



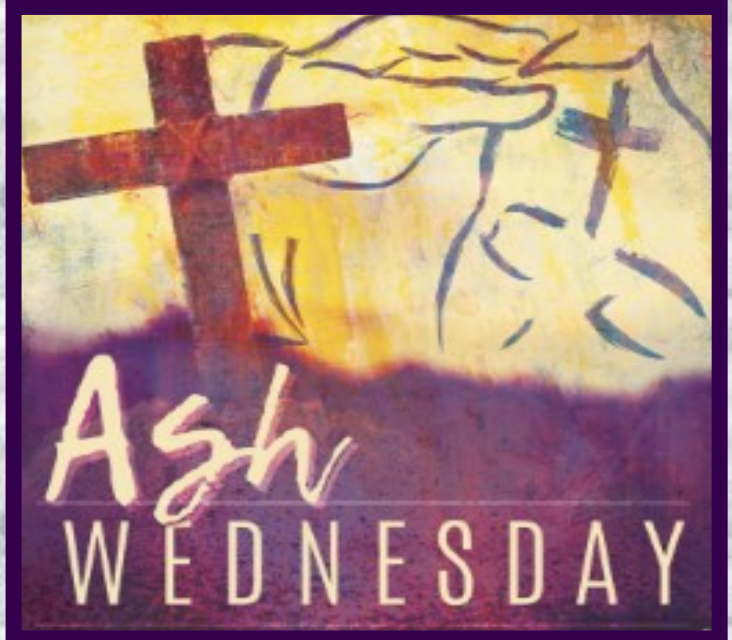
# The Knight's Tablet

"Put on the armor of God and fight the good fight of faith." – St. Paul

March 5, 2025

## Upcoming Events

- Mar 5** - Ash Wednesday
- Mar. 7**~ SPIRIT DAY/ Stations of the Cross / Noon Dismissal/ Faculty Meeting
- Mar. 8** ~ St. Paul Trivia
- Mar. 14** ~ Stations of the Cross 2:15 PM
- Mar. 17-21** ~ Spring Break
- Mar. 25** ~ Spring Photos
- Mar. 28** ~ Stations of the Cross 2:15 PM
- Mar. 27-29** ~ 40 hours of Adoration
- Apr. 4** ~ Shadow Stations 10:30
- Apr. 11**~ Stations of the Cross 2:15PM



## STATIONS OF THE CROSS

AT ST. PAUL CHURCH

Please join us all Fridays in Lent | 7 p.m.

MARCH 7 | MARCH 14  
 MARCH 21 | MARCH 28 (LIVING ROSARY)  
 APRIL 4 | APRIL 11

Stations will be followed by Benediction.



WITH STUDENTS @ 2:15PM ON 3/14, 3/28, 4/11

## Servers Schedule

- Mar. 3-7** L. Talbott & C. Fowler
- Mar. 8** 4:30 PM VOLUNTEERS NEEDED
- Mar. 9** 7:00AM M. Griesenauer & E. Wehmeier  
 9:00AM M. Molitor & E. Vomund  
 11:00 AM M. Donovan & L. Talbott
- Mar. 10-14** G. Barry & S. Schultz





# St. Paul & St. Joseph Parish and School Families

are called to participate in

## 40 Hours of Adoration

at St. Joseph Church in Josephville

Come and Pray before Jesus as a Family  
in the Blessed Sacrament

- ★ 40 Hour Adoration will begin on Thursday, March 27 at 7:00 PM
- ★ Benediction to end 40 hours at 11:00 AM on Saturday, March 29
- ★ ALL school families who participate will receive a weeks worth of dress down passes!
- ★ Scan the QR code to sign your family up today!



Until we have a passionate love for our Lord in the Most Blessed Sacrament  
we shall accomplish nothing" St. Peter Julian Eymard

# March

## St Paul School

**FOOD IN  
FOCUS**



Grades 5th -8th

**Monday: Chicken Strip & Fries**

**Tuesday: Chicken Patty Sandwich & Chips**

**Wednesday: Texas Toast Grilled Cheese & Chips**

**Thursday: Toasted Ravs w/ Sauce & Fruit**

**Friday: Tony's Cheese Pizza w/ Fruit**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>DR. SEUSS DAY</b> Thing One Grilled Cheese Or Grinch Popcorn Chicken Sam I Am Chips Lorax Fresh Fruit Whoville Veggies with Dip  3	Turkey & Cheese Croissant Or Chicken Rings Apple Slices Baked Chips Mini Rice Krispies Treat 4	PAPA JOHNS PIZZA Cheese with  Veggies w/Dip Grapes 5	Stadium Style Hot Dog OR Crispy Chicken Nuggets with Tater Tots Corn Creamy Sherbet 6	No Lunch  7
Mostaccioli with Meat Sauce OR Toasted Beef Ravioli with Tossed Salad with Dressing Fresh Apple Slices Breadstick 10	Pancake & Sausage Bites OR Mini French Toast with Golden Hash Browns Frosty Peaches Yogurt 11	PAPA JOHNS PIZZA Pepperoni with  Veggies w/Dip Apple Slices 12	Hot Ham & Cheese OR Crispy Chicken Tenders with Lay's Chips Veggies & Dip Pineapple Tidbits 13	Spring Break Special Relaxing Soft Pretzel & cheese Or Fun in the Sun Fish Nuggets Frolicking Fruit Beach Side Tossed Salad Just Chillin' Ice Cream 14
				
Chicken Snack Wrap Or Corndog Fresh Veggies w/dip Seasonal Fresh Fruit Cookie 24	Dinosaur Chicken Nuggets OR Golden Grilled Cheese with Smiley Fries Peach Slices Jiggling Jell-O 25	PAPA JOHNS PIZZA Cheese with  Veggies w/Dip Oranges 26	CARDINALS PEP RALLY Double Play Dog Or On Deck Chicken Rings Fair Ball Fries Curve Ball Cookie Stolen Base Strawberries  27	Toasted Cheese Ravioli OR Fish Sticks with Green Beans Brownie Tropical Fruit 28
Breaded Chicken Patty OR Grilled Hamburger with Golden French Fries Fresh Veggies & Dip Mandarin Oranges 31	<div style="display: flex; align-items: center;"> <div style="flex: 1;"> <h3>Did you know?</h3> <p>National Registered Dietitian Day is March 12<sup>th</sup>. Dietitians plan meals to help people obtain proper nutrition and stay strong and healthy as possible. Thank you to our RD, Lisa Baragiola!</p> </div> <div style="flex: 0.2; text-align: center;">  </div> </div>			

**Plate Lunch Prices**

**Pre-School \$4.25**

**Grades K-2nd \$4.50**

**Grades 3rd-8th \$5.00**

**Extra Entrée \$2.00**

**Ala Carte Milk or Bottled Water**

**\$.50**

**Available Daily**

**Snack Rack & Drink Cooler**

**Many offerings & various prices**

**Sharon LaBarge, Cafe Manager**

**cafeteria@stpaulknights.org**

**Please Check your Meal Magic**

**Account. Thank You!**

**MENU IS SUBJECT TO CHANGE**

Contact our dietician at [lisa@foodserv.org](mailto:lisa@foodserv.org)  
for special dietary and allergy concerns.

For more information about FSC or  
employment opportunities, please go to  
[www.foodserviceconsultants.org](http://www.foodserviceconsultants.org)





ST. PAUL CHURCH

# *Easter Egg Hunt*

SATURDAY, APRIL 5, 2025  
10AM - ON THE KC SOCCER FIELD

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**ALL ARE INVITED!**

SPONSORED BY THE PARISH COUNCIL

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Divided into 2 age groups:

4 and under

5 and over



The logo features a stylized speech bubble containing a dough ball with a rolling pin. To the right of the speech bubble, the words "Show Me Dough" are written in a bold, sans-serif font. Below this, the word "FUNDRAISING" is written in a tall, narrow, spaced-out sans-serif font.

Show Me  
Dough  
FUNDRAISING

The Show Me Dough fundraiser is  
back by popular demand.

The youngest in each family has  
received an information letter  
and an order form.

You can also use the QR Code on  
this page.

If you have any questions, please  
contact Lynette Waltersdorf at  
314-740-8585.





**MIRIAM LEARNING CENTER**

Helping children excel in school

Miriam has provided private specialized education in St. Louis and the surrounding area for more than 60 years and is a hub for students with learning differences and their families. Whatever interventions your child needs to excel in school, Miriam Learning Center offers those services close to your home, in one convenient location. Our certified or licensed educators individually tailor each approach to ensure your child progresses toward grade-level skills. Successfully serving almost 1,600 children each year, we are experts in helping children learn.

Miriam Learning Center provides services at libraries and in 100 area schools. Our Centers are conveniently located in St. Louis County and St. Charles County.

**Services Include:**

- ✓ Tutoring with Certified Teachers
- ✓ Psycho-Educational Evaluations
- ✓ Psychological Evaluations
- ✓ Autism and ADHD Evaluations
- ✓ Research-Based Academic Interventions
- ✓ Physical Therapy and Evaluations
- ✓ Occupational Therapy and Evaluations
- ✓ Speech/Language Therapy and Evaluations
- ✓ Counseling
- ✓ Summer Skill-Building Camps
- ✓ Functional Behavior Assessments
- ✓ BCBA Services and Paraprofessionals
- ✓ Educational Consultation
- ✓ IEP Representation

**Contact Us**

314-961-1500  
miriamstl.org



St. Paul 175th Anniversary Shirts  
are still available in adult sizes  
for \$15.

**TUITION ASSISTANCE INFORMATION  
2025-2026 SCHOOL YEAR**

Contact Teresa Boehmer at 636-978-1900, ext. 302,  
or [tboehmer@st-paulchurch.org](mailto:tboehmer@st-paulchurch.org) if you have any questions

**Directions for families seeking tuition assistance:**

**Step 1:**

- Families must first complete the Archdiocese TTEF application form. Scholarships available with this application are Alive in Christ, Beyond Sunday, Catholic Family Tuition Assistance, and Parish Employee Endowment Fund (PEEF). Applications at [ttef-stl.org/scholarships/](http://ttef-stl.org/scholarships/)

If you have ever applied to TTEF before or are currently on scholarship, you must use the email address TTEF has on file for you. If you do not know what this email address is, please email the office at [ttef@archstl.org](mailto:ttef@archstl.org) or call them at 314-792-7777. If you know what your email address is but forgot your password, please visit the family login page and click Forgot Password below the family login box. To access the Family Login Page, go to [www.ttef-stl.org](http://www.ttef-stl.org) and click APPLY HERE.

Individual students may not receive more than one scholarship if awarded. However, Catholic Families Tuition Assistance and Parish Employees Endowment Fund are tuition aid programs that may be awarded in addition to another scholarship. Families may have multiple children receiving scholarships.

Documents needed to complete applications include: Proof of income: Adjusted gross income (2024 or 2025 W-2, or most recent tax return, or 3 most recent paystubs) and any other assistance you may receive (including but not limited to Child Support, Food Stamps, and Social Security). PLEASE VISIT THE TODAY AND TOMORROW WEBSITE FOR MORE INFORMATION ON ACCEPTABLE DOCUMENTATION AND APPLICATION SUPPORT at [www.ttef-stl.org](http://www.ttef-stl.org)

- Applications open on January 21<sup>st</sup>, 2025 at 8:00am
- Many scholarships are distributed on a first come, first serve basis, so **early application is strongly encouraged.**
- Application deadline is February 28, 2025

**Step 2:**

- In addition to the Today and Tomorrow scholarships, St. Paul Parish also provides tuition assistance for St. Paul School. Any family requesting tuition assistance from St. Paul Parish must **FIRST** complete the Today and Tomorrow Educational Foundation Scholarship application **AND** then submit a "FACTS" application (at no charge) at <https://online.factsmgmt.com/signin/430P9>.
- Applications due by February 28, 2025.

**MO SCHOLARS SCHOLARSHIPS**

Applications for 2025-2026 open February 1<sup>st</sup>, 2025-see flyer for more information

**Scholarships**

**Family & Student Information**



**Missouri's Empowerment Scholarship Program**

**About MOScholars:**

The Missouri Empowerment Scholarship Accounts Program known as MOScholars, provides financial support to qualifying families to offset educational expenses including tuition.

**Families Must Pre-Qualify to Apply**

[ttef-stl.org/MOScholars](http://ttef-stl.org/MOScholars)

Or  
Scan the QR Code



**Contact the Today and Tomorrow**

**Educational Foundation:**



Jeanette Katic  
Program Director  
314-792-7043  
[mottef@archstl.org](mailto:mottef@archstl.org)

**Application Period Opens  
February 1, 2025**

**Benefits**

- A \$6,375 annual scholarship for eligible K-12 students
- Renewable through high school
- Access to exceptional private education and approved educational resources

**Who is Eligible?**

All of Missouri residents are eligible.

OR

**IEP/ISP**

- Private School
- Not intended for students remaining in public schools

**100% Free & Reduced Lunch**  
and

Must have attended a public or charter public school for one semester within the year prior to applying  
or  
Entering Kindergarten or 1<sup>st</sup> grade