



The Knight's Tablet

"Put on the armor of God and fight the good fight of faith." – St. Paul

February 26, 2025

Upcoming Events

Mar 5 - Ash Wednesday

Mar. 7~ SPIRIT DAY/ Stations of the Cross / Noon Dismissal/ Faculty Meeting

Mar. 8 ~ St. Paul Trivia, see page 8 for details

Mar. 14 ~ Stations of the Cross 2:15 PM

Mar. 17-21 ~ Spring Break

Mar. 25 ~ Spring Photos

Mar. 28 ~ Stations of the Cross 2:15 PM

Mar. 27-29 ~ 40 hours of Adoration

Apr. 4 ~ Shadow Stations 10:30

Apr. 11~ Stations of the Cross 2:15PM

St. Paul & St. Joseph
Parish and School Families

are called to participate in

40 Hours of Adoration

at St. Joseph Church in Josephville

Come and Pray before Jesus as a Family
in the Blessed Sacrament

- ★ 40 Hour Adoration will begin on Thursday, March 27 at 7:00 PM
- ★ Benediction to end 40 hours at 11:00 AM on Saturday, March 29
- ★ ALL school families who participate will receive a weeks worth of dress down passes!
- ★ Scan the QR code to sign your family up today!



Until we have a passionate love for our Lord in the Most Blessed Sacrament we shall accomplish nothing" St. Peter Julian Eymard

Servers Schedule

Feb. 24-28 E. Vomund & T. O'Connor

Mar. 1 4:30 PM VOLUNTEERS NEEDED

Mar. 2 7:00AM L. Mueller & K. O'Connor

9:00AM K. Lickteig & M. Vomund

11:00 AM B. Hemmer & T. O'Connor

Mar. 3-7 L. Talbott & C. Fowler



**Spirit Store
Now Open!!**

OPEN NOW UNTIL MARCH 2!

School News/Reminders:

HELP!! Recess Volunteers



are needed on: TODAY:),
March 4, 5, 11, 12 [https://
www.signupgenius.com/
go/8050F4FACA822A2F85-
49729409-20242025](https://www.signupgenius.com/go/8050F4FACA822A2F85-49729409-20242025)

HELP!! Cafeteria Volunteers

are needed on:

February 27, March 3, 4, 5, 6



[https://
www.signupgenius.com/
go/8050F4FACA822A2F85-
49730321-20242025](https://www.signupgenius.com/go/8050F4FACA822A2F85-49730321-20242025)



Please join us for a monthly family rosary led by children on **Tuesday, March 4**. Doors open at 6:30PM. Rosary begins at 6:45 PM. All are welcome!

Registration for our Baseball and Softball programs are currently open and will continue through February.

Please ensure you use the new Team Sideline site for the Northwest Region when registering. You can access it using the following link: [https://
teamsideline.com/sites/cyncnorthwest/
current-programs](https://teamsideline.com/sites/cyncnorthwest/current-programs)

Additionally, the uniform store can be accessed here: [https://
bsnteamssports.com/shop/STPBBSB](https://bsnteamssports.com/shop/STPBBSB)

We are excited to welcome Robyn Roseman as our new coordinator. Please show your support by completing your registration as soon as possible to help streamline the process.



St Paul has joined
the New Horizon League



St. Paul Spring Baseball / Softball / T-Ball

Registration is going on NOW and expected to end on February 28th

T-Ball registration will close March 31st

Limited space on teams so register early

Please go to

<https://www.teamsideline.com/sites/cyncnorthwest/current-programs>
to register.



Any questions you can email
baseballstpaul@gmail.com

GO KNIGHTS!



Student Council Corner



Happy Valentines month St. Paul! We hope you guys had a great Valentines day! We had a lot of fun activities planned for this month including the Candy Grams, Super Bowl Activity, and more. We hope you enjoyed them.





HOME OPENER RAFFLE

Two (2)
ALL INCLUSIVE TICKETS
ALBERT PUJOLS 703 CLUB
OPENING DAY MARCH 27TH

\$20 per ticket

OR

6 TICKETS FOR \$100

**VENMO: MARGARET-DYER-7 OR SEND MONEY
TO ST PAUL SCHOOL
RE: 7TH GRADE CARDS RAFFLE**



LET THE GAMES BEGIN

PUT ON YOUR GAME FACE FOR AN EPIC NIGHT OF FUN!

GAME TRIVIA NIGHT



GAMES BEGIN...

**SATURDAY
MARCH 8TH**

DOORS OPEN AT 6:00PM
TRIVIA STARTS AT 7:00PM

LOCATED AT ST. PAUL GYM
MUST BE 21 OR OLDER

PRESENTED BY CLASS OF 2026

VIP TABLE
RESERVATIONS AVAILABLE
(\$240 - 8 PERSON TABLE; DRINKS INCLUDED)

FOR TABLE RESERVATIONS
CONTACT LESLIE DUFFY:
LIFSVR77@GMAIL.COM
314-330-5328

FOR SPONSORSHIPS
CONTACT MINDY SCHULTZ:
MINDYROSE88@GMAIL.COM
314-603-8678

February St Paul School

**FOOD IN
FOCUS**



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Ground Hog Day Ground Hog Grilled Cheese OR Popcorn Chicken with My Shadow Smiley Fries Sunshine Chilled Fruit No Winter Vanilla Wafers 3	Chicken Tenders OR Bowtie Alfredo Pasta with Steamed Broccoli Breadstick Mini Rice Krispies Treat 4	PAPA JOHNS PIZZA Pepperoni with Veggies w/Dip Grapes 5	ST. LOUIS CITY SOCCER Goalie Pretzel w/Cheese Or Score Mini Comdogs Yellow Card Corn Offsides Cookie Penalty Kick Peaches 6	No Lunch 7
SUPER BOWL SPECIAL Super Bowl Dog Or Mini Football Tacos Field Goal Fries Touch Down Brownie Huddle Apples 10	Emoji Waffle OR French Toast Sticks with Golden Hash Browns Tropical Fruit Medley Mini Blueberry Muffin 11	PAPA JOHNS PIZZA Cheese with Veggies w/Dip Oranges 12	Bosco Pepperoni Stick OR Toasted Beef Ravioli with Tossed Mixed Greens Diced Peaches Creamy Yogurt 13	VALENTINE'S DAY Friendship Nuggets Or Cupids Cheese Quesadilla Cupid's Carrots Shimmering Heart Apple Slices Valentine Treat 14
No school  17	Presidents Day By George Cheeseburger Or Lincoln Chicken Rings No Lie Chips My Little Hatchers Peaches 4Term Sherbert 18	PAPA JOHNS PIZZA Pepperoni with Veggies w/Dip Apple Slices 19	Mac & Cheese OR Dino Chicken Nuggets with Steamed Broccoli Pineapple Tidbits Vanilla Wafers 20	CARDINALS PEP RALLY Ballpark Nachos Or Soft Beef Burrito Grand Slam Fruit Grassy Field Salad Bases Loaded Brownie 21
Popcorn Chicken Wrap Or Comdog Seasonal Fresh Fruit Fresh Vegetables & Dip Vanilla Wafers 24	Mini Waffle OR Pancake & Sausage on a Stick with Hash Brown Strawberry Yogurt Fresh Melon 25	PAPA JOHNS PIZZA Cheese with Veggies w/Dip Oranges 26	Mini Corn Dogs OR Crispy Chicken Tenders with Tossed Salad Vine-Ripened Grapes Mini Rice Krispies Treat 27	Breaded Popcorn Shrimp OR Bosco Cheese Stick with Golden French Fries Vegetable Medley Creamy Sherbet 28

Grades 5th -8th

Monday: Spicy Chicken Patty & Chips

Tuesday: Chicken Nugget & Fries

Wednesday: Pretzel w/ Cheese & Fruit

Thursday: Bosco Stick w/ Sauce & Fruit

Friday: Bacon Cheeseburger w/ Chips

Plate Lunch Prices

Pre-School \$4.25

Grades K-2nd \$4.50

Grades 3rd-8th \$5.00

Extra Entrée \$2.00

Ala Carte Milk or Bottled Water

\$1.50

Available Daily

Snack Rack & Drink Cooler

Many offerings & various prices

Sharon LaBarge, Cafe Manager

cafeteria@stpaulknights.org

Please Check your Meal Magic

Account. Thank You!

MENU IS SUBJECT TO CHANGE

Contact our dietitian at lisa@foodserv.org
for special dietary and allergy concerns.

For more information about FSC or
employment opportunities, please go to
www.foodserviceconsultants.org

Did you know?

One study showed that on Super Bowl Sunday the country consumes a whopping 1.4 billion wings!



March

St Paul School

**FOOD IN
FOCUS**



Grades 5th -8th

Monday: Spicy Chicken Strip & Fries

Tuesday: Chicken Patty Sandwich & Chips

Wednesday: Texas Toast Grilled Cheese & Chips

Thursday: Toasted Ravs w/ Sauce & Fruit

Friday: Tony's Cheese Pizza w/ Fruit

Plate Lunch Prices

Pre-School \$4.25

Grades K-2nd \$4.50

Grades 3rd-8th \$5.00

Extra Entrée \$2.00

Ala Carte Milk or Bottled Water

\$.50

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
DR. SEUSS DAY Thing One Grilled Cheese Or Grinch Popcorn Chicken Sam I Am Chips Lorax Fresh Fruit Whoville Veggies with Dip ³	 Turkey & Cheese Croissant Or Chicken Rings Apple Slices Baked Chips Mini Rice Krispies Treat ⁴	PAPA JOHNS PIZZA Cheese with  Veggies w/Dip Grapes ⁵	Stadium Style Hot Dog OR Crispy Chicken Nuggets with Tater Tots Corn Creamy Sherbet ⁶	No Lunch  ⁷

Mostaccioli with Meat Sauce OR Toasted Beef Ravioli with Tossed Salad with Dressing Fresh Apple Slices Breadstick ¹⁰	Pancake & Sausage Bites OR Mini French Toast with Golden Hash Browns Frosty Peaches Yogurt ¹¹	PAPA JOHNS PIZZA Pepperoni with  Veggies w/Dip Apple Slices ¹²	Hot Ham & Cheese OR Crispy Chicken Tenders with Lay's Chips Veggies & Dip Pineapple Tidbits ¹³	Spring Break Special Relaxing Soft Pretzel & cheese Or Fun in the Sun Fish Nuggets Frolicking Fruit Beach Side Tossed Salad Just Chillin' Ice Cream ¹⁴
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¹⁷	¹⁸	¹⁹	²⁰	²¹

Chicken Snack Wrap Or Corn dog Fresh Veggies w/dip Seasonal Fresh Fruit Cookie ²⁴	Dinosaur Chicken Nuggets OR Golden Grilled Cheese with Smiley Fries Peach Slices Jiggling Jell-O ²⁵	PAPA JOHNS PIZZA Cheese with  Veggies w/Dip Oranges ²⁶	CARDINALS PEP RALLY Double Play Dog Or On Deck Chicken Ring: Fair Ball Fries Curve Ball Cookie Stolen Base Strawberries ²⁷	Toasted Cheese Ravioli OR Fish Sticks with Green Beans Brownie Tropical Fruit ²⁸
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Breaded Chicken Patty OR Grilled Hamburger with Golden French Fries Fresh Veggies & Dip Mandarin Oranges ³¹
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Did you know?

National Registered Dietitian Day is March 12th. Dietitians plan meals to help people obtain proper nutrition and stay strong and healthy as possible. Thank you to our RD, Lisa Baragiola!



miriam

SCHOOL and LEARNING CENTER

MIRIAM LEARNING CENTER

Helping children excel in school

Miriam has provided private specialized education in St. Louis and the surrounding area for more than 60 years and is a hub for students with learning differences and their families. Whatever interventions your child needs to excel in school, Miriam Learning Center offers those services close to your home, in one convenient location. Our certified or licensed educators individually tailor each approach to ensure your child progresses toward grade-level skills. Successfully serving almost 1,600 children each year, we are experts in helping children learn.

Miriam Learning Center provides services at libraries and in 100 area schools. Our Centers are conveniently located in St. Louis County and St. Charles County.

Services Include:

- ✓ Tutoring with Certified Teachers
- ✓ Psycho-Educational Evaluations
- ✓ Psychological Evaluations
- ✓ Autism and ADHD Evaluations
- ✓ Research-Based Academic Interventions
- ✓ Physical Therapy and Evaluations
- ✓ Occupational Therapy and Evaluations
- ✓ Speech/Language Therapy and Evaluations
- ✓ Counseling
- ✓ Summer Skill-Building Camps
- ✓ Functional Behavior Assessments
- ✓ BCBA Services and Paraprofessionals
- ✓ Educational Consultation
- ✓ IEP Representation



Contact Us

314-961-1500

miriamstl.org





SAFE ENVIRONMENT USER REGISTRATION

Got to <https://www.preventandprotectstl.org>

LOG IN

Click "Register" below the LOG IN button (image at right).

Enter the passcode **stlprotect** when prompted.

Select the type of location where you are a volunteer or employee
• Parish or Parish School

Select the specific location by name
• St. Paul Parish and School (St. Paul)

Click the roles associated with your employment/service at the parish.

If you are active at only one location, this will be your "primary" location.

If you are active at more than one location, click the ADD PARISH/LOCATION button and repeat the steps above. With more than one location, please click the "This is my main/primary location" circle to indicate where you are employed or, if you are a volunteer, where most of your ministry or service is performed.

Complete your personal information. Please enter your **legal first name** for the purposes of the background screening.

Create a username, password and password clue.

Agree to the Terms of Use and click SUBMIT.

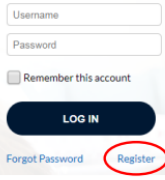
You will then be prompted to submit information for a background screening, register for a Protecting God's Children workshop*, view two online training modules, and agree to the Code of Ethical Conduct.

*If you have previously attended a PGC workshop, the system will find and/or ask you to confirm your previous record of attendance. You will not be prompted to register for an upcoming workshop. If, for some reason, it does not match your previous training to this account and you are prompted to register for a class, please register for "PREVIOUSLY ATTENDED-DATE NOT LISTED" and send an email to the address below. We will apply the correct training record to your account.

You may use the links in your approval checklist to access these requirements. These steps may be completed all at once or may be completed separately at your convenience. You will receive an automated email weekly to remind you which requirements are outstanding. When all compliance requirements have been completed, your account will be approved and you will be clear to work with minors and vulnerable adults.

- Register onto the site
- Submit New Background Check
- Complete "Protecting God's Children" training
- Complete "Mandated Reporter" training
- Complete "Code of Conduct" training
- Sign "Code of Conduct"

Should you need any assistance, please contact ocyp@archstl.org



St. Paul 175th Anniversary Shirts
are still available in adult sizes
for \$15.

**TUITION ASSISTANCE INFORMATION
2025-2026 SCHOOL YEAR**

Contact Teresa Boehmer at 636-978-1900, ext. 302,
or tboehmer@st-paulchurch.org if you have any questions

Directions for families seeking tuition assistance:

Step 1:

- Families must first complete the Archdiocese TTEF application form. Scholarships available with this application are Alive in Christ, Beyond Sunday, Catholic Family Tuition Assistance, and Parish Employee Endowment Fund (PEEF). Applications at ttef-stl.org/scholarships/

If you have ever applied to TTEF before or are currently on scholarship, you must use the email address TTEF has on file for you. If you do not know what this email address is, please email the office at ttef@archstl.org or call them at 314-792-7777. If you know what your email address is but forgot your password, please visit the family login page and click Forgot Password below the family login box. To access the Family Login Page, go to www.ttef-stl.org and click APPLY HERE.

Individual students may not receive more than one scholarship if awarded. However, Catholic Families Tuition Assistance and Parish Employees Endowment Fund are tuition aid programs that may be awarded in addition to another scholarship. Families may have multiple children receiving scholarships.

Documents needed to complete applications include: Proof of income: Adjusted gross income (2024 or 2025 W-2, or most recent tax return, or 3 most recent paystubs) and any other assistance you may receive (including but not limited to Child Support, Food Stamps, and Social Security). PLEASE VISIT THE TODAY AND TOMORROW WEBSITE FOR MORE INFORMATION ON ACCEPTABLE DOCUMENTATION AND APPLICATION SUPPORT at www.ttef-stl.org

- Applications open on January 21st, 2025 at 8:00am
- Many scholarships are distributed on a first come, first serve basis, so **early application is strongly encouraged.**
- Application deadline is February 28, 2025

Step 2:

- In addition to the Today and Tomorrow scholarships, St. Paul Parish also provides tuition assistance for St. Paul School. Any family requesting tuition assistance from St. Paul Parish must **FIRST** complete the Today and Tomorrow Educational Foundation Scholarship application **AND** then submit a "FACTS" application (at no charge) at <https://online.factsmgt.com/signin/430P9>.
- Applications due by February 28, 2025.

MO SCHOLARS SCHOLARSHIPS

Applications for 2025-2026 open February 1st, 2025-see flyer for more information

Scholarships
Family & Student
Information



**Missouri's Empowerment
Scholarship Program**

About MOScholars:

The Missouri Empowerment Scholarship Accounts Program known as MOScholars, provides financial support to qualifying families to offset educational expenses including tuition.

Families Must Pre-Qualify to Apply

ttef-stl.org/MOScholars

Or
Scan the QR Code



**Contact the Today and Tomorrow
Educational Foundation:**



Jeanette Katic
Program Director
314-792-7043
mottef@archstl.org

**Application Period Opens
February 1, 2025**

Benefits

- A \$6,375 annual scholarship for eligible K-12 students
- Renewable through high school
- Access to exceptional private education and approved educational resources

Who is Eligible?

All of Missouri residents are eligible.

OR

IEP/ISP

- Private School
- Not intended for students remaining in public schools

**100% Free &
Reduced Lunch**
and

Must have attended a public or charter public school for one semester within the year prior to applying
or
Entering Kindergarten or 1st grade