



The Knight's Tablet

"Put on the armor of God and fight the good fight of faith." – St. Paul

March 24, 2021

Upcoming Events

March 24~ Report Cards are ready to view.

April 1~ Holy Thursday/No School

April 2~ Good Friday/ No School

April 5~Easter Monday/No School

April 6~ Rosary Tuesday, see p.2 for details.

April 9~ Noon Dismissal/Faculty Meeting/
Spirit Day

April 19 ~ CONFIRMATION

April 24~ First Holy Communion

Good Afternoon,

HOORAY! GOD IS GOOD! I am so excited that we have made it to fourth quarter! Thank you so much for all of the support you have given St. Paul School this school year!

The third quarter report cards are now available on Teacherease. To access this you just need to log into your child's account and select the Report Card tab. If you have any problems at all, please contact the school office.

Many blessings to all of our St. Paul School families!

Mrs. Kelly Kaimann

Virtue of the Month **MERCY**

Hail, Holy Queen, mother of **mercy**, our life, our sweetness, and our hope. To you do we cry, poor banished children of Eve; to you do we send up our sighs, mourning, and weeping in this valley of tears. Turn then, most gracious advocate, your eyes of mercy toward us, and after this our exile show us the blessed fruit of your womb, Jesus. O clement, O loving, O sweet Virgin Mary. Pray for us, O Holy Mother of God. *That we may be made worthy of the promises of Christ.*



This group of 6th, 7th, and 8th grade students competed in the St. Dominic Math Festival on Tuesday, March 23. Every student earned a ribbon! Congratulations to all!!

St. Paul P.T.O. Meeting

When: Tuesday, March 30

When: 6:30PM

Where: St. Paul Gym

Why: You could be the next winner of \$25 off your TWB obligation.



Join us for Rosary Tuesday @ 6:30pm on 4/6/21 in the church. This will be a once-a-month occurrence. All ages are welcome! Kids are encouraged to come and be the leaders in prayer.



St. Paul Church
Reconciliation Schedule
Lent 2021

Saturdays
3:45pm - 4:15pm

COVID-19 Reminder

If anyone in your family household has symptoms and/or gets tested for COVID-19, please keep your child(ren) home until you have more information.

Please contact Mrs. Kaimann if you are unsure what to do.

THANK YOU FOR YOUR SUPPORT!

Interested in Volunteering? We would love to have you!

We are always looking for help serving lunch, or helping outside at recess. Please call Miss Richey at 636-978-1900 X2 for details!

March 14th - March 27th, 2021
CHURCH WEEK
SUPPORTING CHRISTIAN ORGANIZATIONS

Send your receipts to the Parish Center by 3/31/21

Rural King will donate 10% of your receipt totals to the registered Christian organization of your choice!

ST. PAUL IN ST. PAUL










Healthy Habits Lunch



MARCH 2021

* = Baked

WG = Whole Grain Ingredients

Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	4	5
ENTRÉE CHOICE 1 *Chicken Patty Sandwich WG ENTRÉE CHOICE 2 Jumbo Corndog SIDE ITEMS: *French Fries/Ketchup Green Beans Seasonal Fresh Fruit Milk, Fat Free	DR. SEUSS DAY ENTRÉE CHOICE 1 Cat 'n the Hat Grilled Cheese ENTRÉE CHOICE 2 Thing 2 Chicken Drumsticks SIDE ITEMS: Sam I Am Chips Lorax Fresh Fruit Horton Cookie Red Fish/Blue Fish Milk	Papa John's Cheese Pizza Tossed Salad with Ranch Chilled Fruit Milk, Fat Free 	ENTRÉE CHOICE 1 Spaghetti with Meatballs ENTRÉE CHOICE 2 Chicken Strips SIDE ITEMS: Green Beans *WG Dinner Roll 100% Fruit Juice Bar Milk, Fat Free	Early Dismissal No lunch Service 
8	9	10	11	12
ENTRÉE CHOICE 1 Soft Pretzel with Cheese ENTRÉE CHOICE 2 Popcorn Chicken Wrap SIDE ITEMS: Carroteenies Light Ranch Dressing Fresh Fruit Seasonal Teddy Grahams Milk, Fat Free	SPRING BREAK SPECIAL ENTRÉE CHOICE 1 Bahama Burger ENTRÉE CHOICE 2 Hawaiian Hot Dog SIDE ITEMS: St. Thomas Tator Tots "Get Going" Green Beans Frolicking Fruit Oceanside Milk	Papa John's Pepperoni Pizza Carrots & Celery with Ranch Chilled Fruit Milk, Fat Free 		
15	16	17	18	19
	SPRING BREAK SPECIAL ENTRÉE CHOICE 1 Relaxing Ravioli Beachside Marinara Sauce ENTRÉE CHOICE 2 Just Chillin' Popcorn Chicken SIDE ITEMS: Tossed Salad Frolicking Fruit Take it Easy Milk	Papa John's Cheese Pizza Carrots & Celery with Ranch Chilled Fruit Milk, Fat Free  	ENTRÉE CHOICE 1 Scrambled Eggs ENTRÉE CHOICE 2 Pancakes with syrup SIDE ITEMS: *Hash Brown Triangle Seasonal Fresh Fruit Donut Milk, Fat Free	ENTRÉE CHOICE 1 Fettuccini Alfredo ENTRÉE CHOICE 2 Toasted Cheese Ravioli SIDE ITEMS: Steamed Broccoli *Fresh Breadsticks *Cookie Milk, Fat Free
22	23	24	25	26
ENTRÉE CHOICE 1 *Bosco Stick/Spaghetti Sauce ENTRÉE CHOICE 2 Turkey/Cheese/Bagel SIDE ITEMS: Mixed Vegetables Seasonal Fresh Fruit 100% Fruit Juice Bar Milk, Fat Free	ENTRÉE CHOICE 1 *Chicken Strips ENTRÉE CHOICE 2 Mini-Corndogs SIDE ITEMS: Corn Seasonal Fresh Fruit Cookie Milk, Fat Free	Papa John's Pepperoni Pizza Tossed Salad with Ranch Chilled Fruit Milk, Fat Free 	ENTRÉE CHOICE 1 *Breaded Chicken Drumstick ENTRÉE CHOICE 2 Mini-Tacos SIDE ITEMS: Buttered Noodles Mixed Vegetables Jell-O Milk, Fat Free	ENTRÉE CHOICE 1 Grilled Cheese Sandwich, WG ENTRÉE CHOICE 2 Fish Sticks SIDE ITEMS: Fresh Vegetables with dip Seasonal Fresh Fruit Vanilla Ice Cream Milk, Fat Free
29	30	31		
ENTRÉE CHOICE 1 All Natural Hot Dog on Bun ENTRÉE CHOICE 2 Chicken Nuggets SIDE ITEMS: Potato Chips Seasonal Fresh Fruit 2 Oreos Milk, Fat Free	ENTRÉE CHOICE 1 *Boneless Chicken Drumsticks ENTRÉE CHOICE 2 Cheeseburger SIDE ITEMS: Mashed Potatoes with Gravy Seasonal Fresh Fruit *Fresh Baked Brownie Milk, Fat Free	Papa John's Cheese Pizza Carrots & Celery with Ranch Chilled Fruit Milk, Fat Free 		

DAILY SPECIALS (GRADES 5-8 ONLY) \$3.50

TOASTED RAVIOLI
AND FRUIT

CHICKEN PATTY
AND CHIPS

PRETZEL WITH CHEESE
AND FRUIT

CHICKEN NUGGETS
AND FRIES

TONY'S 5" CHEESE PIZZA
WITH FRUIT

All FSC menus follow the USDA guidelines & Archdiocese Wellness Plan and have been approved by Registered Dietitian Associates, Inc. (does not include alternate entrée).



Food Service Consultants, Inc.

"A Local Company Serving You With Pride"



ST. PAUL IN ST. PAUL

Healthy Habits Lunch

APRIL 2021

* = Baked

WG = Whole Grain Ingredients

Monday	Tuesday	Wednesday	Thursday	Friday
			1	2
				
5	6	7	8	9
	ENTRÉE CHOICE 1 Chicken Wrap/Chopped Lettuce Light Ranch Dressing ENTRÉE CHOICE 2 Mini Corn Dogs SIDE ITEMS: Cookie Seasonal Fresh Fruit Milk, Fat Free	PAPA JOHN'S PEPPERONI PIZZA Tossed Salad Chilled Fruit Milk, Fat Free 	CARDINALS PEP RALLY ENTRÉE CHOICE 1 Knock it out of the Park Nachos ENTRÉE CHOICE 2 Chicken Strips SIDE ITEMS: Grand Slam Fruit Grassy Field Salad Bases Loaded Brownie Home Run Milk 	EARLY DISMISSAL NO FOOD SERVICE 
12	13	14	15	16
NATIONAL GRILLED CHEESE DAY ENTRÉE CHOICE 1 Grilled Cheese Sandwich, WG ENTRÉE CHOICE 2 Popcorn Chicken SIDE ITEMS: Fresh Vegetables w/dip Seasonal Fresh Fruit Vanilla Ice Cream Milk, Fat Free 	ENTRÉE CHOICE 1 Waffle and Syrup ENTRÉE CHOICE 2 Biscuit & Gravy SIDE ITEMS: *Sausage Patty Seasonal Fresh Fruit Strawberry Yogurt Cup Milk, Fat Free	PAPA JOHN'S CHEESE PIZZA Carrots & Celery/Ranch Chilled Fruit Milk, Fat Free 	ENTRÉE CHOICE 1 Mini Tacos ENTRÉE CHOICE 2 Corn Dog SIDE ITEMS: Corn Seasonal Fresh Fruit Churro Milk, Fat Free	ENTRÉE CHOICE 1 Fettuccini Alfredo ENTRÉE CHOICE 2 Chicken Drumsticks SIDE ITEMS: Steamed Broccoli *Fresh Breadsticks *Cookie Milk, Fat Free
19	20	21	22	23
ENTRÉE CHOICE 1 *Breaded Chicken Drumstick ENTRÉE CHOICE 2 Ham & Cheese on Bagel SIDE ITEMS: Buttered Noodles Mixed Vegetables Jell-O Milk, Fat Free	ENTRÉE CHOICE 1 *Toasted Ravioli ENTRÉE CHOICE 2 Bosco Stick SIDE ITEMS: Green Beans Seasonal Fresh Fruit *Cookie Milk, Fat Free	PAPA JOHN'S PEPPERONI PIZZA Carrots & Celery/Ranch Chilled Fruit Milk, Fat Free 	EARTH DAY ENTRÉE CHOICE 1 Dinosaur Nuggets ENTRÉE CHOICE 2 Soft Taco SIDE ITEMS: Bones (French Fries) "Going Green" Grapes Wonderful World Wafers Save Our Tree Milk 	NATIONAL PIG IN A BLANKET DAY ENTRÉE CHOICE 1 *Pig in a Blanket ENTRÉE CHOICE 2 Cheeseburger SIDE ITEMS: Smiley Face Potatoes Green Beans Seasonal Fresh Fruit Milk, Fat Free 
26	27	28	29	30
NATIONAL PRETZEL DAY ENTRÉE CHOICE 1 Soft Pretzel with cheese ENTRÉE CHOICE 2 Grilled Chicken Sandwich SIDE ITEMS: Carroteenies/ranch Fresh Fruit, Seasonal Cookie Milk, Fat Free 	ENTRÉE CHOICE 1 * Chicken Strips ENTRÉE CHOICE 2 Meatball Slider SIDE ITEMS: Corn Seasonal Fresh Fruit Cookie Milk, Fat Free	PAPA JOHN'S CHEESE PIZZA Tossed Salad/Ranch Chilled Fruit Milk, Fat Free 	ENTRÉE CHOICE 1 *French Toast Sticks /Syrup ENTRÉE CHOICE 2 Pancakes with syrup SIDE ITEMS: *Bacon *Triangle Hash Brown Seasonal Fresh Fruit Milk, Fat Free	ENTRÉE CHOICE 1 Turkey, Bacon & Cheese on Skinny Bun ENTRÉE CHOICE 2 Cheese Quesadilla SIDE ITEMS: Baby Carrots Light Ranch Dressing Seasonal Fresh Fruit Mini Rice Krispies Treat Milk, Fat Free

DAILY SPECIALS (GRADES 5-8 ONLY) \$3.50

BACON CHEESEBURGER AND CHIPS	GRILLED CHICKEN SANDWICH AND CHIPS	GRILLED CHEESE ON TEXAS TOAST AND FRUIT	2 BOSCO STICKS/SAUCE AND FRUIT	CHICKEN STRIPS AND FRIES
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Food Service Consultants, Inc.

"A Local Company Serving You With Pride"



Holy Thursday – April 1st

Evening Mass will be at 7:00pm in the gym. There will be no morning Mass.

The **Adoration Chapel** will close at 7pm on Holy Thursday and reopen at 8:30pm on Holy Saturday.

Good Friday – April 2nd

The Parish Center will be closed.

The Church will open at noon for quiet meditation.

The Celebration of Our Lord's Passion will begin at 7:00 pm in the gym.

There will be no morning Mass.

Holy Saturday – April 3rd

Easter Vigil Mass begin at 7:30pm, in place of the usual 4:30 pm Mass.

This Mass will be held in the gym.

Easter – April 4th

Masses are at 7:00 am and 11:00am.

(7:00am and 9:00am Mass is full)

Masses will be held in the gym.

**RESERVATIONS ARE REQUIRED FOR ALL HOLY WEEK SERVICES
AND EASTER MASSES. PLEASE CONTACT LORI
636-978-1900, EXT 223 OR LWORTMANN@ST-PAULCHURCH.ORG**





Dear Family, Friends, and Faculty:

Back by popular demand is the Frontier Bag Fundraiser!

The Frontier Trash Bags are twice as thick and strong as Hefty bags.

Spring is upon us and these bags can be used for spring cleaning or

lawn clippings as well as everyday trash. The “Yellow / Pink” bags

are being offered in rolls of 25 bags, at a cost of only \$12.00 per roll. The “white tall kitchen” bags come in a roll of 65 for \$12.00. Also available are the 55 gallon (Super Size) Blue Bags in rolls of 16 for \$12.00.

We are taking orders NOW through April 7th. Please return the below order form no later than April 6th. Money is to be collected at the time of ordering. **Checks should be made out to St. Paul School.** Please note one case of bags (10 rolls) weighs approximately 50 lbs. Please pick up your order at the school, as the rolls of bags are too heavy to send home with your children.

Let's all get behind this effort to make this sale a success. All profits from the sale will go to the 6th and 7th Grade class for their Leadership trip to Trout Lodge / Camp Lakewood .

If you have any questions please contact Mindy Schultz at 314-603-8678. Thank you in advance for your cooperation and continued support!

HEAVY DUTY TRASH BAGS Yellow 25/Roll 32 x 45 (39 Gal) Pink 25/Roll 32 x 45 (39 Gal) White 65/Roll 15 x 9 x 33 (15 Gal) Blue 16/Roll 38 x 55 (55 Gal) 1 ROLL \$12.00		<h1 style="text-align: center;">St. Paul Catholic School</h1>							
		NAME	ADDRESS	PHONE	BLUE 55 GALLON # OF ROLLS	YELLOW 39 GALLON # OF ROLLS	PINK 39 GALLON # OF ROLLS	WHITE 15 GALLON # OF ROLLS	TOTAL

FORMED®

PICK OF THE WEEK

March 21, 2021

WATCH

THE SANCTUARY COURSE FOR CATHOLICS

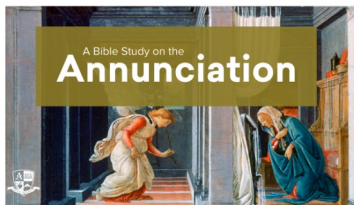
Misconceptions surrounding mental illness can prevent us from responding well to those suffering. This eight-session course explores the realities of mental illness, as well as the need for faith-based conversations about this topic. Featuring stories of Catholics living with mental health challenges, along with the insights of archbishops, theologians, and psychologists.



LEARN

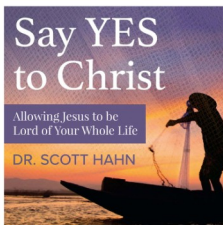
A BIBLE STUDY ON THE ANNUNCIATION

In this video, Dr. Ben Akers leads us through a brief study of Luke 1:26-38, highlighting some of the key Old Testament passages evoked by Gabriel's words. The reflection concludes with some thoughts on how we can imitate Mary's Yes in our own life, especially in this time of suffering.



SAY YES TO CHRIST: ALLOWING JESUS TO BE THE LORD OF YOUR WHOLE LIFE BY SCOTT HAHN

Mary conformed the entirety of her life to the Divine Will. In doing so, she became the model of perfect discipleship. In this talk, Dr. Scott Hahn discusses why we too should surrender our lives to the Lord.



LISTEN

Our parish has a FORMED subscription.

To set up your free account visit formed.org/signup and select our parish.

SPORTING ST. LOUIS SPRING OUTDOOR PROGRAM



PROGRAM COORDINATOR: MARTY PIKE
MPIKE@SPORTINGSTL.COM - (314) 393-1164

Boys and Girls Ages 5-12

April-May 2021

Multiple days to choose from Sunday, Monday, or Wednesday. Friday night Games!

7 Training Sessions with 6 Games: \$220

7 Training Sessions with no Games: \$110

Learn individual ball handling skills in a fun atmosphere that also includes small sided scrimmages!

Located at Sportport International
12525 Sportport Rd.

Maryland Heights MO, 63043

Summer Camps Coming Soon!
Check the website for updates.



SPORTINGSTL.COM/CAMPS

Disclaimer: Sporting St. Louis is a non-profit, youth sports organization and is not affiliated with any school district. The views, opinions, and programs of Sporting St. Louis do not necessarily represent or align with those of any school district.

Summer Solutions.

It is time to order!

Go to www.SummerSolutions.net
or call 216.450.5005 to order.

Books are \$16.99 (including shipping) and will be sent directly to your home.

Ordering early saves your more!

Use promo code: **SUMMER3**

Save 10% off of 3 or more books - March 1st to April 30th.

Know what to order:

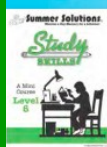
- Order the level of the book that your child has JUST COMPLETED!
- Your school uses the Standards-Based Math and Grammar series. Look for the books with these covers.



Grades K - 8



Grades K - 8



Grades 4 - 8



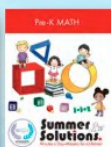
Grades K - 6



Grades 2 - 7



Grades 4 - 5



Pre-K



Pre-K



Camp Name	Dates	Start Time	End time	Girls Entering Grades	Cost
Basketball Camp	June 21 - 24	9:00 a.m.	3:00 p.m.	5 through 9	\$175
Soccer Camp	June 21 - 24	6:00 p.m.	8:00 p.m.	3 through 9	\$85
Golf Camp	June 28 - July 2	9:00 a.m.	11:30 a.m.	6 through 9	\$90
Softball Camp	June 28 - July 1	9:00 a.m.	11:00 a.m.	4 through 9	\$85
Volleyball Camp I	July 12 - 15	1:00 p.m.	3:00 p.m.	3 through 5	\$75
Volleyball Camp II	July 12 - 15	3:30 p.m.	5:30 p.m.	6 through 8	\$75
Volleyball Camp III	July 12 - 15	6:00 p.m.	8:00 p.m.	Grade 9 ONLY!	\$75



The objective of Incarnate Word Academy Red Knight Summer Camps is to involve girls in a variety of safe and fun summer activities. The all-girls setting creates a joyful and supportive environment where girls feel comfortable trying new activities, gaining new skills, and making great friends. All IWA summer camp activities are based on the components of wellness: physical, emotional, spiritual, environmental, intellectual and social. Camps are directed by experienced and caring IWA faculty/staff professionals.

Incarnate Word Academy has instituted health and safety protocols for all our on-campus activities, including summer camps. Each participant is required to bring and wear an appropriate face mask for the duration of each camp session. Social distancing has been incorporated into all planning. In addition, participants are required to complete a mandatory COVID-19 checklist prior to the start of each camp session.

See full camp descriptions and register online at: iwacademy.org/SummerCamps