



The Knight's Tablet

"Put on the armor of God and fight the good fight of faith." – St. Paul

April 20, 2022



Jesus, I trust in You, have mercy upon us and upon the whole world.

Upcoming Events

April 20~ Youth Choir Practice see page 2 for details.

April 22~ Mom / Son Night Out

April 24~ Divine Mercy Sunday

April 25~ SPPTO MEETING IN THE MUSIC ROOM

April 28 ~ Grandparents Day, see details on page 3

May 01~ Kindergarten Mass as a Class

May 03~ May Crowning 09:30

May 05~ Spring Flower Pick - Up

May 06~ Noon Dismissal/ Faculty Meeting / Spirit Day

May 12~ Chick-Fil-A Night

Servers Schedule

April 21,22 Gabrielle Orf & Catherine Dyer

April 23 4:30pm Volunteers

April 24

7:00am Rachel & Dominick Ferranto

9:00am Mackenzie & Noah Gentemann

11:00am Gabrielle & Brynley Orf

April 25,26 Sophia Riffle & John Roettger

April 27-29 Sophia Riffle & Kamdyn O'Connor

April 30 4:30pm Volunteers

May 1

7:00am Elise Vomund and Paityn Luhring

9:00am Lily Talbott and Tedy Militello

11:00am Max Lanham and Emmie Osterholt

May 2-4 William Schroer and Noah Gentemann

School News/Reminders:



What is Divine Mercy Sunday?

In 2002, To ensure that the faithful would observe this day with intense devotion, Pope Saint John Paul II decreed a plenary indulgence associated with the devotion of Divine Mercy Sunday. To receive a plenary indulgence, you must go to confession, receive holy Communion and pray for the intentions of the pope. That should be done in the days leading up to the feast. Then, on Divine Mercy Sunday, you must "in any church or chapel, in a spirit that is completely detached from the affection for a sin, even a venial sin, take part in the prayers and devotions held in honor of Divine Mercy, or who, in the presence of the Blessed Sacrament exposed or reserved in the tabernacle, recite the Our Father and the Creed, adding a devout prayer to the merciful Lord Jesus"

St. Paul School 5, 6, 7 & 8 Grade Students
Present

SPRING FLING 2022

THROUGH THE DECADES

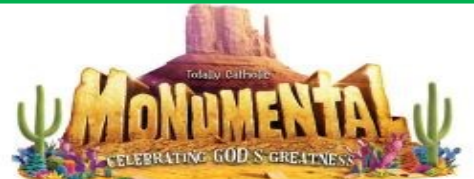
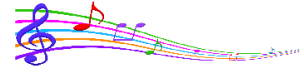
DATE: Thursday, April 28, 2022

(on Grandparents Day)

Dress Rehearsal TIME: 11:00 AM

Evening Performance TIME: 6:30 PM

LOCATION: St. Paul School Gym



St. Paul Vacation Bible School
June 13 - 17, 2022

We are in need of volunteers!
Middle School, High School, Parents
and Adults welcome.

If interested, please contact
Melissa Nelp-Buerck, 636-578-5014
or aftercare@stpaulknights.org

Youth Choir

The youth choir will be singing at the First Communion Mass on

Saturday, April 30 at 10:00 AM

The schedule is : Wednesday, April 20 3:15-4:00

Wednesday, April 27 3:15-4:00

The choir will be under the direction of Ruth Vomund and Sue Perry.

If your child/children would like to participate please reply to:

principal@stpaulknights.org.

If you have any questions, call Ruth at 636-978-1140 or ruvomund@gmail.com

St. Paul Grandparents Day 2022

"Grandchildren are grandparents' link to the future..."

Grandparents are a child's link to the past"



All Grandparents or special guests are invited to our Grandparents Day Mass and Celebration on Thursday, April 28, 2022.

Details below:

MEETING SPOT:

- Students will arrive as normal. At 8:45 the teachers will take their class to the gym where they will sit by class.
- Grandparents may begin to arrive at 8:45. They may park in the parking lot in front of the church and school. They may walk over to school to pick their grandchildren in the gym and take them over to church. If they have difficulties with walking and steps, they can take a seat in church and their grandchildren will find them as they arrive with their class.
- All School Mass will begin at 9:00

ACTIVITIES AFTER MASS:

- After Mass grandparents and students will be dismissed to proceed to the gym for refreshments.
- Grandparents and students will have the opportunity to visit classrooms, tour the school, and interact with the classes.
- At 10:45 grandparents and students will be invited back to the gym to watch our upper grade students (5-8) in their Spring Fling.

DISMISSAL

- **Important...your child is welcome to leave with their grandparent after the middle school performance. If your child is staying at school please remember there will be NO lunch service and your child MUST bring their lunch.**
 - **If for some reason you do not wish your child to leave with their grandparents(s) on this day please notify the school office.**
-

HELP WANTED

We only have 26 days of school left - please help fill in the blanks on the volunteer Calendar below!

P is for playground help and C is for cafeteria help. If you are available please contact the school office or sign up using the links below! **THANK YOU!!**

Teacher Appreciation Week is the first week of May, it would be wonderful to give these teachers a “duty” free week!!:

Recess: <https://www.signupgenius.com/go/8050f4faca822a2f85-recess1>

Lunch: <https://www.signupgenius.com/go/8050F4FACA822A2F85-202122>

THANK YOU SO MUCH FOR HELPING OUT!!!

April /May

Monday	Tuesday	Wednesday	Thursday	Friday
		20	21	22
		P – D. BARRY	P -	P –
		C –	C	C –
2	3	4	5	6
P – K. Dunkin	P – T. Montgomery	P –	P –	SPIRIT DAY/NOON DISMISSAL
C –	C –	C –	C –	
9	10	11	12	13
P – K. Dunkin	P – T. Montgomery	P –	P –	P –
C –	C –	C –	C –	C –
16	17	18	19	20
P – K. Dunkin	P – T. Montgomery	P –	P –	FIELD DAY/NOON DISMISSAL
C –	C –	C –	C –	
23	24	25		
P – K. Dunkin	P - T. Montgomery	LAST DAY OF SCHOOL / NOON DISMISSAL		
C –	C –			

St. Paul's soccer camp is back for 2022

Once again our partners with St. Charles FC soccer club will bring their trained and licensed coaches to provide an elevated level of instruction and fun!

The camp will run from June 6th through June 9th. In the event that one of the days gets rained out we will use Friday the 10th as a make up day. The camp starts at 6:00PM and ends at 7:15PM.

If you have any questions please email to spysa.mail@gmail.com

Looking forward to another great camp!

[Enroll Here!](#)



SPIRIT NIGHT FOR St. Paul School

Come support St. Paul School at Chick-fil-A O'Fallon on Thursday, May 12, 2022 from 4:00 p.m. – 8:00 p.m. Don't forget to mention that you are supporting the Spirit Night for a portion of the sales to be donated.



O'Fallon Chick-fil-A
2106 HWY K O'Fallon, MO 63366
Phone: 636-272-5346



St. Paul Parent Teacher Organization 2022-2023 Election of Officers
Please consider volunteering for our school. **Positions are available and needed for the 2022-23 school year.**

You may volunteer yourself or nominate another parent. Please return this form to the school office by April 25 if you are interested in joining the St. Paul PTO board.

NAME _____

Contact Information _____



Father/Son: Boys Into Men Program

You are invited to an event that provides an atmosphere of love and learning to discuss fertility and to promote communication between father and son. The programs are presented by a father, a physician and joined by a teen on a panel for questions and answers. The programs emphasize respect, understanding and appreciation for God's gift of sexuality, as well as age-appropriate information on the function of the male reproductive system.

Sunday, April 24, 2022

The 11 and 12 year-old program will focus on: changes in boys' bodies as they enter puberty, modesty, values, plans of action, and the sacredness of human life.

* We are working on the Fall 2022 schedule and hope to be back in person for the older and younger girls and boys programs.

Time: 1:00 to 3:15 p.m.

Location: Virtual Event

Cost: \$35 per Father/Son Family

On-Line Reservations are required.

NO RESERVATIONS TAKEN OVER THE PHONE.

Registrations are accepted on a first-come, first-served basis. Please note that we are limited to 25 families.



STL_4831 (3/2/22)



Reservations: Go to mercy.net/fertilitycare

- Scroll down, click Blue Clipboard marked "Register for classes"
- Scroll through the dates and choose "Father/Son: Boys into Men Program"
- Click "REGISTER" on the far right of the class date
- Read class description and fill out required information
- Click on the green "NEXT" button
- Fill out the pertinent Credit Card information (\$35 per family)
- Click on the green "NEXT" button
- Fill in Billing Address or check the box "same as registrant information"
- You will be then registered for the class and should immediately receive an email confirmation

2022 Reservation Deadlines:

April 21, 2022 for 11-12 year-old boys

\$5 fee on all cancellations up to 48 hours prior to event. After this time period, no refunds are given. This includes no shows.

For more information, please contact Kathy Vollmar at 314.991.0327 or kathleen.vollmar@mercy.net

To unsubscribe from this mailing list, please call 314-991-0327.

St. Dominic High School Book Fair

Saturday, April 23, 2022
10am – 9pm in-store and online



Present this voucher before purchase in café or store for SDHS to receive credit for sale. Use 12624375 if ordering online.



Mid Rivers, MO

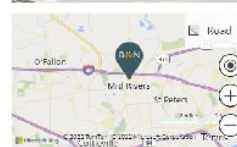
ADDRESS
220 Mid Rivers Center Drive
St. Peters, MO 63376
[GET DIRECTIONS](#)

STORE HOURS
Sun-Thurs
Mon-Sat 10-9

PHONE NUMBER
(636) 214-1111

STORE FEATURES
☕ ☪ ☪

CONNECT WITH US
[Facebook](#) [Instagram](#) [Twitter](#)



- Dress-down day with purchase receipt
- Gift-Card raffle entry with purchase receipt
- Photo booth
- Themed drinks and cookies in café

** A percentage of the net sale will be credited to St. Dominic High School and be used to benefit faculty and staff as well as the Learning Commons library.

*The purchase of gift cards, Barnes & Noble memberships, textbooks, video games, digital devices including NOOK, purchases made at Cafes owned and operated by Starbucks® and other items Barnes & Noble may exclude from time to time in its sole discretion are not included in book fair totals. Institutional discounts may not be applied.



Uniform Fitting

Held at Fischer's School Uniforms for
St. Paul School



***Fischer's is moving to a NEW LOCATION!**
3773 New Town Blvd, St. Charles, MO 63301

Date: Tuesday, May 3 through Saturday, May 7, 2022

HOURS: Tuesday & Thursday: 10:00am-6:00pm
Wednesday: 10:00am-5:00pm
Friday & Saturday: 10:00am-3:00pm
Sunday & Monday: CLOSED

Receive 10% off all items in-store & online*

*When your order is paid in full on the days of the fitting.

*Discount only valid during the days of the fitting.

*Discount excludes clearance items and layaways.

*Discount applied to online orders Sunday, May 1 – Saturday, May 7, 2022

Ordering early is imperative this year!

Due to challenging supply chain & delivery irregularities the past two years, ordering early is the best opportunity for students to be in uniform the first day of school. We know your student may grow between your Uniform Fitting Day and the start of school, which is why we fit for growth and have been doing so for many years. If you find an exchange is necessary, keep your receipt, do not remove tags, and do not launder or alter the clothing.

We look forward to seeing you May 3-8, 2022 at our NEW LOCATION

**3773 New Town Blvd,
St. Charles, MO 63301**

For pricing visit www.fischersuniforms.com or call 636-939-3344
Masks are greatly appreciated while shopping in our store. Thank you!



Fischer's School Uniforms is moving to a new location!
Our store will be closed between Sun, March 27 – Mon, April 11 as we move into our new location
3773 New Town Blvd, St. Charles, MO 63301
We will continue to answer the phone & receive on-line orders.
Our new location will open on Tuesday, April 12, 2022.

Regular Store Hours:

Tuesday 10:00 am – 6:00 pm
Wednesday 10:00 am – 5:00 pm
Thursday 10:00 am – 6:00 pm
Friday 10:00 am – 3:00 pm
Saturday 10:00 am – 3:00 pm
Sunday CLOSED
Monday CLOSED

Summer Hours July 19- August 13:

10:00 am – 7:00 pm
10:00 am – 5:00 pm
10:00 am – 7:00 pm
10:00 am – 5:00 pm
CLOSED
CLOSED
CLOSED

CLOSED: Friday, April 15 – Monday, April 18 for Easter
Saturday, May 28 – Monday, May 30 for Memorial weekend
Tuesday, June 28 – Monday, July 4 for July 4th summer break

Directions to our new store from Main Street and I-70:

- 1) Merge onto I-70 East toward St. Louis
- 2) Merge onto MO-370 East via Exit 224
- 3) Continue onto MO-370 East for 4.89 miles
- 4) Take the Elm Street exit, Exit 5, toward New Town Blvd.
- 5) Turn Left onto New Town Blvd (choose the center lane)
- 6) Turn left into parking lot. (.23 miles from the exit)
- 7) We are in the same center as Massa's Italian Restaurant

FISCHER'S SCHOOL UNIFORMS
3773 New Town Blvd
St. Charles, MO 63301
636-939-3344



School Board Elections Nominee Profile Questionnaire

Please return by May 13, 2022: Parish Office,
School Office, or email Jen O'Connor at cleanwithacloth@gmail.com

The following are the requirements to be a member of the School Board:

- ☐ Must be at least 21 (twenty-one) years of age
- ☐ Must be a registered member of the Parish or parent of a child in the Parish School
- ☐ Must be supportive of the Parish educational programs both financially and attitudinally

Name: _____ Age: _____

Spouse: _____

Children's names and ages: _____

Current Address: _____

Phone number: _____ email: _____

Registered in St. Paul Parish: Yes____ No____

How long have you lived in St. Paul Parish? _____

Parish ministries or Organizations involved in: _____

Brief Biography: (optional) (where you grew up, schools attended, current employment, etc)

Why do you want to run for the School Board?

What long range planning do you see as a positive goal for the School Board?
















ST. PAUL IN ST. PAUL

Healthy Habits Lunch

April 2022

* = Baked

WG = Whole Grain Ingredients

Monday	Tuesday	Wednesday	Thursday	Friday
				
				Early Dismissal Day!  NO FOOD SERVICE!!
4	5	6	7	8
Mini Taco Buttered Corn Brownie Seasonal Fruit Milk, Fat Free <u>ALTERNATE</u> Pulled Pork Slammer	Pancake Turkey Sausage Seasonal Fruit Yogurt Milk, Fat Free <u>ALTERNATE</u> Biscuit & Gravy	PAPA JOHNS CHEESE PIZZA CARROTS & CELERY WITH DRESSING CHILLED FRUIT MILK, FAT FREE  <u>NO ALTERNATE</u>	Bosco Stick Lettuce & Tomato Salad Applesauce Oreo Cookie Milk, Fat Free  <u>ALTERNATE</u> Chicken Drumsticks	Nachos & Cheese Green Beans Churro Seasonal Fruit Milk, Fat Free <u>ALTERNATE</u> *Popcorn Shrimp
11	12	13	14	15
*Chicken Strips Seasoned Noodles Lettuce & Carrot Salad Ice Cream Milk, Fat Free  <u>ALTERNATE</u> Meatball Sub	<u>National Grilled Cheese Day!!!</u> Golden Grilled Cheese Pickle Spear Seasonal Fruit Cookie Milk, Fat Free <u>ALTERNATE</u> Mini Corn Dogs	PAPA JOHNS PEPPERONI PIZZA TOSSED SALAD WITH DRESSING CHILLED FRUIT MILK, FAT FREE  <u>NO ALTERNATE</u>	 Good Friday 	
18	19	20	21	22
 Easter Monday	French Toast Stick Triangle Hash Brown Bacon Seasonal Fresh Fruit Milk, Fat Free <u>ALTERNATE</u> Bacon, Egg & Cheese on Bagel	PAPA JOHNS CHEESE PIZZA TOSSED SALAD WITH DRESSING CHILLED FRUIT MILK, FAT FREE  <u>NO ALTERNATE</u>	Dinosaur Nuggets Bones (French Fries) "Going Green" Grapes Wonderful World Wafers Save Our Tree Milk <u>ALTERNATE</u> Corn Dog	Fettuccini Alfredo Steamed Broccoli Breadstick Cookie Milk, Fat Free <u>ALTERNATE</u> Toasted Beef Ravioli with Sauce
25	26	27	28	29
Grilled Ham & Cheese Baby Carrots & Dip Ruffle Chips Seasonal Fruit Milk, Fat Free  <u>ALTERNATE</u> *Chicken Nuggets	<u>National Pretzel Day!!!</u> Soft Pretzel with Cheese Carrots with Ranch Chocolate Pudding Seasonal Fresh Fruit Milk, Fat Free  <u>ALTERNATE</u> *Chicken Rings	PAPA JOHNS PEPPERONI PIZZA CARROTS & CELERY WITH DRESSING CHILLED FRUIT MILK, FAT FREE  <u>NO ALTERNATE</u>	 No Lunch Service!!!	Cheeseburger Pickle Spear Seasonal Fruit Jell-O Milk, Fat Free  <u>ALTERNATE</u> Hot Dog On Bun

DAILY SPECIALS (GRADES 5-8 ONLY) \$3.50

Bacon Cheeseburger and Chips	Chicken Patty Sandwich and Chips	Pretzel with Cheese and Fruit	Chicken Strips and Fries	2 Bosco Sticks with Sauce and Fruit
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Food Service Consultants, Inc.
 "A Local Company Serving You With Pride"

