



The Knight's Tablet

"Put on the armor of God and fight the good fight of faith." – St. Paul

AUGUST 26, 2020

Upcoming Events

September 4 ~Spirit Day / Noon Dismissal / faculty meeting—there will be
NO AFTERCARE available.

September 7~ NO SCHOOL / LABOR DAY

October 13~ Picture Day

Dear St. Paul Families,

Good afternoon and welcome back to a new school year! It is wonderful having the students back in the building! I know there are many changes and all I can say is, WOW, your children are AWESOME! I cannot thank you enough for the support you are giving St. Paul School during this crazy time! Our theme this year is: Now is the Time! In Ecclesiastes 3 it states that *there is an appointed time for everything, and a time for everything under the heavens..... a time to tear down and a time to build.* Now is our time to build a safe and loving environment for our children so they may know the saving power of God through the Gospel of Jesus Christ alive in his Church.

Have a blessed day,
Mrs. Kelly Kaimann



DON'T FEEL WELL? STAY HOME WHEN YOU ARE SICK

Tell your mom, dad, or caregiver before you come to school. Tell your teacher or an adult if you become sick at school



cough



Shortness of breath
or problem breathing



chills



sore throat



loss of taste
or smell



muscle pain

OTHER SYMPTOMS INCLUDE:

fever, runny nose, diarrhea, feeling nauseous
or vomiting, feeling tired, headache,
and poor appetite

Please remember...

Pick Up/Drop off Protocol

Due to the guidelines we are following for the safety of all students, we are limited on school visitors at this time. If you need to pick up your child at anytime during the school day please ring the buzzer at the front door and wait for further directions.

The sign in/out sheet will be right inside the front door when you enter.

Thank you so much for your help as we navigate through these changes.

WE Need YOU!!!!

Due to the guidelines we are following for the safety of all students, we are very much in need of more volunteers for our Cafeteria and Playground. While our small group of dedicated workers are great, we could really use more. Please take a moment and look at the September volunteer calendar at the end of the Tablet. If you can fill even just ONE slot, please call the school office. Thank you.

WATER BOTTLE

Please remember to send a water bottle in with all K-8th grade students. They will be allowed to refill them throughout the day.



Spirit Day Dress Code

Jeans/Sweatpants/Shorts may be worn for Spirit Day along with a St. Paul Shirt/T-shirt/Sweatshirt. Shorts must be of an appropriate length.

DISMISSAL

Please make sure your child and your child's teacher know how they are getting home from school and WHO is picking them up. This will assist in a smooth dismissal! Thank you!!

Aftercare Notice

There will be **NO AFTERCARE** on **September 4th**. This is a **12:00 dismissal** day as well. Please make arrangements for the noon pick up of your children.

Thank you.

ST. PAUL IN ST. PAUL

Healthy Habits Lunch

SEPTEMBER 2020

* = Baked

WG = Whole Grain Ingredients

Monday	Tuesday	Wednesday	Thursday	Friday
	1	2	3	4
 <p>September</p>	<p>ENTRÉE CHOICE 1 Mini Tacos</p> <p>ENTRÉE CHOICE 2 Chicken Nuggets</p> <p>SIDE ITEMS: Corn Seasonal Fresh Fruit Fresh Baked Brownie Milk, Fat Free</p>	<p>ENTRÉE CHOICE 1 PAPA JOHNS PEPPERONI PIZZA</p> <p>ENTRÉE CHOICE 2 No 2nd Choice</p> <p>SIDE ITEMS: CARROTS & CELERY WITH RANCH DRESSING CHILLED FRUIT MILK, FAT FREE</p>	<p>ENTRÉE CHOICE 1 *Toasted Ravioli</p> <p>ENTRÉE CHOICE 2 Chicken Drumsticks</p> <p>SIDE ITEMS: Green Beans Seasonal Fresh Fruit *Cookie Milk, Fat Free</p>	<p>1/2 DAY</p> <p>NO FOOD SERVICE</p>
7	8	9	10	11
<p>NO SCHOOL</p> 	<p>ENTRÉE CHOICE 1 Baked Macaroni & Cheese</p> <p>ENTRÉE CHOICE 2 Mini Corn Dogs</p> <p>SIDE ITEMS: Green Beans Seasonal Fresh Fruit Teddy Grahams Milk, Fat Free</p>	<p>ENTRÉE CHOICE 1 PAPA JOHNS CHEESE PIZZA</p> <p>ENTRÉE CHOICE 2 No 2nd Choice</p> <p>SIDE ITEMS: TOSSED SALAD WITH DRESSING CHILLED FRUIT MILK, FAT FREE</p>	<p>ENTRÉE CHOICE 1 *Pancake with Syrup</p> <p>ENTRÉE CHOICE 2 Breakfast Burrito</p> <p>SIDE ITEMS: *Sausage Patty Seasonal Fresh Fruit Yogurt Milk, Fat Free</p>	<p>ENTRÉE CHOICE 1 Chicken Fettuccini Alfredo</p> <p>ENTRÉE CHOICE 2 Popcorn Chicken</p> <p>SIDE ITEMS: Steamed Broccoli *Fresh Breadsticks *Cookie Milk, Fat Free</p>
14	15	16	17	18
<p>ENTRÉE CHOICE 1 Poor Boy on WG Coney Bun</p> <p>ENTRÉE CHOICE 2 Chicken Strips</p> <p>SIDE ITEMS: *Potato Chips Seasonal Fresh Fruit *Mini Rice Krispies Treat Milk, Fat Free</p>	<p>ENTRÉE CHOICE 1 Crunchy Taco, WG</p> <p>ENTRÉE CHOICE 2 Cheese Quesadilla</p> <p>SIDE ITEMS: Spanish Rice, WG Mexicali Corn Seasonal Fresh Fruit Milk, Fat Free</p>	<p>ENTRÉE CHOICE 1 PAPA JOHNS PEPPERONI PIZZA</p> <p>ENTRÉE CHOICE 2 No 2nd Choice</p> <p>SIDE ITEMS: TOSSED SALAD WITH DRESSING CHILLED FRUIT MILK, FAT FREE</p>	<p>ENTRÉE CHOICE 1 Grilled Hamburger on WG Bun</p> <p>ENTRÉE CHOICE 2 Hot Dog on Bun</p> <p>SIDE ITEMS: Green Beans Seasonal Fresh Fruit Jell-O Milk, Fat Free</p>	<p>ENTRÉE CHOICE 1 *Popcorn Shrimp</p> <p>ENTRÉE CHOICE 2 Jumbo Corn Dog</p> <p>SIDE ITEMS: *Seasoned Fries Mixed Vegetables *Cookie Milk, Fat Free</p>
21	22	23	24	25
<p>ENTRÉE CHOICE 1 *Chicken Nuggets</p> <p>ENTRÉE CHOICE 2 Grilled Cheese</p> <p>SIDE ITEMS: Green Beans Seasonal Fresh Fruit Rice Krispies Treat Milk, Fat Free</p>	<p>ENTRÉE CHOICE 1 Biscuit and Gravy</p> <p>ENTRÉE CHOICE 2 Waffle with Syrup</p> <p>SIDE ITEMS: Scrambled Eggs Hash Brown Triangle Seasonal Fresh Fruit Milk, Fat Free</p>	<p>ENTRÉE CHOICE 1 PAPA JOHNS CHEESE PIZZA</p> <p>ENTRÉE CHOICE 2 No 2nd Choice</p> <p>SIDE ITEMS: CARROTS & CELERY WITH RANCH DRESSING CHILLED FRUIT MILK, FAT FREE</p>	<p>ENTRÉE CHOICE 1 *Bosco Breadstick with Sauce</p> <p>ENTRÉE CHOICE 2 Chicken Drumsticks</p> <p>SIDE ITEMS: Lettuce & Carrot Salad Lite Ranch Dressing Applesauce Oreo Cookies Milk, Fat Free</p>	<p>ENTRÉE CHOICE 1 *Pig in a Blanket</p> <p>ENTRÉE CHOICE 2 Chicken Drumstick</p> <p>SIDE ITEMS: Smiley Face Potatoes Green Beans Seasonal Fresh Fruit Milk, Fat Free</p>
28	29	30		
<p>ENTRÉE CHOICE 1 Popcorn Chicken Wrap</p> <p>ENTRÉE CHOICE 2 Mini Tacos</p> <p>SIDE ITEMS: Seasonal Fresh Fruit Fresh Vegetables & Dip Cookie Milk, Fat Free</p>	<p>ENTRÉE CHOICE 1 Cheese Ravioli Pasta with Spaghetti Sauce</p> <p>ENTRÉE CHOICE 2 Chicken Strips</p> <p>SIDE ITEMS: Steamed Broccoli Garlic Breadstick Seasonal Fresh Fruit Milk, Fat Free</p>			
DAILY SPECIALS (GRADES 5-8 ONLY) \$3.50				
TOASTED RAVIOLI AND FRUIT	CHICKEN NUGGETS AND FRIES	PRETZEL WITH CHEESE AND FRUIT	TONY'S 5" CHEESE PIZZA AND FRUIT	GRILLED CHICKEN SANDWICH AND CHIPS

All FSC menus follow the USDA guidelines & Archdiocese Wellness Plan and have been approved by Registered Dietitian Associates, Inc. (does not include alternate entrée).



Food Service Consultants, Inc.

"A Local Company Serving You With Pride"



PLAYGROUND/CAFETERIA VOLUNTEERS

September

Monday	Tuesday	Wednesday	Thursday	Friday
31	1	2	3	4
R1 – K. Dunkin R2 – CS -	R1 – T. Montgomery R2 - CS -	R1 – L. Alterson R2 - CS -	R1 – Mullenschlader R2 – CS -	NOON DISMISSAL
7	8	9	10	11
LABOR DAY/NO SCHOOL	R1 – T. Montgomery R2 – CS -	R1 – S. Smith R2 – CS -	R1 – R. Grohmann R2 – CS -	R1 – R2 – CS -
14	15	16	17	18
R1 – K. Dunkin R2 – CS -	R1 – T. Montgomery R2 – CS -	R1 – L. Alterson R2 – CS -	R1 – Mullenschlader R2 – CS -	R1 – R2 – CS -
21	22	23	24	25
R1 – K. Dunkin R2 – CS -	R1 – T. Montgomery R2 – CS -	R1 – – L. Alterson R2 – CS -	R1 – Mullenschlader R2 – CS -	R1 – R2 – CS -
28	29	30		
R1 – K. Dunkin R2 – CS -	R1 – T. Montgomery R2 – CS -	R1 – L. Alterson R2 – CS -		

R1 = Recess Monitor 1

R2 = Recess Monitor 2

CS = Cafeteria Server



St. Paul Catholic School - Infection Prevention Plan

	Level 1 STANDARD PRECAUTIONS	Level 2 ELEVATED PRECAUTIONS	Level 3 LEVEL GROUPING	Level 4 HOMEROOM GROUPING	Level 5 BLENDED LEARNING	Level 6 DISTANCE LEARNING
CRITERIA	Normal/Low Risk of infection	Moderate risk of infections, flu season, small outbreaks	Heightened risk of infection, flu season, medium outbreaks	Heightened risk of infection, flu season, multiple outbreaks	Government mandated capacity limits	Government mandated closure
ARRIVAL /DISMISSAL	Drop off: Handicap entrance behind school Dismissal: PK- Back Lot, K-2: Front Lot, Church Lot: 3-8	Level 1 + Touch Free temperature check at arrival before students exit car	Level 2 + may require face mask in hallways	Same as level 3	Same as level 3	School temporarily closed
CLASSROOM PROCEDURE	Classroom and bathroom hard surfaces will be sanitized multiple times a day. Hand sanitizer in classrooms & common areas	Increased sanitation. Water fountains may be turned off. No shared supplies. "Clean In, Clean Out" enforced	Level 2+ students use designated bathrooms. Grade levels operate as a "family" to avoid transmission	Level 3+ additional sanitation measures. Homerooms operate as a "family" to avoid transmission	Level 4 + maximum sanitation throughout campus and between staged schedule groups	School Campus is temporarily closed.
INSTRUCTIONAL TRAFFIC & SPECIAL CLASSES	4 th - 8 th STUDENTS change classes. Specials are open. Hard surfaces will be sanitized between classes	4 th - 8 th TEACHERS change classrooms. Specials are open with heightened sanitation protocols.	Level 2+ Special teachers instruct in homerooms and may be required to wear a mask.	Same as Level 3	Special Classes will be available on Google Classroom	School Campus is temporarily closed.
LUNCH	Hand sanitation at entrance and exit. Hard surfaces will be sanitized between students.	Level 1+ Students will eat by grade in gym	Level 1+ Students will eat by grade in gym	Students will eat in their classrooms	Same as Level 4	School Campus is temporarily closed.
RECESS	Hand sanitation at entrance and exits	Level 1 + increased sanitation. Distancing if possible	Level 2+ designated play areas	Level 2+ designated play areas	Short recesses and "Brain Breaks" will be incorporated.	School Campus is temporarily closed.
MASS & MULTI-GRADE GATHERINGS	Hand sanitation required upon entry and exit.	Level 1+ possibility that mass is limited to allow distancing	Rotating Grade level Mass schedule	Rotating Grade level Mass schedule	Prayer service in classroom	School Campus is temporarily closed.
VOLUNTEERS AND VISITORS	Allowed with normal office check-in.	Level 1 + temperature check at the office.	Level 2 + may be required to wear mask	Level 2 + may be required to wear mask	Level 2 + may be required to wear mask	School Campus is temporarily closed.

WHAT IS TWB/SCRIP?

Welcome back to all of our returning families and to our new families, we are glad to have you! Together We're Better (TWB) is a gift card sales program. Each day school family is required to earn \$250 in rebates by May 26th, 2021. Scrip are gift cards purchased through our account that can be used for everyday shopping needs not just as gifts. Some major retailers that most families purchase scrip for and shop from on a weekly basis are Walmart, Target, Exxon Mobil and Dierbergs. The rebates vary from 2% to 16% depending on the card. For example a Walmart card which is also good at Sam's Club has a 2.5% rebate, if you purchased a \$100 scrip card for Walmart to purchase household goods and groceries that you buy weekly, you would earn \$2.50 towards your obligation. To make things even easier once you purchase one card through the office you can log into your shopwithscrip.com account and select Walmart and the reload now option, then you can reload the card yourself and continue to reuse it. A third option for purchasing scrip through us is through the website, you can purchase a scrip now ecard from select retailers on the site. If you get up on a Saturday morning and decide you want to make a stock up run to Sam's Club and you know it will be a large purchase of \$300 you can log into shopwithscrip.com and purchase a scrip now ecard and use it to shop. There is an enrollment code associated with St. Paul so that your family receives credit for the purchases. There are over 750 retailers you can purchase cards from including restaurants, specialty stores, movie tickets, entertainment venues and even hotels and carnival cruises. So meeting the obligation can be easily done.

IMPORTANT INFORMATION

Crystal Smith, Coordinator csmith@stpaulknights.org 636-978-1900 ext 221

www.shopwithscrip.com

Specialty orders are due by 9am Tuesday morning and will be available for pick up after 1pm on Thursdays of the same week.

RAISERIGHT FUNDRAISING APP

The RaiseRight app will be replacing the **MyScripWallet** mobile site. Just download the app and log in using your online account information for scrip and your previous history will transfer.

Don't have an online account set up? Please send an email to Crystal in the Parish Center at csmith@st-paulchurch.org to get set up. Manage your gift cards purchased through either the website or the app all in one place. Easily track your earnings by seeing what each card earns you under your order history in the account tab.