



The Knight's Tablet

"Put on the armor of God and fight the good fight of faith." – St. Paul

September 6, 2023

Upcoming Events

Sept 18-22~ IOWA Testing Grades 3-8

Sept 22 ~ All School Special Mass

Sept 26~ Picture Day

September 29~ NO SCHOOL / Teacher Professional Development Day

Oct 2-4~ 6th Grade Camp

Oct 4~ Blessing of the Pets

Oct 24~ Middle School Parent Presentation @ St. Pat's (more details coming soon)

Good Afternoon! THANK YOU SO MUCH FOR ALL OF THE HARD WORK that went into making our St. Paul Picnic such a success!! St. Paul is an amazing parish!

This month we are focusing on the virtue of faith. Faith is the virtue that helps us to believe in God and all that he has revealed to us. Faith in Action is using our God-given gifts to live the call of Christ- one kind, thoughtful interaction at a time. We grow our **faith** by learning to see the face of God in others and to be the hands and heart of Christ to them.

Servers Schedule

Sept 08 Lily Talbott & Noah Gentemann

Sept 09 4:30pm Volunteers

Sept 10 7:00am Peyton Mueller & Taylor Prudlow

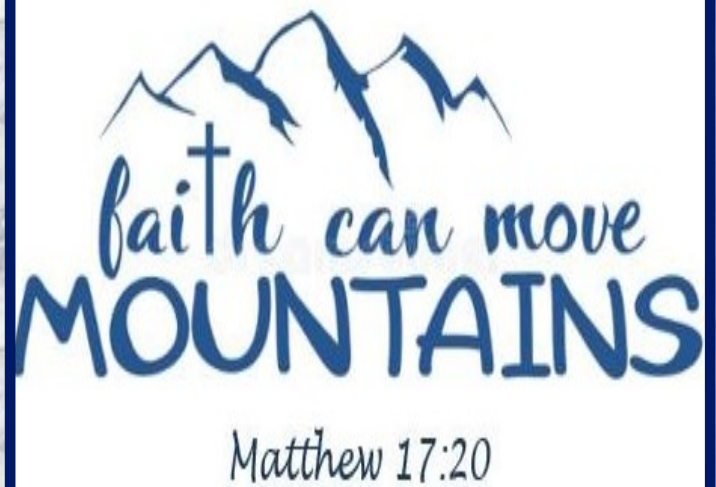
9:00am Riley Runge & Marianne Vomund

11:00am Nate Loy & Shane Schultz

Sept 11 Emmie Osterholt & Tedy Militello

Sept 13 Emmie Osterholt & Tedy Militello

Sept 15 Emmie Osterholt & Tedy Militello



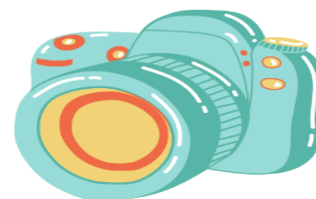
School News/Reminders:

Congratulations to the following students who completed the St. Charles City-County Library Summer Challenge reading program: Andrew Branco, Louis Branco, Lucille Burkemper, Josie Corbett, Alex Duffy, Jacob Duffy, Kenny Dunkin, Maggie Dunkin, Reese Grohmann, August Grohmann, Christian Hall, Lily Hall, Nathan Hembrock, Isabel Hembrock, Claire Lenz, Claire Liszewski, Nora Liszewski, Nathan Loy, Riley Loy, Keegan McEnaney, Owen McEnaney, Zoey Morgan, Bauer Oberhaus, Easton Oberhaus, Silas Oberhaus, Danny Runge, Mikey Runge, Riley Runge, Gus Waltersdorf, Liam Wilsonholme



*Donate Supplies
from our*
amazon *wishlist*

[Click Here](#)



School Picture Day
is Tuesday, Sept 26.

Night of Adoration & Praise

FEATURING
ADAM BITTER

TUESDAY
SEPTEMBER 26TH
6:30 P.M. – 8:00
P.M.

This event is a night of praise and worship, prayer, and adoration. Musical Artist, Adam Bitter, will lead the congregation in praise and worship. Eucharistic Adoration will take place as well as a faith witness.



ARCHDIOCESE OF ST. LOUIS

Office of Child and Youth Protection

NOVEMBER 2019

SAFE ENVIRONMENT USER REGISTRATION

Got to <https://www.preventandprotectstl.org>

Click "Register" below the LOG IN button (image at right).

Enter the passcode [stlprotect](#) when prompted.

Select the type of location where you are a volunteer or employee

- Parish or Parish School

Select the specific location by name

- St. Paul Parish and School (St. Paul)

Click the roles associated with your employment/service at the parish.

If you are active at only one location, this will be your "primary" location.

If you are active at more than one location, click the ADD PARISH/LOCATION button and repeat the steps above. With more than one location, please click the "This is my main/primary location" circle to indicate where you are employed or, if you are a volunteer, where most of your ministry or service is performed.

Complete your personal information. Please enter your **legal first name** for the purposes of the background screening.

Create a username, password and password clue.

Agree to the Terms of Use and click SUBMIT.

You will then be prompted to submit information for a background screening, register for a Protecting God's Children workshop*, view two online training modules, and agree to the Code of Ethical Conduct.

*If you have previously attended a PGC workshop, the system will find and/or ask you to confirm your previous record of attendance. You will not be prompted to register for an upcoming workshop. If, for some reason, it does not match your previous training to this account and you are prompted to register for a class, please register for "PREVIOUSLY ATTENDED-DATE NOT LISTED" and send an email to the address below. We will apply the correct training record to your account.

Use may use the links in your approval checklist to access these requirements. These steps may be completed all at once or may be completed separately at your convenience. You will receive an automated email weekly to remind you which requirements are outstanding. When all compliance requirements have been completed, your account will be approved and you will be clear to work with minors and vulnerable adults.

- ☒ Register onto the site
- ☐ [Submit New Background Check](#)
- ☐ Complete "[Protecting God's Children](#)" training
- ☐ Complete "[Mandated Reporter](#)" training
- ☐ Complete "[Code of Conduct](#)" training
- ☐ Sign "[Code of Conduct](#)"

Username

Password

☐ Remember this account

LOG IN

[Forgot Password](#) [Register](#)

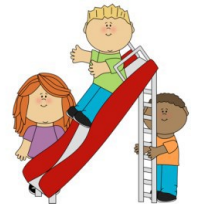
Should you need any assistance, please contact ocyp@archstl.org

HELP—Volunteers are Needed

LUNCH VOLUNTEER SIGN UP RECESS VOLUNTEER SIGN UP

YOU MUST COMPLETE Prevent & Protect to volunteer
at school.

THANK YOU!



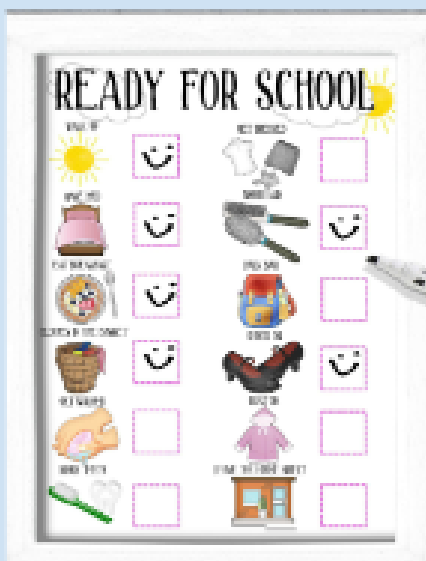
SEPTEMBER/OCTOBER

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		6 C- <u>HELP NEEDED</u> P- DUNKIN	7 C-HENNEN P- <u>HELP NEEDED</u>	8 C- HOFF P- GRANT
11 C- GROHMANN P-DUNKIN	12 C- <u>HELP NEEDED</u> P- RIFFLE	13 C- <u>HELP NEEDED</u> P-FIORE	14 C-SCHULTZ P- <u>HELP NEEDED</u>	15 C- SMALLEY P - BARRY
18 C- GROHMANN P-DUNKIN	19 C- <u>HELP NEEDED</u> P- RIFFLE	20 C- <u>HELP NEEDED</u> P- <u>HELP NEEDED</u>	21 C- M. MUELLER P-D. MUELLER	22 C- SMALLEY P- MARTIN
25 C- <u>HELP NEEDED</u> P-DUNKIN	26 C- SMALLEY P- A. MUELLER	27 C- <u>HELP NEEDED</u> P- <u>HELP NEEDED</u>	28 C- <u>HELP NEEDED</u> P- D. MUELLER	29 NO SCHOOL / TEACHER INSERVICE
02 C- WILDERMUTH P-DUNKIN	03 C- SCHLENKE P- MYLENBUSCH	04 C- <u>HELP NEEDED</u> P- <u>HELP NEEDED</u>	05 C- <u>HELP NEEDED</u> P-SANDERS	06 SPIRIT DAY NOON DISMISSAL

Tips, Community Resources, and Helpful Links ~ Mrs. Harr



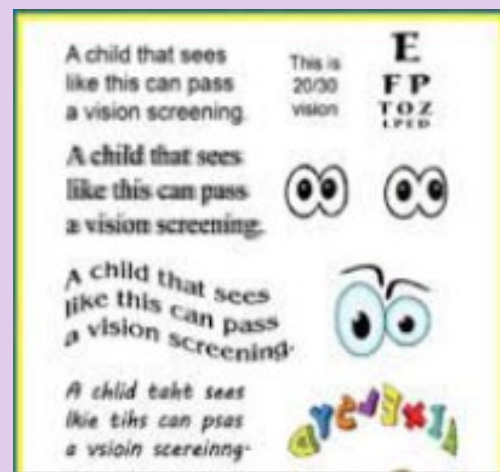
- Celebrate progress with your children!
- Communication is critical for success, and I will keep you informed as much as possible. However, if there's something I miss, please contact me with questions or concerns. Please know my priority is working with your children.
- Visual schedules can be a game changer for kids who struggle to get ready for school. Here is one example:



TouchMath There's a way to look at numbers that helps students develop number sense, aid in learning math facts, and even helps older student with math calculations.

Touch Point Math Addition 1-9	
$2 + 1 =$	$0 + 9 =$
$3 + 4 =$	$3 + 2 =$
$2 + 5 =$	$7 + 8 =$
$6 + 1 =$	$8 + 2 =$

Center for Vision and Learning



Leaps and Bounds Pediatric Therapy

Leaps and Bounds is a pediatric therapy center that specializes in sensory processing and developmental concerns. Free speech screening for 0-5 year olds in September!

September

**St. Paul
Catholic
School**

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Did you know?

The U.S. constitution was signed on September 17, 1787!



1



4

Emoji Waffle
OR
French Toast Sticks
with
Golden Hash Browns
Tropical Fruit Medley
Mini Blueberry Muffin

5

PAPA JOHNS CHEESE
PIZZA



with
Orange Wedges
Oreo Cookies

6

Crispy Nachos with Cheese
OR
Carnival Corn Dog
with
Fresh Veggies & Dip
Tropical Mixed Fruit
Vanilla Wafers

7

Spaghetti with Meat Sauce
OR
Chicken Bacon Wrap
with
Garden Green Beans
Pineapple Chunks
Jell-O

8

Popcorn Chicken
OR
Hot Ham and Cheese
with
Fruit Flavored Yogurt
French Fries
Freshly Baked Brownie

11

Stadium Style Hot Dog
OR
Crispy Chicken Nuggets
with
Tater Tots
Fresh Veggies & Dip
Creamy Sherbet

12

PAPA JOHNS Pepperoni
PIZZA



with
Orange Wedges
Oreo Cookies

13

Dinosaur Chicken Nuggets
OR
Golden Grilled Cheese
with
Vegetable Medley
Frosty Peaches
Jiggling Jell-O

14

Mini Stuffed Tacos
OR
Cheesy Quesadilla
with
Fiesta Rice
Flame Roasted Corn
Frosty Cherries

15

Penne with Meat Sauce
OR
Toasted Cheese Ravioli
with
Tossed Salad with Dressing
Fresh Apple Slices
Bread Stick

18

Fluffy Pancake
OR
Scrambled Eggs
with
Pork Sausage Patty
Fresh Melon
Creamy Yogurt

19

PAPA JOHNS CHEESE
PIZZA



with
Orange Wedges
Oreo Cookies

20

Breaded Chicken Patty
OR
Grilled Hamburger
with
Golden French Fries
Fresh Veggies & Dip
Mandarin Oranges

21

Chicken Alfredo Pasta
OR
Toasted Beef Ravioli
with
Garlic Breadstick
Garden Salad
Diced Pears

22

Captain's Fish Bites
OR
Cheesy Quesadilla
with
Chips
Garden Green Beans
Oreo Cookies

25

Crispy Chicken Strips
OR
Turkey & Cheese Croissant
with
Golden French Fries
Garden Salad
Ice Cream Cup

26

PAPA JOHNS Pepperoni
PIZZA



with
Orange Wedges
Oreo Cookies

27

Chicken Rings
OR
Toasted Beef Ravioli
with
Buttered Noodles
Golden Corn
Sparkling Jell-O

28

**No School-
Professional
Development
Day**

29

MENU IS SUBJECT TO CHANGE

Contact our dietitian
at lisa@foodserv.org for special
dietary concerns

For more information about FSC or
employment opportunities, please go to
www.foodserviceconsultants.org

Daily Specials \$3.50

Grades 5th-8th Only

Monday Chicken Patty Sandwich & Chips

Tuesday Tony 5" Cheese Pizza & Fruit

Wednesday Grilled Cheese & Fruit

Thursday Bosco Sticks w Sauce & Fruit

Friday Chicken Nuggets & Fries Basket

ST. LOUIS DEVELOPMENT ACADEMY FALL 2023 OUTDOOR SOCCER PROGRAM



PROGRAM COORDINATOR: MARTY PIKE
MPIKE@STLOUISDA.COM - (314) 393-1164

Boys and Girls Ages 5-12
September-October 2023

Multiple days to choose from Sunday,
Monday, & Wednesday Trainings!

7 Weeks of training: \$150

Learn individual ball handling skills
(dribbling, passing, shooting, & more)
in a fun atmosphere that focuses on
developing your skills!

The majority of players on our club
teams started in this program!

Located at Sportport International
12525 Sportport Rd.
Maryland Heights MO, 63043

STLOUISDA.COM/CAMPS

Disclaimer: St. Louis Development Academy is a non-profit, youth sports organization and is not affiliated with any school district.
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