



The Knight's Tablet

"Put on the armor of God and fight the good fight of faith." – St. Paul

September 8, 2021

Upcoming Events

Sept 10~ In honor of Patriot Day and all of our heroes we will have a RED, WHITE, AND BLUE dress down day today!

Sept 11~ St. Paul Outdoor Mass @4:30PM

Sept 14~ SPPTO Meeting in the Music Room

Sept 20-24 ~ IOWA Testing Grades 3-8

Sept 28~ Picture Day, see details on page 5

Oct 1~SPPTO Share Activity - see page 8 for details.



Servers Schedule

Saturday, September 11

4:30pm - Marianne Vomund, Charles Hall

Sunday, September 12

7:00am -Natalie & Clare Griesenauer

9:00am -Charles Hall & Gavin Hemmer

11:00am - Paityn Luhring & Tedy Militello

September 13-17 Daily Mass

M, W, F 7:45 - Marianne Vomund

T 7:45, TH 9:30- Marianne Vomund & Michael Elsenrath

Saturday, September 18– Volunteers Welcome

Sunday, September 19

7:00 am - Gabrielle Orf & Emmie Osterholt

9:00 am - Sophia Riffle

11:00 am - Gianna Schultz & John Schultz

OUTDOOR MASS and DINNER

*Saturday, September 11th, 4:30pm
at the Picnic Grounds*

If you are able bodied
please bring your own chair.
There will be
limited seating available.

FRIED CHICKEN DINNERS BY DEAN ANDREWS CATERING
WILL BE PROVIDED AFTER MASS.

RSVP TO PARISHCENTER@ST-PAULCHURCH.ORG

PLEASE BRING A DESSERT TO SHARE, SIGN UP AT:

<https://www.signupgenius.com/go/8050945A9A82BA7F58-desserts>

Congratulations to the following students who completed the St. Charles City-County Library Summer Challenge reading program:

Magdalene Buerck, August Mueller, Max Mueller, Isabel Hembrock, Nathan Hembrock, Kenny Dunkin, Maggie Dunkin, Max Lanham, Caroline Lanham, Colton Lanham, Nathan Loy, Riley Loy, John Henry Roettger, James Roettger, Keegan McEnaney, Owen McEnaney, Brynnley Wunderlich, Ryan Wunderlich, Claire Lenz, Lily Hall, Dominick Ferranto, Brynlee Miller, Brody Miller, Eleanor Revelle, Charles Hall, Josie Cornett, Rachel Ferranto



St. Paul Picnic Shirts

are still available if you are interested in purchasing one for your students. The gray 2018 shirt and the navy 2019 shirts are available in Youth sizes - S, M, L ! Cost for the Youth shirts are \$5.00



Virtue of the Month

HOPE





ARCHDIOCESE OF ST. LOUIS
Office of Child and Youth Protection

NOVEMBER 2019

SAFE ENVIRONMENT USER REGISTRATION

Got to <https://www.preventandprotectstl.org>

Click "Register" below the LOG IN button (image at right).

Enter the passcode **stlprotect** when prompted.

Select the type of location where you are a volunteer or employee

- Parish or Parish School

Select the specific location by name

- St. Paul Parish and School (St. Paul)

Click the roles associated with your employment/service at the parish.

If you are active at only one location, this will be your "primary" location.

If you are active at more than one location, click the ADD PARISH/LOCATION button and repeat the steps above. With more than one location, please click the "This is my main/primary location" circle to indicate where you are employed or, if you are a volunteer, where most of your ministry or service is performed.

Complete your personal information. Please enter your **legal first name** for the purposes of the background screening.

Create a username, password and password clue.

Agree to the Terms of Use and click SUBMIT.

You will then be prompted to submit information for a background screening, register for a Protecting God's Children workshop*, view two online training modules, and agree to the Code of Ethical Conduct.

*If you have previously attended a PGC workshop, the system will find and/or ask you to confirm your previous record of attendance. You will not be prompted to register for an upcoming workshop. If, for some reason, it does not match your previous training to this account and you are prompted to register for a class, please register for "PREVIOUSLY ATTENDED-DATE NOT LISTED" and send an email to the address below. We will apply the correct training record to your account.

You may use the links in your approval checklist to access these requirements. These steps may be completed all at once or may be completed separately at your convenience. You will receive an automated email weekly to remind you which requirements are outstanding. When all compliance requirements have been completed, your account will be approved and you will be clear to work with minors and vulnerable adults.

- ☒ Register onto the site
- ☐ [Submit New Background Check](#)
- ☐ Complete "[Protecting God's Children](#)" training
- ☐ Complete "[Mandated Reporter](#)" training
- ☐ Complete "[Code of Conduct](#)" training
- ☐ Sign "[Code of Conduct](#)"

Username

Password

☐ Remember this account

LOG IN

[Forgot Password](#) [Register](#)

Should you need any assistance, please contact ocyp@archstl.org

Student Symptom Decision Tree

Screen all students for potential COVID-19 symptoms or exposure

Low-risk: general symptoms



Fever ($\geq 100.4^{\circ}\text{F}$)



Sore throat



Congestion/runny nose



Headache



Nausea/vomiting/diarrhea



Fatigue/muscle or body aches

High-risk: red flag symptoms



Cough



Difficulty breathing



Loss of taste/smell

Exposure to COVID-19 positive person?

Close contact: less than 6 feet, 15 minutes or longer

NO

► 1 **low risk** symptom



Send home



Return to school 24 hrs after symptom resolution (without fever reducing medication)

► ≥ 2 **low risk** symptoms
OR 1 **high risk** symptom



Send home



Evaluation by health care provider

1

Health care provider confirms alternative diagnosis for symptoms. A health care provider's note must be on file. SARS-CoV-2 PCR test not needed.



Return to school after 24 hrs without fever and symptoms improving

2

Negative SARS-CoV-2 PCR test.



Return to school after 24 hrs without fever and symptoms improving

3

Positive SARS-CoV-2 PCR test
OR
No provider visit or test.



Return to school only after 10 days since symptom onset and 24 hrs without fever. Quarantine close contacts of confirmed cases. If any questions, contact local health care provider.

YES



Stay home*



Return to school after 14 days from last contact, unless symptoms develop. If symptoms develop, perform SARS-CoV-2 PCR test.

*In consultation with local health care provider

This care pathway was designed to assist school personnel and is not intended to replace the clinician's judgment or establish a protocol for all patients with a particular condition.

Diagnosis and treatment should be under the close supervision of a qualified health care provider.



YOUR OFFICIAL SCHOOL PHOTOGRAPHER

STLDIGITAL will be taking our School Photos this year!

SAVE THE DATE! Tuesday 9/28

Multiple Images to Choose From!



NEW FOR 2021!

SCHOOL PORTRAITS

VIEW BEFORE YOU PURCHASE



How it Works:

1

Be dressed & ready for Photo Day!
There is nothing to hand in and
every child will be photographed.

2

Your child will bring home
an Access Card that explains
the order process, and provides
a link to your own private
online gallery.

3

Log-in, choose your package,
pick one, two, or all the images.
Adjust the Crop if you want and
order!

4

Order by your deadline
to take advantage of
coupon incentives and
free delivery to the school.

Easy Online Ordering!



GET IN TOUCH

www.stldigital.com * info@stldigital.com * 314-472-3111

FORMED®

PICK OF THE WEEK

Sept 5, 2021

WATCH

NETWORK OF FREEDOM

Set in France at the beginning of World War II, this inspiring film narrates the heroic work of Sister Helene Studler, the Daughter of Charity who saved the lives of thousands of French refugees by preventing them from becoming prisoners of the Nazi forces, or freeing those who were captured. Among those she saved were many illustrious characters including the future Prime Minister of France, François de Mitterrand.



LEARN

FORMED NOW: THE NATIVITY OF THE BLESSED VIRGIN MARY

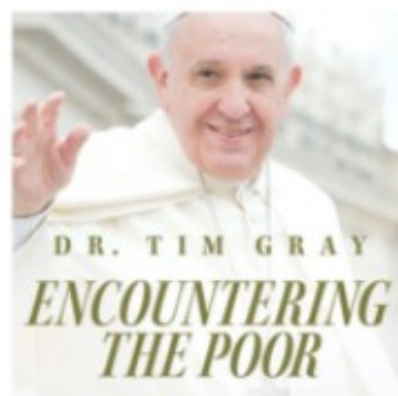


As we celebrate the birthday of the Blessed Virgin Mary this week, listen as Dr. Tim Gray and Dr. John Sehorn discuss the traditions surrounding Mary's life and how her life is a model of humility for Christians.

LISTEN

ENCOUNTERING THE POOR: BIBLICAL ROOTS FOR CATHOLIC SOCIAL TEACHING BY TIM GRAY

Dr. Gray expounds upon the teachings of the Catholic Church surrounding social justice in light of Sacred Scripture. Discover how social justice in regards to the poor is not one small piece in the puzzle, but instead frames the entire mosaic of Scripture.



Our parish has a FORMED subscription.



To set up your free account visit formed.org/signup and select our parish.

ST. PAUL IN ST. PAUL

Healthy Habits Lunch

www.foodserviceconsultants.org

SEPTEMBER 2021

<div> <div>* Based</div> <div>WG=Whole Grain Ingredients</div> </div>				
Monday	Tuesday	Wednesday	Thursday	Friday
		1	2	3
		ENTRÉE PAPA JOHN'S CHEESE PIZZA CARROTS & CELERY WITH DRESSING CHILLED FRUIT 1% MILK <u>NO ALTERNATE</u>	ENTRÉE Nachos and Cheese SIDE ITEMS: Green Beans Churro Seasonal Fresh Fruit 1% Milk <u>Alternate</u> Chicken Nuggets	Half Day No Food Service
6	7	8	9	10
	ENTRÉE Baked Macaroni & Cheese SIDE ITEMS: Cherry Tomatoes with Dip Teddy Grahams Seasonal Fresh Fruit 1% Milk <u>Alternate</u> Chicken Drumsticks	ENTRÉE PAPA JOHN'S PEPPERONI PIZZA CARROTS & CELERY WITH DRESSING CHILLED FRUIT 1% MILK <u>NO ALTERNATE</u>	ENTRÉE French Toast Sticks with Syrup SIDE ITEMS: Triangle Hash Brown Bacon Seasonal Fresh Fruit 1% Milk <u>Alternate</u> Breakfast Panini	ENTRÉE Fettuccini Alfredo SIDE ITEMS: Steamed Broccoli Breadstick Cookie 1% Milk <u>Alternate</u> Popcorn Chicken
13	14	15	16	17
ENTRÉE Poor Boy on WG Coney Bun SIDE ITEMS: *Potato Chips Seasonal Fresh Fruit *Mini Rice Krispies Treat 1% Milk <u>Alternate</u> Chicken Strips	ENTRÉE Crunchy Taco SIDE ITEMS: Spanish Rice Mexican Corn Seasonal Fresh Fruit 1% Milk <u>Alternate</u> Cheese Quesadilla	ENTRÉE PAPA JOHN'S CHEESE PIZZA TOSSED SALAD WITH DRESSING CHILLED FRUIT 1% MILK <u>NO ALTERNATE</u>	ENTRÉE Hamburger on Bun SIDE ITEMS: French Fries Baby Carrots with Dip Seasonal Fresh Fruit 1% Milk <u>Alternate</u> Hot dog on Bun	ENTRÉE Popcorn Shrimp SIDE ITEMS: Smiley Face Potatoes Mixed Vegetables Cookie 1% Milk <u>Alternate</u> Jumbo Corn dog
20	21	22	23	24
ENTRÉE Chicken Nuggets SIDE ITEMS: Green Beans Seasonal Fresh Fruit Mini Rice Krispies Treat 1% Milk <u>Alternate</u> Grilled cheese	ENTRÉE Biscuits and Gravy Sausage Patty Yogurt Fresh Fruit 1% Milk <u>Alternate</u> Waffles w/ Syrup	ENTRÉE PAPA JOHN'S PEPPERONI PIZZA CARROTS & CELERY WITH DRESSING CHILLED FRUIT 1% MILK <u>NO ALTERNATE</u>	ENTRÉE Bosco Stick with or without Sauce SIDE ITEMS: Lettuce & Tomato Salad with Ranch Applesauce Oreo Cookies 1% Milk <u>Alternate</u> Chicken Drumsticks	ENTRÉE Pig in a Blanket SIDE ITEMS: French fries Veggies with Dip Seasonal Fresh Fruit 1% Milk <u>Alternate</u> Mini Corn dogs
27	28	29	30	
ENTRÉE Popcorn Chicken Wrap SIDE ITEMS: Seasonal Fresh Fruit Fresh Vegetables & Dip Cookie 1% Milk <u>Alternate</u> Mini Tacos	ENTRÉE Spaghetti with Meat Sauce SIDE ITEMS: Green Beans *WG Dinner Roll 100% Fruit Juice Bar 1% Milk <u>Alternate</u> Toasted Ravioli	ENTRÉE PAPA JOHN'S CHEESE PIZZA TOSSED SALAD WITH DRESSING CHILLED FRUIT 1% MILK <u>NO ALTERNATE</u>	ENTRÉE Chicken Strips SIDE ITEMS: Buttered Corn Mashed Potatoes 1% Milk <u>Alternate</u> Turkey and Cheese Wrap	
DAILY SPECIALS (GRADES 5-8 ONLY) \$3.50				
TOASTED RAVIOLI AND FRUIT	CHICKEN NUGGETS AND FRUIT	PRETZEL WITH CHEESE AND FRUIT	CHICKEN PATTY ON BUN AND CHIPS	BACON CHEESEBURGER AND CHIPS



Food Service Consultants, Inc.
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FOODSERVICECONSULTANTS.ORG



Afternoon Fundraiser

When: Friday, October 1, 2021

Where: St. Paul Gym

Time: 1:00

Are you looking for something fun and creative for you and your kids to do on a half day? Well look no further! St.Paul PTO and Mommy's deSign Farm are coming to St. Paul!

There are lots of projects for you to choose from! (There is a link for kid projects, but you don't have to choose from that category! See the directions below to place your order.

ALL ORDERS MUST BE PLACED NO LATER THAN 10 DAYS PRIOR TO THE EVENT!

Here are Directions for you to Order:

1. Go to <https://www.mommysdesignfarm.com>
2. select SIGN GALLERY from the menu (top 3 lines)
3. If you click the + by sign gallery, then you will see the signs designs in Categories (sports, career, family, custom design and holidays).
4. Once you find the design you want to paint then click VIEW
5. There will be a drop down box to select ST. PAUL PTO FUNDRAISER
6. Kids projects can be found here: [Kids signs](#)



For Questions please
contact Christy Lanham
636.734.4448