



# The Knight's Tablet

"Put on the armor of God and fight the good fight of faith." – St. Paul

March 20, 2024

## Upcoming Events

**Mar 20**~ Report Cards available online

**Mar 22**~ Stations of the Cross @ 2:00 in the Gym / Living Rosary @ 7:00PM

**Mar 24** Palm Sunday

**Mar 26** Confessions @ St. Paul 5-6PM

**March 28** Holy Thursday—Mass of the Last Super 7:00PM

**Mar 29** Good Friday—Celebration of the Lord's Passion **3:00 PM**

**Mar 30** Holy Saturday—Easter Vigil 7:30PM

**March 31** Easter Sunday—Mass @ 7, 9, & 11AM

**Mar 28–April 01**~ Easter Break NO SCHOOL

**April 4**~ **Cardinal Dress Down Day**

**April 06** ~ St. Paul Trivia, see pages 7 & 8

**Apr 8**~No School-Eclipse Day

**Apr 15** - Confirmation

**Apr 18** ~ Grandparents Day

**Apr 19-23** ~ Spring Break

## Servers Schedule

**Mar 22** Christian Hall & Peyton Mueller

**Mar 23** 4:30pm Volunteers Needed

**Mar 24** 7:00am Kenley Lickteig & Nate Loy  
9:00am LolaKay Mueller & Peyton Mueller  
11:00am Ella and Sophia Riffle

**Mar 25** Max Lanham & Teagan O'Connor



## School News/Reminders:



### Illness / Medication

If your child has a fever or has thrown up, they must be fever free without medication and have not thrown up for 24 hours before returning to school!

If medication is required, both prescription and over the counter medications **MUST** have a permission form, signed by a parent and by a physician on file in the school office.

There will be a Candlelight Living Rosary the last Friday of Lent, March 22, in Church at 7:00 p.m. All are invited to participate. It is a great family experience for Lent.

Please join us for a monthly family rosary led by children on Tuesday, April 2. Doors open at 6:30PM. Rosary begins at 6:45 PM.



Students may dress down in their Cardinals gear on Thursday, April 4 to celebrate Opening Day. Please refer to the handbook for dress down guidelines.



**No School April 8, 2024**



**for the Eclipse**



The annual Flower Sale kicks off on **TODAY!** Flowers will arrive in time for Mother's Day. Sale sheets came home with your child/ren.

# March

## St. Paul Catholic School

**FOOD IN FOCUS**



**Daily Specials \$3.50**

*Grades 5th-8th Only*

- Monday: Bacon Cheeseburger & Fries
- Tuesday: Chicken Strips & Fries
- Wednesday: Texas Toast Grilled Cheese & Fruit
- Thursday: Toasted Ravioli w/sauce & Fruit
- Friday: Tony's 5" Cheese Pizza & Fruit

**Plate Lunch Prices**

- Pre-School \$ 4.00
- Grades K-2<sup>nd</sup> \$ 4.15
- Grades 3<sup>rd</sup>-8<sup>th</sup> \$ 4.50
- Extra Entrée \$ 1.95
- Ala Carte Milk or Bottled Water \$.50

**Available Daily**

Snack Rack & Drink Cooler  
Many offerings & various prices

Sharon LaBarge  
Cafeteria Manager  
[cafeteria@stpaulknights.org](mailto:cafeteria@stpaulknights.org)

Please Check your  
**MYSCHOOLBUCKS** Account

Thank you!

**MENU IS SUBJECT TO CHANGE**

Contact our dietician  
at [lisa@foodserv.org](mailto:lisa@foodserv.org) for special  
dietary concerns

For more information about FSC or  
employment opportunities, please go to  
[www.foodserviceconsultants.org](http://www.foodserviceconsultants.org)



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>Did you know?</b></p> <p>Only about one of every 10,000 clovers have four leaves. No wonder they're lucky!</p>				<p>½ Day No Lunch</p>
<p><b>DR. SEUSS DAY</b> Thing One Grilled Cheese Sam I Am Chips Lorax Fresh Fruit One Fish Veggies with Dip</p> <p><b>ALTERNATE</b> Grinch Corn Dog</p>	<p>Popcorn Chicken Fruit Flavored Yogurt French Fries Garden Salad</p> <p><b>ALTERNATE</b> Ham &amp; Cheese Bagel</p>	<p> Pepperoni Slice Fresh Veggies w/Dip Vine Ripened Grapes</p>	<p>Cheese Stuffed Bosco Stick Seasoned Green Beans Orange Wedges Yogurt</p> <p><b>ALTERNATE</b> Pepperoni Hot Pocket</p>	<p>Baked Macaroni &amp; Cheese Fresh Veggies &amp; Dip Mandarin Oranges Cinnamon Goldfish</p> <p><b>ALTERNATE</b> Toasted Cheese Ravioli</p>
<p>Soft Beef Taco Fiesta Rice Sweet Golden Corn Sweet Strawberries</p> <p><b>ALTERNATE</b> Chicken Nuggets</p>	<p>Emoji Waffle Golden Hash Browns Tropical Fruit Medley Mini Blueberry Muffin</p> <p><b>ALTERNATE</b> French Toast Sticks</p>	<p> Cheese Slice Fresh Carrots w/Dip Fresh Orange Wedges</p>	<p>Crispy Chicken Strips Golden French Fries Garden Salad Ice Cream Cup</p> <p><b>ALTERNATE</b> Turkey &amp; Cheese Croissant</p>	<p>Crispy Nachos with Cheese Fresh Veggies &amp; Dip Tropical Mixed Fruit Vanilla Wafers</p> <p><b>ALTERNATE</b> Fish Sticks</p>
<p><b>ST. PATRICK'S DAY</b> Blarney Stones (Nuggets) Pot O'Gold (Corn) Shimmering Shamrock Cookie Leprechaun Jell-O</p> <p><b>ALTERNATE</b> Lucky Hot Dog</p>	<p><b>FIRST DAY OF SPRING</b> Sunny Spaghetti with Sauce Springtime Salad Bountiful Breadsticks Blooming Blueberries</p> <p><b>ALTERNATE</b> Daytime Dino Chicken Nuggets</p>	<p> Pepperoni Slice Fresh Carrots w/Dip Vine Ripened Grapes</p>	<p>Breaded Chicken Patty Golden French Fries Mixed Veggies Mandarin Oranges</p> <p><b>ALTERNATE</b> Grilled Hamburger</p>	<p>Soft Pretzel with Cheese Pineapple Chunks Veggies w/Dip Sherbet</p> <p><b>ALTERNATE</b> Bosco Stick w/Sauce</p>
<p>Turkey &amp; Cheese Wrap Cheddar Goldfish, WG Seasonal Fresh Fruit Mini Rice Krispies Treat</p> <p><b>ALTERNATE</b> Chicken Rings</p>	<p>Mini French Toast Crispy Bacon Slice Yogurt Frosty Peaches</p> <p><b>ALTERNATE</b> Mini Waffles</p>	<p> Cheese Slice Fresh Veggies w/Dip Fresh Orange Wedges</p>	<p><b>NO SCHOOL</b></p> <p></p>	<p><b>NO SCHOOL</b></p> <p></p>





## **ST. PAUL SCHOOL EASTER FOOD DRIVE**

Sponsored by the St. Paul St. Vincent DePaul Society  
to benefit the ICOM Food Pantry  
We're collecting much needed donations!!

**PK3 & PK4— Canned Fruit**

**Kindergarten—Cereal**

**1st Grade—Pancake Mix**

**2nd Grade—Pancake Syrup**

**3rd Grade—Canned Chicken**


**4th Grade—Canned Pasta**

**5th Grade—Canned Chili**

**6th—Canned Chunky Soup/Beef Stew**

**7th—Canned Sloppy Joe Mix**

**8th—Peanut Butter**



The ICOM food pantry helps 50–55 households every Saturday. Families served are from ICOM, Sacred Heart Elsberry, Sacred Heart Troy, St. Paul, Assumption, and Flint Hill, but all families in need are welcome. Without food drives/donations, they would not be able to meet the needs of so many families.

# Swip Swap St. Paul



Spring has **SPRUNG** and it is time to clean out those closets! But do not give away those precious school and sports uniforms!

Collect and bag your items to donate and send them to school marked with *Swip Swap!* The week **AFTER** school ends, the gym will be open for you to shop for those items you will need for next year and beyond!

So, help your fellow St. Paul families with your donation of preloved shirts, shorts, skirts, pants, sweatshirts, soccer, baseball, basketball, and volleyball uniforms.

Begin sending in your items as soon as possible and we will keep them in the school office until our first *Swip Swap!*

Do your best to not send in items with holes, stains, rips, or tears. We will not be able to put those items in the *Swip Swap*.

Official event date and time TBD.

Any questions, please direct to Marina Sigmund @ 314.440.2979

**Happy Swapping!!!**

# We really, really, really need help!!

The weather is getting nicer!

Your kids would love to see you during the day!

[LUNCH VOLUNTEER SIGN UP](#) [RECESS VOLUNTEER SIGN UP](#)

YOU MUST COMPLETE Prevent & Protect to volunteer at school. THANK YOU!



## MARCH/APRIL

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		20 C- HULL P -BOEHMER	21 C- WILDERMUTH P- <u>HELP NEEDED</u>	22 C- <u>HELP NEEDED</u> P- <u>HELP NEEDED</u>
25 C- <u>HELP NEEDED</u> P-DUNKIN	26 C- <u>HELP NEEDED</u> P-ROSEMAN	27 C- <u>HELP NEEDED</u> P -BOEHMER	28 HOLY THURSDAY / NO SCHOOL	29 GOOD FRIDAY / NO SCHOOL
01 EASTER MONDAY- NO SCHOOL	02 C-WILDERMUTH P-BOEHMER	03 C-WALTERSDORF P - BOEHMER	04 C- HANFF P-HULL	05 C- DUFFY P- <u>HELP NEEDED</u>
08 NO SCHOOL - ECLIPSE DAY	09 C- <u>HELP NEEDED</u> P- <u>HELP NEEDED</u>	10 C-WALTERSDORF P - <u>HELP NEEDED</u>	11 C- <u>HELP NEEDED</u> P - <u>HELP NEEDED</u>	12 C- <u>HELP NEEDED</u> P- <u>HELP NEEDED</u>
15 C- <u>HELP NEEDED</u> P -DUNKIN	16 C- <u>HELP NEEDED</u> P - <u>HELP NEEDED</u>	17 C-WILDERMUTH P - <u>HELP NEEDED</u>	18 GRANDPARENT'S DAY / NOON DISMISSAL	19 NO SCHOOL SPRING BREAK
22 NO SCHOOL SPRING BREAK	23 NO SCHOOL SPRING BREAK	24 C- <u>HELP NEEDED</u> P - <u>HELP NEEDED</u>	25 C- <u>HELP NEEDED</u> P - <u>HELP NEEDED</u>	26 C- <u>HELP NEEDED</u> P- <u>HELP NEEDED</u>



# MARCH INTO TRIVIA MADNESS

TRIVIA  
NIGHT!

BRING YOUR **GENERAL TRIVIA** KNOWLEDGE TO THE COURT!

LIVE TRIVIA PROVIDED BY: TRIVIA RIOT



PRESENTED BY THE  
CLASS OF 2025



SATURDAY, APRIL 6TH, 2024

DOORS OPEN AT 6PM; TRIVIA STARTS AT 7PM

@ ST. PAUL GYM



VIP Tables



Reservations available



**\$200 per 8 person table**

BEER, SELTZER, SODA & WATER INCLUDED

21 AND OVER EVENT

**For table reservations contact:**

**Becky Steiniger**

**(636) 544-9539**

**becky@kueselinc.com**

**For sponsorship contact:**

**Michelle Vomund**

**(314) 443-9177**

**Michellemvomund@gmail.com**

**RAFFLES**

**50/50**

# MARCH INTO TRIVIA MADNESS

**BRING YOUR GENERAL TRIVIA KNOWLEDGE TO THE COURT!**

Saturday, April 6, 2024  
1235 Church Road, St. Paul School Gym  
Doors open at 6pm | Trivia begins at 7pm  
Table Reservation - \$200 for a table of 8

Contact Person: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_

Payment Method: \_\_\_\_\_ Cash      Check \_\_\_\_\_ (Make payable to St. Paul Church)

Please list all guests at table (if known). **All guests must be 21 years of age:**

_____	_____
_____	_____
_____	_____
_____	_____

Please return this form with full payment (\$200.00) to:

St. Paul Parish Office  
1223 Church Road  
St. Paul, MO 63366

For table reservation questions, please contact Becky Steiniger at (636) 544-9539 or [becky@kueselinc.com](mailto:becky@kueselinc.com)

For sponsorship opportunities, please contact Michelle Vomund at (314) 443-9117 or [Michellemvomund@gmail.com](mailto:Michellemvomund@gmail.com)

*All proceeds benefit graduation activities for the St. Paul Class of 2025*

**Thank you for your generous support!**



## Attention PARENTS

### Spring Field Trips all chaperones must be in compliance! Protecting God's Children - Prevent and Protect STL

To keep our children safe, our parish complies with the Safe Environment Program. Any adult who works or volunteers with young people on a regular basis **must** attend a Protecting God's Children **workshop**, agree to **undergo a background check** that is updated in even numbered years and **sign the Code of Conduct**. This includes coaches for all sports and chaperones for field trips.



ARCHDIOCESE OF ST. LOUIS  
*Office of Child and Youth Protection*

NOVEMBER 2019

#### SAFE ENVIRONMENT USER REGISTRATION

Got to <https://www.preventandprotectstl.org>

Click "Register" below the LOG IN button (image at right).

Enter the passcode **stlprotect** when prompted.

Select the type of location where you are a volunteer or employee

- Parish or Parish School

Select the specific location by name

- St. Paul Parish and School (St. Paul)

Click the roles associated with your employment/service at the parish.

If you are active at only one location, this will be your "primary" location.

If you are active at more than one location, click the ADD PARISH/LOCATION button and repeat the steps above. With more than one location, please click the "This is my main/primary location" circle to indicate where you are employed or, if you are a volunteer, where most of your ministry or service is performed.

Complete your personal information. Please enter your **legal first name** for the purposes of the background screening.

Create a username, password and password clue.

Agree to the Terms of Use and click SUBMIT.

You will then be prompted to submit information for a background screening, register for a Protecting God's Children workshop<sup>®</sup>, view two online training modules, and agree to the Code of Ethical Conduct.

\*If you have previously attended a PGC workshop, the system will find and/or ask you to confirm your previous record of attendance. You will not be prompted to register for an upcoming workshop. If, for some reason, it does not match your previous training to this account and you are prompted to register for a class, please register for "PREVIOUSLY ATTENDED-DATE NOT LISTED" and send an email to the address below. We will apply the correct training record to your account.

You may use the links in your approval checklist to access these requirements. These steps may be completed all at once or may be completed separately at your convenience. You will receive an automated email weekly to remind you which requirements are outstanding. When all compliance requirements have been completed, your account will be approved and you will be clear to work with minors and vulnerable adults.

- Register onto the site
- Submit New Background Check
- Complete "Protective God's Children" training
- Complete "Mandated Reporter" training
- Complete "Code of Conduct" training
- Sign "Code of Conduct"

Should you need any assistance, please contact [ocyp@archstl.org](mailto:ocyp@archstl.org)

If you have any questions, please contact Lori Wortmann at [lwortmann@st-paulchurch.org](mailto:lwortmann@st-paulchurch.org) or 636-978-1900, ext 301.

## DECLINE TO SIGN!

Out-of-state petitioners are currently collecting signatures for a 2024 ballot measure that will enshrine abortion through all nine months of pregnancy in our Missouri Constitution using taxpayer funding. "Reproductive health care" is deceptive and will harm mothers and their children. Call the Mo Right to Life hotline to report a signature gatherer's location at 417-413-4134.

As a parish, we are asked to pray to keep Missouri Pro-Life. Join us in the Chapel on Thursday evenings, from 7-8 pm, as well as attending the MO Life Action Day at the State Capital on Tuesday, March 12, at 10 am. Visit [missourilife.org](http://missourilife.org) for more info.

## Smile AND SAY UPDATE!



It's not too late to be included in our new church directory and get a complementary family portrait!

Our scheduled dates of photography are:

**March 12-16, 2024**

**March 19-23, 2024**

**NEW DATES:**

**April 29 and 30, 2024**

All photo sessions will be held at Schulte Hall

### Online Scheduling

[www.ucdir.com](http://www.ucdir.com)

Church Code – mo312

Member password - photos

These are case sensitive!

You will also find a link for the online scheduling on the parish website. Have questions? Please call the parish office 636-978-1900, ext 301

**LENT  
PREPARE  
THE WAY OF  
THE LORD**



Ash Wednesday & all Fridays of Lent



### Ash Wednesday

Wednesday, February 14th  
Mass at 8am at St. Paul  
There will also be a Mass at 7pm at St. Joseph.



**GIVE**

The Ash Wednesday collection supports the St. Vincent de Paul Society.

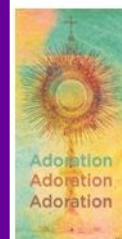


**Stations  
OF THE CROSS**

Every Friday during Lent

2:15pm  
with the school children  
(limited seating)

7pm  
everyone is invited!



### Evening of Adoration

Tuesday, February 27th  
6:30pm at St. Paul  
This event is a night of praise and worship, prayer, and adoration. Musical Artist, Adam Bitter, will lead the congregation in praise and worship. Eucharistic Adoration will take place as well as a faith witness.

**RECONCILIATION  
TIMES**

Saturdays  
3:30pm - 4:15pm  
St. Paul & St. Joseph  
Tuesday evenings  
5-6pm

### at St. Joseph

Feb 20  
Mar 5  
Mar 19

### at St. Paul

Feb 27  
Mar 12  
Mar 26

Important!!! The confession schedule included in the Lenten mailing is incorrect. These are the correct dates/locations!



## MARK YOUR CALENDAR!

**APRIL 30 – MAY 4, 2024**  
**SCHOOL UNIFORM FITTING FOR**  
**ST. PAUL CATHOLIC SCHOOL**

**FISCHER'S SCHOOL UNIFORMS**  
**3773 NEW TOWN BLVD, ST. CHARLES, MO 63301**  
TUESDAY & THURSDAY  
10AM – 6PM  
WEDNESDAY, FRIDAY & SATURDAY  
10AM – 3PM  
CLOSED SUNDAY-MONDAY

**Receive 10% off your purchases in-store and on-line\***

\*Discount only valid during the days of the fitting

The spring fitting for uniforms for **ST. PAUL CATHOLIC SCHOOL** will be held at Fischer's School Uniforms.

If you are familiar with our sizing, ordering online or by phone is both an easy and efficient way that you can take advantage of the 10% discount!

If you are new to the uniform process, we are here to help you! Attending your fitting at Fischer's School Uniforms allows you the opportunity to try on uniform clothing and determine your correct size. You may take home uniform items we have in stock that day. If we need to order an item, we will call when it is available and can be picked up at our store or we can ship via USPS for \$5.00 to your home!  
*\$5.00 shipping available only during the fitting week*

For pricing or sizing questions, please visit our website at [www.fischersuniforms.com](http://www.fischersuniforms.com) or call us at 636-493-0655.

We look forward to seeing you in the Spring!



### It's Your Time To SHINE!

Today & Tomorrow Scholarship Applications  
OPEN ONLINE JANUARY 22, 2024

***NEW and RETURNING TTEF students will need to apply online!***

- To apply and re-apply for TTEF scholarships using the unified online application visit: [ttef-stl.org/info-for-parents/](http://ttef-stl.org/info-for-parents/)

Questions? Please contact us!



Scan for TTEF



Laura George  
Senior Director of Scholarships  
(314)-792-7623  
[laurageorge@archstl.org](mailto:laurageorge@archstl.org)



Cori Scheitlin  
Scholarship Coordinator  
(314)-792-7735  
[corisheitlin@archstl.org](mailto:corisheitlin@archstl.org)



**TODAY & TOMORROW**  
CHANGING THE FUTURE — ONE CHILD AT A TIME



## Kenrick-Glennon Days 2024

Kenrick-Glennon Days is an overnight summer camp for grade school & high school boys. This event takes place at Kenrick-Glennon Seminary in Shrewsbury, Missouri.

### Camp Session One: June 10-12, 2024

6th & 7th Graders (Fall 2024)

### Camp Session Two: June 13-15, 2024

8th & 9th Graders (Fall 2024)

**[Click Here for camp info and to register](#)**

### Junior Counselors: June 9-15, 2024

Sophomores-Seniors (Fall 2024)

**JC applications available in February 2024.**





communitymusic**school**  
Webster University

**2024  
Summer Music  
Programs**

webster.edu/cms-summer  
314-968-5939

# Tae Kwon Do

If you are looking for an amazing individualized sport for your child or yourself that will teach discipline and skill, check out St. Joseph's Tae Kwon Do program! This is in association with Blue Wave Martial Arts.

**When:** Tuesdays and Thursdays at St. Joseph School in Josephville from 5:00-5:45

Call John Mee for more information  
314-280-2256

COR JESU ACADEMY  
**2024 SUMMER CAMP  
REGISTRATION IS  
OPEN**

GRADE SCHOOL (2ND-8TH)  
AND HIGH SCHOOL CAMPS

For more information and to register, visit:  
[www.corjesu.org/camps](http://www.corjesu.org/camps)

## VISIT US ON CAMPUS!

**DUCHESNE**  
CATHOLIC HIGH SCHOOL

REGISTER FOR AN  
EVENT OR SIGN UP FOR  
A SHADOW VISIT!

Duchesne High School presents a  
**Spring Fling Mixer**

Friday, March 22, 2024 • Grades 5th-8th  
6:30pm-9pm (doors open at 6pm)

**Pioneer for a Day** Friday, April 19, 2024

7th Grade Only

Schedule a Shadow Visit Today