
 - Proof of income: Adjusted gross income (taxes or W2) and any other assistance you may receive (including but not limited to Child Support, Food Stamps, and Social Security)
 - High School Students are required to submit responses to two short-answer questions and contact information for two references at the time of application to be considered for Beyond Sunday Fellows Program. Students currently receiving a Beyond Sunday Fellows scholarship are not required to submit responses or references for requalification. For more information about the Beyond Sunday Fellows Program, please see the Beyond Sunday Fellows FAQs, available at www.ttef-stl.org.

PLEASE VISIT THE TODAY AND TOMORROW WEBSITE FOR MORE INFORMATION ON ACCEPTABLE
DOCUMENTATION AND APPLICATION SUPPORT!

www.ttef-stl.org

ST. PAUL PARISH SCHOLARSHIPS

In addition to the Today and Tomorrow scholarships, St. Paul Parish also provides
tuition assistance for St. Paul School. Any family requesting tuition assistance from St.
Paul Parish must FIRST complete the Today and Tomorrow Educational Foundation
Scholarship application AND submit a "FACTS" application (at no charge) at
<https://online.factsmgt.com/signin/430P9>. Applications due by February 28, 2023.

Beyond Sunday Elementary School Scholarship Program

Up to 90 new awards granted and 768 current awards renewed
for an estimated total of 858 elementary school awards in the 2023-2024 school year!

2023-2024 Income Guidelines and Award Amounts

Note: These award amounts apply to new applicants. Requalifying students shall receive either the award amount for which they would have previously qualified, or the new amount for which they qualify, whichever is greater. Requalifying students whose income is below the minimum for their household size shall be grandfathered.

Household Size	\$1,750 Award		\$1,250 Award		\$750 Award	
	from	to	from	to	from	to
2	\$ 52,484	\$ 69,979	\$ 69,980	\$ 87,474	\$ 87,475	\$ 104,969
3	\$ 59,047	\$ 78,729	\$ 78,730	\$ 98,411	\$ 98,412	\$ 118,093
4	\$ 65,539	\$ 87,385	\$ 87,386	\$ 109,231	\$ 109,232	\$ 131,077
5	\$ 70,788	\$ 94,384	\$ 94,385	\$ 117,979	\$ 117,980	\$ 141,575
6	\$ 76,037	\$ 101,382	\$ 101,383	\$ 126,728	\$ 126,729	\$ 152,073
7	\$ 81,286	\$ 108,381	\$ 108,382	\$ 135,476	\$ 135,477	\$ 162,572
8	\$ 86,534	\$ 115,379	\$ 115,380	\$ 144,224	\$ 144,225	\$ 173,069
9+	Call 314.792.7777 for more information					
Students attending private Catholic schools will receive either one-half the award amounts shown or \$500, whichever is greater.						

2023-2024 Alive in Christ Income Guidelines

Household Size	Award Eligibility	Award Eligibility	Award Eligibility
	100% of \$2000	75% of \$2000	50% of \$2000
2	\$35,775	\$48,488	\$65,159
3	\$39,749	\$54,230	\$72,826
4	\$43,724	\$60,610	\$81,515
5	\$49,598	\$70,966	\$95,453
6	\$53,730	\$78,998	\$109,316
7	\$57,863	\$88,372	\$123,181
8	\$61,997	\$99,082	\$137,043
For each additional child	\$5,033	\$9,312	\$13,645

Faith Works!



*****PLEASE NOTE: Additional Adult and Student Volunteers
are Needed this month!!*****

- † We'll have prayer and dinner.
 - † ****If your child has food allergies/sensitivities, you are welcome to pack a dinner and snack (this month is spaghetti and garlic bread)**
- † We'll read and discuss a pre-selected bible verse which relates to the monthly theme. This will be strengthened through a hands-on craft that the children can bring home to their families.
- † There will be a song and fun as well.
- † Adult volunteers needed! Must be in compliance with the Archdiocese Safe Environment Program
- † \$5 donation per child helps cover cost of food and crafts
- † *High Schoolers and 8th Graders!! Service hours are available!!*

**LIMITED SPACE AVAILABLE!
MUST RSVP IN ADVANCE**

Faith Works workshop:
Friday February 3rd
6:00-9:00pm
Schulte Hall

To RSVP or volunteer, contact:
Diana Roettger @ 636-795-5959
Carrie Walsh @ 314-807-2303
Ellie Carter @ 636-515-8392
(Call or text)



This month's theme will focus
on Prudence.



BUILDING EXCELLENCE FOR GOD'S WORLD AT ST. PAUL SCHOOL!

National Catholic Schools Week is the annual celebration of Catholic education in the United States. Through all the events of the week our school will focus on the value Catholic education provides to young people and its contributions to our church, our communities and our nation. We will kick off Catholic Schools week on Sunday, January 29 with a open house after all masses.

Below is the week at a glance:

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
CELEBRATING COMMUNITY	CELEBRATING VOCATIONS	CELEBRATING OUR NATION	CELEBRATING STUDENTS	CELEBRATING FACULTY & STAFF
Wear you favorite sports team jersey!	Dress up as your future self.	Dress in Red, White, & Blue	Student Dress Down Day	SPIRIT WEAR
Grades 1-4 will attend Mass.	All School Mass @ 1:00 PM	Grades 1-4 will attend Mass	Grades 5-8 will attend Mass	All School Mass @ 9:30AM
Door Decorating Contest between classes	Create Spiritual Bouquets and packages for the Seminary.	Write letters to service members.	All Students will receive a special treat at lunch!	Don't forget to thank your teachers for choosing Catholic Education!
All School BINGO!	All School Spelling Bee 08:30AM	Flag Raising Ceremony	7 vs 8 grade basketball @ 1:30PM	Noon Dismissal!

Catholic Schools Week

January 29-February 3

ST. PAUL IN ST. PAUL

Healthy Habits Lunch

January 2023

Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
<div></div> <div></div>	CHICKEN NUGGETS GREEN BEANS SEASONAL FRESH FRUIT MINI RICE KRISPIES TREAT MILK, FAT FREE <u>ALTERNATE</u> HOT DOG	PAPA JOHN'S  PEPPERONI PIZZA CARROTS & CELERY WITH DRESSING CHILLED FRUIT MILK, FAT FREE <u>NO ALTERNATE</u>	SOFT PRETZEL WITH CHEESE CARROTEENIES WITH RANCH DRESSING SEASONAL FRESH FRUIT COOKIE MILK, FAT FREE <u>ALTERNATE</u> CHICKEN RINGS	<div></div> <div>NO FOOD SERVICE!!</div> <div></div>
9	10	11	12	13
PIG IN THE BLANKET SMILEY FACE POTATOES VEGGIES WITH DIP SEASONAL FRESH FRUIT MILK, FAT FREE <u>ALTERNATE</u> CHICKEN STRIPS	<u>BREAKFAST FOR LUNCH!!!</u> PANCAKE WITH SYRUP SAUSAGE STRAWBERRY YOGURT SEASONAL FRESH FRUIT MILK, FAT FREE <u>ALTERNATE</u> FRENCH TOAST STICKS	PAPA JOHN'S  CHEESE PIZZA TOSSED SALAD WITH DRESSING CHILLED FRUIT MILK, FAT FREE <u>NO ALTERNATE</u>	WARM HAM & CHEESE ON BAGEL CHEDDAR GOLDFISH SEASONAL FRESH FRUIT TEDDY GRAHAMS MILK, FAT FREE <u>ALTERNATE</u> DINOSAUR NUGGETS	POPCORN SHRIMP FRENCH FRIES MIXED VEGETABLES COOKIE MILK, FAT FREE <u>ALTERNATE</u> HAMBURGER ON BUN
16	17	18	19	20
<div></div> <div></div>	 BOSCO STICK WITH SAUCE TOSSED SALAD APPLESAUCE COOKIE MILK, FAT FREE <u>ALTERNATE</u> TOASTED BEEF RAVIOLI WITH SAUCE	PAPA JOHN'S  PEPPERONI PIZZA CARROTS & CELERY WITH DRESSING CHILLED FRUIT MILK, FAT FREE <u>NO ALTERNATE</u>	GOLDEN GRILLED CHEESE SANDWICH PICKLE SPEAR  SEASONAL FRESH FRUIT COOKIE MILK, FAT FREE <u>ALTERNATE</u> JUMBO CORN DOG 	FISH STICK GREEN BEANS SEASONAL FRESH FRUIT JELL-O MILK, FAT FREE <u>ALTERNATE</u> POPCORN CHICKEN
23	24	25	26	27
TURKEY, BACON, & CHEESE ON BUN BABY CARROTS RANCH DRESSING SEASONAL FRESH FRUIT CHOCOLATE PUDDING MILK, FAT FREE <u>ALTERNATE</u> MINI CORN DOGS	<u>BREAKFAST FOR LUNCH!!!</u> MINI WAFFLES WITH SYRUP BACON YOGURT SEASONAL FRESH FRUIT MILK, FAT FREE <u>ALTERNATE</u> MINI FRENCH TOAST WITH SYRUP	PAPA JOHN'S  CHEESE PIZZA TOSSED SALAD WITH DRESSING CHILLED FRUIT MILK, FAT FREE <u>NO ALTERNATE</u>	DINOSAUR CHICKEN NUGGETS BUTTERED NOODLES MIXED VEGETABLES ICE CREAM CUP MILK, FAT FREE <u>ALTERNATE</u> PULLED PORK SLAMMER	CHICKEN RINGS TATOR TOTS GREEN BEANS RAINBOW SHERBET MILK, FAT FREE <u>ALTERNATE</u> MANWICH SLOPPY JOE
30	31			
 JUMBO CORN DOG VEGGIES & DIP SEASONAL FRESH FRUIT VANILLA WAFERS MILK, FAT FREE <u>ALTERNATE</u> TACO FRITOS BOAT	HOT DOG ON BUN CHIPS  SEASONAL FRESH FRUIT OREO COOKIES MILK, FAT FREE <u>ALTERNATE</u> CHEESEBURGER ON BUN	<div></div>		
DAILY SPECIALS (GRADES 5-8 ONLY) \$3.50				
Bosco Stick with Sauce and Fruit	Tony's Cheese Pizza and Fruit	Pretzel with Cheese and Fruit	Chicken Strips and Fries	Bacon Cheeseburger and Chips














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ST. PAUL IN ST. PAUL

Healthy Habits Lunch

Feb-23

Monday	Tuesday	Wednesday	Thursday	Friday
		1	2	3
		PAPA JOHNS PEPPERONI PIZZA TOSSED SALAD WITH DRESSING CHILLED FRUIT MILK, FAT FREE <u>NO ALTERNATE</u>	 <u>GROUNDHOG DAY</u> GROUNDHOG DAY GRILLED CHEESE MY SHADOW FRIES SUNSHINE COOKIE LET IT BE EARLY MILK <u>ALTERNATE</u> CLOUDY DAY CHICKEN STRIPS	 Early Dismissal Day! NO FOOD SERVICE!! 
6	7	8	9	10
MINI CORN DOGS TOSSED SALAD COOKIE SEASONAL FRESH FRUIT MILK, FAT FREE <u>ALTERNATE</u> TOASTED BEEF RAVIOLI WITH SAUCE	<u>BREAKFAST FOR LUNCH!!!</u> WAFFLES WITH SYRUP SAUSAGE STRAWBERRY YOGURT SEASONAL FRESH FRUIT MILK, FAT FREE <u>ALTERNATE</u> FRENCH TOAST STICKS	PAPA JOHNS CHEESE PIZZA TOSSED SALAD WITH DRESSING CHILLED FRUIT MILK, FAT FREE <u>NO ALTERNATE</u>	DINOSAUR CHICKEN NUGGETS BUTTERED NOODLES MIXED VEGETABLES JELL-O MILK, FAT FREE <u>ALTERNATE</u> JUMBO CORNDOG 	CHICKEN SNACK WRAP FRESH VEGETABLES WITH DIP SEASONAL FRESH FRUIT MILK, FAT FREE <u>ALTERNATE</u> CHICKEN NUGGETS
13	14	15	16	17
<u>SUPER BOWL SPECIAL</u> TIGHT END BURGER QUARTERBACK FRIES KICKER CELERY STICKS LINEBACKER COOKIE KICK OFF MILK <u>ALTERNATE</u>  TOUCH DOWN HOT DOG	<u>VALENTINES DAY</u> FRIENDSHIP NUGGETS CUPID'S ARROW (CARROTS STICK) SHIMMERING HEART JELL-O VALENTINES TREAT GOTTA LOVE MILK  <u>ALTERNATE</u> CUPID MINI CORN DOGS	PAPA JOHNS PEPPERONI PIZZA CARROTS & CELERY WITH DRESSING CHILLED FRUIT MILK, FAT FREE <u>NO ALTERNATE</u>	TURKEY & CHEESE WRAP SMILEY FRIES SEASONAL FRESH FRUIT MINI RICE KRISPIES TREAT MILK, FAT FREE <u>ALTERNATE</u> CHICKEN RINGS	BOWL OF CHILI CHEDDAR GOLDFISH SEASONAL FRESH FRUIT CHOCOLATE PUDDING MILK, FAT FREE <u>ALTERNATE</u> POPCORN CHICKEN
20	21	22	23	24
 	BY GEORGE BOSCO STICK  LOG CABIN MIXED VEGGIES MY LITTLE HATCHET PEACHES GETTYSBURG ADDRESS OREOS PRESIDENT MILK <u>ALTERNATE</u> LINCOLN CHICKEN STRIPS	PAPA JOHNS CHEESE PIZZA TOSSED SALAD WITH DRESSING CHILLED FRUIT MILK, FAT FREE <u>NO ALTERNATE</u>	<u>BREAKFAST FOR LUNCH!!!</u> PANCAKE & SAUSAGE BITES TRIANGLE HASH BROWN YOGURT MILK, FAT FREE <u>ALTERNATE</u> MINI WAFFLES W/ SYRUP	NACHO & CHEESE GREEN BEANS CHURRO SEASONAL FRESH FRUIT MILK, FAT FREE <u>ALTERNATE</u> POPCORN SHRIMP
27	28			
CHICKEN PATTY SANDWICH FRENCH FRIES SEASONAL FRESH FRUIT VEGGIES & DIP MILK, FAT FREE <u>ALTERNATE</u> MINI TACOS	JUMBO CORN DOG  CORN ICE CREAM CUP SEASONAL FRESH FRUIT MILK, FAT FREE <u>ALTERNATE</u> CHICKEN RINGS	 FEBRUARY		

DAILY SPECIALS (GRADES 5-8 ONLY) \$3.50

Chicken Nuggets
and Fries

Chicken Patty On Bun
Chips

Grilled Cheese On Texas Toast
and Fruit

Tony's Cheese Pizza
and Fruit

Toasted Ravioli W/Sauce
and Fruit



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THIS WEEK ON **FORMED**

Week of January 22, 2023



Saint Francis de Sales: Pastor of Souls

St. Francis de Sales became a hero during the Catholic Reformation for his pastoral care and spiritual writings. Join Dr. Chris Blum as he walks through the life of this great saint, who is celebrated on January 24th!



The Conversion of Saint Paul

Dr. Ben Akers sits down with Dr. James Prothro, Assistant Professor of Sacred Scripture at the Augustine Institute Graduate School, to discuss the conversion of one of the largest figures in Christianity, Saint Paul.



Saint Thomas Aquinas with Randall Smith

The Angelic Doctor is often associated with his Summa Theologica among his other great works. Join Drs Christopher Blum and Randall B. Smith as they explore some of the lesser known works of St. Thomas Aquinas.

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