



The Knight's Tablet

"Put on the armor of God and fight the good fight of faith." – St. Paul

April 21, 2021

Upcoming Events

April 23~ Trash Bag Pick up, in the school gym.

April 24~ First Holy Communion

April 26~ School Board nominations due, see page 3

May 3~ St. Paul PTO Nominations due. See page 2

May 7~ **NOON DISMISSAL**/ Faith Friday/ Spirit Day/ Jack and Jill Softball game at Old Monroe Ball Park

May 21~ Field Day, Noon Dismissal, Spirit Day, 8th Grade's Last Day

Special Blessings and prayers to the second graders from our school and parish who will be receiving the sacrament of First Holy Communion this coming Saturday, April 24th.

Let us unite in prayer for them and ask that this day be an initial step into a life-long love of the Eucharist.

Virtue of the Month **JUSTICE**

Pray the Fourth Joyful Mystery of the Rosary, the Presentation of the Lord in the Temple. Reflect upon the ways that Mary and Joseph practiced justice, and how we can imitate them.



FRIDAY, MAY 7 is a NOON DISMISSAL

Please mark your calendars for a noon dismissal the first Friday in May. There will be **NO AFTERCARE** on Friday, May, 7. Please make arrangements for the noon pick up of your children.

St. Paul Parent Teacher Organization 2021-2022 Election of Officers

Positions are available and needed for the 2021-2022 School Year. You may volunteer yourself or nominate another parent. Please return this form to the school office by May 3, 2021 if you are interested in joining the SPPTO Board. **THANK YOU!!!**

NAME _____

CONTACT INFORMATION _____

COVID-19 Reminder

If anyone in your family household has symptoms and/or gets tested for COVID-19, please keep your child (ren) home until you have more information. Please contact Mrs. Kai-mann if you are unsure what to do.



Mark your
calendars
for the next
rosary night

on Tuesday, May 4 @ 6:30pm.
This will be a once-a-month occurrence. All ages are welcome!
Kids are encouraged to come
and be the leaders in prayer.

FORMED®

PICK OF THE WEEK

April 18, 2021

WATCH

ECHO WITH BISHOP DONALD HYING

ECHO is a series of short and engaging videos that introduces fundamental Catholic teachings and provides an inspiring start to personal growth in the Faith. This beautiful work of cinematography is hosted by Bishop Donald Hying of Gary, Indiana.



ST. FRANCIS DE SALES AND THE CHARACTER OF A CHRISTIAN

In this four-part series, Dr. Ben Akers and Dr. Christopher Blum sit down to discuss St. Francis de Sales' Introduction to the Devout Life and the proper character of a Christian. We hope you enjoy these conversations on an incredible Counter-Reformation saint whose work has instructed generations of believers.

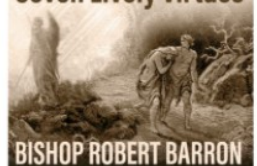
LEARN

LISTEN

SEVEN DEADLY SINS, SEVEN LIVELY VIRTUES BY BISHOP ROBERT

In this brilliant talk, Bishop Barron uses Dante's Divine Comedy to show how we combat sin through the cultivation of virtue. This fascinating journey shows the path that God has designed to lead us to health, happiness, and holiness.

Seven Deadly Sins Seven Lively Virtues



Our parish has a FORMED subscription.
To set up your free account visit formed.org/signup and select our parish.



School Board Elections

Nominee Profile Questionnaire

Please return by April 26, 2021: Parish Office, School Office, lburkemper3@yahoo.com

The following are the requirements to be a member of the St. Paul School Board:

- Must be at least 21 (twenty-one) years of age
- Must be a Practicing Catholic that is a registered member of the Parish/parent of a child in the Parish School
- Must be supportive of the Parish educational programs both financially and attitudinally

Name: _____

Age: _____

Spouse: _____

Children's Names and Ages: _____

Current Address: _____

Phone Number: _____ Email: _____

Registered in St. Paul Parish: Yes _____ No _____

How long have you lived in St. Paul Parish? _____

Parish Ministries or Organizations Involved With: _____

Brief Biography: (optional) (Where you grew up, schools attended, current employment, etc.)

Why do you want to run for the School Board?

What long range planning do you see as a positive goal for the School Board?

For Additional Information: Lauren Hall lburkemper3@yahoo.com

Class of 2022 Raffle Fundraiser

Due to office by Friday, April 23rd

Name(s) _____ Phone _____



Fill our basket by winning these Raffle Baskets!!

St Paul 7th Grade Class and PSR are raising funds to attend the Pro-Life March in 2022.

Raffle tickets will be available for sale after Mass April 18/25th or in the Parish Office. All 16+ Baskets will be on display after Mass April 18/25th.

Additional Donations are welcome and greatly appreciated!

	Tickets: 1 for \$2, 6 for \$10, 12 for \$20	# of Tickets
1	31 Bag	
2	Scratch Off Basket	
3	Cardinals Basket and Rug	
4	Lululemon Basket	
5	St. Paul School passes and treats	
6	Pottery Basket	
7	"Country Roads" custom sign	
8	Beauty Lounge G.C. and products	
9	Yeti Cooler and Beer	
10	Dog Prairie Basket	
11	Sanders Meat Basket and G.C.	
12	Fun in the Sun Basket	
13	Wine Basket	
14	Blues Basket and Rug	
15	Game night basket	
16	Instant Pot and Bowls	
17	Playtime, Rock n Jump, 5 Below	
	Wheelbarrow of Booze \$20/ticket	
	Total Due:	

Cash or Checks Payable to St. Paul School (Memo 7th Grade)

ST. PAUL CHURCH AND SCHOOL

TWB/SCRIP AROUND TOWN

Orders must be paid for and received in the Parish Center by **9am on Monday, April 26th**. Orders will be available for pick up after 1pm on Thursday, April 29th. School family orders will be sent home through backpack mail. Please make checks out to St. Paul. Questions: Contact Crystal in the Parish Center, 978-1900 x 221 or csmith@st-paulchurch.org.



Name: _____ Phone: _____

Credit the account of (if different than name): _____

School families - Send home with: _____ Grade: _____

Vendor	Cost	%	Quantity	Sub-total
Dog Prairie	\$25	10		
Grotto Grill	\$25	10		
Playtime	\$10	15		
Stefanina's	\$20	15		

Order Total: _____

For Office Use Only - Do not fill out

Received: _____ Cash: _____ Check #: _____ Total: _____

Delivery: _____

ST. PAUL IN ST. PAUL

Healthy Habits Lunch

APRIL 2021

* = Baked

WG = Whole Grain Ingredients

Monday	Tuesday	Wednesday	Thursday	Friday
			1	2
				
5	6	7	8	9
	ENTRÉE CHOICE 1 Chicken Wrap/Chopped Lettuce Light Ranch Dressing ENTRÉE CHOICE 2 Mini Corn Dogs SIDE ITEMS: Cookie Seasonal Fresh Fruit Milk, Fat Free	PAPA JOHN'S PEPPERONI PIZZA Tossed Salad Chilled Fruit Milk, Fat Free 	CARDINALS PEP RALLY ENTRÉE CHOICE 1 Knock it out of the Park Nachos ENTRÉE CHOICE 2 Chicken Strips SIDE ITEMS: Grand Slam Fruit Grassy Field Salad Bases Loaded Brownie Home Run Milk 	EARLY DISMISSAL NO FOOD SERVICE 
12	13	14	15	16
NATIONAL GRILLED CHEESE DAY ENTRÉE CHOICE 1 Grilled Cheese Sandwich, WG ENTRÉE CHOICE 2 Popcorn Chicken SIDE ITEMS: Fresh Vegetables w/dip Seasonal Fresh Fruit Vanilla Ice Cream Milk, Fat Free 	ENTRÉE CHOICE 1 Waffle and Syrup ENTRÉE CHOICE 2 Biscuit & Gravy SIDE ITEMS: *Sausage Patty Seasonal Fresh Fruit Strawberry Yogurt Cup Milk, Fat Free	PAPA JOHN'S CHEESE PIZZA Carrots & Celery/Ranch Chilled Fruit Milk, Fat Free 	ENTRÉE CHOICE 1 Mini Tacos ENTRÉE CHOICE 2 Corn Dog SIDE ITEMS: Corn Seasonal Fresh Fruit Churro Milk, Fat Free	ENTRÉE CHOICE 1 Fettuccini Alfredo ENTRÉE CHOICE 2 Chicken Drumsticks SIDE ITEMS: Steamed Broccoli *Fresh Breadsticks *Cookie Milk, Fat Free
19	20	21	22	23
ENTRÉE CHOICE 1 *Breaded Chicken Drumstick ENTRÉE CHOICE 2 Ham & Cheese on Bagel SIDE ITEMS: Buttered Noodles Mixed Vegetables Jell-O Milk, Fat Free	ENTRÉE CHOICE 1 *Toasted Ravioli ENTRÉE CHOICE 2 Bosco Stick SIDE ITEMS: Green Beans Seasonal Fresh Fruit *Cookie Milk, Fat Free	PAPA JOHN'S PEPPERONI PIZZA Carrots & Celery/Ranch Chilled Fruit Milk, Fat Free 	EARTH DAY ENTRÉE CHOICE 1 Dinosaur Nuggets ENTRÉE CHOICE 2 Soft Taco SIDE ITEMS: Bones (French Fries) "Going Green" Grapes Wonderful World Wafers Save Our Tree Milk 	NATIONAL PIG IN A BLANKET DAY ENTRÉE CHOICE 1 *Pig in a Blanket ENTRÉE CHOICE 2 Cheeseburger SIDE ITEMS: Smiley Face Potatoes Green Beans Seasonal Fresh Fruit Milk, Fat Free 
26	27	28	29	30
NATIONAL PRETZEL DAY ENTRÉE CHOICE 1 Soft Pretzel with cheese ENTRÉE CHOICE 2 Grilled Chicken Sandwich SIDE ITEMS: Carroteenies/ranch Fresh Fruit, Seasonal Cookie Milk, Fat Free 	ENTRÉE CHOICE 1 *Chicken Strips ENTRÉE CHOICE 2 Meatball Slider SIDE ITEMS: Corn Seasonal Fresh Fruit Cookie Milk, Fat Free	PAPA JOHN'S CHEESE PIZZA Tossed Salad/Ranch Chilled Fruit Milk, Fat Free 	ENTRÉE CHOICE 1 *French Toast Sticks/Syrup ENTRÉE CHOICE 2 Pancakes with syrup SIDE ITEMS: *Bacon *Triangle Hash Brown Seasonal Fresh Fruit Milk, Fat Free	ENTRÉE CHOICE 1 Turkey, Bacon & Cheese on Skinny Bun ENTRÉE CHOICE 2 Cheese Quesadilla SIDE ITEMS: Baby Carrots Light Ranch Dressing Seasonal Fresh Fruit Mini Rice Krispies Treat Milk, Fat Free

DAILY SPECIALS (GRADES 5-8 ONLY) \$3.50

BACON CHEESEBURGER AND CHIPS	GRILLED CHICKEN SANDWICH AND CHIPS	GRILLED CHEESE ON TEXAS TOAST AND FRUIT	2 BOSCO STICKS/SAUCE AND FRUIT	CHICKEN STRIPS AND FRIES
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All FSC menus follow the USDA guidelines & Archdiocese Wellness Plan and have been approved by Registered Dietitian Associates, Inc. (does not include alternate entrée).



Food Service Consultants, Inc.

"A Local Company Serving You With Pride"



Summer Solutions.

It is time to order!

Go to **www.SummerSolutions.net**
or call 216.450.5005 to order.

Books are \$16.99 (including shipping) and will be sent directly to your home.

Ordering early saves your more!
Use promo code: **SUMMER3**

Save 10% off of 3 or more books - March 1st to April 30th.

Know what to order:

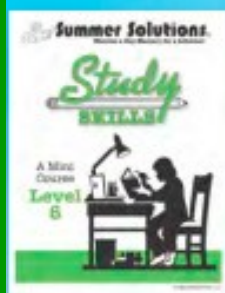
- Order the level of the book that your child has JUST COMPLETED!
- Your school uses the Standards-Based Math and Grammar series. Look for the books with these covers.



Grades K - 8



Grades K - 8



Grades 4 - 8



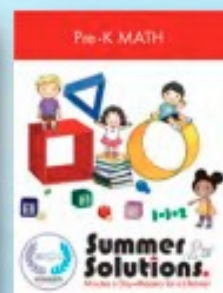
Grades K - 6



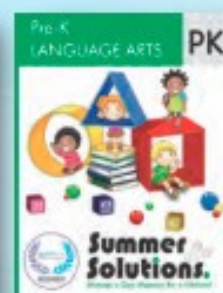
Grades 2 - 7



Grades 4 - 5



Pre-K



Pre-K



Uniform Fitting

Held at Fischer's School Uniforms for

St. Paul School



Receive 10% off your in store and online orders*

**Discount is applied when your order is paid in full on the days of your fitting.*

***Discount applied to online orders Sunday, April 25 – Saturday, May 1**

**Discount excludes clearance items and layaways.*

Date: Tuesday, April 27 through Saturday, May 1, 2021

Hours: Tuesday & Thursday: 10:00am-6:00pm

Wednesday: 10:00am-5:00pm

Friday & Saturday: 10:00am-3:00pm

Sunday & Monday: CLOSED

Location: Fischer's Uniforms in St. Peters

626 Jungermann, St, Peters, MO 63376 636-939-3344

www.fischersuniforms.com

Ordering early is the best way to be in uniform the first day of school!

We know your student may grow between your Uniform Fitting Day and the start of school, which is why we fit for growth and have been doing so for many years. If you find an exchange is necessary, keep your receipt, do not remove tags, and do not launder or alter the clothing.

Fischer's School Uniforms has everyone's safety in mind.

We are following CDC guidelines including limiting the number of customers in our store and requiring that customers wear masks when inside our retail store

REGISTER TO WIN A \$50.00 GIFT CERTIFICATE FOR FISCHER'S!

(To be used toward a future purchase)

Turn in this form on the days of your school's fitting for a chance to win. Three winners will be drawn in July 2021 and the winners will be contacted via phone and/or email. Good Luck!

Name: _____

Phone: _____

Address: _____

City/State/Zip: _____

Email: _____

School: St. Paul School

You may be contacted via email about special promotions that we are running during the year. We will not sell or share your email with anyone at anytime.

We look forward to seeing you at your school fitting!

SUMMER CAMPS 2021

Athletic & Academic Summer Camps Grades K-8



No matter what your child's interests are, camp helps children develop important social, emotional and cognitive skills. The memories made at camp with their friends will last a lifetime.

We look forward to a summer in which we will return to some semblance of normalcy. These summer camps are a great way for students to help re-connect and feel a part of something.

We look forward to the day we see the kids walking into camp for the first time, seeing their friends, and feeling an overwhelming sense of connection.

Duchesne High School

Summer Camps

2550 Elm Street

St. Charles, MO 63301

www.duchesne-hs.org

636.946.6767 ext 6902

PLEASE TURN PAGE OVER FOR AVAILABLE SUMMER CAMPS

SELECT	ATHLETIC CAMP	GRADES	LOCATION	DATES	TIMES	COST
	Boys Baseball	Grades 5 - 7	Blanchette Park	July 12 - 15	8:30 am - 11:00 am	\$75
	Boys Baseball	Grade 8	Blanchette Park	July 12 - 15	11:30 am - 1:30 pm	\$75
	Boys Basketball	Grades 3 - 5	Duchesne Gym	June 7 - 10	8:30 am - 11:00 am	\$55
	Boys Basketball	Grade 6 - 8	Duchesne Gym	June 7 - 10	12:00 pm - 2:30 pm	\$55
	Girls Basketball	Grades 3 - 5	Duchesne Gym	June 1 - 4	12:00 pm - 1:30 pm	\$55
	Girls Basketball	Grades 6 - 8	Duchesne Gym	June 1 - 4	1:30 pm - 3:00 pm	\$55
	Girls Cheerleading	Grades PreK - 8	Duchesne Performing Arts Center	July 26 - 30	9:00 am - 12:00 pm	\$75
	Girls Danceline	Grades PreK - 8	Duchesne Performing Arts Center	June 7 - 10	8:30 am - 11:00 am	\$60
	Boys Soccer	Grades K - 7	Duchesne Field behind Gym	June 21 - 24	4:00 pm - 6:00 pm	\$55
	Boys Soccer	Grade 8	Duchesne Field behind Gym	June 21 - 24	6:00 pm - 8:00 pm	\$55
	Girls Soccer	Grades K - 7	Duchesne Field behind Gym	June 21 - 24	4:00 pm - 6:00 pm	\$55
	Girls Soccer	Grade 8	Duchesne Field behind Gym	July 12 - 15	6:00 pm - 8:00 pm	\$55
	Boys & Girls Tennis	Grades 5 - 8	Duchesne Tennis Courts	June 7 - 10	8:15 am - 10:00 am	\$55
	Boys & Girls Track	Grades 6 - 8	Duchesne Stadium	July 6 - 9	3:30 pm - 5:00 pm	\$30
	Boys Volleyball	Grades 6 - 8	Duchesne Gym	July 6 - 9	4:00 pm - 6:00 pm	\$55
	Boys & Girls Volleyball	Grades 3 - 5	Duchesne Gym	July 6 - 9	8:00 am - 10:00 am	\$55
	Girls Volleyball	Grades 6 - 8	Duchesne Gym	July 6 - 9	10:30 am - 12:30 pm	\$55

Please complete and return this form to Duchesne, using one form per child. Or visit us at www.duchesne-hs.org for an on-line form and camp descriptions. No refunds will be granted after May 28, 2021. PLEASE MAKE CHECKS PAYABLE TO DUCHESNE HIGH SCHOOL.

SELECT	ACADEMIC CAMP	GRADES	LOCATION	DATES	TIMES	COST
	Boys & Girls Science *	Grades 5 - 8	Duchesne Room 10	July 6 - 9	10:30 am - 12:30 pm	\$65
	Boys & Girls Escape This! *	Grades 6 - 8	Duchesne Room 10	July 6 - 9	8:00 am - 10:00 am	\$65
	Boys & Girls Band Camp	Grade 5 - 8	Duchesne Band Room	June 14-17	8:00 am - 10:00 am	\$65
	Boys & Girls Choir Camp	Grade 5 - 8	Duchesne Band Room	June 14-17	10:30 am - 12:00 pm	\$65
	Boys & Girls Robotics	Grades 6 - 8	STEM Lab	July 12-15	8:00 am - 10:00 am	\$100
	Boys & Girls Exploring Foreign Language	Grades 6 - 8	Duchesne Room 45	July 12 - 16	9:00 am - 12:00 pm	\$70

*TEE SHIRT NOT INCLUDED IN THIS CAMP

CHILD'S NAME: _____ GRADE IN FALL '21: _____

RETURNING CAMPER (CIRCLE ONE) YES NO

GRADE SCHOOL ATTENDING IN FALL '21: _____

ADDRESS: _____

CITY, STATE, ZIP: _____

EMERGENCY PHONE: _____

PARENT EMAIL: _____

(confirmation of camp registration is sent through e-mail)

Tee Shirt Size: _____

(circle one) Y-MED Y-LG SM MED LG XL

Registration must be received by May 15 and include size to guarantee a tee-shirt! Each camp will hand out a tee shirt.

WAIVER OF LIABILITY

We, the parents, agree not to hold Duchesne High School or the attending staff liable in the event of any accidents or injuries that may occur while our child is attending the camp(s). If we cannot be reached in the event of an emergency we also give our consent for the camp staff to obtain through a physician or a hospital of its choice, such medical care as is reasonably necessary for the welfare of my child, if he/she is injured in the course of camp activities.

Signature: _____ Date: _____

PERMISSION FOR INCLUSION IN MEDIA AND INFORMATIONAL MATERIALS.

We, the parents, authorize Duchesne High School and/or the Archdiocese of St. Louis to publish, reproduce and/or display photographs or video images of our child in news feature stories, media and marketing materials, or other informational materials. We understand that these marketing materials include, but are not limited to, news releases, advertisements, school brochures and fliers, and content on the Duchesne Website.

Signature: _____ Date: _____

Spring Admissions Events

Ursuline Academy is proud to announce our spring events in-person and on campus!

Ursuline takes the safety and well-being of our students, staff and visitors seriously. Protocols for everyone entering campus include masks, social distancing, and personal hygiene practices. Mark your calendars and register now for these sure-to-be fun events.

Afternoon with a Bear (Grades 7 and 8): April 13, 14 and 15
Bear for a Day (Grades 7 and 8): April 20, 22, 24 and 28
Scoops and Social (Grades 5, 6 and 7): April 20 and 22

Register at:

www.ursulineschool.org/visitua



Welcome to Summer Camp 2021!

Ursuline is proud to announce a partnership with YMCA, COCA, Saint Louis Chess Club and Bricks 4 Kidz summer camps!

Camps will be available for children and teens in grades Pre-K through 12th grade with the option to participate in multiple camps. All camps take place on Ursuline Academy's campus in Kirkwood, Missouri.

Scan the QR Code for more details, and to register today!

2021 Summer Camps



JUNE-JULY 2021

Basketball

Golf

Soccer

Volleyball

Softball

Camp Name	Dates	Start Time	End time	Girls Entering Grades	Cost
Basketball Camp	June 21 - 24	9:00 a.m.	3:00 p.m.	5 through 9	\$175
Soccer Camp	June 21 - 24	6:00 p.m.	8:00 p.m.	3 through 9	\$85
Golf Camp	June 28 - July 2	9:00 a.m.	11:30 a.m.	6 through 9	\$90
Softball Camp	June 28 - July 1	9:00 a.m.	11:00 a.m.	4 through 9	\$85
Volleyball Camp I	July 12 - 15	1:00 p.m.	3:00 p.m.	3 through 5	\$75
Volleyball Camp II	July 12 - 15	3:30 p.m.	5:30 p.m.	6 through 8	\$75
Volleyball Camp III	July 12 - 15	6:00 p.m.	8:00 p.m.	Grade 9 ONLY!	\$75



The objective of Incarnate Word Academy Red Knight Summer Camps is to involve girls in a variety of safe and fun summer activities. The all-girls setting creates a joyful and supportive environment where girls feel comfortable trying new activities, gaining new skills, and making great friends. All IWA summer camp activities are based on the components of wellness: physical, emotional, spiritual, environmental, intellectual and social. Camps are directed by experienced and caring IWA faculty/staff professionals.

Incarnate Word Academy has instituted health and safety protocols for all our on-campus activities, including summer camps. Each participant is required to bring and wear an appropriate face mask for the duration of each camp session. Social distancing has been incorporated into all planning. In addition, participants are required to complete a mandatory COVID-19 checklist prior to the start of each camp session.

See full camp descriptions and register online at: iwacademy.org/SummerCamps

DISCOVER URSULINE ACADEMY | VISIT OUR CAMPUS TODAY!