



The Knight's Tablet

"Put on the armor of God and fight the good fight of faith." – St. Paul

April 6, 2022

Upcoming Events

April 7~ CARDINAL HOME OPENER WEAR YOUR CARDINAL GEAR!!

April 8~ Dress Down Day thanks to Principal Evelyn/ Family Rosary 6:30 PM in the gym.

April 12~ All School Mass 09:30

April 13~ Walking Stations of the Cross @ 10:00AM

April 14-16~ Holy Thursday, Good Friday, Holy Saturday NO SCHOOL

April 17~ Easter Sunday

April 20~ Youth Choir Practice see page 3 for details.

April 22~ Mom / Son Night Out, See page 6

April 28 ~ Grandparents Day, see details on page 4



Join us for a Lenten Living Rosary this Friday, April 8 at 6:30PM in the GYM.

All ages are welcome!

Dress down passes for all students who participate!

Servers Schedule

April 7-8 Charles Hall and Charlie Nicholas

April 9 4:30pm Volunteers

April 10

7:00am Catherine Dyer and Sam Byrnes

9:00am John Roettger and Charlie Hall

11:00am Kamdyn O'Connor and Gavin Hemmer

April 11-13 Gavin Hemmer and Teagan O'Connor

April 14-17 Volunteers Needed



ALL THINGS NEW
STEADFAST IN FAITH • FORWARD IN HOPE

The Education Survey is now open see page 2 for details and the link to the survey!





ALL THINGS NEW

STEADFAST IN FAITH • FORWARD IN HOPE

Are you invested in Catholic Education in St. Louis?

✓ Take the All Things New Education Survey to provide your input.

The survey is focused on Catholic education for both Catholic Schools and Parish-based Religious Education (PSR) programs and open to anyone, including:

- Current/Former/Prospective Parents
- Alumni
- Faculty, Staff, Administrators
- Donors, Volunteers, and Community Members

Scan to learn more about the All Things New Education Survey

<https://allthingsnew.archstl.org/education-survey>



Scroll to bottom (tap)

CLICK HERE TO TAKE SURVEY

**ALL THINGS NEW
EDUCATION SURVEY**



Youth Choir

The youth choir will be singing at the First Communion Mass on Saturday, April 30 at 10:00 AM

The schedule is :

Wednesday, April 20 3:15-4:00

Wednesday, April 27 3:15-4:00

The choir will be under the direction of Ruth Vomund and Sue Perry.

If your child/children would like to participate please reply to: principal@stpaulknights.org. If you have any questions, call Ruth at 636-978-1140 or ruvomund@gmail.com

St. Paul's soccer camp is back for 2022

Once again our partners with St. Charles FC soccer club will bring their trained and licensed coaches to provide an elevated level of instruction and fun!

The camp will run from June 6th through June 9th. In the event that one of the days gets rained out we will use Friday the 10th as a make up day. The camp starts at 6:00PM and ends at 7:15PM.

If you have any questions please email to spysa.mail@gmail.com

Looking forward to another great camp!

[Enroll Here!](#)

St. Paul School 5, 6, 7 & 8 Grade Students
Present

SPRING FLING 2022

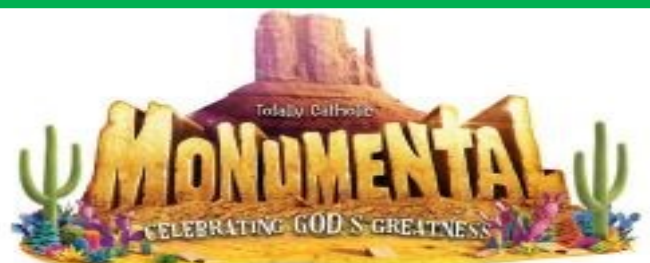
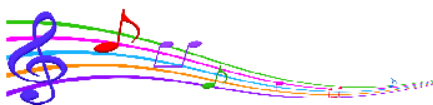
THROUGH THE DECADES

DATE: Thursday, April 28, 2022
(on Grandparents Day)

Dress Rehearsal TIME: 11:00 AM

Evening Performance TIME: 6:30 PM

LOCATION: St. Paul School Gym



St. Paul Vacation Bible School
June 13 - 17, 2022

We are in need of volunteers!
Middle School, High School, Parents
and Adults welcome.

If interested, please contact
Melissa Nelp-Buerck, 636-578-5014
or aftercare@stpaulknights.org

St. Paul Grandparents Day 2022

"Grandchildren are grandparents' link to the future..."

Grandparents are a child's link to the past" 

All Grandparents or special guests are invited to our Grandparents Day Mass and Celebration on Thursday, April 28, 2022.
Details below:

MEETING SPOT:

- Students will arrive as normal. At 8:45 the teachers will take their class to the gym where they will sit by class.
- Grandparents may begin to arrive at 8:45. They may park in the parking lot in front of the church and school. They may walk over to school to pick their grandchildren in the gym and take them over to church. If they have difficulties with walking and steps, they can take a seat in church and their grandchildren will find them as they arrive with their class.
- All School Mass will begin at 9:00

ACTIVITIES AFTER MASS:

- After Mass grandparents and students will be dismissed to proceed to the gym for refreshments.
- Grandparents and students will have the opportunity to visit classrooms, tour the school, and interact with the classes.
- At 10:45 grandparents and students will be invited back to the gym to watch our upper grade students (5-8) in their Spring Fling.

DISMISSAL

- Important...your child is welcome to leave with their grandparent after the middle school performance. If your child is staying at school please remember there will be NO lunch service and your child MUST bring their lunch.
- If for some reason you do not wish your child to leave with their grandparents(s) on this day please notify the school office.



SPIRIT NIGHT FOR St. Paul School

Come support St. Paul School at Chick-fil-A O'Fallon on Thursday, May 12, 2022 from 4:00 p.m. – 8:00 p.m. Don't forget to mention that you are supporting the Spirit Night for a portion of the sales to be donated.



O'Fallon Chick-fil-A
2106 HWY K O'Fallon, MO 63366
Phone: 636-272-5346

FORMED®

April 3, 2022

WATCH

SAINT JOHN BAPTIST DE LA SALLE

The inspiring story of a 17th century French priest who became the Founder of the Brothers of the Christian Schools, an order known today as the De La Salle Christian Brothers. From a wealthy upper-class family, he gave up everything to serve the needs of educating poor children, facing tremendous opposition along the way.



SAINT JOHN BAPTIST
DE LA SALLE



THE ART OF LIVING

Dr. Ben Akers welcomes Dr. Edward Sri to discuss his new book, The Art of Living: The Cardinal Virtues and the Freedom to Love, and the virtues generally. In these episodes, viewers will learn what a virtue is, how to grow in them, and how our ability to love is dependent on our pursuit of the virtuous life.

LEARN

6-PART SERIES

The Art of Living

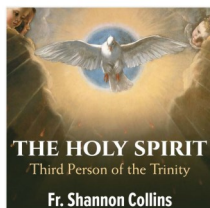
with Dr. Edward Sri

FORMEDNOW

LISTEN

THE HOLY SPIRIT: THIRD PERSON OF THE TRINITY

Drawing upon Scripture and tradition, Fr. Collins explains the seven gifts of the Holy Spirit and how he works in the lives of believers. Listeners are sure to come to a better appreciation for this "sweet guest of our soul" who seeks to bring us closer to Christ and eternal salvation.



THE HOLY SPIRIT
Third Person of the Trinity
Fr. Shannon Collins

St. Dominic High School Book Fair

Saturday, April 23, 2022
10am – 9pm in-store and online



Present this voucher before purchase in café or store for SDHS to receive credit for sale. Use 12624375 if ordering online.



Mid Rivers, MO

ADDRESS
520 Mid Rivers Center Drive
St. Peters, MO 63376

[GET DIRECTIONS](#)

STORE HOURS
Tue-Thurs 10-7
Mon-Sat 10-9

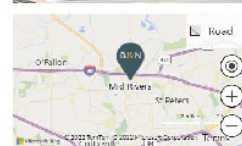
PHONE NUMBER
(636) 241-1178

STORE FEATURES

[e-books](#) [audiobooks](#) [gift cards](#)

CONNECT WITH US

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BARNES & NOBLE
BOOKFAIRS
supporting

St. Dominic High School
Saturday, April 23, 2022
Mid Rivers
320 Mid Rivers Center Drive



12624375

Please present this voucher prior to making your purchase. A percentage of the net sale will be contributed to your school organization.

*The purchase of gift cards, Barnes & Noble memberships, textbooks, video games, digital devices, and other items purchased at Barnes & Noble may not be included in the net sale. Institutional discounts may not be applied.



- Dress-down day with purchase receipt
- Gift-Card raffle entry with purchase receipt
- Photo booth
- Themed drinks and cookies in café

** A percentage of the net sale will be credited to St. Dominic High School and be used to benefit faculty and staff as well as the Learning Commons library.

*The purchase of gift cards, Barnes & Noble memberships, textbooks, video games, digital devices including NOOK®, purchases made at Cafés owned and operated by Starbucks® and other items Barnes & Noble may exclude from time to time in its sole discretion are not included in book fair totals. Institutional discounts may not be applied.

Our parish has a FORMED subscription.
To set up your free account visit formed.org/signup and select our parish.



Father/Son: Boys Into Men Program

You are invited to an event that provides an atmosphere of love and learning to discuss fertility and to promote communication between father and son. The programs are presented by a father, a physician and joined by a teen on a panel for questions and answers. The programs emphasize respect, understanding and appreciation for God's gift of sexuality, as well as age-appropriate information on the function of the male reproductive system.

Sunday, April 24, 2022

The 11 and 12 year-old program will focus on: changes in boys' bodies as they enter puberty, modesty, values, plans of action, and the sacredness of human life.

* We are working on the Fall 2022 schedule and hope to be back in person for the older and younger girls and boys programs.

Time: 1:00 to 3:15 p.m.

Location: Virtual Event

Cost: \$35 per Father/Son Family

On-Line Reservations are required.

NO RESERVATIONS TAKEN OVER THE PHONE.

Registrations are accepted on a first-come, first-served basis. Please note that we are limited to 25 families.



Your life is our life's work.

STL_4831 (3/26/22)



Reservations: Go to mercy.net/fertilitycare

- Scroll down, click Blue Clipboard marked "Register for classes"
- Scroll through the dates and choose "Father/Son: Boys into Men Program"
- Click "REGISTER" on the far right of the class date
- Read class description and fill out required information
- Click on the green "NEXT" button
- Fill out the pertinent Credit Card information (\$35 per family)
- Click on the green "NEXT" button
- Fill in Billing Address or check the box "same as registrant information"
- You will be then registered for the class and should immediately receive an email confirmation

2022 Reservation Deadlines:

April 21, 2022 for 11-12 year-old boys
\$5 fee on all cancellations up to 48 hours prior to event. After this time period, no refunds are given. This includes no shows.

For more information, please contact Kathy Vollmar at 314.991.0327 or kathleen.vollmar@mercy.net

To unsubscribe from this mailing list, please call 314-991-0327.

SPORTING FUTURES 2022 SPRING OUTDOOR PROGRAM & SUMMER SOCCER CAMPS



PROGRAM COORDINATOR: MARTY PIKE
MPIKE@SPORTINGSTL.COM - (314) 393-1164

SPRING OUTDOOR PROGRAM

Boys and Girls Ages 5-12

April-May 2022

Multiple days to choose from Sunday, Monday, or Wednesday. Friday night Games!

7 Training Sessions with 6 Games: \$225

7 Training Sessions with no Games: \$115

Located at Sportport International

12525 Sportport Rd.

Maryland Heights MO, 63043

SUMMER SOCCER CAMPS

Boys and Girls ages 5-12

June-August 2022

Mon.-Fri. Camps

Multiple locations to choose from around the St. Louis area!

Half day: \$135

Full day: \$265

Evenings: \$105

REGISTER AT

SPORTINGSTL.COM/CAMPS

Disclaimer: Sporting St. Louis is a non-profit, youth sports organization and is not affiliated with any school district. The views, opinions, and programs of Sporting St. Louis do not necessarily represent or align with those of any school district.



Uniform Fitting

Held at Fischer's School Uniforms for
St. Paul School



***Fischer's is moving to a NEW LOCATION!**
3773 New Town Blvd, St. Charles, MO 63301

Date: Tuesday, May 3 through Saturday, May 7, 2022

Hours: Tuesday & Thursday: 10:00am-6:00pm
Wednesday: 10:00am-5:00pm
Friday & Saturday: 10:00am-3:00pm
Sunday & Monday: CLOSED

Receive 10% off all items in-store & online*

*When your order is paid in full on the days of the fitting.

*Discount only valid during the days of the fitting.

*Discount excludes clearance items and layaways.

*Discount applied to online orders Sunday, May 1 – Saturday, May 7, 2022

Ordering early is imperative this year!

Due to challenging supply chain & delivery irregularities the past two years, ordering early is the best opportunity for students to be in uniform the first day of school. We know your student may grow between your Uniform Fitting Day and the start of school, which is why we fit for growth and have been doing so for many years. If you find an exchange is necessary, keep your receipt, do not remove tags, and do not launder or alter the clothing.

We look forward to seeing you May 3-8, 2022 at our NEW LOCATION

**3773 New Town Blvd,
St. Charles, MO 63301**

For pricing visit www.fischersuniforms.com or call 636-939-3344
Masks are greatly appreciated while shopping in our store. Thank you!



Fischer's School Uniforms is moving to a new location!
Our store will be closed between Sun, March 27 – Mon, April 11 as we move into our new location
3773 New Town Blvd, St. Charles, MO 63301
We will continue to answer the phone & receive on-line orders.
Our new location will open on Tuesday, April 12, 2022.

Regular Store Hours:

Tuesday 10:00 am – 6:00 pm
Wednesday 10:00 am – 5:00 pm
Thursday 10:00 am – 6:00 pm
Friday 10:00 am – 3:00 pm
Saturday 10:00 am – 3:00 pm
Sunday CLOSED
Monday CLOSED

Summer Hours July 19- August 13:

10:00 am – 7:00 pm
10:00 am – 5:00 pm
10:00 am – 7:00 pm
10:00 am – 5:00 pm
10:00 am – 5:00 pm
CLOSED
CLOSED

CLOSED: Friday, April 15 – Monday, April 18 for Easter
Saturday, May 28 – Monday, May 30 for Memorial weekend
Tuesday, June 28 – Monday, July 4 for July 4th summer break

Directions to our new store from Main Street and I-70:

- 1) Merge onto I-70 East toward St. Louis
- 2) Merge onto MO-370 East via Exit 224
- 3) Continue onto MO-370 East for 4.89 miles
- 4) Take the Elm Street exit, Exit 5, toward New Town Blvd.
- 5) Turn Left onto New Town Blvd (choose the center lane)
- 6) Turn left into parking lot. (.23 miles from the exit)
- 7) We are in the same center as Massa's Italian Restaurant

FISCHER'S SCHOOL UNIFORMS
3773 New Town Blvd
St. Charles, MO 63301
636-939-3344

St. Paul School

MOM & SON NIGHT OUT

Friday, April 22nd

6:30-9:30

@ Playtime Party Center

105 Highway A, Wentzville, MO

Come join us for a social gathering
sponsored by SPPTO.

For Moms/Grandmas/Special Ladies
and Boys (Pre-K-8th Grade)

\$15 for EACH person attending

Advanced Tickets Only

For questions please text or call Kellie McEnaney – 636-219-5021

Family: _____

_____ Adult tickets + _____ Child tickets = \$_____ Total

Please return to the School Office by 4/18. Make Checks payable to St. Paul



Tickets include:

Unlimited

- Laser Tag, Bowling, &
Jump Houses (12 and under)
- 1 entry into Mrs. Kaimann's
Special Awards Basket

Concessions & Arcade will
be available for purchase











ST. PAUL IN ST. PAUL

Healthy Habits Lunch

April 2022

* = Baked

WG = Whole Grain Ingredients

Monday	Tuesday	Wednesday	Thursday	Friday
				
				Early Dismissal Day!  NO FOOD SERVICE!!
4	5	6	7	8
Mini Taco Buttered Corn Brownie Seasonal Fruit Milk, Fat Free <u>ALTERNATE</u> Pulled Pork Slammer	Pancake Turkey Sausage Seasonal Fruit Yogurt Milk, Fat Free <u>ALTERNATE</u> Biscuit & Gravy	PAPA JOHNS CHEESE PIZZA CARROTS & CELERY WITH DRESSING CHILLED FRUIT MILK, FAT FREE  <u>NO ALTERNATE</u>	Bosco Stick Lettuce & Tomato Salad Applesauce Oreo Cookie Milk, Fat Free  <u>ALTERNATE</u> Chicken Drumsticks	Nachos & Cheese Green Beans Churro Seasonal Fruit Milk, Fat Free <u>ALTERNATE</u> *Popcorn Shrimp
11	12	13	14	15
*Chicken Strips Seasoned Noodles Lettuce & Carrot Salad Ice Cream Milk, Fat Free  <u>ALTERNATE</u> Meatball Sub	<u>National Grilled Cheese Day!!!</u> Golden Grilled Cheese Pickle Spear Seasonal Fruit Cookie Milk, Fat Free <u>ALTERNATE</u> Mini Corn Dogs	PAPA JOHNS PEPPERONI PIZZA TOSSED SALAD WITH DRESSING CHILLED FRUIT MILK, FAT FREE  <u>NO ALTERNATE</u>	 SCHOOL'S OUT	
18	19	20	21	22
 Easter Monday	French Toast Stick Triangle Hash Brown Bacon Seasonal Fresh Fruit Milk, Fat Free <u>ALTERNATE</u> Bacon, Egg & Cheese on Bagel	PAPA JOHNS CHEESE PIZZA TOSSED SALAD WITH DRESSING CHILLED FRUIT MILK, FAT FREE  <u>NO ALTERNATE</u>	Dinosaur Nuggets Bones (French Fries) "Going Green" Grapes Wonderful World Wafers Save Our Tree Milk <u>ALTERNATE</u> Corn Dog	Fettuccini Alfredo Steamed Broccoli Breadstick Cookie Milk, Fat Free <u>ALTERNATE</u> Toasted Beef Ravioli with Sauce
25	26	27	28	29
Grilled Ham & Cheese Baby Carrots & Dip Ruffle Chips Seasonal Fruit Milk, Fat Free  <u>ALTERNATE</u> *Chicken Nuggets	<u>National Pretzel Day!!!</u> Soft Pretzel with Cheese Carrots with Ranch Chocolate Pudding Seasonal Fresh Fruit Milk, Fat Free  <u>ALTERNATE</u> *Chicken Rings	PAPA JOHNS PEPPERONI PIZZA CARROTS & CELERY WITH DRESSING CHILLED FRUIT MILK, FAT FREE  <u>NO ALTERNATE</u>	 Happy Birthday!!! No Lunch Service!!!	Cheeseburger Pickle Spear Seasonal Fruit Jell-O Milk, Fat Free  <u>ALTERNATE</u> Hot Dog On Bun

DAILY SPECIALS (GRADES 5-8 ONLY) \$3.50

Bacon Cheeseburger and Chips	Chicken Patty Sandwich and Chips	Pretzel with Cheese and Fruit	Chicken Strips and Fries	2 Bosco Sticks with Sauce and Fruit
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Food Service Consultants, Inc.
 "A Local Company Serving You With Pride"

