



# The Knight's Tablet

"Put on the armor of God and fight the good fight of faith." – St. Paul

August 28, 2019

## Upcoming Events

**September 1**~ Parish Picnic

**September 2**~ No School /  
Labor Day

**September 5**~ Picture Day

**September 6**~ Noon Dismissal  
/ Faculty Meeting.

**September 12**~ SPPTO  
Meeting @6:30PM

**September 16** ~Iowa Skills  
Testing will begin.

Good Afternoon,

This week I challenge you to discuss the virtue of humility as a family. After your discussion have one or all of your children write on the star one way to be humble. Please do not forget to add your family name.

We have an exciting weekend ahead of us with the Parish Picnic! I look forward to seeing everyone there.

Have a great week!

God Bless,  
Mrs. Kaimann



## Servers Schedule

### August 29

*Clare Griesenauer and Audrina Hoff*

### August 30

*Chase Hoff and Eli Mullenschlader*

### August 31

4:30pm *Claire Vogel & Brett Hoff*

### September 1

7:00am *Tyler & Zach VonBokel*

9:00am *Nora LaChance and Brennan Rottger*

11:00am *Cole Schoolfield and Daniel Alterson*

### September 2

*No Morning Mass*

### September 3

*Lexi Osterholt & Morgan Prudlow*

### September 4

*John Schultz and Claire Vogel*

### September 5

*Marianne Vomund and Brett Hoff*

## School News /Reminders

*Please pray for....  
Those who are sick and  
those who have passed*

Saint Paul Picnic  
Kid's Raffle  
Ticket Pre-Sales Due  
To Office By  
August 30<sup>th</sup>

**\*\*All pre-sales returned by  
Friday Morning have a chance  
at winning dress down passes  
and other SPPO items!**



LEARN HOW TO DONATE WITH  
**Coca-Cola GIVE**

<https://us.coca-cola.com/give/>

**School Picture  
Day** is  
Thursday, Sept 5.  
This will be a dress  
down day for all  
students. Please  
follow dress down  
guidelines in the  
handbook.



The Billikens Athletic Department sent our school a limited number of complimentary tickets for this Saturday's Men's Soccer game. If you are interested in watching the Billikens play Notre Dame please contact the school office.

# St. Paul Parish Picnic

## Sunday, September 1, 2019

St. Paul, Mo

Mass at 11 a.m.

Father Gerald Blessing

Hand Made Quilts

Dolls & Crafts

Children's Games

(Inflatables, Duck Pond, Jungle Game, Kids Train,  
Grab Bags, Kiddy Raffle, Hay Ride)

Country Store

Games & Various Booths

(Chuck-A-Luck, Instant Bingo, Poker, Texas Holdem)

**Prime Kettle Beef  
and Chicken Dinner**  
**Dinner 11 a.m. – 7 p.m.**

"All You Can Eat" Dinner

Air Conditioned Dining & Carry Out Available

**Beef cooked the old way**  
**Iron kettles & wood fire**

**20<sup>th</sup> Anniversary Grand Raffle**  
**\$40,000 in GIVEAWAYS!**

**\$20,000 Grand Prize Guaranteed!**

**2<sup>nd</sup> - 7<sup>th</sup> Prizes: \$2,000    8<sup>th</sup> - 47<sup>th</sup> Prizes: \$200**

*Drawing limited to 4,000 tickets*

### **Continuous Entertainment**

*Two Stages and Two large outdoor Dance Floors*

#### ***West End***

**12:30pm - 4:30pm Ghost Town Salooners**

**5:00pm – Tribute to the Flag VFW Post # 5077**

**6:30pm – 9:30pm Common Ground**

#### ***East End***

**11:30am - 2:30pm Lincoln County Express Band**

**3pm – 7pm The Homesteaders**

### **Directions from St. Louis/St. Charles Counties**

Take I-70 to Hwy 79 North (Exit 220)

5.5 miles to Hackmann Road. Follow signs.

### **Directions from O'Fallon**

Take Hwy K to M (Main St.)

Left (west) on Hwy P. Follow the signs.

### **Need more information?**

Visit our website – [www.st-paulchurch.org](http://www.st-paulchurch.org)

email us at [parishcenter@st-paulchurch.org](mailto:parishcenter@st-paulchurch.org)

or call 636-978-1900, ext 221



## Saint Paul Picnic Kid's Raffle

### Pre-Sales Due To Office By August 30<sup>th</sup>

The St. Paul Kid's Raffle has some amazing prizes appealing to the young and the young at heart:

- Go-kart: X-Pro with automatic transmission
- iPad Air
- Nintendo Switch
- Apple AirPods
- St. Louis Cardinals Basket (4 tickets REDBIRD CLUB, September 16<sup>th</sup>)
- Spike Ball and Outdoor Folding Sport Wagon
- Baby Shark & Splash Pad Basket
- St. Louis Blues Basket
- Mystery Basket
- Gift Card Basket: Local and chain store gift cards (\$200+ value)

All pre-sales returned by Friday Morning have a chance at winning dress down passes and other SPPO items!

Fill out information below and return to school **by August 30<sup>th</sup>**

Name: \_\_\_\_\_ Phone: \_\_\_\_\_

TICKETS: \$1 = 1 ticket, \$5 = 6 tickets, \$10 = 13 tickets, \$20 = 40 tickets	# of Tickets
Go-Kart	
iPad	
Nintendo Switch	
Apple AirPods	
Cardinals Basket	
Spike Ball & Sport Wagon	
Baby Shark Splash Pad	
St. Louis Blues Basket	
Mystery Basket	
Gift Card Basket	
TOTAL Due:	\$

CASH Or Checks Payable To: St. Paul Church - ATTN: KIDS RAFFLE

Come See The Prizes At The Kids Raffle Booth On Picnic Day!


# ST. PAUL IN ST. PAUL

## Healthy Habits Lunch

SEPTEMBER 2019

\*= Baked

WG=Whole Grain Ingredients

Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
NO SCHOOL 	<b>HOT LUNCH</b> *Chicken Patty Sandwich WG Chips Green Beans Fresh Fruit/Seasonal Milk, Fat Free  <b>ALTERNATE</b> Pig in a Blanket	<b>HOT LUNCH</b> PAPA JOHNS CHEESE PIZZA TOSSED SALAD WITH DRESSING CHILLED FRUIT MILK, FAT FREE <b>DONUTS BEFORE SCHOOL</b> \$1.00 CASH ONLY <b>NO ALTERNATE</b>	<b>HOT LUNCH</b> Nachos and Cheese, WG Green Beans Fresh Fruit/Seasonal Churro Milk, Fat Free  <b>ALTERNATE</b> Cheesburger Burrito	1/2 DAY  NO FOOD SERVICE
9	10	11	12	13
<b>HOT LUNCH</b> Fettuccini Alfredo with Chicken Steamed Broccoli *Fresh Breadsticks Oreos Milk, Fat Free  <b>ALTERNATE</b> Toasted Ravioli	<b>HOT LUNCH</b> *Boneless Chicken Drumsticks Mashed Potatoes with Gravy Fresh Fruit/Seasonal *Fresh Baked Brownie Milk, Fat Free  <b>ALTERNATE</b> Mini Corn Dogs	<b>HOT LUNCH</b> CHICK-FIL-A DAY GRADES PK-4 CHICKEN SLIDER FRENCH FRIES FRESH FRUIT/SEASONAL MILK, FAT FREE GRADES 5-8 LARGE CHICKEN SANDWICH & FRIES \$5.30 <b>NO ALTERNATE</b>	<b>HOT LUNCH</b> <b>BREAKFAST FOR LUNCH!</b> *Waffle with Syrup *Sausage Patty Fresh Fruit/Seasonal Strawberry Yogurt Cup Milk, Fat Free  <b>ALTERNATE</b> Egg & Cheese Bagel	<b>HOT LUNCH</b> Manwich Sloppy Joe on WG Bun Green Beans Fresh Fruit/Seasonal Vanilla Ice Cream Milk, Fat Free  <b>ALTERNATE</b> Popcorn Chicken
16	17	18	19	20
<b>HOT LUNCH</b> *Popcorn Shrimp *Seasoned Fries Mixed Vegetables *Cookie Milk, Fat Free  <b>ALTERNATE</b> Beef Dippers	<b>HOT LUNCH</b> Baked Macaroni & Cheese Green Beans Fresh Fruit/Seasonal Teddy Grahams Milk, Fat Free <b>DIRT CUPS</b> \$1.00 CASH ONLY <b>ALTERNATE</b> Hot Dog	<b>HOT LUNCH</b> PAPA JOHNS PEPPERONI PIZZA CARROTS & CELERY WITH DRESSING CHILLED FRUIT MILK, FAT FREE <b>NO ALTERNATE</b>	<b>HOT LUNCH</b> Mini Tacos Corn Fresh Fruit/Seasonal Fresh Baked Brownie Milk, Fat Free  <b>ALTERNATE</b> Meatball Sub	<b>HOT LUNCH</b> Chicken Wrap Potato Chips Fresh Fruit/Seasonal Jell-O Milk, Fat Free  <b>ALTERNATE</b> Cheese Quesadilla
23	24	25	26	27
<b>HOT LUNCH</b> Frito Taco Boat Corn Fresh Fruit/Seasonal Churro Milk, Fat Free  <b>ALTERNATE</b> Chicken Strips	<b>HOT LUNCH</b> *Bosco Stick Spaghetti Sauce Mixed Vegetables Fresh Fruit/Seasonal 100% Fruit Juice Bar Milk, Fat Free <b>ALTERNATE</b> Toasted Ravioli	<b>HOT LUNCH</b> PAPA JOHNS CHEESE PIZZA TOSSED SALAD WITH DRESSING CHILLED FRUIT MILK, FAT FREE <b>NO ALTERNATE</b>	<b>HOT LUNCH</b> BBQ Chicken Drumstick Buttered Noodles Green Beans Vanilla Wafers Milk, Fat Free  <b>ALTERNATE</b> Bagel Bites	<b>HOT LUNCH</b> French Toast Sticks Waffle Breaded Chicken Strip Pancake Syrup Fresh Fruit/Seasonal Yogurt Milk, Fat Free <b>ALTERNATE</b> Biscuit & Gravy
30				
<b>HOT LUNCH</b> Cheesburger on WG Bun *Baked Fries Baby Carrots Fresh Fruit/Seasonal Milk, Fat Free <b>ALTERNATE</b> Chicken Nuggets				



### DAILY SPECIALS (GRADES 5-8 ONLY)

TOASTED RAVIOLI  
WITH SAUCE \$3.50

BACON CHEESEBURGER  
AND CHIPS \$3.50

GRILLED CHEESE  
ON TEXAS TOAST \$3.50

GRILLED CHICKEN SANDWICH  
WITH CHIPS \$3.50

PRETZEL WITH CHEESE  
WITH FRUIT \$3.50

All FSC menus follow the USDA guidelines & Archdiocese Wellness Plan and have been approved by Registered Dietitian Associates, Inc. (does not include alternate entrée).



Food Service Consultants, Inc.

"Serving You With Pride"





# Let's Code It Programming!



Fall 2019

St. Paul School



**GRADES 2-8**

**Crazy Keyboards- Programming Pros-** This new class will help you connect the world around you to computer programming using the Vilros FunForce Controller! First, you'll program your own creative video game. Then, decide how you want to play the game, using a wide variety of everyday household objects instead of a keyboard. Create a floor piano keyboard and play music with your feet! Turn your seat into a high tech gaming chair, where you tap your armrests to play! This fun-filled class stresses critical thinking, creativity, confidence, teamwork, and problem solving skills to prepare them for the 21st century and beyond. Each student will receive an award on the last day of the session, and will have the opportunity to earn Code Belts to demonstrate their learned skills!

**Course Time:** Wednesdays, September 18th - December 4th, 3:00 PM - 4:00 PM  
No class: 10/30, 11/27 (10 Classes)

To sign up, please visit <http://www.learningmeansfun.com/signup>.

You will need to enter the class code MOT9.18.19 in order to register. Please register by 9/10 for the early bird price of \$150.00.

If you have difficulty registering, please contact Afterschool Enrichment Solutions at 847-482-9999 or [registration@learningmeansfun.com](mailto:registration@learningmeansfun.com)

No refunds will be made, unless there is insufficient enrollment. No make-ups will be scheduled for inclement weather or circumstances beyond our control. It's the parents' responsibility to remind the children about the classes.

# Let's Build It Engineering!



Fall 2019

St. Paul School

**STEM Learning**



**GRADES 1-6**

**HANDS ON**

**Chain Reactions - Ready, Set, Roll -** See the laws of motion at work in this thrilling, hands-on course. Both new and returning participants are welcome. Students will construct machines, like the Heavyweight Hammer and the Spin-o-Matic, and then combine them to create exciting chain reactions! Each week, the chain reactions will become more complex with the introduction of new machines. The projects will afford students the opportunity to delve into concepts such as force, gravity, velocity, types of energy, and balance. At the end of the session, students will be challenged to create the Ultimate Chain Reaction by working cooperatively to see how many machines they can incorporate. No previous experience is necessary, just a desire to learn and build. Each participant will receive an award on the last day of the session and have the opportunity to earn Energy Belts by demonstrating their learned skills!

**Course Time:** Tuesdays, September 24th - December 3rd, 3:00 PM - 4:00 PM  
No class: 10/29 (10 Classes)

To sign up, please visit <https://www.learningmeansfun.com/signup>.

You will need to enter the class code MOT9.24.19 in order to register. Please register by 9/16 for the early bird price of \$150.00.

If you have difficulty registering, please contact Afterschool Enrichment Solutions at 847-482-9999 or [registration@learningmeansfun.com](mailto:registration@learningmeansfun.com)  
No refunds will be made, unless there is insufficient enrollment. No make-ups will be scheduled for inclement weather or circumstances beyond our control. It's the parents' responsibility to remind the children about the classes.



# Chess Scholars

Fall 2019

St. Paul School

**No Experience Needed**



**Trophy  
Medals  
Chess Belts!**

**GRADES K-8**

Develop your child's intellect through the royal game of chess! Current research has shown a strong link between chess and academic performance in a variety of areas, including mathematics and language arts. Also, chess has been proven to enhance children's motivation, concentration, focus, social skills, and creativity. No previous knowledge of chess is necessary. Each class will consist of a fun, interactive teaching period and guided practice time. Both beginner and experienced players are welcome and will get to the next level under the guidance of an experienced Chess Scholars coach. There will also be a chess competition with prizes at the end of the session!

**Course Time:** Thursdays, September 19th - December 5th, 3:00 PM - 4:00 PM  
No class: 10/24, 10/31, 11/28 (9 Classes)

To sign up for chess, please visit <https://www.learningmeansfun.com/signup>.

You will need to enter the class code MOT9.19.19 in order to register. Please register by 9/11 for the early bird price of \$110.25.

If you have difficulty registering, please contact Afterschool Enrichment Solutions at 847-482-9999 or [registration@learningmeansfun.com](mailto:registration@learningmeansfun.com)

No refunds will be made, unless there is insufficient enrollment. No make-ups will be scheduled for inclement weather or circumstances beyond our control. It's the parents' responsibility to remind the children about the classes.

# Community News

## Middle School Trivia Night Grades 5-8

Where: St. Joseph School-Josephville

1410 Josephville Road, Wentzville, MO

When: Friday, September 13, from 6 pm-9 pm\_

*Registration starts at 5:30 pm*

*\$10.00 per student / 8 students per table*

*Prize for best decorated table!*

*Door Prizes! Food!*

Preregister at [cgblair@charter.net](mailto:cgblair@charter.net) or by calling Christy @ 270-316-3225

Preregistration is recommended but not required

Please no outside food or drinks

All proceeds benefit our 8<sup>th</sup> grade pro-life trip





## DHS Annual Back-To-School Luau!

Saturday, August 24th  
doors open at 6:30pm  
7- 9:30pm  
grades 6,7, & 8  
Bring extra money for snacks!

Pre-register online by Monday, Aug. 19th and pay only \$10 at the door!  
\$15 admissions for anyone registering after Aug. 19th.

Register online at [duchene-hs.org/mixer2019.html](http://duchene-hs.org/mixer2019.html)

## Monarch Madness

### A Pollinator Festival

**FAMILY FUN  
FREE PUBLIC EVENT!**

Saturday, September 14  
10 a.m. to 3 p.m.

A Department of Energy | Legacy Management

Celebrate the amazing monarch butterfly and discover how we can all help them survive an incredible migration. Enjoy kid crafts, games, native-garden demonstrations, butterfly tagging, food, music, and more. You can even purchase native plants and collect seeds to support monarchs at your home.

**This OPENED OPPORTUNITY is open to all!**

Western Spring Site Interpretive Center  
U.S. Department of Energy  
Office of Legacy Management  
2175 Highway 94 South  
St. Charles, MO 63304  
Phone: (314) 300-2451

Driving Directions

The Western Spring Site Interpretive Center is located in southwestern St. Charles County, Missouri, approximately 23 miles west of St. Louis. It is located on Missouri State Route 94, two miles south of the Route 94 and U.S. Highway 40/61 junction.



## DRAGON FOR A DAY is October 4th!!!

On Friday, October 4th, 2019 St. Mary's High School will hold its annual Dragon for a Day. The program will run from 8am-12pm and is open to 6th-8th grade boys. The day includes breakfast, a tour of the school, class visits, video game trucks, sports activities, and lunch. Students interested in attending are asked to RSVP to Sam Carel, Director of Admissions at 314-481-8400 x110 or at [carels@stmaryshs.com](mailto:carels@stmaryshs.com) with name of student, grade and T-shirt size.



## Join us for our Middle School

# BACKYARD BASH

**St. John Vianney High School & URSULINE ACADEMY**

**on the St. John Vianney High School campus**

Friday, September 6, 2019 5:00 p.m. - 7:00 p.m.

- Food • Fun • Game truck • Inflatable games • Yard games
- After 7 p.m. join Vianney for other events on campus!

This FREE event is an excellent opportunity to celebrate the start of the school year with the Ursuline and Vianney students and staff. Those who register will receive a wristband at check-in.

**Register TODAY!**

Girls register at [www.ursuline.org/backyardbash](http://www.ursuline.org/backyardbash) Boys register at [www.vianney.com/backyardbash](http://www.vianney.com/backyardbash)