



# The Knight's Tablet

**"Put on the armor of God and fight the good fight of faith." – St. Paul**

**February 9, 2022**

## **Upcoming Events**

**February 11**~Father Daughter Dance, see page 3 for details.

**February 12**~ Confirmation Retreat

**February 14**~ Class Valentine's Parties @ 2:00

**February 19**~7th Grade Trivia, see page 2 - RESERVE your table today! Only a few tables left!

**February 20**~ 9:00AM 4th Grade Mass as a Class - have your 4th graders sit up front in the reserved pews!

**February 21**~ No School / President's Day

February 23~ SPPTO Share Night @ Freddy's see page 5

**February 27**~ 2nd Sunday Series in the Gym with Decan Bob. *What does It mean to form your conscience?* See page 8 for details.



THANK YOU SO MUCH  
for Choosing St. Paul School  
for your child's education!  
We are truly blessed to be a  
part of their lives!

## **Servers Schedule**

### **February 10-11**

*Claire Griesenauer*

### **February 12**

4:30pm *Volunteers*

### **February 13**

7:00am *MacKenzie Gentemann & Charles Hall*

9:00am *Nathaniel & Michael Elsenrath*

11:00am *Claire & Natalie Griesenauer*

### **February 14-18**

*John Schultz*

### **February 15/17**

*Claire Vogel and John Schultz*

### **February 19**

4:30pm *Volunteers*

### **February 20**

7:00am *Gavin Hemmer & Carter Lickteig*

9:00am *Paityn Luhring & Tedy Militello*

11:00am *Gabrielle Orf & Emmie Osterholt*

### **February 21**

*President's Day/ No School*



# School of Rock

**Music  
Trivia  
Night**

**PRESENTED BY  
CLASS OF 2023**

**Special Guest: Jimmy with Best Trivia Night Ever**



**SATURDAY FEBRUARY 19TH**

**DOORS OPEN 6PM, TRIVIA STARTS 7PM**

**ST. PAUL GYM**

**ONE NIGHT ONLY EVENT**  
**MUST BE 21 OR OLDER**

**VIP TABLE**

**RESERVATIONS AVAILABLE**

**(\$200 - 8 person table; drinks included)**

**For table reservations  
contact Tiffany Riffle:**  
tiffri108@gmail.com  
636-578-2179

**For sponsorship  
contact Rachel Talbott:**  
rachdueber@hotmail.com  
573-999-1669

**50/50**

**Raffles**



# 6<sup>th</sup> Annual Father/Daughter Dance

Friday, February 11<sup>th</sup>

Schulte Hall (\*note new location)

7-8:30pm

PK3 - 8<sup>th</sup> Grade

**Cost includes: DJ, Snacks & Photo Booth**

*\*There will be a sign-up genius next week for snack & drink donations-thank you\**

*Please return this portion of the form along with payment to school by February 4th.*

Princesses Name(s): \_\_\_\_\_

Early Bird Ticket Special: \$25 per Dad/Special Person and 1 princess. Each additional princess is \$5.

Cost at the Door: \$30 per Dad/Special Person and 1 princess. Each add'l princess is \$5.

Number of guests attending: \_\_\_\_\_

For questions, contact Mindy Schultz ([mindy\\_rose88@hotmail.com](mailto:mindy_rose88@hotmail.com)) 314-603-8678 or Emily Lickteig ([eburkemper@hotmail.com](mailto:eburkemper@hotmail.com)).

# **TUITION ASSISTANCE INFORMATION 2022-2023 SCHOOL YEAR** **NOTICE OF UPCOMING SCHOLARSHIP APPLICATION PERIOD**

## **ARCHDIOCESE & BEYOND SUNDAY SCHOLARSHIPS 2022-2023**

### **SCHOLARSHIP APPLICATION AVAILABLE ON January 18<sup>th</sup> , 2022**

Alive! In Christ is first-come, first served for all new awards and younger siblings that may be eligible, so we encourage you to apply as early as possible.

Approximately 600 new awards will be available for the Archdiocese

The application deadline for Beyond Sunday, Catholic Families Tuition Assistance (CFTA), and the Parish Employees Endowment Fund (PEEF) is February 28<sup>th</sup>, 2022. Any family who would like to be considered for these programs, even if you are applying for requalification, must apply between **January 18<sup>th</sup> and February 28<sup>th</sup>, 2022.**

Up to 130 new elementary school awards, primarily in Kindergarten, will be available in Beyond Sunday for Catholic families registered in a parish. Siblings attending the same school are not eligible in this program.

### **IMPORTANT ADDITIONAL INFORMATION**

If you have ever applied to TTEF before or are currently on scholarship, you must use the email address we have on file for you. If you do not know what this email address is, please email our office at [ttef@archstl.org](mailto:ttef@archstl.org) or call us at 314-792-7777. If you know what your email address is but forgot your password, please visit the family login page and click Forgot Password below the family login box. To access the Family Login Page, go to [www.ttef-stl.org](http://www.ttef-stl.org) and click APPLY HERE.

Individual students may not receive more than one scholarship if awarded. However, Catholic Families Tuition Assistance and Parish Employees Endowment Fund are tuition aid programs that may be awarded in addition to another scholarship. Families may have multiple children receiving scholarships.

Documents needed to complete applications include:

- Proof of income: Adjusted gross income (taxes or W2) and any other assistance you may receive (including but not limited to Child Support, Food Stamps, and Social Security)
- High School Students are required to submit responses to two short-answer questions and contact information for two references at the time of application to be considered for Beyond Sunday Fellows Program. Students currently receiving a Beyond Sunday Fellows scholarship are not required to submit responses or references for requalification. For more information about the Beyond Sunday Fellows Program, please see the Beyond Sunday Fellows FAQs, available at [www.ttef-stl.org](http://www.ttef-stl.org).

**PLEASE VISIT THE TODAY AND TOMORROW WEBSITE FOR MORE INFORMATION ON  
ACCEPTABLE DOCUMENTATION AND APPLICATION SUPPORT!**

[www.ttef-stl.org](http://www.ttef-stl.org)

## **ST. PAUL PARISH SCHOLARSHIPS**

In addition to the Today and Tomorrow scholarships, St. Paul Parish also provides tuition assistance for St. Paul School. Any family requesting tuition assistance from St. Paul Parish must **FIRST** complete the Today and Tomorrow Educational Foundation Scholarship application **AND** submit a “FACTS” application (at no charge) at <https://online.factsmgt.com/signin/430P9>.

Please Contact Teresa Boehmer at parish office with any questions regarding tuition assistance at 636-978-1900, ext. 224



# ENJOY *Fresh* FOOD & RAISE *Funds*

Join your friends and family at Freddy's

Be sure to tell  
the cashier  
you're part of  
this group!

Wednesday, February 23, 2022

11:00am until 9:00pm

2675 Highway K

O'Fallon, Missouri 63368

St. Paul School

**will receive 15% percent of the sales from this event!**

No solicitation of guests may take place on Freddy's property.

*Freddy's*  
FROZEN CUSTARD &  
STEAKBURGERS®

**FreddysUSA.com**



# The Parent's Corner

we're in your corner

## TEACHING CHILDREN ABOUT DIVERSITY

January 2022 | By Katie McDonough, MSW, LCSW

As children learn and grow, they naturally begin spotting differences in others. They notice differences in hair color, skin color, height or clothing. They may pick up on differences in behavior or abilities. However, it is society that teaches children to assign biases to these differences. Unfortunately, these biases or lack of understanding can result in exclusion of peers, bullying, harassment, or discrimination— all of which can leave lasting emotional scars on children and deepen feelings of inadequacy. Even small comments or unintentional actions by peers, over time, may become ingrained memories that affect one's self worth. So, how do parents teach our kids about the beauty of diversity and acceptance from a young age?

1. **Begin with basic concepts.** From a young age, begin by explaining diversity in simple terms that your child will understand. Explain that so many things on Earth are diverse: types of plants (small bushes, huge oak trees, types of flowers), breeds of dogs (short-haired, long-haired, big Great Danes or small Chihuahuas), or candy (chewy, hard, sour or sweet). Discuss how boring life would be if every plant we saw, dog we owned, or type of candy at the grocery store were completely identical. Diversity adds excitement and uniqueness to life.
2. **Branch out to more complex ideas.** As your child starts to understand the idea of diversity, begin to incorporate the idea that humans are also diverse. Point out physical differences -- that some have to wear glasses, use an inhaler, may get burnt more easily in the sun, have different color skin or an accent. Make sure to circle back to the idea that these differences are an appreciated part of life, and that no difference makes someone less-than.
3. **Teach inner differences in creative ways.** When your child has learned the basic idea of physical diversity, introduce the idea of inner diversity. During the holidays, take time to explain to your children about holidays other children around the world celebrate. Make art projects, cook food, read books or watch movies that represent different cultures and discuss them with your children. Open up WindowSwap or Google Maps and explore a different region of the globe with your child. Volunteer at an organization together. Strive to incorporate a variety of experiences and material into your child's life that exposes them to individuals different from themselves.
4. **Discuss racism, discrimination and social justice.** Unfortunately for many minority groups, having these conversations with your children may be inevitable from a young age due to the fact that ongoing discrimination and racism is prevalent in society. These may be conversations that are essential for your child's safety and survival. Every child, from any background, will benefit from education on acceptance and understanding of those around them from different cultures, race, socioeconomic status or mental/physical abilities. We must also teach our children about ways to stand up for others when we see discriminatory behavior taking place. Instilling in your child the mindset that differences should be accepted and appreciated as they grow will allow them to carry this into their interactions with others as they continue relationships throughout their lives.

**As always, your School Partnership Program (SPP) Therapist is in your corner if you need extra support!**













# ST. PAUL IN ST. PAUL

## Healthy Habits Lunch

February 2022

\* = Baked

WG = Whole Grain Ingredients

Monday	Tuesday	Wednesday	Thursday	Friday
	1	2	3	4
	<p>Nachos &amp; Cheese Green Beans Churro Seasonal Fresh Fruit Milk, Fat Free</p> <p><u>ALTERNATE</u> Chicken Rings</p>	<p>PAPA JOHNS PEPPERONI PIZZA CARROTS &amp; CELERY WITH DRESSING CHILLED FRUIT MILK, FAT FREE</p> <p><u>NO ALTERNATE</u></p> 	<p>Bowl Of Chili Cheddar Goldfish Seasonal Fruit Jell-O Milk, Fat Free</p> <p><u>ALTERNATE</u> Popcorn Chicken</p>	<p><b>Early Dismissal Day!</b></p> <p>NO FOOD SERVICE!!</p> 
7	8	9	10	11
<p>Chicken Snack Wrap Veggies with Dip Seasonal Fruit Cookie Milk, Fat Free</p> <p><u>ALTERNATE</u> Jumbo Corn Dog</p>	<p><b>BREAKFAST FOR LUNCH!!!</b></p> <p>Mini Waffles Bacon Yogurt Seasonal Fresh Fruit Milk, Fat Free</p> <p><u>ALTERNATE</u> French Toast Stick</p>	<p>PAPA JOHNS CHEESE PIZZA Tossed Salad WITH DRESSING CHILLED FRUIT MILK, FAT FREE</p> <p><u>NO ALTERNATE</u></p> 	<p>Golden Grilled Cheese Sandwich Pickle Spear Seasonal Fruit Cookie Milk, Fat Free</p> <p><u>ALTERNATE</u> Chicken Rings</p> 	<p><b>Super Bowl Special!!</b></p> <p>Tight End Burger Quarterback Fries Kicker Celery Sticks Linebacker Cookie Kick Off Milk</p> <p><u>ALTERNATE</u> Touch Down Hot Dogs</p>
14	15	16	17	18
<p><b>Friendship Nuggets</b></p> <p>Cupid Arrow (Carrot Sticks) Shimmering Heart Jell-O Valentine Treat Gotta Love Milk</p> <p><u>ALTERNATE</u> Cupid Mini Corn Dogs</p>	<p>Bosco Sticks with Sauce Lettuce &amp; Tomato Salad Applesauce Oreo Cookies Milk, Fat Free</p> <p><u>ALTERNATE</u> Chicken Drumsticks</p> 	<p>PAPA JOHNS Pepperoni Cheese CARROTS &amp; CELERY WITH DRESSING CHILLED FRUIT MILK, FAT FREE</p> <p><u>NO ALTERNATE</u></p> 	<p>Grilled Chicken Sandwich Seasoned Noodles Carrot Sticks with Dip Seasonal Fresh Fruit Milk, Fat Free</p> <p><u>ALTERNATE</u> Toasted Beef Ravioli with Sauce</p>	<p>Fettuccini Alfredo Broccoli Breadstick Cookie Milk, Fat Free</p> <p><u>ALTERNATE</u> Popcorn Shrimp</p>
21	22	23	24	25
<p><b>President's Day</b></p>  	<p>By- George Cheeseburger No - Lie Fries My Little Hatchet Peaches Voter's Choice Vanilla Wafers Presidential Milk</p> <p><u>ALTERNATE</u> Lincoln Chicken Drumsticks</p> 	<p>PAPA JOHNS CHEESE PIZZA TOSSED SALAD WITH DRESSING CHILLED FRUIT MILK, FAT FREE</p> <p><u>NO ALTERNATE</u></p> 	<p><b>BREAKFAST FOR LUNCH!!!</b></p> <p>Pancake Turkey Sausage Links Seasonal Fruit Yogurt Milk, Fat Free</p> <p><u>ALTERNATE</u> Biscuit &amp; Gravy</p>	<p>Turkey, Bacon &amp; Cheese On Skinny Bun Pickle Spear Baked Chips Mini Rice Krispies Treat Milk, Fat Free</p> <p><u>ALTERNATE</u> Chicken Nuggets</p>
28				
<p>Chicken Patty On Bun Cheddar Goldfish Seasonal Fresh Fruit Jell-O Milk, Fat Free</p> <p><u>ALTERNATE</u> Mini Tacos</p>				

DAILY SPECIALS (GRADES 5-8 ONLY) \$3.50

Bacon Cheeseburger and Chips	Grilled Chicken Sandwich and Chips	Pretzel with Cheese and Fruit	2 Bosco Sticks with Sauce and Fruit	Chicken Strips and Fries
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February 6, 2022

WATCH

### BERNADETTE

Millions of people each year go on pilgrimage to Lourdes, a place where miracles frequently occur. Explore the origins of this miraculous place of encounter with the Lord in this movie which depicts Mary's apparitions to St. Bernadette.



LEARN

### FORMED® Now!

How and Why to Pray the Rosary  
with Dr. Tim Gray & Dr. John Sehorn

### FORMED NOW! HOW AND WHY TO PRAY THE ROSARY

As we celebrate Our Lady of Lourdes this week, we invite you to learn more about the Rosary! Join Dr. Tim Gray and Dr. John Sehorn as they discuss how they pray the Rosary and how it has changed their lives!

LISTEN

### TRUTH TO INSPIRE: ST. BERNADETTE OF LOURDES

This inspiring story depicts St. Bernadette and her encounters with the Blessed Mother. Learn more about the saint who Mary appeared to eighteen times!

### St. Bernadette of Lourdes



Our parish has a FORMED subscription.  
To set up your free account visit [formed.org/signup](https://formed.org/signup) and select our parish.

## ST PAUL CHURCH 2ND SUNDAY SERIES (ON THE 4TH SUNDAY THIS MONTH!)

SUNDAY, FEBRUARY 27TH  
6:30PM  
IN THE GYM

Something every Catholic parent should know  
and be able to discuss with their children:

What does it mean  
"To Form Your Conscience"?

What does it mean  
"To Follow Your Conscience"?

Join the discussion!

Presented and moderated by Deacon Bob

Mark your calendar and join us for Season 2 of THE CHOSEN  
Every Sunday during Lent



**We invite the Class of 2027 to schedule a visit at St. John Vianney High School!**

On Mondays, Wednesdays, and Fridays, we invite up to 10 students each day to visit our campus for a shadow day. Beginning at 8:00 am in the Admissions Center, prospective Griffins will experience:

- x2 Vianney Classes with your Griffin Guide
- Engage in hands-on activities directly with Vianney faculty members
- Complimentary, legendary Vianney lunch & Ted Drewes frozen custard in the Griffins' Cafe

[Register at Vianney.com](https://www.vianney.com) under the Admissions tab and Schedule a Visit. See you soon!