



The Knight's Tablet

"Put on the armor of God and fight the good fight of faith." – St. Paul

March 22, 2023

Upcoming Events

March 22~ Report Cards are now open on Teacherease for you to view—if you have any problems logging in please contact the school office.

March 25~ Confirmation Sponsor Retreat/Awareness Mass

March 28 ~ Spring Pictures

April 3 ~ All school Stations of the Cross @ 1:00PM

April 5~ All School Mass @ 09:30AM

April 6-10~ No School Holy Week

April 13~ Spring Fling Evening Performance (Dress rehearsal) 6:30PM

April 14~ Grandparents Day/ noon dismissal

Servers Schedule

March 23-24

*Gianna Schultz (All Week), Riley Runge (M, T, W),
Taylor Prudlow (TH, F)*

March 25

4:30pm Volunteers

March 26

7:00am Nate and Michael Elsenrath

9:00am Teagan O'Connor and Natalie
Griesenauer

11:00am Anna Von Bokel and MaKenna Erwin

March 27-31

*Sophia Riffle (All Week), Caroline Lanham (M, T,
W), Connor Hoff (TH, F)*

Virtue of the Month

RESPECT

*Respect is recognizing the dignity of
all people!*

God makes every human being in
HIS image, giving each person a
soul that can love and live forever in
heaven. This gives each person
dignity, which means they are worth
very much. Our soul makes us like
God, and at baptism God himself
comes to live inside us!

School News/Reminders:

Donate Supplies
from our

amazon **wishlist**

Click Here

April Family Rosary

Please join us on April 4 to pray the rosary at Church. Doors open at 6:30, prayer starts at 6:45PM. All ages are welcome! Kids are encouraged to come and be the leaders in prayer.



Mass Greeters

WE WANT YOU!!! We are looking for school families to help welcome parishioners to St. Paul Church **THIS WEEKEND** and bring up the gifts as a family during mass. If your family would like to take advantage of this opportunity, please use this Sign Up Genius link to let us know at which Mass you are available to serve. <https://www.signupgenius.com/go/805094BABA629A3FA7-mass1>



THANK YOU!!



Parish Holy Hour on Thursday Nights @ 7:00PM in the Adoration Chapel.



Tentative CALENDAR St. Paul School Year 2023-2024

AUGUST 2022

16 First Day of School- Noon Dismissal

SEPTEMBER

01 Faculty Meeting - Noon Dismissal
03 Parish Picnic
04 Labor Day – NO SCHOOL
18-22 Iowa Testing– Grades 3-8
29 NO SCHOOL/ Professional Development

OCTOBER

06 Faculty Meeting - Noon Dismissal
26 Noon Dismissal, Parent/Teachers Conferences
27 - Nov.3 NO SCHOOL – Fall Break

NOVEMBER

06 Classes Resume
22-24 Thanksgiving Break – NO SCHOOL

DECEMBER

01 Faculty Meeting – Noon Dismissal
06 First Reconciliation
21 Noon Dismissal
22–Jan 2 Christmas Break – NO SCHOOL

JANUARY 2024

03 Classes Resume
12 Faculty Meeting - Noon Dismissal
15 Martin Luther King Day– NO SCHOOL

FEBRUARY

02 Faculty Meeting - Noon Dismissal
19 President's Day – NO SCHOOL

MARCH

01 Faculty Meeting / Noon Dismissal
28-01 Holy Week – NO SCHOOL

APRIL

18 Noon Dismissal / Grandparents Day
19-22 Spring Break
27 First Communion

MAY

03 Faculty Meeting / Noon Dismissal
16 Last Day for Pre School
17 Field Day - Noon Dismissal
21 8th Grade Graduation & Dinner
22 Last Day of School - Noon Dismissal

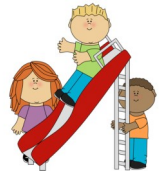
HELP—Volunteers are Needed

LUNCH VOLUNTEER SIGN UP RECESS VOLUNTEER SIGN UP



YOU MUST COMPLETE Prevent & Protect
to volunteer at school.

THANK YOU!



MARCH/APRIL

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		22 C-MCELFRESH P- MONTGOMERY	23 C-WALDERSDORF P-RIFFLE	24 C- HEMBROCK P- -GRANT
27 C- <u>HELP NEEDED</u> P-DUNKIN	28 C- GROHMANN P- T. NOAH	29 C-WALDERSDORF P- MONTGOMERY	30 C- CORNETT P-RIFFLE	31 C- SMALLEY P- <u>-HELP NEEDED</u>
3 C- <u>HELP NEEDED</u> P-DUNKIN	4 C- GROHMANN P- T. NOAH	5 C-WALDERSDORF P- MONTGOMERY	6 HOLY THURSDAY NO SCHOOL	7 GOOD FRIDAY NO SCHOOL
10 EASTER MONDAY NO SCHOOL	11 C- GROHMANN P-T. NOAH	12 C- <u>HELP NEEDED</u> P- MONTGOMERY	13 C-SMALLEY P- <u>HELP NEEDED</u>	14 C- <u>HELP NEEDED</u> P- <u>-HELP NEEDED</u>
17 C- <u>HELP NEEDED</u> P-DUNKIN	18 C- GROHMANN P- <u>HELP NEEDED</u>	19 C-DUFFY P- MONTGOMERY	20 C-SMALLEY P- <u>HELP NEEDED</u>	21 C- SMALLEY P- <u>-HELP NEEDED</u>
24 C- <u>HELP NEEDED</u> P-DUNKIN	25 C- GROHMANN P- <u>HELP NEEDED</u>	26 C- <u>HELP NEEDED</u> P- MONTGOMERY	27 C-SMALLEY P- <u>HELP NEEDED</u>	28 C- <u>HELP NEEDED</u> P- <u>-HELP NEEDED</u>



School Board Elections Nominee Profile Questionnaire

Please return by April 17, 2023: Parish Office,
School Office, or email Emily Lickteig emilylickteig06@gmail.com

The following are the requirements to be a member of the School Board:

- ☐ Must be at least 21 (twenty-one) years of age
- ☐ Must be an active Catholic, registered member of the Parish or parent of a child in the Parish School
- ☐ Must be supportive of the Parish educational programs both financially and attitudinally

Name: _____

Age: _____

Spouse: _____

Children's names and ages: _____

Current Address: _____

Phone number: _____

email: _____

Registered in St. Paul Parish: Yes ____ No ____

How long have you lived in St. Paul Parish?

Parish ministries or Organizations involved in: _____

Brief Biography: (optional) (where you grew up, schools attended, current employment, etc)

Why do you want to run for the School Board?

What long range planning do you see as a positive goal for the School Board?



MARK YOUR CALENDER!



MAY 2 – MAY 6, 2023
SCHOOL UNIFORM FITTING FOR
ST. PAUL CATHOLIC SCHOOL

FISCHER'S SCHOOL UNIFORMS
3773 NEW TOWN BLVD, ST. CHARLES 63301

TUESDAY & THURSDAY

10AM – 6PM

WEDNESDAY, FRIDAY & SATURDAY

10AM – 3PM

CLOSED SUNDAY-MONDAY

Receive 10% off your purchases in-store and on-line*

*Discount only valid during the days of the fitting

The spring fitting for uniforms for **ST. PAUL CATHOLIC SCHOOL**
will be held at Fischer's School Uniforms.

If you are familiar with our sizing, ordering online or by phone is both an easy and efficient way that you can take advantage of the 10% discount!

If you are new to the uniform process, we are here to help you!
Attending your fitting at Fischer's School Uniforms allows you the opportunity to try on uniform clothing and determine your correct size. You may take home uniform items we have in stock that day. If we need to order an item, we will call when it is available and can be picked up at our store or we can ship via USPS to your home!

For pricing or sizing questions, please visit our website at
www.fischersuniforms.com or call us at 636-493-0655.

We look forward to seeing you in the Spring!



APRIL 12-18, 2023

Guessing jars are also returning!

Donations of kid friendly items in containers are needed--for example, a water bottle filled with super balls. The students can purchase guesses, and the guess that is the closest wins the item. The money raised from the guessing jars will go to purchase items for the library. Please drop off your donation to the office.

Use the link below to sign up.

<https://www.signupgenius.com/go/70A054DADA829A3FE3-book>




**More information about the Book Fair will be coming after Spring Break.

ST. PAUL IN ST. PAUL

Healthy Habits Lunch

MARCH 2023

Monday	Tuesday	Wednesday	Thursday	Friday
		1	2	3
		PAPA JOHNS PEPPERONI PIZZA TOSSED SALAD WITH DRESSING CHILLED FRUIT MILK, FAT FREE <u>NO ALTERNATE</u>	<u>Dr. Seuss Day</u> CAT 'N THE HAT GRILLED CHEESE SAM I AM CHIPS LORAX FRESH FRUIT THING 1 COOKIE RED FISH/BLUE FISH MILK <u>ALTERNATE</u> GRINCH DINO NUGGETS	 Lunch will not be served
4	5	6	7	8
BOWL OF CHILI CHEDDAR GOLDFISH SEASONAL FRESH FRUIT ICE CREAM CUP MILK <u>ALTERNATE</u> POPCORN CHICKEN	CHICKEN NUGGETS SMILEY FACE POTATOES CORN RAINBOW SHERBET MILK, FAT FREE <u>ALTERNATE</u> MINI CORN DOGS	PAPA JOHNS CHEESE PIZZA CARROTS AND CELERY WITH DRESSING CHILLED FRUIT MILK, FAT FREE <u>NO ALTERNATE</u>	<u>SPRING BREAK SPECIAL</u> FLORIDA FRENCH TOAST WITH SUNNY SYRUP "BACON" IN THE SUN ST. THOMAS TATOR TOTS FROlicking FRUIT FUN IN THE SUN MILK <u>ALTERNATE</u> MINI WAFFLES WITH SYRUP	<u>SPRING BREAK SPECIAL</u> RELAXING TOASTED CHEESE RAVIOLI BEACHSIDE MARINARA SAUCE TOSSED SALAD FROlicking FRUIT CHILLIN' ICE CREAM CUP TAKE IT EASY MILK <u>ALTERNATE</u> PARADISE POPCORN SHRIMP
12	13	14	15	16
				
19	20	21	22	23
<u>SPRING BREAK SPECIAL</u> BAHAMA BURGER ST. THOMAS TATOR TOTS "GET GOING" GREEN BEANS FROlicking FRUIT OCEANSIDE MILK <u>ALTERNATE</u> HOLIDAY HOT DOG ON BUN	<u>BREAKFAST FOR LUNCH!!!</u> SCRAMBLED EGGS BISCUIT SEASONAL FRESH FRUIT HASH BROWN MILK, FAT FREE <u>ALTERNATE</u> MINI FRENCH TOAST WITH SAUCE	PAPA JOHNS PEPPERONI PIZZA CARROTS AND CELERY WITH DRESSING CHILLED FRUIT MILK, FAT FREE <u>NO ALTERNATE</u>	JUMBO CORN DOG MIXED VEGGIES SEASONAL FRESH FRUIT VANILLA WAFERS MILK, FAT FREE <u>ALTERNATE</u> TOASTED BEEF RAVIOLI	SOFT PRETZEL WITH CHEESE CARROTS WITH RANCH APPLE SAUCE OREO COOKIE MILK, FAT FREE <u>ALTERNATE</u> FISH STICK
26	27	28	29	30
TURKEY & CHEESE ON BAGEL CHEDDAR GOLDFISH PICKLE SPEAR OREOS MILK, FAT FREE <u>ALTERNATE</u> DINOSAUR CHICKEN NUGGETS	PEPPERONI HOT POCKET TOSSED SALAD SEASONAL FRESH FRUIT COOKIE MILK, FAT FREE <u>ALTERNATE</u> CHICKEN RINGS	PAPA JOHNS CHEESE PIZZA TOSSED SALAD WITH DRESSING CHILLED FRUIT MILK, FAT FREE <u>NO ALTERNATE</u>	<u>OPENING CARDINALS DAY!!!</u> CARDINALS CHICKEN STRIPS BASES LOADED FRUIT BASEBALL CHIPS CURVEBALL COOKIE HOMERUN MILK <u>ALTERNATE</u> GRAND SLAM CHEESEBURGER	NACHOS & CHEESE GREEN BEANS CHURRO SEASONAL FRESH FRUIT MILK, FAT FREE <u>ALTERNATE</u> BOSCO STICK WITH SAUCE
31				
DAILY SPECIALS (GRADES 5-8 ONLY) \$3.50				
Chicken Strips and Fries	Bacon Cheeseburger Chips	Pretzels with Cheese and Fruit	Chicken Patty On Bun Chips	2 Bosco Stick with Sauce and Fruit



Food Service Consultants, Inc.
 "A Local Company Serving You With Pride"



APRIL

ST. PAUL IN ST. PAUL

Healthy Habits Lunch

APRIL 2023

Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5	6	7
ENTRÉE CHOICE 1 Fettuccini Alfredo ENTRÉE CHOICE 2 Chicken Rings SIDE ITEMS: Steamed Broccoli Breadstick Cookie Milk	ENTRÉE CHOICE 1 Pancake with Syrup  ENTRÉE CHOICE 2 French Toast Sticks with Syrup SIDE ITEMS: Sausage Seasonal Fresh Fruit Yogurt Milk	PAPA JOHNS PEPPERONI PIZZA Carrots & Celery with Dressing  Chilled Fruit Milk, Fat Free <u>NO ALTERNATE</u>	HOLY THURSDAY NO SCHOOL 	GOOD FRIDAY NO SCHOOL 
10	11	12	13	14
EASTER MONDAY NO SCHOOL 	ENTRÉE CHOICE 1 Chicken Nuggets ENTRÉE CHOICE 2 Hot Dog  SIDE ITEMS: Green Beans Seasonal Fresh Fruit Mini Rice Krispies Treat Milk	PAPA JOHNS CHEESE PIZZA Tossed Salad with Dressing  Chilled Fruit Milk, Fat Free <u>NO ALTERNATE</u>	ENTRÉE CHOICE 1 Warm Ham & Cheese on Bagel ENTRÉE CHOICE 2 Jumbo Corn Dog  SIDE ITEMS: Chips Seasonal Fresh Fruit Churro Milk	GRANDPARENT'S DAY 1/2 DAY NO LUNCH SERVICE 
17	18	19	20	21
ENTRÉE CHOICE 1 Chicken Patty Sandwich ENTRÉE CHOICE 2 Mini Tacos  SIDE ITEMS: French Fries Veggie & Dip Seasonal Fresh Fruit Milk	ENTRÉE CHOICE 1 Pancake & Sausage Bites ENTRÉE CHOICE 2 Waffles with Syrup SIDE ITEMS: Triangle Hash Brown Seasonal Fresh Fruit Yogurt Milk	PAPA JOHNS PEPPERONI PIZZA Tossed Salad with Dressing  Chilled Fruit Milk, Fat Free <u>NO ALTERNATE</u>	ENTRÉE CHOICE 1 Baked Macaroni & Cheese ENTRÉE CHOICE 2 Chicken Rings SIDE ITEMS: Veggie & Dip Teddy Grahams Seasonal Fresh Fruit Milk	EARTH DAY ENTRÉE CHOICE 1 Dinosaur Nuggets ENTRÉE CHOICE 2 Pulled Pork Slammer SIDE ITEMS: Bones (French Fries) "Going Green" Grapes Wonderful World Wafers Save Our Tree Milk 
24	25	26	27	28
NATIONAL PIG IN A BLANKET DAY! ENTRÉE CHOICE 1 Pig in a Blanket  ENTRÉE CHOICE 2 Hamburger SIDE ITEMS: Smiley Face Potatoes Veggies with Dip Seasonal Fresh Fruit Milk	ENTRÉE CHOICE 1 Chicken Strips ENTRÉE CHOICE 2 Soft Taco SIDE ITEMS: Mixed Vegetables Seasonal Fresh Fruit Chilled Pudding Milk	PAPA JOHNS CHEESE PIZZA Carrots & Celery with Dressing  Chilled Fruit Milk, Fat Free <u>NO ALTERNATE</u>	ENTRÉE CHOICE 1 Mini Corn Dogs ENTRÉE CHOICE 2 Chicken Nuggets SIDE ITEMS: Corn Seasonal Fresh Fruit Ice Cream Cup Milk	ENTRÉE CHOICE 1 Bosco Stick with or without Sauce ENTRÉE CHOICE 2 Toasted Beef Ravioli with Sauce SIDE ITEMS: Tossed Salad Applesauce Cookie Milk 
DAILY SPECIALS (GRADES 5-8 ONLY) \$3.50				
Toasted Ravioli with Sauce and Fruit	Tony's Cheese Pizza and Fruit	Grilled Cheese on Texas Toast and Fruit	Bacon Cheeseburger with Chips	Chicken Nuggets and Fries



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**St. Paul School 5, 6, 7 & 8 Grade Students
Present**

SPRING FLING 2023

THE ST. PAUL MUSIC AWARDS

Evening Program Date: Thurs., April 13, 2023

Evening Program Time: 6:30 PM

Grandparents Day Show: Friday, April 14, 2023

Grandparents Day Performance TIME: 10:30 AM

LOCATION: St. Paul School Gym



EARTH DAY ART CONTEST



Sponsored by:

DIDION ORF
RECYCLING

We are inviting all students grades 6-8 to
submit artwork that depicts this year's theme of
"Invest in our Planet."

(What can we do to help make the earth a better place?)



Submissions **due** on or before: 4/14/23

Judging will take place on: 4/18/23

Winner will be announced on: Earth Day 4/22/23

Winners and their artwork will be published on our social media pages.



Prizes Awarded For:

1st Place: \$250

2nd place: \$150

3rd: \$100

Contact us at:

kcox@didionorfre recycling.com

636-397-6060

**ST. LOUIS
DEVELOPMENT ACADEMY
SPRING 2023
OUTDOOR SOCCER PROGRAM
(FORMERLY SPORTING ST. LOUIS)**



**PROGRAM COORDINATOR: MARTY PIKE
MPIKE@STLOUISDA.COM - (314) 393-1164**

Boys and Girls Ages 5-12

April-May 2023

Multiple days to choose from Sunday,
Monday, & Wednesday. Friday night
Games!

7 Weeks with 6 Games: \$220

7 Weeks with no Games: \$125

Learn individual ball handling skills
(dribbling, passing, shooting, & more)
in a fun atmosphere that focuses on
developing your skills!

Located at Sportport International
12525 Sportport Rd.
Maryland Heights MO, 63043

SUMMER CAMPS COMING SOON!

STLOUISDA.COM/CAMPS

Disclaimer: St. Louis Development Academy is a non-profit, youth sports organization and is not affiliated with any school district.
The views, opinions, and programs of St. Louis Development Academy do not necessarily represent or align with those of any school district

