



The Knight's Tablet

"Put on the armor of God and fight the good fight of faith." – St. Paul

March 13, 2024

Upcoming Events

Mar 15 ~ End of Quarter/ Stations of the Cross @2:15

Mar 16 ~ Easter Egg Hunt see page 4 for details

Mar 19 ~ Spring Pictures

Mar 20 ~ Report Cards available online

Mar 22 ~ Stations of the Cross @ 2:15 / Living Rosary @ 7:00PM

Mar 28–April 01 ~ Easter Break

April 4 ~ Cardinal Dress Down Day

April 06 ~ St. Paul Trivia, see pages 7 & 8

Apr 8 ~ No School-Eclipse Day

Apr 18 ~ Grandparents Day

Apr 19-23 ~ Spring Break

May 3 ~ May Crowning Mass 8AM

Jack and Jill Softball v ICOM @ St. Paul

May 17 ~ Field Day/Noon Dismissal



Servers Schedule

Mar 18 Christian Hall & Peyton Mueller

Mar 16 4:30pm Volunteers Needed

Mar 17 7:00am Christian Hall & Connor Hoff

9:00am Max and Natalie Griesenauer

11:00am Caroline & Max Lanham

Mar 25 Max Lanham & Teagan O'Connor



School News/Reminders:



Illness / Medication

If your child has a fever or has thrown up, they must be fever free without medication and have not thrown up for 24 hours before returning to school!

If medication is required, both prescription and over the counter medications **MUST** have a permission form, signed by a parent and by a physician on file in the school office.

There will be a Candlelight Living Rosary the last Friday of Lent, March 22, in Church at 7:00 p.m. All are invited to participate. It is a great family experience for Lent.

Students may dress down in their Cardinals gear on Thursday, April 4 to celebrate Opening Day. Please refer to the handbook for dress down guidelines.



Please join us for a monthly family rosary led by children on Tuesday, April 2. Doors open at 6:30PM. Rosary begins at 6:45



No School April 8, 2024

for the Eclipse



The annual Flower Sale kicks off on March 20! Flowers will arrive in time for Mother's Day.

Sale sheets will be coming home next week.

March

St. Paul Catholic School

FOOD IN FOCUS



Daily Specials \$3.50

Grades 5th-8th Only

Monday: Bacon Cheeseburger & Fries
Tuesday: Chicken Strips & Fries
Wednesday: Texas Toast Grilled Cheese & Fruit
Thursday: Toasted Ravioli w/sauce & Fruit
Friday: Tony's 5" Cheese Pizza & Fruit

Plate Lunch Prices

Pre-School \$ 4.00

Grades K-2nd \$ 4.15

Grades 3rd-8th \$ 4.50

Extra Entrée \$ 1.95

Ala Carte Milk or Bottled Water \$.50

Available Daily

Snack Rack & Drink Cooler
Many offerings & various prices

Sharon LaBarge

Cafeteria Manager

cafeteria@stpaulknights.org

Please Check your
MYSCHOOLBUCKS Account

Thank you!

MENU IS SUBJECT TO CHANGE

Contact our dietitian
at lisa@foodserv.org for special
dietary concerns

For more information about FSC or
employment opportunities, please go to
www.foodserviceconsultants.org



Did you know?

Only about one of every 10,000 clovers have
four leaves. No wonder they're lucky!

½ Day
No Lunch

1

DR. SEUSS DAY

Thing One Grilled Cheese
Sam I Am Chips
Lorax Fresh Fruit
One Fish Veggies with Dip

ALTERNATE
Grinch Corn Dog

4

Popcorn Chicken
Fruit Flavored Yogurt
French Fries
Garden Salad

ALTERNATE
Ham & Cheese Bagel

5



Pepperoni Slice
Fresh Veggies w/Dip
Vine Ripened Grapes

6

Cheese Stuffed Bosco Stick
Seasoned Green Beans
Orange Wedges
Yogurt

ALTERNATE
Pepperoni Hot Pocket

7

Baked Macaroni & Cheese
Fresh Veggies & Dip
Mandarin Oranges
Cinnamon Goldfish

ALTERNATE
Toasted Cheese Ravioli

8

Soft Beef Taco
Fiesta Rice
Sweet Golden Corn
Sweet Strawberries

ALTERNATE
Chicken Nuggets

11

Emoji Waffle
Golden Hash Browns
Tropical Fruit Medley
Mini Blueberry Muffin

ALTERNATE
French Toast Sticks

12



Cheese Slice
Fresh Carrots w/Dip
Fresh Orange Wedges

13

Crispy Chicken Strips
Golden French Fries
Garden Salad
Ice Cream Cup

ALTERNATE
Turkey & Cheese Croissant

14

Crispy Nachos with Cheese
Fresh Veggies & Dip
Tropical Mixed Fruit
Vanilla Wafers

ALTERNATE
Fish Sticks

15

ST. PATRICK'S DAY
Blarney Stones (Nuggets)
Pot O'Gold (Corn)
Shimmering Shamrock Cookie
Leprechaun Jell-O

ALTERNATE
Lucky Hot Dog

18

FIRST DAY OF SPRING
Sunny Spaghetti with Sauce
Springtime Salad
Bountiful Breadsticks
Blooming Blueberries

ALTERNATE
Daytime Dino Chicken
Nuggets

19



Pepperoni Slice
Fresh Carrots w/Dip
Vine Ripened Grapes

20

Breaded Chicken Patty
Golden French Fries
Mixed Veggies
Mandarin Oranges

ALTERNATE
Grilled Hamburger

21

Soft Pretzel with Cheese
Pineapple Chunks
Veggies w/Dip
Sherbet

ALTERNATE
Bosco Stick w/Sauce

22

Turkey & Cheese Wrap
Cheddar Goldfish, WG
Seasonal Fresh Fruit
Mini Rice Krispies Treat

ALTERNATE
Chicken Rings

25

Mini French Toast
Crispy Bacon Slice
Yogurt
Frosty Peaches

ALTERNATE
Mini Waffles

26



Cheese Slice
Fresh Veggies w/Dip
Fresh Orange Wedges

27

NO
SCHOOL



28

NO
SCHOOL



9



ST. PAUL SCHOOL EASTER FOOD DRIVE

Sponsored by the St. Paul St. Vincent DePaul Society
to benefit the ICOM Food Pantry
We're collecting much needed donations!!

PK3 & PK4— Canned Fruit

Kindergarten—Cereal

1st Grade—Pancake Mix

2nd Grade—Pancake Syrup

3rd Grade—Canned Chicken


4th Grade—Canned Pasta

5th Grade—Canned Chili

6th—Canned Chunky Soup/Beef Stew

7th—Canned Sloppy Joe Mix

8th—Peanut Butter



The ICOM food pantry helps 50–55 households every Saturday. Families served are from ICOM, Sacred Heart Elsberry, Sacred Heart Troy, St. Paul, Assumption, and Flint Hill, but all families in need are welcome. Without food drives/donations, they would not be able to meet the needs of so many families.

School News/Reminders:



St. Paul Easter Egg Hunt hosted by the Parish Council

Date: March 16, 2024

Time: 10:00am cst

Location: Soccer Fields at Knights of Columbus

- All are Invited for an Easter Egg Hunt
- Groups will be broken up by age
 - Ages 4 and under
 - Ages 5 and over



THERE'S STILL TIME!!

There's still time to contribute to the **FUND THE NEED!** Help make St. Paul School a safer place for students and staff by donating to the Safety and Security Improvement Fund. The school is seeking to raise funds to make safety improvements, including relocating the blacktop play area to the rear of the school and moving the main office to the front entrance to provide a safe and secure entry into the school. Your donation will help ensure that the school continues to be a safe and secure environment for our students and staff.

Please donate at: <https://ourfundraiser.events/STPAULDINNERAUCTION/FAN>

We really, really, really need help!!

The weather is getting nicer!

Your kids would love to see you during the day!

LUNCH VOLUNTEER SIGN UP RECESS VOLUNTEER SIGN UP

YOU MUST COMPLETE Prevent & Protect to volunteer at school. THANK YOU!



MARCH/APRIL

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		13 C- <u>HELP NEEDED</u> P- <u>HELP NEEDED</u>	14 C- <u>HELP NEEDED</u> P- RUNGE	15 C- <u>HELP NEEDED</u> P- <u>HELP NEEDED</u>
18 C- <u>HELP NEEDED</u> P- DUNKIN	19 C- ROSEMAN P- BOEHMER	20 C- <u>HELP NEEDED</u> P- BOEHMER	21 C- WILDERMUTH P- <u>HELP NEEDED</u>	22 C- <u>HELP NEEDED</u> P- <u>HELP NEEDED</u>
25 C- <u>HELP NEEDED</u> P- DUNKIN	26 C- <u>HELP NEEDED</u> P- ROSEMAN	27 C- <u>HELP NEEDED</u> P- BOEHMER	28 HOLY THURSDAY / NO SCHOOL	29 GOOD FRIDAY / NO SCHOOL
01 EASTER MONDAY- NO SCHOOL	02 C- WILDERMUTH P- BOEHMER	03 C- WALTERSDORF P- BOEHMER	04 C- HANFF P- <u>HELP NEEDED</u>	05 C- DUFFY P- <u>HELP NEEDED</u>
08 NO SCHOOL - ECLIPSE DAY	09 C- <u>HELP NEEDED</u> P- <u>HELP NEEDED</u>	10 C- WALTERSDORF P- <u>HELP NEEDED</u>	11 C- <u>HELP NEEDED</u> P- <u>HELP NEEDED</u>	12 C- <u>HELP NEEDED</u> P- <u>HELP NEEDED</u>
15 C- <u>HELP NEEDED</u> P- DUNKIN	16 C- <u>HELP NEEDED</u> P- <u>HELP NEEDED</u>	17 C- WILDERMUTH P- <u>HELP NEEDED</u>	18 GRANDPARENT'S DAY / NOON DISMISSAL	19 NO SCHOOL SPRING BREAK
22 NO SCHOOL SPRING BREAK	23 NO SCHOOL SPRING BREAK	24 C- <u>HELP NEEDED</u> P- <u>HELP NEEDED</u>	25 C- <u>HELP NEEDED</u> P- <u>HELP NEEDED</u>	26 C- <u>HELP NEEDED</u> P- <u>HELP NEEDED</u>

MARCH INTO TRIVIA MADNESS

TRIVIA
NIGHT!

BRING YOUR **GENERAL TRIVIA** KNOWLEDGE TO THE COURT!

LIVE TRIVIA PROVIDED BY: TRIVIA RIOT



PRESENTED BY THE
CLASS OF 2025



SATURDAY, APRIL 6TH, 2024

DOORS OPEN AT 6PM; TRIVIA STARTS AT 7PM

@ ST. PAUL GYM

🏀 **VIP Tables** 🏀 **Reservations available** 🏀

\$200 per 8 person table

BEER, SELTZER, SODA & WATER INCLUDED

21 AND OVER EVENT

For table reservations contact:

Becky Steiniger

(636) 544-9539

becky@kueselinc.com

For sponsorship contact:

Michelle Vomund

(314) 443-9177

Michellemvomund@gmail.com

RAFFLES

50/50

MARCH INTO TRIVIA MADNESS

BRING YOUR GENERAL TRIVIA KNOWLEDGE TO THE COURT!

Saturday, April 6, 2024
1235 Church Road, St. Paul School Gym
Doors open at 6pm | Trivia begins at 7pm
Table Reservation - \$200 for a table of 8

Contact Person: _____

Address: _____

Phone: _____

Payment Method: _____ Cash Check _____ (Make payable to St. Paul Church)

Please list all guests at table (if known). **All guests must be 21 years of age:**

_____	_____
_____	_____
_____	_____
_____	_____

Please return this form with full payment (\$200.00) to:

St. Paul Parish Office
1223 Church Road
St. Paul, MO 63366

For table reservation questions, please contact Becky Steiniger at (636) 544-9539 or becky@kueselinc.com

For sponsorship opportunities, please contact Michelle Vomund at (314) 443-9117 or Michellemvomund@gmail.com

All proceeds benefit graduation activities for the St. Paul Class of 2025

Thank you for your generous support!

Attention PARENTS

Spring Field Trips all chaperones must be in compliance! Protecting God's Children - Prevent and Protect STL

To keep our children safe, our parish complies with the Safe Environment Program. Any adult who works or volunteers with young people on a regular basis **must** attend a Protecting God's Children **workshop**, agree to **undergo a background check** that is updated in even numbered years and **sign the Code of Conduct**. This includes coaches for all sports and chaperones for field trips.



ARCHDIOCESE OF ST. LOUIS
Office of Child and Youth Protection

NOVEMBER 2019

SAFE ENVIRONMENT USER REGISTRATION

Got to <https://www.preventandprotectstl.org>

Click "Register" below the LOG IN button (image at right).

Enter the passcode **stlprotect** when prompted.

Select the type of location where you are a volunteer or employee

- Parish or Parish School

Select the specific location by name

- St. Paul Parish and School (St. Paul)

Click the roles associated with your employment/service at the parish.

If you are active at only one location, this will be your "primary" location.

If you are active at more than one location, click the ADD PARISH/LOCATION button and repeat the steps above. With more than one location, please click the "This is my main/primary location" circle to indicate where you are employed or, if you are a volunteer, where most of your ministry or service is performed.

Complete your personal information. Please enter your **legal first name** for the purposes of the background screening.

Create a username, password and password clue.

Agree to the Terms of Use and click SUBMIT.

You will then be prompted to submit information for a background screening, register for a Protecting God's Children workshop*, view two online training modules, and agree to the Code of Ethical Conduct.

*If you have previously attended a PGC workshop, the system will find and/or ask you to confirm your previous record of attendance. You will not be prompted to register for an upcoming workshop. If, for some reason, it does not match your previous training to this account and you are prompted to register for a class, please register for "PREVIOUSLY ATTENDED-DATE NOT LISTED" and send an email to the address below. We will apply the correct training record to your account.

You may use the links in your approval checklist to access these requirements. These steps may be completed all at once or may be completed separately at your convenience. You will receive an automated email weekly to remind you which requirements are outstanding. When all compliance requirements have been completed, your account will be approved and you will be clear to work with minors and vulnerable adults.

- ☒ Register onto the site
- ☐ Submit New Background Check
- ☐ Complete "Protecting God's Children" training
- ☐ Complete "Mandated Reporter" training
- ☐ Complete "Code of Conduct" training
- ☐ Sign "Code of Conduct"

Should you need any assistance, please contact ocyp@archstl.org

If you have any questions, please contact Lori Wortmann at lwortmann@st-paulchurch.org or 636-978-1900, ext 301.

DECLINE TO SIGN!

Out-of-state petitioners are currently collecting signatures for a 2024 ballot measure that will enshrine abortion through all nine months of pregnancy in our Missouri Constitution using taxpayer funding.

"Reproductive health care" is deceptive and will harm mothers and their children. Call the Mo Right to Life hotline to report a signature gatherer's location at 417-413-4134.

As a parish, we are asked to pray to keep Missouri Pro-Life. Join us in the Chapel on Thursday evenings, from 7-8 pm, as well as attending the MO Life Action Day at the State Capital on Tuesday, March 12, at 10 am. Visit missourilife.org for more info.



LENT
PREPARE
THE WAY OF
THE LORD



Abstain FROM MEAT
Ash Wednesday & Good Friday



Ash Wednesday
Wednesday, February 14th
Mass at 8am at St. Paul
There will also be a Mass at 7pm at St. Joseph.



FAST
Ash Wednesday & all Fridays of Lent



GIVE
The Ash Wednesday collection supports the St. Vincent de Paul Society.



Stations OF THE CROSS
Every Friday during Lent
2:15pm with the school children (limited seating)
7pm everyone is invited!



Evening of Adoration
Tuesday, February 27th
6:30pm at St. Paul
This event is a night of praise and worship, prayer, and adoration. Musical Artist, Adam Bitter, will lead the congregation in praise and worship. Eucharistic Adoration will take place as well as a faith witness.



RECONCILIATION TIMES
Saturdays 3:30pm - 4:15pm
St. Paul & St. Joseph
Tuesday evenings 5-6pm

at St. Joseph: Feb 20, Mar 5, Mar 19
at St. Paul: Feb 27, Mar 12, Mar 26

Important!!! The confession schedule included in the Lenten mailing is incorrect. These are the correct dates/locations!

Dear St Paul Parish *family*,
It's time for a New Directory!



**Celebrating faith.
Connecting families.
Sharing hope.**

When people enter the doors of our church they are looking for a place to belong. Our directory brings us together to develop new relationships, connect with our own families and reconnect with those we haven't seen in a while. Join us for this "Connections Event" and be part of what God is doing right here at our church!

Directory Committee

Connections Event

Our church directory will not be complete without you. Join us to celebrate faith and family with our new church family album.

- Schedule your professional photography session by going online and follow the instructions below. If we don't see your name on our list of appointments, you will receive a phone call inviting you to participate.
- Everyone who is photographed by Universal will receive a complimentary 8 x 10 portrait and a directory!
- Universal provides a complete professional portrait studio right here at our church! You'll enjoy a variety of poses, backgrounds, portrait sizes, finish and framing options AND have the opportunity to purchase portraits to give to family and friends.

Set your appointment with Universal today!



Gathering families,
Connecting generations.



Online Scheduling

www.ucdir.com

Church Code – mo312

Member password - photos

These are case sensitive!

Our scheduled dates of photography are:

March 12-16, 2024

March 19-23, 2024

All photo sessions will be held at Schulte Hall

Online Scheduling

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Our scheduled dates of photography are:

March 12-16, 2024

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All photo sessions will be held at Schulte Hall

You will also find a link for the online scheduling on the parish website. Have questions? Please call the parish office 636-978-1900, ext 301

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MARK YOUR CALENDAR!

APRIL 30 – MAY 4, 2024
SCHOOL UNIFORM FITTING FOR
ST. PAUL CATHOLIC SCHOOL

FISCHER'S SCHOOL UNIFORMS
3773 NEW TOWN BLVD, ST. CHARLES, MO 63301

TUESDAY & THURSDAY
10AM – 6PM
WEDNESDAY, FRIDAY & SATURDAY
10AM – 3PM
CLOSED SUNDAY-MONDAY

Receive 10% off your purchases in-store and on-line*

*Discount only valid during the days of the fitting

The spring fitting for uniforms for **ST. PAUL CATHOLIC SCHOOL** will be held at Fischer's School Uniforms.

If you are familiar with our sizing, ordering online or by phone is both an easy and efficient way that you can take advantage of the 10% discount!

If you are new to the uniform process, we are here to help you! Attending your fitting at Fischer's School Uniforms allows you the opportunity to try on uniform clothing and determine your correct size. You may take home uniform items we have in stock that day. If we need to order an item, we will call when it is available and can be picked up at our store or we can ship via USPS for \$5.00 to your home! *\$5.00 shipping available only during the fitting week*

For pricing or sizing questions, please visit our website at www.fischersuniforms.com or call us at 636-493-0655.

We look forward to seeing you in the Spring!



It's Your Time To SHINE!

Today & Tomorrow Scholarship Applications
OPEN ONLINE JANUARY 22, 2024

NEW and RETURNING TTEF students will need to apply online!

- To apply and re-apply for TTEF scholarships using the unified online application visit: ttef-stl.org/info-for-parents/

Questions? Please contact us!



Scan for TTEF



Laura George
Senior Director of Scholarships
(314)-792-7623
laurageorge@archstl.org



Cori Scheitlin
Scholarship Coordinator
(314)-792-7735
corisheitlin@archstl.org



Kenrick-Glennon Days 2024

Kenrick-Glennon Days is an overnight summer camp for grade school & high school boys. This event takes place at Kenrick-Glennon Seminary in Shrewsbury, Missouri.

Camp Session One: June 10-12, 2024

6th & 7th Graders (Fall 2024)

Camp Session Two: June 13-15, 2024

8th & 9th Graders (Fall 2024)

[Click Here for camp info and to register](#)

Junior Counselors: June 9-15, 2024

Sophomores-Seniors (Fall 2024)

JC applications available in February 2024.





**2024
Summer Music
Programs**

webster.edu/cms-summer
314-968-5939



Tae Kwon Do



If you are looking for an amazing individualized sport for your child or yourself that will teach discipline and skill, check out St. Joseph's Tae Kwon Do program! This is in association with Blue Wave Martial Arts.

When: Tuesdays and Thursdays at St. Joseph School in Josephville from 5:00-5:45

Call John Mee for more information
314-280-2256

COR JESU ACADEMY
**2024 SUMMER CAMP
REGISTRATION IS
OPEN**

GRADE SCHOOL (2ND-8TH)
AND HIGH SCHOOL CAMPS



For more information and to register, visit:
www.corjesu.org/camps

VISIT US ON CAMPUS!



DUCHESNE
CATHOLIC HIGH SCHOOL

REGISTER FOR AN
EVENT OR SIGN UP FOR
A SHADOW VISIT!

Duchesne High School presents a
Spring Fling Mixer

Friday, March 22, 2024 • Grades 5th-8th
6:30pm-9pm (doors open at 6pm)



**Pioneer
for a Day** Friday, April 19, 2024
7th Grade Only



*Schedule a Shadow
Visit Today*