



# The Knight's Tablet

**"Put on the armor of God and fight the good fight of faith." – St. Paul**

**February 5, 2020**

## **Upcoming Events**

- February 7**~ Noon Dismissal/ Spirit Day/ Faculty Meeting/ Father Daughter Dance
- February 14** ~ St. Valentine's Day/K-8 Class parties/Dress in your favorite Valentine Colors
- February 17**~ Presidents Day – NO SCHOOL
- February 20**~ SPPTO meeting
- February 22** ~ Trivia Night, details on Page 6
- February 26**- Ash Wednesday
- February 28**~ Stations of the Cross
- February 29**~ Confirmation retreat

Good afternoon,

It was wonderful seeing so many of you at open house! St. Paul is a great place to be so full of love and Charity! Our virtue for this quarter is

### **Charity...**

Charity, the form of all virtues, 'binds everything together in perfect harmony'

**Colossians 3:14**



## **Servers Schedule**

### **February 6**

*Brennan Rottger and Cole Schoolfield*

### **February 7**

*Tyler Von Bokel and Daniel Alterson*

### **February 8**

*4:30pm Tyler and Zach Von Bokel*

### **February 9**

*7:00am Nora LaChance and Brennan Rottger*

*9:00am Cole Schoolfield and Hayden Davis*

*11:00am Payton Christ and Sam Byrnes*

### **February 10**

*No Mass*

### **February 11**

*No Mass*

### **February 12**

*No Mass*

### **February 13**

*No Mass*

## School News / Reminders

*Please pray for....*

*Those who are sick and  
those who have passed*



### STATIONS of the CROSS

**Volunteers Wanted to  
help with Stations of  
the Cross on the first  
Friday of Lent.**

I am looking for several parent/child  
teams to help with a special Stations of the Cross

Keeping  
a sick child  
home prevents  
the spread of  
illness in the  
school community and allows the  
child an opportunity to rest and  
recover. If your student is sick,  
they may not come to or return to  
school until symptom free for 24  
hours; without the aid of  
medication. Symptoms include,  
but not limited to, fever, vomiting,  
etc



### SAVE THE DATE

St. Paul PTO Meeting  
Thursday, February 20

**\*\*Babysitting Avail-  
able\*\***

If you haven't returned your  
**Registration Forms**, please do  
so as soon as possible. This in-  
formation will assist us in pre-  
paring for the 2020/21 school  
year! Please contact the office  
if you have any questions.

*Thank you!*

**TUITION ASSISTANCE INFORMATION 2020-2021 SCHOOL YEAR**  
**NOTICE OF UPCOMING SCHOLARSHIP APPLICATION PERIOD**  
**ARCHDIOCESE & BEYOND SUNDAY SCHOLARSHIPS 2020-2021**  
**SCHOLARSHIP APPLICATION AVAILABLE ON January 27<sup>th</sup>, 2020**

Alive! In Christ is first-come, first served for all new awards and younger siblings that may be eligible, so we encourage you to apply as early as possible.

Approximately 400 new awards will be available for the Archdiocese

The application deadline for Beyond Sunday, Catholic Families Tuition Assistance (CFTA), and the Parish Employees Endowment Fund (PEEF) is February 28<sup>th</sup>, 2020. Any family who would like to be considered for these programs, even if you are applying for requalification, must apply between January 27<sup>th</sup> and February 28<sup>th</sup>, 2020.

Up to 155 new elementary school awards in the Archdiocese and 50 new high school awards will be available in Beyond Sunday for Catholic families registered in a parish. Siblings attending the same school are not eligible in this program.

**IMPORTANT ADDITIONAL INFORMATION**

- If you have ever applied to TTEF before or are currently on scholarship, you must use the email address we have on file for you. If you do not know what this email address is, please email our office at [ttef@archstl.org](mailto:ttef@archstl.org) or call us at 314-792-7777. If you know what your email address is but forgot your password, please visit the family login page and click Forgot Password below the family login box. To access the Family Login Page, go to [www.ttef-stl.org](http://www.ttef-stl.org) and click APPLY HERE.
- Individual students may not receive more than one scholarship if awarded. However, Catholic Families Tuition Assistance and Parish Employees Endowment Fund are tuition aid programs that may be awarded in addition to another scholarship. Families may have multiple children receiving scholarships.
- Documents needed to complete applications include:
  - Proof of income: Adjusted gross income (taxes or W2) and any other assistance you may receive (including but not limited to Child Support, Food Stamps, and Social Security)
  - High School Students are required to submit responses to two short-answer questions and contact information for two references at the time of application to be considered for Beyond Sunday Fellows Program. Students currently receiving a Beyond Sunday Fellows scholarship are not required to submit responses or references for requalification. For more information about the Beyond Sunday Fellows Program, please see the Beyond Sunday Fellows FAQs, available at [www.ttef-stl.org](http://www.ttef-stl.org).

PLEASE VISIT THE TODAY AND TOMORROW WEBSITE FOR MORE INFORMATION ON ACCEPTABLE DOCUMENTATION AND APPLICATION SUPPORT!

[www.ttef-stl.org](http://www.ttef-stl.org)

**ST. PAUL PARISH SCHOLARSHIPS**

In addition to the Today and Tomorrow scholarships, St. Paul Parish also provides tuition assistance for St. Paul School. Any family requesting tuition assistance from St. Paul Parish must FIRST complete the Today and Tomorrow Educational Foundation Scholarship application AND submit a "FACTS" application (at no charge) at <https://online.factsmgt.com/aid>.

Please Contact Teresa Boehmer at parish office with any questions regarding tuition assistance at 636-978-1900, ext. 224



# 5<sup>th</sup> Annual Father/Daughter Dance

Friday, February 7<sup>th</sup>

St. Paul School Gym

7-8:30pm

PK3 - 8<sup>th</sup> Grade

Cost includes: DJ, Snacks, Photo  
Booth, and Corsage(s)

*Please return this portion of the form along with payment to school by February 3<sup>rd</sup>.*

Princesses Name(s): \_\_\_\_\_

Early Bird Ticket Special: \$25 per Dad/Special Person and 1 princess. Each additional princess is \$5.

Cost at the Door: \$30 per Dad/Special Person and 1 princess. Each add'l princess is \$5.

Number of guests attending: \_\_\_\_\_

**Girl and Dad raffle baskets needed.** To donate a basket, snack, or volunteer at this event please contact Mindy Schultz ([mindy\\_rose88@hotmail.com](mailto:mindy_rose88@hotmail.com)) or Emily Lickteig ([eburkemper@hotmail.com](mailto:eburkemper@hotmail.com)).



**FEBRUARY 22, 2020**

COMING TO ST. PAUL SCHOOL GYM  
AWESOME QUESTIONS AND AUCTIONS  
50/50 AND RAFFLES

DOORS OPEN AT 5:30PM AFTER MASS  
TRIVIA BEGINS AT 6:30PM

ALL PROCEEDS BENEFIT:  
PRO-LIFE AND  
THE ST. PAUL CLASS OF  
2021

BEER, SET-UPS,  
POPCORN AND PEANUTS  
ARE PROVIDED

# GREATEST

**TRIVIA ON EARTH**

QUESTIONS ABOUT THE EVENING?

WANT TO RESERVE A TABLE?

TABLE OF 8 \$160 UNTIL FEBRUARY 21ST

\$200/TABLE AT THE DOOR

WANT TO SPONSOR A ROUND?

EMAIL: [StPaul7thGradeTrivia@gmail.com](mailto:StPaul7thGradeTrivia@gmail.com)



# Let's Build It Engineering!

Spring 2020



St. Paul School

## STEM Learning



GRADES 1-6

## HANDS ON

Let's Build It – Crazy Circuits! is an exhilarating, cutting-edge area of engineering. In this unit, students will design, build, and test various circuits and electronic projects. Instructors will guide students through core concepts of electrical engineering, introducing them to circuits and electrical components. Students will use hands-on projects and experiments to explore how electricity is part of our daily lives. No previous experience is necessary, just a desire to learn and build. Projects will include: a disc launcher, electronic games, musical instruments, alarms, and more, along with fun-filled class activities! Each student will receive an award on the last day of the session, as well as the opportunity to earn engineering belts to demonstrate their learned skills!

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**Course Time:** Tuesdays, March 3rd - May 12th, 3:00 PM - 4:00 PM

**No class:** 3/10 (10 Classes)

To sign up, please visit <https://www.learningmeansfun.com/signup>.

You will need to enter the class code **MOT3.3.20** in order to register. Please register by 2/24 for the early bird price of \$150.00.

If you have difficulty registering, please contact Afterschool Enrichment Solutions at 847-482-9999 or [registration@learningmeansfun.com](mailto:registration@learningmeansfun.com)  
No refunds will be made, unless there is insufficient enrollment. No make-ups will be scheduled for inclement weather or circumstances beyond our control. It's the parents' responsibility to remind the children about the classes.



# Let's Code It Programming!



Spring 2020

St. Paul School



**GRADES 2-8**

Create a Website- Plan a future business and create a website for it! Will you own a cupcake shop? Publicize a tour for your rock band? Start an animal rescue? The sky's the limit! Whatever you choose, you're probably going to need a website. Learn the ins and outs of designing your own corner of the internet using a variety of website building tools, including a basic introduction to html. Elements of creative writing and design combined with the fun of creating your own personal website make this class a can't-miss. Each student will receive an award on the last day of the session, and will have the opportunity to earn Code Belts to demonstrate their learned skills!

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**Course Time:** Wednesdays, March 4th - May 13th, 3:00 PM - 4:00 PM

**No class:** 3/11 (10 Classes)

To sign up, please visit <http://www.learningmeansfun.com/signup>.

You will need to enter the class code **MOT3.4.20** in order to register. Please register by 2/25 for the early bird price of \$150.00.

If you have difficulty registering, please contact Afterschool Enrichment Solutions at 847-482-9999 or [registration@learningmeansfun.com](mailto:registration@learningmeansfun.com)  
No refunds will be made, unless there is insufficient enrollment. No make-ups will be scheduled for inclement weather or circumstances beyond our control. It's the parents' responsibility to remind the children about the classes.





# Chess Scholars

Spring 2020

St. Paul School

No Experience Needed



Trophy  
Medals  
Chess Belts!

GRADES K-8

Develop your child's intellect through the royal game of chess! Current research has shown a strong link between chess and academic performance in a variety of areas, including mathematics and language arts. Also, chess has been proven to enhance children's motivation, concentration, focus, social skills, and creativity. No previous knowledge of chess is necessary. Each class will consist of a fun, interactive teaching period and guided practice time. Both beginner and experienced players are welcome and will get to the next level under the guidance of an experienced Chess Scholars coach. There will also be a chess competition with prizes at the end of the session!

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**Course Time:** Thursdays, March 5th - May 21st, 3:00 PM - 4:00 PM

No class: 3/12, 4/9 (10 Classes)

To sign up for chess, please visit <https://www.learningmeansfun.com/signup>.

You will need to enter the class code **MOT3.5.20** in order to register. Please register by 2/26 for the early bird price of \$122.50.

If you have difficulty registering, please contact Afterschool Enrichment Solutions at 847-482-9999 or [registration@learningmeansfun.com](mailto:registration@learningmeansfun.com)

No refunds will be made, unless there is insufficient enrollment. No make-ups will be scheduled for inclement weather or circumstances beyond our control. It's the parents' responsibility to remind the children about the classes.



*Something New For The Youth Choir*  
*Grades 4-8*

The youth choir will be singing with the adult choir on Holy Thursday, April 9 at the 7:00pm mass and Easter Sunday, April 12 at the 9:00am mass.

We will have practices on Tuesdays in the choir loft of church.

The schedule is:

February 4, 11, 18 and 25, 3:15 - 4:00

March 3, 17, and 24, 3:15 - 4:00

We will have 2 practices with the adult choir, one on Monday, March 30 and another one on Monday, April 6 from 7:00 - 8:00 pm.

This is a commitment. Please make an effort to attend all practices.

The choir will be under the direction and supervision of Ruth Vomund and Susan Perry

If your child/children would like to participate please reply to:  
[principal@stpaulknights.org](mailto:principal@stpaulknights.org)

Any questions you may call me at 636-978-1140 or email  
[ruvomund@gmail.com](mailto:ruvomund@gmail.com)

Thank you,  
Ruth Vomund  
Susan Perry



## **St. Paul Church**

1223 Church Road  
St. Paul, MO 63366  
636-978-1900

### **ST. PAUL PARISH ANNUAL PANCAKE AND SAUSAGE BREAKFAST**

**SUNDAY, March 1, 2020**

St. Paul Church will be hosting our annual pancake breakfast in support of St. Paul School on Sunday, March 1, 2020.

We offer an advertising opportunity on the placemats used at the breakfast. The cost of the advertisement is \$25.00 for each business card size spot of advertisement on our placemats. If you would like a larger ad, simply purchase additional business card size spots and we will adjust the size of your ad accordingly.

In order to ensure accurate advertising, we are asking everyone to send a business card in with their contribution.

If you are interested in this advertising opportunity, please make checks payable to "St. Paul Church" and mail on or before February 14th to:

St. Paul Pancake Placemat Advertisement  
1223 Church Rd.  
St. Paul, MO 63366

If you have any questions please contact Teresa Boehmer at 636-978-1900, ext. 224.

Thank you in advance for your support of St. Paul Parish and School and God Bless You!





LET'S GO **KNIGHTS!!!!**

## St. Paul Spring Baseball / Softball / T-Ball

Registration is going on **NOW** and expected to end on March 2nd

T-Ball registration will close April 6th

Limited space available on teams so register early

Please go to [spysa.siplay.com](http://spysa.siplay.com) to register.

If you need a uniform please go to

<https://www.bsnteamsports.com/shop/FJhf0mZbdq>

T-ball uniforms will be provided. No need to order.

Deadline for uniforms is March 2nd.

Any questions you can email [baseballstpaul@gmail.com](mailto:baseballstpaul@gmail.com)



## CBC Grade School Trivia Night – February 14, 2020

Join in the fun at the 15<sup>th</sup> Annual CBC Grade School **Winter Warm-Up** Trivia Night on Friday, February 14, 2020 from 7-9:30pm in CBC's Ross Hall.

This event is open to both boys and girls in the 6<sup>th</sup>, 7<sup>th</sup>, and 8<sup>th</sup> grades.

Cost is \$10 per person.

For registration information, contact Melissa Ryan at [ryanm@cbchs.org](mailto:ryanm@cbchs.org).










# ST. PAUL IN ST. PAUL

## Healthy Habits Lunch

FEBRUARY 2020

\* = Baked

WG=Whole Grain Ingredients

Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5	6	7
<b>HOT LUNCH</b> <b><u>SUPER BOWL SPECIAL</u></b> Tight End Burger Quarterback Fries Kicker Celery Sticks Linebacker Cookie Kick Off Milk  <b>ALTERNATE</b> TOUCHDOWN POPCORN CHIX	<b>HOT LUNCH</b> Nachos and Cheese, WG Green Beans Fresh Fruit/Seasonal Churro Milk, Fat Free <b>ALTERNATE</b> MINI TACOS	<b>HOT LUNCH</b> Papa John's Cheese Pizza Carrots & Celery/Ranch Dressing Chilled Fruit Milk, Fat Free  <b>DONUTS BEFORE SCHOOL</b> \$1.00 Cash only <b>NO ALTERNATE</b>	<b>HOT LUNCH</b> Chicken Alfredo Lettuce & Carrot Salad Lite Italian Dressing Fresh Fruit/Seasonal *Garlic Breadstick Milk, Fat Free <b>ALTERNATE</b> TOASTED RAVIOLI	<b>EARLY DISMISSAL</b> <b>NO FOOD SERVICE</b> 
10	11	12	13	14
<b>HOT LUNCH</b> Ham & Cheese on Bagel Chips Fresh Fruit/Seasonal *Teddy Grahams Milk, Fat Free <b>ALTERNATE</b> CHICKEN PATTY SANDWICH	<b>HOT LUNCH</b> <b><u>BREAKFAST FOR LUNCH!</u></b> *French Toast Sticks Syrup *Bacon *Triangle Hash Brown Fresh Fruit/Seasonal Milk, Fat Free <b>ALTERNATE</b> SCRAMBLED EGGS	<b>HOT LUNCH</b> Papa John's Pepperoni Pizza Tossed Salad w/Dressing Chilled Fruit Milk, Fat Free  <b>NO ALTERNATE</b>	<b>HOT LUNCH</b> *Pig in a Blanket Smiley Face Potatoes Green Beans Fresh Fruit/Seasonal Milk, Fat Free <b>SUPERVISOR SPECIAL</b> <b>FUNNEL CAKE \$1.50 CASH ONLY</b> <b>ALTERNATE</b> CRUNCHY TACO	<b>HOT LUNCH</b> <b><u>VALENTINE'S DAY</u></b> Friendship Nuggets Cupid's Arrow (Carrot Sticks) Shimmering Heart Jell-O Valentine Trea Gotta Love Mil  <b>ALTERNATE</b> CUPID MINI CORN DOGS
17	18	19	20	21
<b>NO SCHOOL</b> 	<b>HOT LUNCH</b> <b><u>PRESIDENTS DAY</u></b> By-George Cheeseburger No-Lie Fries My Little Hatchet Peaches Presidential Milk <b>ALTERNATE</b> LINCOLN CHICKEN DRUMMIES	<b>HOT LUNCH</b> Papa John's Pepperoni Pizza Carrots & Celery/Ranch Dressing Chilled Fruit Milk, Fat Free  <b>NO ALTERNATE</b>	<b>HOT LUNCH</b> BBQ Chicken Drumstick Buttered Noodles Green Beans Cinnamon Streusel Coffee Cake Milk, Fat Free <b>ALTERNATE</b> JUMBO CORN DOG	<b>HOT LUNCH</b> Chicken Wrap/Chopped Lettuce Light Ranch Dressing Cookie Fresh Fruit/Seasonal Milk, Fat Free <b>ALTERNATE</b> GRILLED CHEESE
24	25	26	27	28
<b>HOT LUNCH</b> Turkey & Cheese Panini Fresh Veggies with Dip Fresh Fruit/Seasonal Cheddar Goldfish Milk, Fat Free <b>ALTERNATE</b> CHICKEN STRIPS	<b>HOT LUNCH</b> <b><u>NATIONAL PANCAKE DAY</u></b> *Pancake with Syrup *Sausage Patty Fresh Fruit/Seasonal Yogurt Milk, Fat Free <b>ALTERNATE</b> EGG & CHEESE/BAGEL	<b>HOT LUNCH</b> Papa John's Cheese Pizza Tossed Salad w/Dressing Chilled Fruit Milk, Fat Free  <b>NO ALTERNATE</b>	<b>HOT LUNCH</b> All Natural Hot Dog on Bun Potato Chips Fresh Fruit/Seasonal 2 Oreos Milk, Fat Free  <b>ALTERNATE</b> CHICKEN PARMESAN SLIDER	<b>HOT LUNCH</b> *Bosco Stick Spaghetti Sauce Mixed Vegetables Fresh Fruit/Seasonal 100% Fruit Juice Bar Milk, Fat Free <b>ALTERNATE</b> FISH STICKS
<b>DAILY SPECIALS (GRADES 5-8 ONLY) \$3.50</b>				
TOASTED RAVIOLI WITH FRUIT	BACON CHEESEBURGER AND CHIPS	PRETZEL AND CHEESE AND FRUIT	CHICKEN STRIPS WITH FRIES	TONY'S CHEESE PIZZA AND FRUIT

All FSC menus follow the USDA guidelines & Archdiocese Wellness Plan and have been approved by Registered Dietitian Associates, Inc. (does not include alternate entrée).



Food Service Consultants, Inc.

"Serving You With Pride"

