



The Knight's Tablet

"Put on the armor of God and fight the good fight of faith." – St. Paul

May 12, 2021

Upcoming Events

TONIGHT - May 12~ Final SPPTO Meeting, School Gym 6:30 PM

May 20~ PK Last Day

May 21~ Field Day (see p 2 for details), Noon Dismissal, Spirit Day, 8th Grade's Last Day

May 25 ~ PK 4 Celebration / 8th Grade Graduation

May 26~ Last Day of School/ Kindergarten Celebration @10:30AM - **NOON DIMISSAL**

Tentative 2021/2022 School Calendar can be found on page 4.

SERVICE

Good afternoon - If you have some spare time here is a great way to feel like a part of a community. We are in need of some extra help with general up keep. While many may want to give of their time, it can be difficult to align schedules. Please check out this link and consider choosing a task that best suits you and your family to complete on your own time.

<https://www.signupgenius.com/go/805094BABA629A3FA7-grounds>

Good afternoon,

Today was a beautiful day as we honored our heavenly Mother!



It was wonderful having an all school mass in the church! The 8th grade did a wonderful job honoring our Blessed Mother as our 2nd graders stood honor guard.

Have a blessed day!

Virtue of the Month **ZEAL**

The virtue of Zeal is loving God so much that it gives us energy.

*Mother Mary, you love God so much that you will do anything for Him. Pray with us like you prayed with the Apostles at Pentecost, so that the Holy Spirit will set our hearts on fire with love for Jesus! **(Pray 3 Hail Marys)***

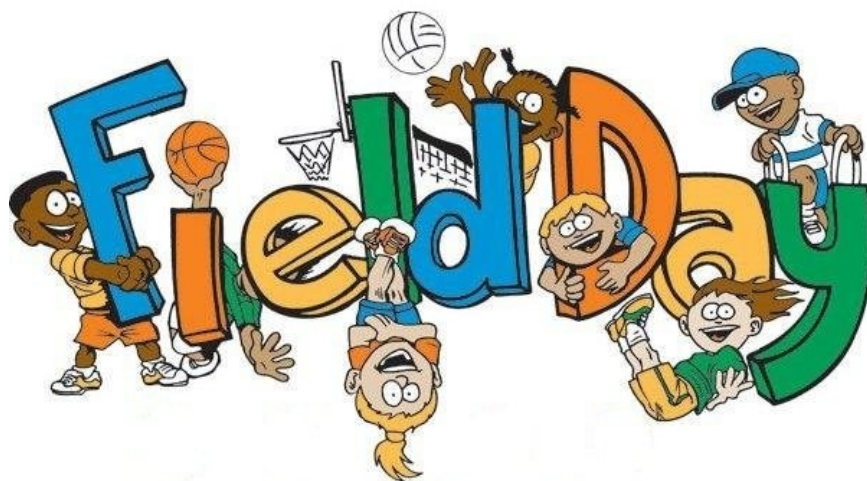
Mark your calendars for the next rosary night on Tuesday, June 1 @ 6:30pm. This will be a once-a-month occurrence. All ages are welcome! Kids are encouraged



to come and be the leaders in prayer.

Thank You!

Thank you to the Riverdale Book Worms for their donation of books in loving memory of Carol Mitulski.



Field Day is Friday, May 21. We are so excited for this day. Your children will be in groups with their class and will be attending Mass. Students should be dressed appropriately for field day, no spaghetti straps, shorts must be appropriate length and tennis shoes are required. Anyone wearing crocs, sandals, etc. will not be allowed to participate in the games.

We are in need of volunteers to make this day successful. If you can volunteer on this day please contact the school office and let Miss Richey know. Thank you,

Mrs. Rallo

Soccer and Volleyball registrations are open!

Follow this link to the new Team Sideline website registration page:

<https://www.teamsideline.com/sites/cyosaintcharlesmo/current-programs>

A quick reminder our Soccer Camp Registration is open. This link will take you to the SPYSA site to sign up: <http://spysa.sportssignup.com/site/>

Thank you, Daniel Mueller





ST. PAUL IN ST. PAUL

Healthy Habits Lunch

MAY 2021

* = Baked

WG = Whole Grain Ingredient

Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5	6	
ENTRÉE CHOICE 1 *Popcorn Shrimp ENTRÉE CHOICE 2 Chicken Drumsticks SIDE ITEMS: *Seasoned Fries Mixed Vegetables *Cookie Milk, Fat Free	STAR WARS DAY ENTRÉE CHOICE 1 Luke Skywalker Chicken Strips ENTRÉE CHOICE 2 Hot Dog on Bun SIDE ITEMS: Boba Fett BBQ Sauce Stormtrooper Corn R2D2 Fruit Ewok Cookie Darth Vader Milk	PAPA JOHN'S PEPPERONI PIZZA Carrots & Celery/Ranch Chilled Fruit Milk, Fat Free 	ENTRÉE CHOICE 1 Mini Tacos ENTRÉE CHOICE 2 Spaghetti with Meatballs SIDE ITEMS: Corn Seasonal Fresh Fruit Churro Milk, Fat Free	1/2 DAY NO LUNCH
10	11	12	13	14
ENTRÉE CHOICE 1 Crunchy Taco, WG ENTRÉE CHOICE 2 Chicken Drumstick SIDE ITEMS: Spanish Rice, WG Mexican Corn Seasonal Fresh Fruit Milk, Fat Free	ENTRÉE CHOICE 1 *Bosco Stick with Spaghetti Sauce ENTRÉE CHOICE 2 Toasted Ravioli with Sauce SIDE ITEMS: Mixed Vegetables Seasonal Fresh Fruit Teddy Grahams Milk, Fat Free	PAPA JOHN'S CHEESE PIZZA Tossed Salad/Ranch Chilled Fruit Milk, Fat Free 	ENTRÉE CHOICE 1 *Chicken Nuggets ENTRÉE CHOICE 2 Hot Dog on Bun SIDE ITEMS: Green Beans Seasonal Fresh Fruit Rice Krispies Treat Milk, Fat Free	ENTRÉE CHOICE 1 *Chicken Patty Sandwich WG ENTRÉE CHOICE 2 Fish Sticks SIDE ITEMS: *French Fries/Ketchup Green Beans Seasonal Fresh Fruit Milk, Fat Free
17	18	19	20	21
ENTRÉE CHOICE 1 Mini Corn Dogs with Ketchup ENTRÉE CHOICE 2 Toasted Cheese Ravioli with Sauce SIDE ITEMS: Tossed Salad Seasonal Fresh Fruit Cookie Milk, Fat Free	ENTRÉE CHOICE 1 *Waffle with Syrup ENTRÉE CHOICE 2 French Toast Sticks with Syrup SIDE ITEMS: *Sausage Patty Seasonal Fresh Fruit Strawberry Yogurt Cup Milk, Fat Free	PAPA JOHN'S PEPPERONI PIZZA Carrots & Celery/Ranch Chilled Fruit Milk, Fat Free 	MACHO NACHOS CHIPS, TACO MEAT, CHEESE, SALSA ASSORTED TOPPINGS MILK, FAT FREE NO ALTERNATE	1/2 DAY NO LUNCH
24	25	26	27	28
ENTRÉE CHOICE 1 Happy Cheeseburger ENTRÉE CHOICE 2 Catch Me If You Can Chicken SIDE ITEMS: It's Been Fun French Fries Sleeping In Carrot Sticks Going on Vacation Fruit Good Bye Milk	ENTRÉE CHOICE 1 Sunny Skies Ahead Grilled Cheese ENTRÉE CHOICE 2 Farewell Chicken SIDE ITEMS: Fun in the Sun Fruit Catch Some Rays Chips Cool Times Ahead Treat Goodbye Milk	1/2 DAY NO LUNCH		CONGRATS TO OUR GRADUATES! 
31				



HAVE A GREAT SUMMER!
SEE YOU IN THE FALL!



DAILY SPECIALS (GRADES 5-8 ONLY) \$3.50

TOASTED RAVIOLI AND FRUIT	CHICKEN PATTY SANDWICH AND CHIPS	GRILLED CHEESE ON TEXAS TOAST WITH FRUIT	CHICKEN STRIPS WITH FRIES	TONY'S 5" PIZZA WITH FRUIT
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All FSC menus follow the USDA guidelines & Archdiocese Wellness Plan and have been approved by Registered Dietitian Associates, Inc. (does not include alternate entrée).



Food Service Consultants, Inc.
"A Local Company Serving You With Pride"



TENTATIVE CALENDAR

St. Paul School

2021-2022



AUGUST 2021

- 16 Back to School Night – Parents ONLY 6:30PM
- 17 Pre-School – 8 - 1st Day – Noon Dismissal
- 18 First Full day of School PK-8

SEPTEMBER

- 03 Faculty Meeting – Noon Dismissal (No Lunch Served)
- 05 Parish Picnic
- 06 Labor Day – **NO SCHOOL**
- 11 St. Paul Outdoor Mass 4:30PM
- 20-24 ITBS Testing– Grades 3-8

OCTOBER

- 01 Faculty Meeting - Noon Dismissal (No Lunch Served)
- 28 Noon Dismissal / Parent/Teacher Conferences
- 29- Nov 5 Fall Break - **NO SCHOOL**

NOVEMBER

- 08 Classes Resume
- 24 – 26 Thanksgiving – **NO SCHOOL**

DECEMBER

- 03 Faculty Meeting – Noon Dismissal
- 17 Christmas Parties – Noon Dismissal
- 20 – Jan. 2 Christmas Break – **NO SCHOOL**

JANUARY 2022

- 03 Classes Resume
- 07 Faculty Meeting - Noon Dismissal (No Lunch Served)
- 17 Martin Luther King Day– **NO SCHOOL**

FEBRUARY

- 04 Faculty Meeting - Noon Dismissal (No Lunch Served)
- 14 Valentine's Day Parties - 2:00 p.m. K-8
- 21 President's Day – **NO SCHOOL**

MARCH

- 04 Faculty Meeting - Noon Dismissal (No Lunch Served)
- 14-18 Spring Break – **NO SCHOOL**

APRIL

- 01 Faculty Meeting - Noon Dismissal (No Lunch Served)
- 14 Holy Thursday – **NO SCHOOL**
- 15 Good Friday – **NO SCHOOL**
- 18 Easter Monday – **NO SCHOOL**

MAY

- 06 Faculty Meeting – Noon Dismissal (No Lunch Served)
- 20 Field Day – Last Day for Grade 8
- 24 K Celebration Mass / 8th Grade Graduation
- 25 Last day for Grades 1st – 7th - Noon Dismissal (No Lunch Served)

***NOTE** Changes—Calendar is subject to change. Please watch for changes in the Weekly Knights Tablet

5-Week Summer Session



Tues, June 29 - Thurs, July 29

Please join us for 1 Watch Week - July 20-22* & July 27-29*

*We are having 2 weeks of Watch Weeks to allow for social distancing in the lobby.

Please have only 1-2 Family members come, & please only come 1 WEEK.

TUESDAY

9:30-10:15	LITTLE SUNBEAMS Cr Dance/Ballet (3-5)		
10:15-11:15	SHINE Ballet & Tap (5-8)		
4:15-5:00	LITTLE SUNBEAMS Cr Dance/Ballet (3-5)	4:00-5:00	SHINE Ballet & Tap (5-8)
5:00-5:45	SHINE Jazz/Hip Hop (6-8)	5:00-5:45	AURORA (Dance 4 Special Dancers)
5:45-6:45	SHINE Ballet & Tap (5-8)	6:00-6:45	ILLUMINATE Pointe - Intro/1/2
6:45-7:30	IGNITE/GLOW/ILLUMINATE Mod/Cont (12+)	6:45-7:30	SPARK Jazz/Hip Hop (8-11)
7:30-8:30	SPARK Ballet & Tap (8-11)	7:30-8:30	IGNITE/GLOW/ILLUMINATE Ballet (J/T/A)
8:30-9:15	IGNITE/GLOW/ILLUMINATE - EXTRA STEPS Workshop (J/T/A) - TBA		

WEDNESDAY

9:00-9:30	MINI MOVERS (18 mos-3 yrs with a Caregiver)		
9:30-10:15	LITTLE SUNBEAMS Cr Dance/Ballet (3-5)		
10:15-11:00	LITTLE SUNBEAMS Cr Dance/Ballet (3-5)		
5:00-5:45	+ KDMC Rehearsal - KC	5:00-5:45	+ KDMC Rehearsal - GG
5:45-6:45	+ KDMC Rehearsal - SS	5:45-6:45	+ KDMC Rehearsal - FF
6:45-7:00	+ KDMC Wingman Mtg.	7:00-7:45	IGNITE/GLOW/ILLUMINATE Hip Hop (J/T/A)
7:00-8:00	+ KDMC Rehearsal - PP	7:45-8:30	GLOW/ILLUMINATE Flex & Cond (T/A)

THURSDAY

4:00-5:00	SHINE Ballet & Tap (5-8)	4:15-5:00	LITTLE SUNBEAMS Tumbling (3-5)
5:00-5:45	LITTLE SUNBEAMS Cr Dance/Ballet (3-5)	5:00-5:45	SHINE Tumbling (5-8)
5:45-6:30	SHINE Jazz/Hip Hop (6-8)	5:45-6:30	SHINE/SPARK Musical Theatre (5-11)
6:30-7:30	SPARK Summer Sampler ^ (8-11)	6:30-7:15	IGNITE/GLOW/ILLUMINATE Tap (J/T/A)
7:30-8:30	SPARK Ballet & Tap (8-11)	7:15-8:15	IGNITE/GLOW/ILLUMINATE Jazz (J/T/A)

IGNITE/Jr level dancers must have either already completed one year at the Jr 1 or 2 level or have approval from the director.

** Pointe dancers must have approval from the instructor and director for this class.

A SPARK Summer Sampler class includes 1 week each of Ballet, Tap, Jazz/Hip Hop, Dance Team/Poms, & Musical Theatre

+ Kingdom Dancer Ministry Company - Kingdom Camp rehearsals - see the KDMC page of our website for more info!

Summer Rates for 5 Weeks with No Registration Fee!

- \$75/class with 10% off for add'l classes per student, 5% off add'l family members
- \$52/Parent & Tot Class
- \$20/Special Dancers Class

Come in, Call, or Visit Our Website to Enroll Today!

Located 1/2 mile S. of Hwy. 70 on Bryan Rd. - 636.978.3321 - www.mykingstudio.com

2ND ANNUAL NUN RUN

LITTLE SISTERS OF MARY IMMACULATE
GULU, UGANDA

Our Inaugural Nun Run 2020 was a great success! We raised almost \$10,000 to help restore the mother house in Gulu, Uganda. Please join us to raise more money for this important effort!

PLEASE BRING CASH TO RACE:
One-of-a-kind Handmade Note Cards will be sold to raise money as well.



REGISTER

Call/Text/Email: Jeanne Fields @ 636-262-8121
fieldsjeanne68@yahoo.com
Shari Dyer @ 636-544-5860

~OR~

Facebook: @LittleSistersUganda

Please include Names, shirt types, shirt sizes, etc.

PAY

Make checks payable to:
Little Sisters of Mary Immaculate of
Gulu, Uganda or "LSMIG" -
Nun Run 2021 and send to:
4 Woodleaf Ct., O'Fallon, MO 63366
~OR~
Pay with Venmo by scanning Code

@LittleSistersUganda



INVITE AND/OR BRING YOUR FRIENDS AND FAMILIES - PLEASE SHARE ON FACEBOOK! ~

If you would like to sponsor our event or have any questions, please call Jeanne @ 636-262-8121 ASAP! Thanks!



Let's Make it a "Habit"
to Run for the Nuns!

SUNDAY, JUNE 6, 2021

Check-in @ 8:30 a.m.

Welcome, National Anthem
& Opening Prayer @ 8:45 a.m.

Run/Walk 5k Begins @ 9:00 a.m.

Dames Park in O'Fallon, MO

Ages 12 & Up: \$25 / Kids 11 & Under: \$15

Unisex T-shirts (2T-3T-4T-5T-6T • YXS-YS-YM-YL-YXL • XS-S-M-L-XL-2XL-3XL)
\$30 for a Women's Racerback Tank (S-M-L-XL-2XL) instead

Sign up early! Participants are guaranteed to
receive a shirt if you sign up before May 16th!



THE BEST SUMMER EXPERIENCE IN ST. LOUIS!

24 EXCITING CAMPS LED BY CBC'S ELITE FACULTY AND COACHES

For 6th, 7th & 8th Grade Boys

June 7-24 | Monday-Thursday | Three 1-week sessions | Full and Half Day Options

AVIATION
BAND
BASEBALL
BASKETBALL
BOWLING
CREATIVE CADETS
CYBERSECURITY
ESPORTS
FOOTBALL
FUN & GAMES
GOLF
HOLLYWOOD CAMP

INTRAMURALS
LACROSSE
OUTDOOR ADVENTURES
SOCCER
SPEED & CONDITIONING
STEM
TENNIS
YOUTUBE SENSATION
ULTIMATE FRISBEE
VOLLEYBALL
WRESTLING



SCAN ME

Scan the code
with a camera
app for more
information

www.BeACadet.org/summer

Summer Solutions.

It is time to order!

Go to www.SummerSolutions.net
or call 216.450.5005 to order.

Books are \$16.99 (including shipping) and will be sent
directly to your home.

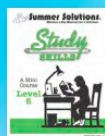
Know what to order:

- Order the level of the book that your child has JUST COMPLETED!
- Your school uses the Standards-Based Math and Grammar series. Look for the books with these covers.



Grades K-8

Grades K-8



Grades 4-8



Grades K-6



Grades 2-7



Grades 4-5



Pre-K



Pre-K

St. Charles 2020 Football Club Announcement

St. Paul Grade School Summer Soccer Camp 2021 - Presented by SPYSA

STC FC is the area's premier soccer club. At our camps, players will work with highly licensed STC FC staff, while focusing on ball mastery, ball striking, & play small sided games.



Dates

June 7 - June 10, 2021

Location

St. Paul Soccer Fields

Time

6:00 PM - 7:15 PM (Grades K - 4)

7:15 PM - 8:30 PM (Grades 5 - 8)

Cost

\$70

Register

<https://spysa.sportssignup.com/RegSystem/Accounts/Index>

For Questions Contact

michael.wilhite@stc2020fc.com

ST. PAUL CHURCH AND SCHOOL

TWB/SCRIP AROUND TOWN

Orders must be paid for and received in the Parish Center by **9am on Monday, May 17th.** Orders will be available for pick up after 1pm on Thursday, May 20th. School family orders will be sent home through backpack mail. Please make checks out to St. Paul. Questions: Contact Crystal in the Parish Center, 978-1900 x 221 or csmith@st-paulchurch.org.



Name: _____ Phone: _____

Credit the account of (if different than name): _____

School families - Send home with: _____ Grade: _____

Vendor	Cost	%	Quantity	Sub-total
Dog Prairie	\$25	10		
Grotto Grill	\$25	10		
Playtime	\$10	15		
Stefanina's	\$20	15		
Order Total:				

For Office Use Only - Do not fill out

Received: _____ Cash: _____ Check #: _____ Total: _____

Delivery: _____

LOST AND FOUND

