



# The Knight's Tablet

**"Put on the armor of God and fight the good fight of faith." – St. Paul**

**AUGUST 30, 2023**

## **Upcoming Events**

**Sept 01~** Noon Dismissal/Spirit day

**Sept 03~** St. Paul Picnic

**Sept 04~** Labor Day / NO SCHOOL

**Sept 18-22~** IOWA Testing Grades 3-8

**Sept 26~** Picture Day

**September 29~** NO SCHOOL / Teacher Professional Development Day

**Oct 2-4~** 6th Grade Camp

**Oct 4~** Blessing of the Pets

**Oct 24~** Middle School Parent Presentation @ St. Pat's (more details coming soon)

CONGRATULATIONS to Wendy Friedel for winning \$25 toward her script obligation!

This Friday is a noon dismissal and a SPIRIT DAY - Jeans/Sweatpants/Shorts may be worn for Spirit Day along with a St. Paul Shirt/T-shirt/Sweatshirt. Shorts must be of an appropriate length (see pg. 15 in the [handbook](#)).

We have an exciting weekend ahead of us with the Parish Picnic. Please check the work list for your specific duties! I look forward to seeing everyone there.

Have a great week!

## **Servers Schedule**

**Sept 01** Christian Hall & Tommy Dyer

**Sept 02** 4:30pm Volunteers

**Sept 03** 7:00am Peyton Mueller & Taylor Prudlow

9:00am Riley Runge & Marianne Vomund

11:00am Nate Loy & Shane Schultz

**Sept 04** NO SCHOOL / Volunteers

**Sept 06** Lily Talbott & Noah Gentemann

**Sept 08** Lily Talbott & Noah Gentemann



## School News/Reminders:

Annual Outdoor Mass  
Saturday, September 2nd

4:30pm

At the Picnic Grounds

All are invited!

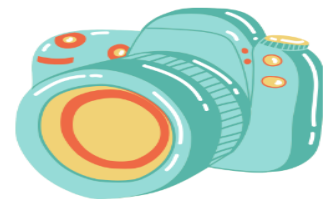
©LPI

Donate Supplies  
from our  
amazon **wishlist**

[Click Here](#)

Please join us for a monthly family rosary led by children on Tuesday, September 5th. Doors open at 6:30pm.

Rosary begins at 6:45pm.



**School Picture Day**  
is Tuesday, Sept 26.

Night of  
Adoration  
& Praise

FEATURING  
**ADAM BITTER**

*This event is a night of praise and worship, prayer, and adoration. Musical Artist, Adam Bitter, will lead the congregation in praise and worship. Eucharistic Adoration will take place as well as a faith witness.*

TUESDAY  
SEPTEMBER 26<sup>TH</sup>  
6:30 P.M. – 8:00  
P.M.

# St. Paul Picnic Kid's Raffle 2023

Turn in pre-purchased raffle tickets to school by September 1<sup>st</sup>.



\$1 = 1 ticket

\$5 = 6 tickets

\$10 = 13 tickets

\$20 = 30 tickets



Name:

Grade:

Phone Number:

Prizes	Number of tickets for each Prize
1. St. Louis CITY FC, 4 VIP Tickets w/Parking	
2. St. Louis Cardinals, 4 Champion Club (Sept 18 <sup>th</sup> )	
3. Lululemon Basket	
4. Electric Bike	
5. PlayStation 5	
6. Oculus Quest 2	
7. Apple Watch SE	
8. iPad	
9. Gift Card Basket	
10. Bluey Basket	
11. School Pass Basket	
Total Tickets	



Checks payable to: St. Paul Church, ATTN: KID'S RAFFLE





ARCHDIOCESE OF ST. LOUIS

Office of Child and Youth Protection

NOVEMBER 2019

## SAFE ENVIRONMENT USER REGISTRATION

Got to <https://www.preventandprotectstl.org>

Click "Register" below the LOG IN button (image at right).

Enter the passcode [stlprotect](#) when prompted.

Select the type of location where you are a volunteer or employee

- Parish or Parish School

Select the specific location by name

- St. Paul Parish and School (St. Paul)

Click the roles associated with your employment/service at the parish.

If you are active at only one location, this will be your "primary" location.

If you are active at more than one location, click the ADD PARISH/LOCATION button and repeat the steps above. With more than one location, please click the "This is my main/primary location" circle to indicate where you are employed or, if you are a volunteer, where most of your ministry or service is performed.

Complete your personal information. Please enter your **legal first name** for the purposes of the background screening.

Create a username, password and password clue.

Agree to the Terms of Use and click SUBMIT.

You will then be prompted to submit information for a background screening, register for a Protecting God's Children workshop\*, view two online training modules, and agree to the Code of Ethical Conduct.

\*If you have previously attended a PGC workshop, the system will find and/or ask you to confirm your previous record of attendance. You will not be prompted to register for an upcoming workshop. If, for some reason, it does not match your previous training to this account and you are prompted to register for a class, please register for "PREVIOUSLY ATTENDED-DATE NOT LISTED" and send an email to the address below. We will apply the correct training record to your account.

Use may use the links in your approval checklist to access these requirements. These steps may be completed all at once or may be completed separately at your convenience. You will receive an automated email weekly to remind you which requirements are outstanding. When all compliance requirements have been completed, your account will be approved and you will be clear to work with minors and vulnerable adults.

- ☒ Register onto the site
- ☐ [Submit New Background Check](#)
- ☐ Complete "[Protecting God's Children](#)" training
- ☐ Complete "[Mandated Reporter](#)" training
- ☐ Complete "[Code of Conduct](#)" training
- ☐ Sign "[Code of Conduct](#)"

Username

Password

☐ Remember this account

LOG IN

[Forgot Password](#) [Register](#)

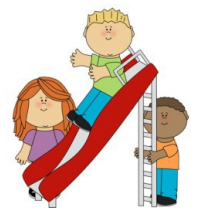
Should you need any assistance, please contact [ocyp@archstl.org](mailto:ocyp@archstl.org)

# HELP—Volunteers are Needed

LUNCH VOLUNTEER SIGN UP RECESS VOLUNTEER SIGN UP

YOU MUST COMPLETE Prevent & Protect to volunteer  
at school.

THANK YOU!



## AUGUST/SEPTEMBER

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		30 C- GROHMANN P- RIFFLE	31 C- <u>HELP NEEDED</u> P-D. MUELLER	1 NOON DISMISSAL/ SPIRIT DAY
4 NO SCHOOL / LABOR DAY!	5 C- MYLENBUSH P- NOAH	6 C- <u>HELP NEEDED</u> P- DUNKIN	7 C- <u>HELP NEEDED</u> P-SCHLENKE	8 C- HOFF P- GRANT
11 C- GROHMANN P-DUNKIN	12 C- <u>HELP NEEDED</u> P- RIFFLE	13 C- <u>HELP NEEDED</u> P- <u>HELP NEEDED</u>	14 C-SCHULTZ P- <u>HELP NEEDED</u>	15 C- SMALLEY P- <u>HELP NEEDED</u>
18 C- GROHMANN P-DUNKIN	19 C- <u>HELP NEEDED</u> P- RIFFLE	20 C- <u>HELP NEEDED</u> P- <u>HELP NEEDED</u>	21 C- M. MUELLER P-D. MUELLER	22 C- SMALLEY P- MARTIN
25 C- <u>HELP NEEDED</u> P-DUNKIN	26 C- SMALLEY P- A. MUELLER	27 C- <u>HELP NEEDED</u> P- <u>HELP NEEDED</u>	28 C- <u>HELP NEEDED</u> P- D. MUELLER	29 NO SCHOOL / TEACHER INSERVICE

# August

## St. Paul Catholic School

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Daily Specials \$3.50</b> <i>Grades 5th-8th Only</i> Monday Bosco Stick w Sauce & Fruit Tuesday Toasted Ravioli with Sauce & Fruit Wednesday Pretzel w Cheese & Fruit Thursday Bacon Cheeseburger with Chips Friday Chicken Strips & Fries Basket				
	1	2	3	4
7	8	9	10	11
14	15	16	<b>WELCOME BACK SPECIAL</b> ABC Grilled Cheese Or Dinosaur Chicken Nuggets with Pencil Potatoes (Fries) Crayons (Veggie Sticks) Back to School Dessert	Chicken Snack Wrap Or Stadium Hot Dog with Fresh Vegetables with Dip Seasonal Fresh Fruit Fresh Baked Cookie
Toasted Ravioli OR Pasta with Red Sauce with Seasoned Broccoli Mandarin Oranges Chilled Pudding	French Toast Nibblers OR Mini Waffles with Crispy Bacon Slice Yogurt Frosty Peaches	PAPA JOHN'S CHEESE PIZZA  with Orange Wedges Oreo Cookies	Mini Corn Dogs OR Crispy Chicken Tenders with Tossed Salad Vine-Ripened Grapes Mini Rice Krispies Treat	Breaded Popcorn Shrimp OR Fresh Water Fish Sticks with Golden French Fries Vegetable Medley Creamy Sherbet
21	22	23	24	25
Carnival Corn Dog OR Cheeseburger with Bun with Smiley Face Potatoes Icy Blueberries Flavored Jell-O	Cheese Stuffed Bosco Stick OR Pepperoni Hot Pocket with Fresh Veggies & Dip Orange Wedges Fresh Baked Brownie	PAPA JOHN'S Pepperoni PIZZA  with Orange Wedges Oreo Cookies	Toasted Cheese Ravioli OR Fettuccini Alfredo Pasta with Steamed Broccoli Breadstick Mini Rice Krispies Treat	<p>Please Check your MYSCHOOLBUCKS Account</p> <p>Thank you!</p> <p><b>MENU IS SUBJECT TO CHANGE</b></p> <p>Contact our dietitian at <a href="mailto:lisa@foodserv.org">lisa@foodserv.org</a> for special dietary concerns</p> <p>For more information about FSC or employment opportunities, please go to <a href="http://www.foodserviceconsultants.org">www.foodserviceconsultants.org</a></p>
28	29	30	31	



# September

**St. Paul  
Catholic  
School**

**MONDAY**

**TUESDAY**

**WEDNESDAY**

**THURSDAY**

**FRIDAY**

## Did you know?

The U.S. constitution was signed on September 17, 1787!



4

Emoji Waffle  
OR  
French Toast Sticks  
with  
Golden Hash Browns  
Tropical Fruit Medley  
Mini Blueberry Muffin

5

PAPA JOHNS CHEESE  
PIZZA  
  
with  
Orange Wedges  
Oreo Cookies

6

Crispy Nachos with Cheese  
OR  
Carnival Corn Dog  
with  
Fresh Veggies & Dip  
Tropical Mixed Fruit  
Vanilla Wafers

7

Spaghetti with Meat Sauce  
OR  
Chicken Bacon Wrap  
with  
Garden Green Beans  
Pineapple Chunks  
Jell-O

8

Popcorn Chicken  
OR  
Hot Ham and Cheese  
with  
Fruit Flavored Yogurt  
French Fries  
Freshly Baked Brownie

11

Stadium Style Hot Dog  
OR  
Crispy Chicken Nuggets  
with  
Tater Tots  
Fresh Veggies & Dip  
Creamy Sherbet

12

PAPA JOHNS Pepperoni  
PIZZA  
  
with  
Orange Wedges  
Oreo Cookies

13

Dinosaur Chicken Nuggets  
OR  
Golden Grilled Cheese  
with  
Vegetable Medley  
Frosty Peaches  
Jiggling Jell-O

14

Mini Stuffed Tacos  
OR  
Cheesy Quesadilla  
with  
Fiesta Rice  
Flame Roasted Corn  
Frosty Cherries

15

Penne with Meat Sauce  
OR  
Toasted Cheese Ravioli  
with  
Tossed Salad with Dressing  
Fresh Apple Slices  
Bread Stick

18

Fluffy Pancake  
OR  
Scrambled Eggs  
with  
Pork Sausage Patty  
Fresh Melon  
Creamy Yogurt

19

PAPA JOHNS CHEESE  
PIZZA  
  
with  
Orange Wedges  
Oreo Cookies

20

Breaded Chicken Patty  
OR  
Grilled Hamburger  
with  
Golden French Fries  
Fresh Veggies & Dip  
Mandarin Oranges

21

Chicken Alfredo Pasta  
OR  
Toasted Beef Ravioli  
with  
Garlic Breadstick  
Garden Salad  
Diced Pears

22

Captain's Fish Bites  
OR  
Cheesy Quesadilla  
with  
Chips  
Garden Green Beans  
Oreo Cookies

25

Crispy Chicken Strips  
OR  
Turkey & Cheese Croissant  
with  
Golden French Fries  
Garden Salad  
Ice Cream Cup

26

PAPA JOHNS Pepperoni  
PIZZA  
  
with  
Orange Wedges  
Oreo Cookies

27

Chicken Rings  
OR  
Toasted Beef Ravioli  
with  
Buttered Noodles  
Golden Corn  
Sparkling Jell-O

28

**No School-  
Professional  
Development  
Day**

29

**MENU IS SUBJECT TO CHANGE**

Contact our dietitian  
at [lisa@foodserv.org](mailto:lisa@foodserv.org) for special  
dietary concerns

For more information about FSC or  
employment opportunities, please go to  
[www.foodserviceconsultants.org](http://www.foodserviceconsultants.org)

## Daily Specials \$3.50

*Grades 5th-8th Only*

Monday Chicken Patty Sandwich & Chips

Tuesday Tony 5" Cheese Pizza & Fruit

Wednesday Grilled Cheese & Fruit

Thursday Bosco Sticks w Sauce & Fruit

Friday Chicken Nuggets & Fries Basket



# ST. PAUL KNIGHTS!

**THE CYC PRESEASON  
VOLLEYBALL TOURNAMENT  
OCCURRED OVER THIS PAST  
WEEKEND AND I'M EXCITED  
TO SHARE THAT 2 ST. PAUL  
TEAMS WALKED AWAY WITH  
SOME HARDWARE:**

**4TH GRADE BOYS - GOLD  
DIVISION CHAMPIONS  
6TH GRADE GIRLS (MUELLER)  
- SILVER DIVISION 2ND  
PLACE**



# TWB/SCRIP NEWS

AUGUST 29, 2023

VOLUME 5, ISSUE 1

## WHAT IS TWB/SCRIP?

Welcome back to all of our returning families and to our new families, we are glad to have you! Together We're Better (TWB) is a gift card sales program. Each day school family is required to earn \$250 in rebates by May 22nd, 2024. Scrip are gift cards purchased through our account that can be used for everyday shopping needs not just as gifts. Some major retailers that most families purchase scrip for and shop from on a weekly basis are Walmart, Target, Exxon Mobil and Dierbergs. The rebates vary from 1% to 18% depending on the card. For example a Walmart card which is also good at Sam's Club has a 2.5% rebate, if you purchased a \$100 scrip card for Walmart to

purchase household goods and groceries that you buy weekly, you would earn \$2.50 towards your obligation. To make things even easier once you purchase one card through the office you can log into your [shopwithscrip.com](http://shopwithscrip.com) account and select Walmart and the reload now option, then you can reload the card yourself and continue to reuse it. A third option for purchasing scrip through us is through the app, you can purchase a scrip now ecard from select retailers right from your phone while you are shopping or dining out. There is an enrollment code associated with St. Paul so that your family receives credit for the purchases. There are over 750 retailers you

can purchase cards from including restaurants, specialty stores, movie tickets, entertainment venues and even hotels and carnival cruises. So meeting the obligation can be easily done.

Several times throughout the school year we will do preorders on local vendors. Please watch for emails through teacher ease when these are available to order and their deadlines.

Watch for emails sent through teacher ease throughout the year with bonus buy information and program updates.

If you have any questions or need help setting up an account please don't hesitate to reach out.

## IMPORTANT INFORMATION

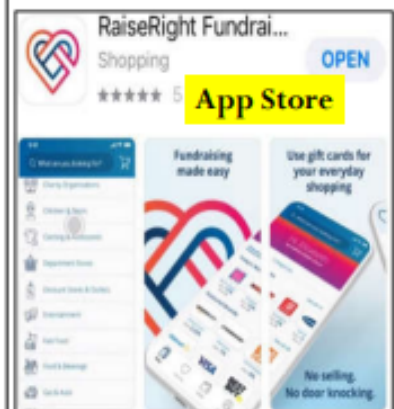
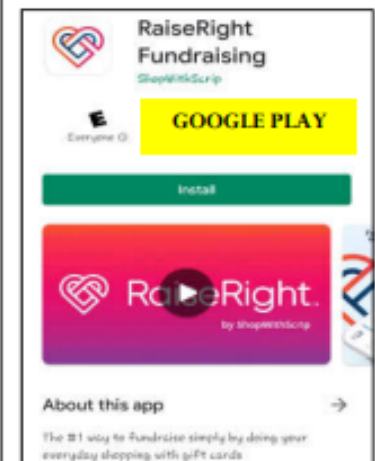
Crystal Smith, Coordinator  
[csmith@st-paulchurch.org](mailto:csmith@st-paulchurch.org)  
636-978-1900 ext 221

[www.raiseright.com/shop](http://www.raiseright.com/shop)

Specialty orders are due by 9am **Monday** morning and will be available for pick up after 1pm on Thursdays of the same week.

## IMPORTANT REMINDERS

- To guarantee delivery of your cards in the same week orders need to be turned in by 9am on Mondays.
- All local vendors are special order and must be placed during the selling window. No late orders will be accepted.
- Around Christmas the deadlines will change please pay attention to the newsletters to guarantee delivery before Christmas.



# ST. PAUL LEARNING CENTER

## NEWS FROM MRS. HARR

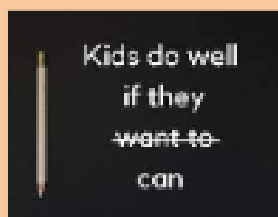
August  
2023



My name is Bridget Harr, and I'm the new Learning Consultant and the S.T.R.E.A.M. teacher. My job is to work with students, families, faculty and staff, and community agencies to help our students grow academically, socially, and emotionally.

I grew up in O'Fallon, became Catholic in my 20s, got married in St. Paul Church, and have 7 children (ages 10-26 years). My husband I now live in Josephville. I love being Catholic and went on an amazing pilgrimage to Medjugorje and Italy this summer.

My hobbies include hanging out with my friends and family, playing card games, lounging around the pool, and treasure hunting at garage sales and resale shops.



I believe children do well if they can. If something's in the way of their success, we try to identify and remove the obstacle.

I'm excited to be here and get to know all of you. Thank you for welcoming me into the St. Paul School Community!

### Learning Center

The Learning Center is a space where students who have been identified as needing extra support and services can receive help.

It is a meeting space where faculty, staff and families collaborate, celebrate successes, and discuss accommodations and modifications for students as needed.



### S.T.R.E.A.M.

Science. Technology. Religion.  
Engineering. Art. Math.

Each K-8 class will participate in a STREAM activity approximately twice a month.

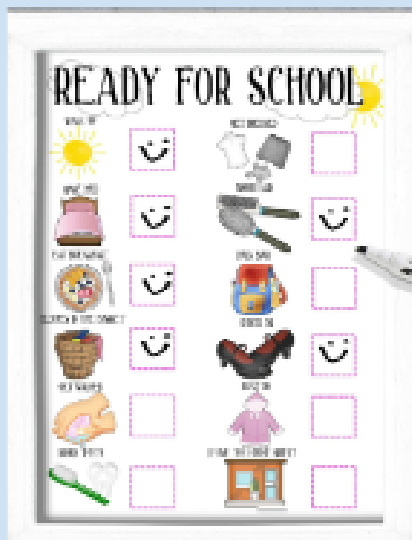


**Bridget Harr Contact Info.**  
Email: [bharr@stpaulknights.org](mailto:bharr@stpaulknights.org)  
Phone: 636-978-1900 ext. 228

## Tips, Community Resources, and Helpful Links



- Celebrate progress with your children!
- Communication is critical for success, and I will keep you informed as much as possible. However, if there's something I miss, please contact me with questions or concerns. Please know my priority is working with your children.
- Visual schedules can be a game changer for kids who struggle to get ready for school. Here is one example:



[TouchMath](#) There's a way to look at numbers that helps students develop number sense, aid in learning math facts, and even helps older student with math calculations.

Touch Point Math Addition 1-9

$2 + 1 =$	$0 + 9 =$
$3 + 4 =$	$3 + 2 =$
$2 + 5 =$	$7 + 3 =$
$6 + 1 =$	$8 + 2 =$

### [Center for Vision and Learning](#)



### [Leaps and Bounds Pediatric Therapy](#)

Leaps and Bounds is a pediatric therapy center that specializes in sensory processing and developmental concerns. Free speech screening for 0-5 year olds in September!



# HALF COURT HOOPS

## 3 v 3

**Olympic sport**  
**Fast paced, more touches per player**  
**Better spacing, faster development**  
**Single player entry**  
**Teams change every week**  
**Weekly Teams: 6 player max**  
**Separate Boys & Girls Games**

## Fall Sunday League

### K-2nd Boys & Girls

September 10, 17, 24, October 1  
2:00-3:00  
\$75  
Shooting/Passing/Ball handling  
3 v 3 games

### 3rd-5th Boys & Girls

September 10, 17, 24, October 1  
3:15-4:45  
\$100  
Shooting/Passing/Ball handling  
3 v 3 games

### 6th-8th Boys & Girls

September 10, 17, 24, October 1  
5:00-6:30  
\$100  
Shooting/Passing/Ball handling  
3 v 3 games

### Limited spots

**48** Players per  
Session



### Registration

<https://tinyurl.com/28s3euwa>

### Location

**Immanuel Lutheran School**  
115 S. 6th Street, St Charles, MO 63301

**Led by Seth McDowell**  
Head Women's Basketball Coach  
St Louis Community College

**(573) 450-3727**  
[halfcourthoops3v3@gmail.com](mailto:halfcourthoops3v3@gmail.com)  
Follow us on FB: Half Court Hoops 3v3



# **ST. LOUIS DEVELOPMENT ACADEMY FALL 2023 OUTDOOR SOCCER PROGRAM**



**PROGRAM COORDINATOR: MARTY PIKE**  
**MPIKE@STLOUISDA.COM - (314) 393-1164**

**Boys and Girls Ages 5-12**  
**September-October 2023**

Multiple days to choose from Sunday,  
Monday, & Wednesday Trainings!

**7 Weeks of training: \$150**

Learn individual ball handling skills  
(dribbling, passing, shooting, & more)  
in a fun atmosphere that focuses on  
developing your skills!

The majority of players on our club  
teams started in this program!

Located at Sportport International  
12525 Sportport Rd.  
Maryland Heights MO, 63043

**[STLOUISDA.COM/CAMPS](https://STLOUISDA.COM/CAMPS)**

Disclaimer: St. Louis Development Academy is a non-profit, youth sports organization and is not affiliated with any school district.  
The views, opinions, and programs of St. Louis Development Academy do not necessarily represent or align with those of any school district

