



The Knight's Tablet

"Put on the armor of God and fight the good fight of faith." – St. Paul

February 17, 2021

Upcoming Events

February 17~ Ash Wednesday

February 20~ Confirmation Retreat

February 21~ CHOSEN Screening See page 8 for details.

February 25~ Area Spelling Bee

March 5~ Noon Dismissal/Faculty Meeting/Spirit Day

March 11-15~ Spring Break

Happy Snowy Start to Lent!

We all know that Lent is based on sacrifice. As we begin this Lenten journey together most of us choose to stop eating a favorite food or pursuing a favorite activity. However you can always choose to do something instead. Maybe you could spend more time in prayer, open up the Word of God as a family, or even offering up aggravations or inconveniences to God.



Virtue of the Month **HONESTY**

Honesty is being trustworthy and true! Think about how the truth will set you free (John 8:32). Rather than doing what is popular, dare to be yourself. Fight rash judgment and avoid belittling others. Make a pact this month that you will only say what is true, kind, and helpful, and guard the good reputation of everyone.



CONGRATULATIONS to Marianne V. (7) for winning the St. Paul School Spelling Bee! Job well done by all of our Spelling Bee Participants.

Slight LUNCH Change for Thursday, February 18:
2nd Choice will be Bosco Stick instead of Corn Dog!

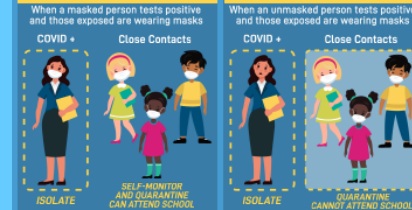
Interested in Volunteering? We would love to have you ! We are always looking for help serving lunch, or helping outside at recess. Please call Miss Richey at 636-978-1900 X2 for details!

Wear a mask. Stay in school.



COVID-19 School Scenarios with no documented transmission in the classroom setting

EVERYONE MASKED
When a masked person tests positive and those exposed are wearing masks



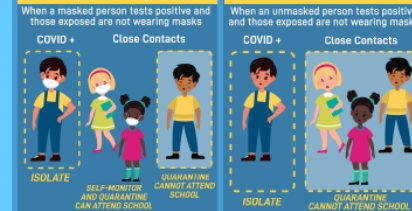
CLOSE CONTACTS MASKED
When an unmasked person tests positive and those exposed are wearing masks



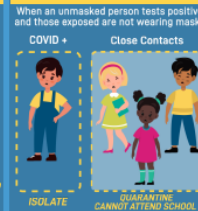
CLOSE CONTACT:
Someone who was within 6 feet of a person diagnosed with COVID-19 for a cumulative total of 15 minutes or more throughout a 24-hour period starting from 2 days before illness onset (or for asymptomatic patients, 2 days prior to test specimen collection).

SELF-MONITOR:
Perform a self-check or be monitored daily for symptoms of COVID-19 over a 14-day period. Contact your health care provider with questions about symptoms.

CLOSE CONTACTS UNMASKED
When a masked person tests positive and those exposed are not wearing masks



NO ONE MASKED
When an unmasked person tests positive and those exposed are not wearing masks



QUARANTINE:
The practice of separating individuals who have had close contact with someone diagnosed with COVID-19 to determine whether they develop symptoms or test positive for the disease.

ISOLATION:
The practice of separating people diagnosed with COVID-19 from others who are not sick to prevent further exposures and/or spread of the disease.

<https://dhs.missouri.gov/sites/default/files/COVID-19%20Warpapping%20Guidance.pdf>

November 24, 2020

COVID-19 Reminder

If anyone in your family household has symptoms and/or gets tested for COVID-19, please keep your child(ren) home until you have more information. Please contact Mrs. Kaimann if you are unsure what to do. **THANK YOU FOR YOUR SUPPORT!**



LET'S GO **KNIGHTS!!!!**

St. Paul Spring Baseball / Softball / T-Ball

Registration is going on **NOW** and expected to end on February 28th

T-Ball registration will close March 31st

Limited space on teams so register early

Please go to <https://spysa.sportssignup.com/> to register.

Any questions you can email

baseballstpaul@gmail.com



**TUITION ASSISTANCE INFORMATION 2021-2022 SCHOOL YEAR
NOTICE OF UPCOMING SCHOLARSHIP APPLICATION PERIOD**

ARCHDIOCESE & BEYOND SUNDAY SCHOLARSHIPS 2021-2022 SCHOLARSHIP APPLICATION AVAILABLE ON January 11th, 2021

Alive! In Christ is first-come, first served for all new awards and younger siblings that may be eligible, so we encourage you to apply as early as possible. Approximately 600 new awards will be available for the Archdiocese

The application **deadline** for Beyond Sunday, Catholic Families Tuition Assistance (CFTA), and the Parish Employees Endowment Fund (PEEF) is February 26th, 2021. Any family who would like to be considered for these programs, even if you are applying for requalification, must apply between January 11th and February 26th, 2021. Up to 130 new elementary school awards, primarily in Kindergarten, will be available in Beyond Sunday for Catholic families registered in a parish. Siblings attending the same school are not eligible in this program.

IMPORTANT ADDITIONAL INFORMATION

- If you have ever applied to TTEF before or are currently on scholarship, you must use the email address we have on file for you. If you do not know what this email address is, please email our office at ttef@archstl.org or call us at 314-792-7777. If you know what your email address is but forgot your password, please visit the family login page and click Forgot Password below the family login box. To access the Family Login Page, go to www.ttef-stl.org and click APPLY HERE.
- Individual students may not receive more than one scholarship if awarded. However, Catholic Families Tuition Assistance and Parish Employees Endowment Fund are tuition aid programs that may be awarded in addition to another scholarship. Families may have multiple children receiving scholarships.
- Documents needed to complete applications include:
 - Proof of income: Adjusted gross income (taxes or W2) and any other assistance you may receive (including but not limited to Child Support, Food Stamps, and Social Security)
 - High School Students are required to submit responses to two short-answer questions and contact information for two references at the time of application to be considered for Beyond Sunday Fellows Program. Students currently receiving a Beyond Sunday Fellows scholarship are not required to submit responses or references for requalification. For more information about the Beyond Sunday Fellows Program, please see the Beyond Sunday Fellows FAQs, available at www.ttef-stl.org.

PLEASE VISIT THE TODAY AND TOMORROW WEBSITE FOR MORE INFORMATION ON ACCEPTABLE DOCUMENTATION AND APPLICATION SUPPORT! www.ttef-stl.org

ST. PAUL PARISH SCHOLARSHIPS

In addition to the Today and Tomorrow scholarships, St. Paul Parish also provides tuition assistance for St. Paul School. Any family requesting tuition assistance from St. Paul Parish must **FIRST** complete the Today and Tomorrow Educational Foundation Scholarship application **AND** submit a "FACTS" application (at no charge) at <https://online.factsmtg.com/aid>. Please Contact Teresa Boehmer at parish office with any questions regarding tuition assistance at 636-978-1900, ext. 224



Scholarship Information for Parents for the 2021-2022 School Year

One application is used to apply for all scholarships funded by the Catholic Education Office, the Roman Catholic Foundation of Eastern Missouri, and the Today & Tomorrow Educational Foundation. To apply, please visit www.ttef-stl.org and click Apply Here. The Scholarship Office at TTEF will review your family's application and determine if your family is eligible for any awards offered based on each program's guidelines and funding availability. The application is online only and is free of cost!

For families applying to Archdiocesan/parochial elementary schools: Funding is available through Alive! In Christ for approximately 600 new awards for students of all faiths. Alive! In Christ is first-come, first-served and the maximum award is \$2,000. Residents of the City of St. Louis applying for Archdiocesan and private schools in the City may be eligible to receive a Help for Today, Hope for Tomorrow scholarship. Maximum award in this program is also \$2,000 and approximately 350 new awards will be available.

Approximately 130 new awards primarily in Kindergarten will be available through the Beyond Sunday scholarship program for Catholic families registered in a parish. The maximum award for new recipients in this program is \$1,750 and the application deadline is February 26th, 2021. Because demand is high and preference for Beyond Sunday scholarships is given to Catholic families registered in a parish, it is expected that all new awardees will be registered Catholics.

For families applying to Archdiocesan and private-Catholic high schools: Approximately 50 new Beyond Sunday Fellows scholarships will be available, primarily for incoming freshmen applying for Archdiocesan high schools. Due to high demand, it is expected that all new awardees will be registered Catholics. The maximum award for new recipients in this program is \$3,500 and the deadline to apply is February 26th, 2021.

For families currently receiving ANY scholarship: All families are encouraged to apply as early as possible. New and returning applications for Beyond Sunday, SOAR!, CFTA, and PEEF are due by February 26th, 2021. Alive! In Christ is first-come, first-served, including for all eligible siblings! City residents should also apply as early as possible to be considered for new awards in Help for Today, Hope for Tomorrow. Requalification applications for Alive! In Christ and Help for Today, Hope for Tomorrow may be submitted through May 1st, 2021. However, you **MUST** apply by February 26th to be considered for any other programs.

For Catholic families applying to Archdiocesan/parochial elementary and high schools: Funding for Catholic students in Catholic families is available through the Catholic Families Tuition Assistance program. Approximately 350 new awards will be available. The application deadline for returning families and applying new is February 26th, 2021.

For students of parish employees: Students of parish employees working 1,000 hours or more per year may be eligible for the Parish Employees Endowment Fund. The application deadline for returning families and applying new is February 26th, 2021.

APPLICATION AVAILABLE JANUARY 11th, 2021!

**See Reverse for Important Additional Information
regarding Application Requirements!**

T: 314-792-7777 | F: 314-792-7629 | E: ttef@archstl.org | www.ttef-stl.org

Important Additional Information

- New Families applying may only receive one scholarship program per student. If your student currently receives CFTA or PEEF in addition to their primary scholarship they may continue to receive both as long as they qualify. Families may have multiple children receiving scholarships, depending on program guidelines.
- Documents needed to complete applications include:
 - High school students who are eligible for Beyond Sunday and do not already have an award are required to respond to two short answer questions, as well as provide contact information for two references within the application. For more information about the Beyond Sunday Fellows Program, please visit www.ttef-stl.org or see the flyer: *Beyond Sunday Fellows Frequently Asked Questions*.
 - Proof of residency (St. Louis City residents only): ONE of the following documents
 - Missouri Driver's License or Utility Bill
 - House/Apartment Lease or Deed
 - Proof of Income (see table below)
 - W2
 - Federal Tax Return Form 1040
 - Government Assistance Award Letter

Please note that the income your family has listed on the application must be supported by all required documentation and confirmed by the TTEF scholarship office as eligible in order for an application to be considered complete!

Type of Income	ONE of the Following Proofs are Required for EVERY Type of Income You Receive
Adjusted Gross Income (Wages from employment and all other income reported on Federal Taxes)	<ul style="list-style-type: none">• Pages 1 & 2 of your 2019 or 2020 Federal Income Tax Return (Form 1040)<i>If you do not file taxes you may submit...</i>• 2019 or 2020 W2 for all places of employment for you and your spouseOR• Three paystubs from 2020 for all places of employment of you and your spouse
If applicable, please provide proof of any supplemental income your family is receiving.	
Business Income	NOTE: If this income is already claimed on your taxes, do not list the amount as additional Business Income on your application and do not submit additional documentation or your income will be calculated higher than it should be. <ul style="list-style-type: none">• Copy of your business tax return, financial statements or a notarized letter stating your total earnings
Child Support	<ul style="list-style-type: none">• If court ordered, provide documentation stating amount of support and your name<i>If not court ordered, you may submit...</i>• Transaction record displaying your name and monthly or annual amount
Public Assistance Cash	<ul style="list-style-type: none">• Benefit Summary or Award letter displaying name and award amountOR• Transaction record displaying your name and monthly or annual amount
Food Stamps	
Social Security/SSI	
Unemployment/Worker's Comp	
Other (includes but is not limited to adoption or foster subsidies, tuition support from family, friends, or employer)	<ul style="list-style-type: none">• If you have other sources of income not reported elsewhere, please provide notarized letters from your employer, family/friends providing financial assistance stating the annual amounts.

We look forward to providing your family with the opportunity to apply for scholarships funded by the following partners:



ST. PAUL IN ST. PAUL

Healthy Habits Lunch



FEBRUARY 2021

* = Baked

WG = Whole Grain Ingredients

Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	4	5
ENTRÉE CHOICE 1 *Bosco Stick with Spaghetti Sauce ENTRÉE CHOICE 2 Meatball Sub SIDE ITEMS: Mixed Vegetables Seasonal Fresh Fruit 100% Fruit Juice Bar Milk, Fat Free	GROUNDHOG DAY ENTRÉE CHOICE 1 Ground Hog Day Grilled Cheese ENTRÉE CHOICE 2 Cloudy Chicken Strips SIDE ITEMS: My Shadow Fries Spring Carrots & Ranch Dressing Sunshine Cookie Let It Be Early Milk	PAPA JOHN'S DAY ENTRÉE CHOICE 1 Cheese Pizza ENTRÉE CHOICE 2 No 2nd Choice SIDE ITEMS: Tossed Salad with Ranch Chilled Fruit Milk, Fat Free	ENTRÉE CHOICE 1 Bowl of Chili ENTRÉE CHOICE 2 Popcorn Chicken SIDE ITEMS: *Cheddar Goldfish, WG Seasonal Fresh Fruit Jell-O Milk, Fat Free	1/2 DAY NO FOOD SERVICE
8	9	10	11	12
SUPER BOWL SPECIAL ENTRÉE CHOICE 1 Tight End Burger ENTRÉE CHOICE 2 Touchdown Hot Dog SIDE ITEMS: Quarterback Fries Kicker Celery Sticks Linebacker Cookie Kick Off Milk	ENTRÉE CHOICE 1 Biscuit and Gravy ENTRÉE CHOICE 2 Waffle with Syrup SIDE ITEMS: Scrambled Eggs Hash Brown Triangle Seasonal Fresh Fruit Milk, Fat Free	PAPA JOHN'S DAY ENTRÉE CHOICE 1 Pepperoni Pizza ENTRÉE CHOICE 2 No 2nd Choice SIDE ITEMS: Carrots and Celery with Ranch Chilled Fruit Milk, Fat Free	ENTRÉE CHOICE 1 Crunchy Taco, WG ENTRÉE CHOICE 2 Cheese Quesadilla SIDE ITEMS: Spanish Rice, WG Mexicali Corn Seasonal Fresh Fruit Milk, Fat Free	VALENTINE'S DAY ENTRÉE CHOICE 1 Friendship Nuggets ENTRÉE CHOICE 2 Cupid Mini Corn Dogs SIDE ITEMS: Cupid's Arrow (Carrot Sticks) Shimmering Heart Jell-O Valentine Treat Gotta Love Milk
15	16	17	18	19
NO SCHOOL 	PRESIDENTS DAY SPECIAL ENTRÉE CHOICE 1 By George Bosco Stick ENTRÉE CHOICE 2 Honey Pot Toasted Ravioli SIDE ITEMS: Log Cabin Broccoli My Little Hatchet Peaches Gettysburg Address Brownie Presidential Milk	PAPA JOHN'S DAY ENTRÉE CHOICE 1 Cheese Pizza ENTRÉE CHOICE 2 No 2nd Choice SIDE ITEMS: Carrots and Celery with Ranch Chilled Fruit Milk, Fat Free	ENTRÉE CHOICE 1 *Grilled Chicken Sandwich ENTRÉE CHOICE 2 Jumbo Corn Dog SIDE ITEMS: Seasoned Noodles Carrot Sticks with LF Ranch Seasonal Fresh Fruit Milk, Fat Free	ENTRÉE CHOICE 1 Nachos and Cheese, WG ENTRÉE CHOICE 2 Fish Sticks SIDE ITEMS: Green Beans Seasonal Fresh Fruit Churro Milk, Fat Free
22	23	24	25	26
ENTRÉE CHOICE 1 *Chicken Nuggets ENTRÉE CHOICE 2 Turkey & Cheese on Bagel SIDE ITEMS: Rice Pilaf Green Beans Seasonal Fresh Fruit Milk, Fat Free	ENTRÉE CHOICE 1 *French Toast Sticks with Syrup ENTRÉE CHOICE 2 Breakfast Burrito SIDE ITEMS: *Bacon *Triangle Hash Brown Seasonal Fresh Fruit Milk, Fat Free	PAPA JOHN'S DAY ENTRÉE CHOICE 1 Pepperoni Pizza ENTRÉE CHOICE 2 No 2nd Choice SIDE ITEMS: Tossed Salad with Ranch Chilled Fruit Milk, Fat Free	ENTRÉE CHOICE 1 All Natural Hot Dog on Bun ENTRÉE CHOICE 2 Popcorn Chicken Wrap with Lettuce & Ranch Dressing SIDE ITEMS: Potato Chips Seasonal Fresh Fruit 2 Oreos Milk, Fat Free	ENTRÉE CHOICE 1 Baked Macaroni & Cheese ENTRÉE CHOICE 2 Popcorn Shrimp SIDE ITEMS: Green Beans Seasonal Fresh Fruit Teddy Grahams Milk, Fat Free

DAILY SPECIALS (GRADES 5-8 ONLY) \$3.50

CHICKEN STRIPS
AND FRIES

GRILLED CHICKEN SANDWICH
AND CHIPS

GRILLED CHEESE ON TEXAS
TOAST AND FRUIT

BACON CHEESEBURGER
AND CHIPS

2 BOSCO STICKS WITH SAUCE
AND FRUIT

All FSC menus follow the USDA guidelines & Archdiocese Wellness Plan and have been approved by Registered Dietitian Associates, Inc. (does not include alternate entrée).



Food Service Consultants, Inc.

"A Local Company Serving You With Pride"



2021

**ST. PAUL PARISH
MONTHLY CASH GIVEAWAY!!!
TO BENEFIT TUITION ASSISTANCE
YOU COULD BE A WINNER!!!**



- \$500 to be given away every month of the year
- Drawings held the 1st Monday of each month
- 12 chances to win \$500! If your name is drawn, it will be placed back in the drum for the next month drawing. Each chance makes you eligible to win **EVERY** month!
- Tickets are only \$50 each
- Return tickets to the Parish Center, thru the Sunday collection or the School Office in an envelope marked "Monthly Cash Giveaway"
- Additional tickets available in the back of church or at the Parish Center

Summer Solutions.

It is time to order!

Go to **www.SummerSolutions.net**
or call 216.450.5005 to order.

Books are \$16.99 (including shipping) and will be sent directly to your home.

**Ordering early saves you more!
Use promo code: SUMMER3**

Save 20% off of 3 or more books - January 1st and February 28th.
Save 10% off of 3 or more books - March 1st and April 30th.

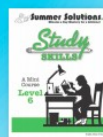
Know what to order:

- Order the level of the book that your child has **JUST COMPLETED!**
- Your school uses the Standard-Based Math and Grammar series. Look for the books with these covers.



Grades K-8

Grades K-8



Grades 4-8



Grades K-6



Grades 2-7



Grades 4-5



Pre-K



Pre-K

**DON'T FEEL WELL?
STAY HOME WHEN YOU ARE SICK**

Tell your mom, dad, or caregiver before you come to school. Tell your teacher or an adult if you become sick at school



cough



Shortness of breath
or problem breathing



chills



sore throat



loss of taste
or smell



muscle pain

**OTHER SYMPTOMS
INCLUDE:**

*fever, runny nose, diarrhea, feeling nauseous
or vomiting, feeling tired, headache,
and poor appetite*

FORMED®

PICK OF THE WEEK

February 14, 2021

WATCH

**BELOVED—SESSION 1:
DOES MARRIAGE MATTER?**
Happy Feast of St. Valentine! This Valentine's Day, remind yourself of the beauty of the Sacrament of Marriage with the Beloved series, presented by the Augustine Institute.



HOW TO STUDY THE BIBLE

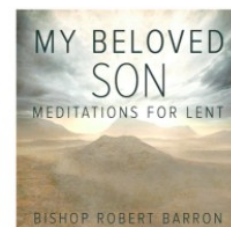
With Dr. Tim Gray and Dr. Mark Giszczak

**FORMED NOW!
HOW TO STUDY THE BIBLE**
Are you looking to take your spiritual life deeper this Lent? There's no better place to start than the Lord's Word. Join Dr. Gray and Dr. Giszczak as they explain how to study and devote yourself to Scripture!

LEARN

LISTEN

**MY BELOVED SON:
MEDITATIONS FOR LENT
BY BISHOP ROBERT BARRON**
Lent is a season of discipline where we focus on prayer, fasting, and almsgiving. In five riveting homilies, join Bishop Barron as he describes the spiritual disciplines we undertake during Lent.



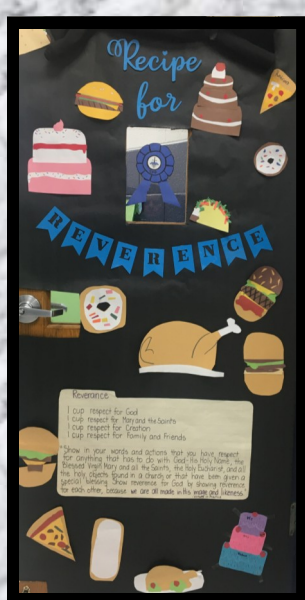
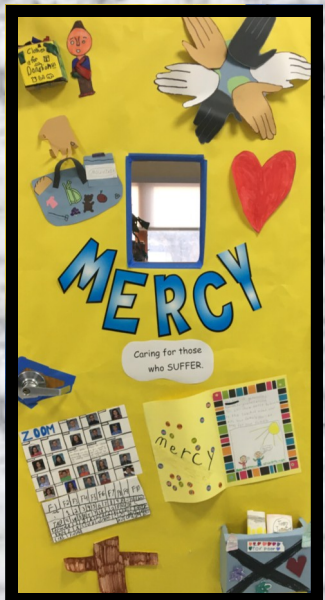
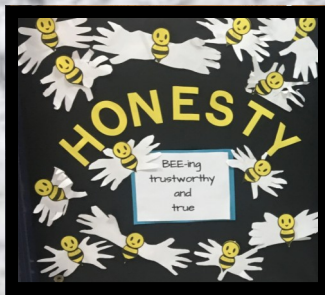
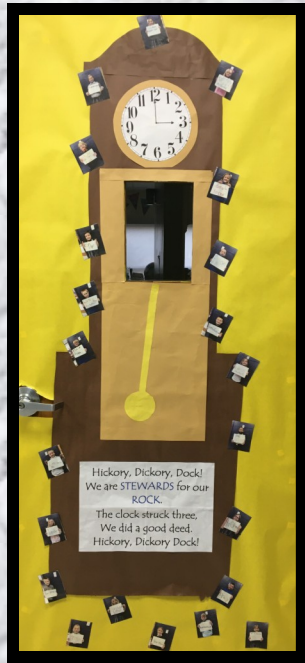
Our parish has a FORMED subscription.
To set up your free account visit formed.org/signup and select our parish.



WE ♥ our CATHOLIC SCHOOL!



Our Catholic Schools Week Door Decorating Challenge was a GREAT SUCCESS!





The CHOSEN

Have you heard about The Chosen?

The Chosen is the first-ever multi-season TV show about the life of Jesus.

Created outside of the Hollywood system, The Chosen allows us to see Him through the eyes of those who knew him. No matter where you are at in your journey with Jesus Christ, this TV show is for you.

St. Paul Church is hosting a special Lenten screening of the first season of The Chosen. Please join us on Sunday evenings - February 14th through March 28th - at 6:30pm in the St. Paul School Gym.

You won't find it on television, Netflix or any other popular streaming service, however it's completely free to watch on The Chosen app with no fee or subscription. If you are not able to join us, you are encouraged to download the app and watch at home.