



# The Knight's Tablet

**"Put on the armor of God and fight the good fight of faith." – St. Paul**

**September 14, 2022**

## **Upcoming Events**

**September 15~** All School Mass@ 09:30

**September 19-23 ~**Iowa Skills Testing will begin grades 3-8.

**September 27~** All School Mass / Picture Day

**October 3~**Blessing of the Pets 1:30PM

**October 6~** WALK-A-THON / Middle School Parent Meeting @ St. Patrick's School

**October 7~** Noon Dismissal/ Spirit Day/ Faculty Meeting

**October 9~** Second Sunday Series - Symbolon: Knowing the Faith

**October 11~** Picture Retake Day

Good Afternoon,

Next week grades 3-8 will be taking the ITBS test. We will try to make it as stress free as possible. I have listed some information that I hope will be helpful:

\*Ask your child to take their time and do the best that they can do on this test.

\*Make sure that your child is well rested

\*A well balanced breakfast

\*Please do not make appointments for your child during the school day on ITBS Testing week.

\*Arrive on time to school

\*Pray for your child to be confident, well rested and to perform to the best of his/her abilities!

THANK YOU & Have an AWESOME Week!!

God bless,

Mrs. Kaimann

## **Servers Schedule**

### **September 15-16**

*Charles Hall and Mackenzie Gentemann*

**September 17** 4:30pm *Volunteers*

### **September 18**

7:00am *Brynley Gabrielle Orf*

9:00am *Lily Talbott and Max Lanham*

11:00am *Teagan O'Connor and Evan Wehmeier*

### **September 19-21**

*Rachel Ferranto and Michael Elsenrath*



## School News/Reminders:

### HELP—Volunteers are Needed on the following days:

We are in need of lunch servers on the following days in September: Wednesday 9/21/ Thursday 9/29 and Friday 9/30 [LUNCH VOLUNTEER SIGN UP](#)

We are in need for recess monitors on the following days: Wednesday 9/15 , Tuesday 9/20, Thursday 9/22 and Tuesday 9/27 [RECESS VOLUNTEER SIGN UP](#)

YOU MUST COMPLETE Prevent and Protect to volunteer at school. See page 6 for details. We are asking each family to work at least one day per semester this year, THANK YOU!

**Don't miss the Dominic Crusader Cheer (DCC) Clinic  
Saturday, October 8 from 9 a.m. to 12 p.m.**

**This year's clinic is hosted by St. Dominic's Cheer Team and is open to all students in grades K-8. Students will learn a routine at the cheer clinic that will then be performed at Crusader Stadium during halftime of the October 13 varsity soccer game.  
*(Late registrations will not be guaranteed a t-shirt and cheer bow)***

**Register Today:** <https://stdominichighschool.regfox.com/2022-k-8-cheer-clinic>

### Family Rosary

Please join us the first Tuesday of every month to pray the rosary at Church. Doors open at 6:30, prayer starts at 6:45PM. All ages are welcome! Kids are



*Donate Supplies  
from our*

**amazon**  **wishlist** 

[Click Here](#)



## St. Paul Catholic School

1235 Church Rd. • St. Paul, MO 63366

Hello St. Paul Parents,

We hope the 2022-2023 school year is off to a great start. We, your school board committee, wanted to let you know who we are, what we are here to do, and how you can help our kids and school community continue to succeed this year.

**Who We Are:** We are parents of St. Paul students just like YOU!!

**What We Do:** The School Board supports the mission of St. Paul School. We advise the Pastor and Principal of school matters and take an active role in marketing and providing for the needs of the school.

**What YOU Can Do to Help:** As a Parent, you are your child's most important teacher; you play a vital part in their learning and growing their faith. Below are some ways you can use your time & talent to help our school community and be a faith filled role model to your child(ren).

**Actively Volunteer** - we are always looking for lunch & recess helpers so our teachers can have a break and not do this over their lunch hour.

**Assist with Fundraisers** - we have several fundraising opportunities throughout the year. Please volunteer to help run or work at these events to make the event as successful as possible. Many hands make light work!

**Attend SPPTO Meetings** - this is where you find out what events are coming up next, how you can volunteer, and profits made. At the last meeting for the year, YOU get to help decide where money is allocated for the school your child(ren) attends. **BONUS**, at every SPPTO meeting there will be one lucky person in attendance that will receive \$25 off their TWB obligation and all that attend will receive a dress down day pass for your kids!!

**Practice Your Faith** - the foundation of this school is our Catholic faith. You chose to send your child(ren) to a Catholic School so please help support the mission of the school by attending church with your child(ren), make use of the sacrament of reconciliation, and pray daily as a family. All these things can help grow your faith together.

**Provide Feedback** - we want to hear from YOU! We are a sounding board for all parents, we are here to listen to your feedback/concerns/ideas. If you have something you would like to present to the board, please contact any member of the School Board (names and individual emails in the school handbook) or you can email all School Board members at [schoolboard@stpaulknights.org](mailto:schoolboard@stpaulknights.org). We'd love to hear from you and how we can better our school community. Thank you!



Front Row (left to right): Ellie Carter, Wendy Friedel, and Mrs. Kaimann. Back Row (left to right): Doug Runge, Tiffany Riffle, Emily Lickteig, Rachel Prudlow, Michelle Lenz, Carly Wilmes, and Fr. Blessing.



What is St. Vincent DePaul? It's a place for YOU.



A place to serve, pray and learn. A way to deepen your faith and your life experience as a Christian. A service that you can do as a family, with friends, or alone. If you are a teen or an adult, if you have one hour a month or 40 hours a week, there is a place for you in St. Vincent DePaul.

**Interested in more information?** Contact: **Teresa Montgomery**  
636-443-5684 or email [stvdpstpaul@gmail.com](mailto:stvdpstpaul@gmail.com)

"Anyone who has two shirts should share with the one who has none, and anyone who has food should do the same." Luke 3:11

What is a neighbor in need?

A family member, a friend, acquaintance, any person that needs assistance for a short time or a long period of time. St. Vincent DePaul can assist with utilities, food, clothing, housing, referral for social services, disaster help, emergency assist, pregnancy partnership, most importantly, prayer. Do you know a person or family in need? **We are available by phone at: 314-289-6101 or by email at: [stvdpstpaul@gmail.com](mailto:stvdpstpaul@gmail.com)**

Dear St. Paul School family,

I will be using Artsonia.com to display our school's digital portfolio. Connect to St. Paul Catholic School using Artsonia to receive important updates on your child's art classroom activity! You can browse [www.artsonia.com/parents](http://www.artsonia.com/parents) and enter this Parent Code : B527SDNX

Mrs. Schroer





# SYMBOLON®

THE CATHOLIC FAITH EXPLAINED

## KNOWING THE FAITH



Too often we try to live a faith we don't know or understand. Some of us stumble along with it, going through the motions. Others simply walk away. *Symbolon: Knowing the Faith* explains the essentials of the Catholic Faith in a way that will inform our minds and inspire our hearts.

**Join us to watch the series and get a whole new perspective of Catholicism.**

**Time:** 6pm

**Place:** Monsignor Boessen Multi-Purpose Building (Gym)

**Dates:** October 9, November 13, December 11, January 8, February 5, February 26, March 5, March 12, March 19 and March 26

**Contact:** Lori Wortmann at [lwortmann@st-paulchurch.org](mailto:lwortmann@st-paulchurch.org) or 636-978-1900, ext 223

Please mark your calendars for the return of our 2nd Sunday series this Fall and our Lenten presentations. Each session will include a 30-minute video and discussion.

To find *Symbolon* and more great media, register for a free FORMED account at [signup.formed.org](https://signup.formed.org)

**FORMED**



## SAFE ENVIRONMENT USER REGISTRATION

Got to <https://www.preventandprotectstl.org>

Click "Register" below the LOG IN button (image at right).

Enter the passcode **stlprotect** when prompted.

Select the type of location where you are a volunteer or employee

- Parish or Parish School

Select the specific location by name

- St. Paul Parish and School (St. Paul)

Click the roles associated with your employment/service at the parish.

If you are active at only one location, this will be your "primary" location.

If you are active at more than one location, click the ADD PARISH/LOCATION button and repeat the steps above. With more than one location, please click the "This is my main/primary location" circle to indicate where you are employed or, if you are a volunteer, where most of your ministry or service is performed.

Complete your personal information. Please enter your **legal first name** for the purposes of the background screening.

Create a username, password and password clue.

Agree to the Terms of Use and click SUBMIT.

You will then be prompted to submit information for a background screening, register for a Protecting God's Children workshop\*, view two online training modules, and agree to the Code of Ethical Conduct.

\*If you have previously attended a PGC workshop, the system will find and/or ask you to confirm your previous record of attendance. You will not be prompted to register for an upcoming workshop. If, for some reason, it does not match your previous training to this account and you are prompted to register for a class, please register for "PREVIOUSLY ATTENDED-DATE NOT LISTED" and send an email to the address below. We will apply the correct training record to your account.

You may use the links in your approval checklist to access these requirements. These steps may be completed all at once or may be completed separately at your convenience. You will receive an automated email weekly to remind you which requirements are outstanding. When all compliance requirements have been completed, your account will be approved and you will be clear to work with minors and vulnerable adults.

- ☒ Register onto the site
- ☐ [Submit New Background Check](#)
- ☐ Complete "[Protecting God's Children](#)" training
- ☐ Complete "[Mandated Reporter](#)" training
- ☐ Complete "[Code of Conduct](#)" training
- ☐ Sign "[Code of Conduct](#)"

Username

Password

☐ Remember this account

LOG IN

[Forgot Password](#) [Register](#)

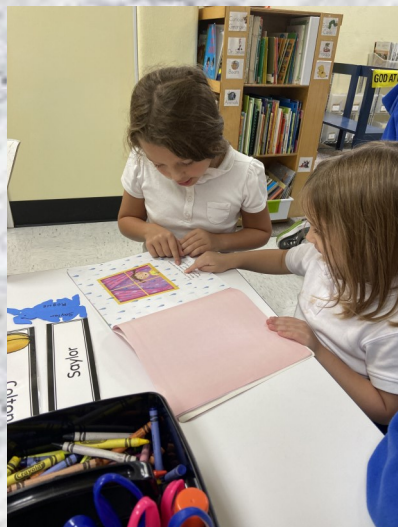




Second Grade  
learning about  
spending time  
in other peo-  
ple's shoes!



K and 5th grade buddies meeting















# ST. PAUL IN ST. PAUL

Healthy Habits Lunch

September 2022

\*1 Baked

WG=Whole Grain Ingredients

Monday	Tuesday	Wednesday	Thursday	Friday
				
			1	2
			 BOSCO STICK WITH OR WITHOUT SAUCE LETTUCE & TOMATO SALAD APPLESAUCE OREO COOKIES MILK, FAT FREE <u>ALTERNATE</u> TOASTED RAVIOLI WITH SAUCE	 Early Dismissal Day! NO FOOD SERVICE!! 
5	6	7	8	9
 	BAKED MAC & CHEESE CHERRY TOMATOES WITH DIP TEDDY GRAHAMS SEASONAL FRUIT MILK, FAT FREE <u>ALTERNATE</u> DINOSAUR NUGGETS	PAPA JOHNS PEPPERONI PIZZA TOSSED SALAD WITH DRESSING CHILLED FRUIT MILK, FAT FREE <u>NO ALTERNATE</u>	 MINI TACO BUTTERED CORN BROWNIE SEASONAL FRUIT MILK, FAT FREE <u>ALTERNATE</u> CHEESE QUESADILLA	JUMBO CORN DOG CELERY & CARROT STICKS SEASONAL FRUIT VANILLA WAFERS MILK, FAT FREE <u>ALTERNATE</u> FISH STICK
12	13	14	15	16
HAM & CHEESE BAGEL CHEDDAR GOLDFISH SEASONAL FRESH FRUIT TEDDY GRAHAMS MILK, FAT FREE <u>ALTERNATE</u> CHICKEN RINGS	<u>BREAKFAST FOR LUNCH!!!</u> MINI WAFFLES BACON YOGURT SEASONAL FRUIT MILK, FAT FREE <u>ALTERNATE</u> PANCAKE	PAPA JOHNS CHEESE PIZZA TOSSED SALAD WITH DRESSING CHILLED FRUIT MILK, FAT FREE <u>NO ALTERNATE</u>	CHEESEBURGER ON BUN FRENCH FRIES BABY CARROTS SEASONAL FRUIT MILK, FAT FREE <u>ALTERNATE</u> CHICKEN STRIPS	PIG IN A BLANKET SMILEY FACE POTATOES VEGGIES WITH DIP SEASONAL FRUIT MILK, FAT FREE <u>ALTERNATE</u> POPCORN CHICKEN
19	20	21	22	23
CHICKEN NUGGETS GREEN BEANS SEASONAL FRESH FRUIT MINI RICE KRISPIES TREAT MILK, FAT FREE <u>ALTERNATE</u> GRILLED CHEESE	 SOFT PRETZEL WITH CHEESE BABY CARROTS SEASONAL FRUIT COOKIE MILK, FAT FREE <u>ALTERNATE</u> CHICKEN RINGS	PAPA JOHNS PEPPERONI PIZZA CARROTS, CELERY WITH DRESSING CHILLED FRUIT MILK, FAT FREE <u>NO ALTERNATE</u>	 SPAGHETTI WITH MEAT SAUCE GREEN BEANS BREADSTICK ICE CREAM CUP MILK, FAT FREE <u>ALTERNATE</u> TOASTED BEEF RAVIOLI	POPCORN SHRIMP FRENCH FRIES MIXED VEGETABLES COOKIE MILK, FAT FREE <u>ALTERNATE</u> MINI CORN DOGS
26	27	28	29	30
PEPPERONI HOT POCKET LETTUCE & CARROT SALAD SEASONAL FRUIT COOKIE MILK, FAT FREE <u>ALTERNATE</u> HOT DOG ON BUN	<u>BREAKFAST FOR LUNCH!!!</u> BISCUIT & GRAVY SAUSAGE PATTY YOGURT FRESH FRUIT MILK, FAT FREE <u>ALTERNATE</u> WAFFLES	PAPA JOHNS CHEESE PIZZA CARROTS, CELERY TOSSED SALAD WITH DRESSING CHILLED FRUIT MILK, FAT FREE <u>NO ALTERNATE</u>	 POPCORN CHICKEN FRENCH FRIES GRAPES & CHEESE CUBES BROWNIE MILK, FAT FREE <u>ALTERNATE</u> HAM & TURKEY POOR BOY ON HOT DOG BUN	BOSCO STICK WITH OR WITHOUT SAUCE MIXED VEGETABLES APPLESAUCE OREO COOKIES MILK, FAT FREE <u>ALTERNATE</u> PULLED PORK SANDWICH

DAILY SPECIALS (GRADES 5-8 ONLY) \$3.50

Toasted Ravioli with Sauce and Fruit	Bacon Cheeseburger and Chips	Pretzel with Cheese and Fruit	Chicken Patty Sandwich and Chips	Chicken Nuggets and Fries
--------------------------------------	------------------------------	-------------------------------	----------------------------------	---------------------------



Food Service Consultants, Inc.  
"A Local Company Serving You With Pride"





Sept 11, 2022

### WATCH

#### THE RELUCTANT SAINT: THE STORY OF ST. JOSEPH OF CUPERTINO

Maximilian Schell stars as "the flying friar," St. Joseph of Cupertino, in this story of the humble Franciscan friar. In Cupertino, Italy, Joseph's peasant mother convinces the reluctant Abbott to accept her son into the monastery. With the support of the kindly local Bishop who sees in him a great deal more than others do, and by a series of miraculous incidents, the simple but pious Joseph is ordained a priest.



### LEARN

#### BIBLE STUDY: GALATIANS

##### Galatians

with Dr. Michael Barber and Dr. James Prothro

FORMEDNOW



Join Dr. Michael Barber and Dr. James Prothro as they dive into St. Paul's Letter to the Galatians.

This new multipart series walks through this pivotal book and how it fits in with the rest of the New Testament, as well as how Paul's writings can help us grow in relationship with Jesus.

### LISTEN

#### DRAWING STRENGTH FROM OUR LADY OF SORROWS BY KIMBERLY HAHN

Speaker and author Kimberly Hahn, wife of Dr. Scott Hahn and mother of six, is a convert to the Catholic Faith. Although honoring Mary was difficult for her to understand initially, she began to encounter Mary's loving guidance in little ways on a daily basis. In this presentation, Kimberly reflects on the joys and sorrows that Mary prayerfully experienced during her time on earth, and shares how her example leads us closer to Christ.



Our parish has a FORMED subscription.

To set up your free account visit [formed.org/signup](https://formed.org/signup) and select our parish.