



# The Knight's Tablet

## September 19, 2018

“Put on the armor of God and fight the good fight of faith.”  
- St. Paul

**From the Principal's Desk**  
[principal@stpaulknights.org](mailto:principal@stpaulknights.org)

### Upcoming Events

- September 17-21** ~ Standardized Testing Grades 3-8
- September 27 (new date)** ~ Chess Afterschool Enrichment Starts (p. 4)
- September 27** ~ FAITH WORKS (p. 6)
- October 1** ~ NO SCHOOL/ Professional Development Day
- October 2-8** BOOK FAIR (p 2)
- October 17** ~ 1st Quarter Ends
- October 20** ~ Trunk or Treat
- October 25** ~ Noon Dismissal / Parent

### Servers Schedule

#### September 20

*Liam Huggins and Owen Hemmer*

#### September 21

*Clayton Givens and Meghan Fowlie*

#### September 22

*4:30pm Michael and Sabrina Militello*

#### September 23

*7:00am Ella Schultz and Madelyn Belt*

*9:00am Brett Hoff and Nora LaChance*

*11:00am Josie and Max Mullenschlader*

#### September 24

*Cade Fischer and Hayden Davis*

#### September 25

*Payten Christ and Dominic Bono*

#### September 26

*Daniel Alterson and John Schroer*

#### Septemeber 27

*Sabrina Militello and Cole McCoy*

Good afternoon,

AS we put on the FULL ARMOR OF GOD, we are beginning with the BELT OF TRUTH. This quarter's family project is to add to our school wide BELT OF TRUTH. The youngest child in each family will bring home a piece of this belt. Please reflect as a family how you show the virtue of TRUTH. Then either illustrate or write your responses. Write your family name on the back and return it to the school office.

A big thank you goes out to Mrs. Hallemeier for coordinating the Fall Fundraiser for the 2018-19 school year. Mrs. Hallemeier soon will have information regarding how much money we raised both with the packets and online. Thank you to all of our parents who made the effort to sell items and to your friends and family who bought to support our school!

Have a blessed day,

**Guide me in your TRUTH and teach me,  
for you are GOD my Savior. Psalm 25:5**

### **Book Fair Guessing Jars**

It's that time of year again! We are looking for families who are willing to donate a guessing jar to our Book Fair. If you are interested please bring in a jar filled with goodies (i.e. candy, legos, hair clips, etc.) to the office no later than October 2nd. When turning in the jar please include an envelope with family name and number of items in the jar.

If you have questions please contact Miss Haley.

[lhaley@stpaulknights.org](mailto:lhaley@stpaulknights.org)

# School News/Reminders

*Please pray for....*

*Those who are sick and those who have passed*

## Reminder: Fall FUNdraiser...

TODAY IS THE DAY TO TURN IN YOUR FUNDRAISING ORDER!! Did your student forget it at home? Don't Worry- turn it in tomorrow!!!

It's not too late to order online at [www.mrfundraising.com/tef](http://www.mrfundraising.com/tef) under "SELLER REGISTRATION" Your Group ID is : STPAUL



Join us in the St. Paul gym on

**Saturday, Oct. 6<sup>th</sup> 5-8:00 p.m.**

for Family Night at the Scholastic Book Fair.

Dinner from Chick-Fil-A is available to be purchased. Dinner will come with the entrée of your choice, chips, and a drink.

**R.S.V.P. by Wednesday, Oct. 3<sup>rd</sup>.**

Entrée Options

(please mark how many of each item)

\_\_\_\_\_ Chicken Sandwich \$5.00

\_\_\_\_\_ 6 piece Chicken Nuggets \$4.00

\_\_\_\_\_ Total Price Family Name \_\_\_\_\_

## SCHOLASTIC BOOK FAIR

To your child should bring in the coins shown to the left. \*\*Please wear with your regular school uniform!\*\*

	<b>Tues</b> Oct. 2	Coin Vote: Unicorns v. Dragons	
	<b>Wed</b> Oct. 3		Wear Crazy Socks
	<b>Thurs</b> Oct. 4	<b>Toadstool Thursday</b>	Red Socks, Red Hat, or Fingernail Polish
	<b>Fri</b> Oct. 5	<b>Forest Friday</b>	Green Socks, Green Hat, or Fingernail Polish

# Mrs. Kobitz 5th grade class is making globes with paper mache





# Chess Scholars

Fall 2018

St. Paul School

No Experience Needed



Trophy  
Medals

Chess Belts!

GRADES K-8

Develop your child's intellect through the fun game of chess! Current research has shown a strong link between chess and academic performance in a variety of areas, including mathematics and language arts. Also, chess has been proven to enhance motivation, concentration, focus, social skills, and creativity.

No previous knowledge of chess is necessary. Each class will consist of a fun, interactive teaching period and guided practice time. Both new and returning participants are welcome and will get to the next level under the guidance of an experienced Chess Scholars coach. There will also be a chess competition with prizes towards the end of the session! Each child will receive a participation medal and a chess keychain.

**Course Time:** Thursdays, September 20th - December 6th, 3:15 PM - 4:15 PM

No class: 10/25, 11/1, 11/22 (9 Classes)

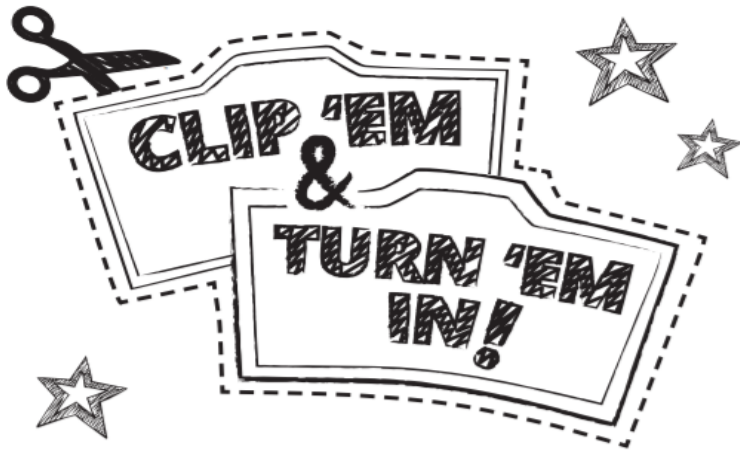
To sign up for Chess Scholars, please visit <https://www.chessscholars.com/signup>.

You will need to enter the class code **MOT9.20.18** in order to register. Please register by 9/6 for the early bird price of \$110.25.

If you have difficulty registering, please contact Chess Scholars at 847-482-9999 or [info@chessscholars.com](mailto:info@chessscholars.com)

No refunds will be made, unless there is insufficient enrollment. No make-ups will be scheduled for inclement weather or circumstances beyond our control. It's the parents' responsibility to remind the children about the classes.

# COLLECT BOX TOPS FOR EDUCATION™ FOR YOUR SCHOOL!



- 1** Clip Box Tops.  
Don't forget to check the expiration date.  
*Recorta los cuadritos de Box Tops y verifica la fecha de expiración*
- 2** Tape or glue clipped Box Tops to this sheet.  
Please note, bonus certificates must be submitted separately.  
*Pega los cuadritos de Box Tops en la hoja hasta que esté completa. Tenga en cuenta, bonus certificados deben ser entregados por separado.*
- 3** Send completed sheet to your school.  
*Envía la hoja completa al coordinador de tu escuela*


© General Mills.

Teacher name: \_\_\_\_\_

LEARN HOW TO DONATE WITH  
**Coca-Cola GIVE**

<https://us.coca-cola.com/give/>

Congratulations to Maggie and Kenny Dunkin who also completed the Summer **Libraries Rock** Reading Program at the St. Charles County Library!

# Faith Works!



- † What is it? A faith-based workshop for pre-k through elementary age. An opportunity for children of the parish to come together, learn about a bible verse and talk about how it relates to them.
- † How will it be run? Participants will be divided up during each workshop, to have a good cross-section of grades in each small group. Small groups will be led by volunteers.
- † What's the agenda?
  - † We'll start as a group with prayer and reading of a pre-selected bible verse which relates to the quarterly theme.
  - † Within in each group, the bible verse will be broken down and discussed as to how it relates to them.
  - † This discussion will be strengthened through a hands-on craft that the children can then bring home to their families.
  - † There will be a song and fun as well. The song will be performed quarterly at a designated mass.

**\*\* Service hours are available for volunteers!\*\***

Theme: The Belt of Truth



To volunteer or RSVP contact:

Ellie Carter @ 636-515-8392

Becky Weber @ 636-544-9145

Melissa Buerk @ 636-578-5014

\*\*There is no cost. Please RSVP so we may get an accurate headcount

**First workshop:**  
Thursday 9/27  
4:00-5:30pm  
@ St. Paul School



# September Volunteer Schedule

P – Playground Monitor, C – Cafeteria Monitor, S – Café Server

Mon	Tue	Wed	Thu	Fri
17 P-Kaitlyn Adler C- Becky Steineger S- Jill Genteman	18 P- Sara Smith C- Audra Paup S- Tina Dunkin	19 P - Teresa Montgomery C- Kelly Maniaci S- Rachael Prudlow	20 P-Michelle Ferranto C-Christine Schroer S- Kathy Schroeder	21 P- Rachel Barry C - Melissa Hauk S- Kelly Maniaci
24 P-Kaitlyn Adler C- Becky Steineger S- Jill Genteman	25 P - Sara Smith C- Audra Paup S- Marina Sigmund	26 P - Teresa Montgomery C- Kelly Maniaci S- Rachael Prudlow	27 P-Michelle Ferranto C-Christine Schroer S- Jennifer Testerman	28 P- Christine Schroer C - Melissa Hauk S- Kelly Maniaci

## ST. PAUL IN ST. PAUL

### Healthy Habits Lunch

SEPTEMBER 2018

A large salad will be available every day as a choice

\* = Baked

WS = Whole Grain Ingredients

Monday	Tuesday	Wednesday	Thursday	Friday
17 HOT LUNCH *Toasted Ravioli Green Beans Fresh Fruit/Seasonal *Cookie Milk, Fat Free  <u>ALTERNATE</u> All Natural Hot Dog	18 HOT LUNCH Beef Dippers Mashed Potato with Gravy Fresh Fruit/Seasonal Green Beans Milk, Fat Free  <u>ALTERNATE</u> Chicken Pattv on Bun	19 HOT LUNCH PAPA JOHNS PEPPERONI PIZZA TOSSED SALAD WITH DRESSING CHILLED FRUIT MILK, FAT FREE NO ALTERNATE	20 HOT LUNCH Chicken Parmesan Slider Grapes Tossed Salad Jell-O Milk, Fat Free CHIPWICHES 1.50 <u>ALTERNATE</u> Sloov Joe	21 HOT LUNCH <b>WORLD GRATITUDE DAY</b> Thank You Corn Dog Merci Carrots Danke Applesauce Gracias Cookie Klitos Milk <u>ALTERNATE</u> Grazie BLT
24 HOT LUNCH *Pig in a Blanket Smiley Face Potatoes Green Beans Milk, Fat Free  <u>ALTERNATE</u> Turkey & Cheese Panini	25 HOT LUNCH French Toast Sticks Waffle Breaded Chicken Strip Pancake Syrup Fresh Fruit/Seasonal Yogurt Milk, Fat Free  <u>ALTERNATE</u> Scrambled Egg	26 HOT LUNCH PAPA JOHNS CHEESE PIZZA CARROTS & CELERY WITH DRESSING FRESH FRUIT/SEASONAL MILK, FAT FREE  <u>NO ALTERNATE</u>	27 HOT LUNCH Italian Panini Potato Chips Fresh Fruit/Seasonal Milk, Fat Free  <u>ALTERNATE</u> Turkey & Cheese on French Bread	28 HOT LUNCH * Chicken Strips BBQ Sauce Corn Fresh Fruit/Seasonal Cookies Milk, Fat Free  <u>ALTERNATE</u> Bosco Stick
<b>DAILY SPECIALS (GRADES 5-8 ONLY)</b>				
2 BOSCO STICKS WITH SAUCE \$3.00	BACON CHEESEBURGER AND CHIPS \$3.20	GRILLED CHEESE ON TEXAS TOAST 3.10	CHICKEN PATTY ON BUN WITH CHIPS 3.10	CHICKEN STRIPS AND FRIES 2.90

All FSC menus follow the USDA guidelines & Archdiocese Wellness Plan and have been approved by Registered Dietitian Associates, Inc. (does not include alternate entrée).



Food Service Consultants, Inc.  
"Serving You With Pride"



# ST. PAUL IN ST. PAUL

## Healthy Habits Lunch

OCTOBER 2018

*A large salad will be available every day as a choice*

*\* Baked*

*WG=Whole Grain Ingredients*

Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	4	5
NO SCHOOL	<p style="text-align: center;"><b>HOT LUNCH</b> <b>NATIONAL TACO DAY</b> Mini Tacos Corn Fresh Fruit/Seasonal Fresh Baked Brownie Milk, Fat Free</p> <p style="text-align: center;"><b>ALTERNATE</b> Cheese Quesadilla</p>	<p style="text-align: center;"><b>HOT LUNCH</b> PAPA JOHN'S PEPPERONI SALAD TOSSED SALAD WITH DRESSING CHILLED FRUIT MILK, FAT FREE</p> <p style="text-align: center;"><b>NO ALTERNATE</b></p>	<p style="text-align: center;"><b>HOT LUNCH</b> <b>ST. LOUIS BLUES HOME OPENER</b> Hockey Puck Hamburger Hockey Stick Fries Blues Jell-O Goal Scored Grapes Between the Pipes Milk DIRT CUPS \$1.00 CASH ONLY <b>ALTERNATE</b> Zamboni Corn Dog</p>	<p style="text-align: center;"><b>HOT LUNCH</b> Bowl of Chili *Cheddar Goldfish, WG Fresh Fruit/Seasonal Juice Bar Milk, Fat Free</p> <p style="text-align: center;"><b>ALTERNATE</b> Chicken Drumsticks</p>
8	9	10	11	12
<p style="text-align: center;"><b>HOT LUNCH</b> <b>COLUMBUS DAY</b> Nina Bosco Stick &amp; Sauce Pinta Mixed Veggies Santa Maria Applesauce 1492 Ocean Blue Oreos Map Milk, Fat Free</p> <p style="text-align: center;"><b>ALTERNATE</b> America Chicken Nuggets</p>	<p style="text-align: center;"><b>HOT LUNCH</b> <b>BREAKFAST FOR LUNCH!</b> Scrambled Eggs *Hash Brown Triangle Fresh Fruit/Seasonal Muffin Milk, Fat Free</p> <p style="text-align: center;"><b>ALTERNATE</b> Waffles with Syrup</p>	<p style="text-align: center;"><b>HOT LUNCH</b> PAPA JOHN'S CHEESE PIZZA CARROTS &amp; CELERY WITH DRESSING CHILLED FRUIT MILK, FAT FREE</p> <p style="text-align: center;">DONUTS BEFORE SCHOOL \$1.00 CASH ONLY <b>NO ALTERNATE</b></p>	<p style="text-align: center;"><b>HOT LUNCH</b> Sweet N Sour Chicken White Rice Steamed Broccoli Fortune Cookie Milk, Fat Free</p> <p style="text-align: center;"><b>ALTERNATE</b> Mini Corn Dogs</p>	<p style="text-align: center;"><b>HOT LUNCH</b> Chicken Wrap Potato Chips Fresh Fruit/Seasonal Pudding Milk, Fat Free</p> <p style="text-align: center;"><b>ALTERNATE</b> Pretzel with Cheese</p>
15	16	17	18	19
<p style="text-align: center;"><b>HOT LUNCH</b> <b>NATIONAL PASTA MONTH</b> Spaghetti with Meat Sauce Green Beans Breadstick 100% Fruit Juice Bar Milk, Fat Free</p> <p style="text-align: center;"><b>ALTERNATE</b> Chicken Drumstick</p>	<p style="text-align: center;"><b>HOT LUNCH</b> Nachos and Cheese, WG Green Beans Fresh Fruit/Seasonal Churro Milk, Fat Free</p> <p style="text-align: center;"><b>ALTERNATE</b> Soft Taco</p>	<p style="text-align: center;"><b>HOT LUNCH</b> CHICK-FIL-A DAY GRADES PK-4 CHICKEN SLIDER FRENCH FRIES FRESH FRUIT/SEASONAL MILK, FAT FREE GRADES 5-8 LARGE CHICKEN SANDWICH AND FRIES \$5.25 <b>NO ALTERNATE</b></p>	<p style="text-align: center;"><b>HOT LUNCH</b> *Chicken Nuggets Mashed Potatoes &amp; Gravy Mixed Vegetables Rainbow Sherbet Milk, Fat Free</p> <p style="text-align: center;"><b>ALTERNATE</b> Meatball Sub</p>	<p style="text-align: center;"><b>HOT LUNCH</b> Biscuit &amp; Gravy Scrambled Eggs Hash Brown Triangle Fresh Fruit/Seasonal Milk, Fat Free</p> <p style="text-align: center;"><b>ALTERNATE</b> Pancake with Syrup</p>
22	23	24	25	26
<p style="text-align: center;"><b>HOT LUNCH</b> *Toasted Ravioli Green Beans Fresh Fruit/Seasonal Vanilla Wafers Milk, Fat Free</p> <p style="text-align: center;"><b>ALTERNATE</b> Popcorn Chicken</p>	<p style="text-align: center;"><b>HOT LUNCH</b> <b>Halloween Special!</b> Skeleton Bones (Chicken Legs) Spider Legs (Fries) Bat's Teeth (Corn) Witches Surprise Monster Mash Milk</p> <p style="text-align: center;"><b>ALTERNATE</b> Devil Dog (Hot Dog)</p>	<p style="text-align: center;"><b>HOT LUNCH</b> PAPA JOHN'S PEPPERONI PIZZA TOSSED SALAD WITH DRESSING CHILLED FRUIT MILK, FAT FREE</p> <p style="text-align: center;"><b>NO ALTERNATE</b></p>	<p>1/2 DAY NO FOOD SERVICE</p>	<p>NO SCHOOL FALL BREAK</p>
29	30	31		
NO SCHOOL	NO SCHOOL	NO SCHOOL		



**DAILY SPECIALS (GRADES 5-8 ONLY)**

GRILLED CHICKEN SANDWICH WITH CHIPS 3.35	CHICKEN NUGGETS AND FRIES 2.75	PRETZEL WITH CHEESE 1.75	TOASTED RAVIOLI WITH SAUCE 2.50	TONY'S 5 INCH PIZZA 2.75
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**Food Service Consultants, Inc.**  
"Serving You With Pride"





# October Volunteer Schedule

P= Playground Monitor, C=Café Monitor, S=Server

	Mon	Tue	Wed	Thu	Fri
	1	2	3	4	5
	NO SCHOOL	P- S. Smith  C- A. Paup  S – C. Hoff	P – T. Montgomey C – K Maniaci S – R. Prudlow	P – M. Ferranto C- Morgan Rosemann S- K. Schroeder	P – C. Schroer  C – M. Hauk  S – K. Maniaci
	8	9	10	11	12
	P – K. Adler C – B. Steiniger S – Jill Genteman	P- S. Smith  C- A. Paup  S – C. Shroer	P – T. Montgomey C – K Maniaci S – R. Prudlow	P – M. Ferranto C- M. Rosemann S- K. Schroeder	P – C. Schroer C – M. Hauk S – K. Maniaci
	15	16	17	18	19
	P – K. Adler C – B. Steiniger S – Jill Genteman	P- S. Smith  C- A. Paup S – T. Dunkin	P – T. Montgomey C – K Maniaci S – R. Prudlow	P – M. Ferranto C- M. Rosemann S- K. Schroeder	P – Rachel Barry  C – M. Hauk  S – K. Maniaci
	22	23	24	25	26
	P – K. Adler C – B. Steiniger S – Jill Genteman	P- S. Smith  C- A. Paup  S – C. Shroer	P – T. Montgomey C – K Maniaci S – R. Prudlow	NOON DISMISSAL	NO SCHOOL
	29	30	31	1	2
	NO SCHOOL	NO SCHOOL	NO SCHOOL	NO SCHOOL	NO SCHOOL

# Community News

SLU Billikens Men's Soccer Tickets are available in the school office FREE of charge for Friday, September 21st

\*\*\*\*\*

Middle School Trivia Night at St. Joseph/ Josephville School, [1410 Josephville Rd., Wentzville, MO](https://www.google.com/maps/place/1410+Josephville+Rd.,+Wentzville,+MO). on Fri., Sep. 28 for Grades 5-8. 6pm-9pm. Registration starts at 5:30pm. \$10.00 per student/8 students per table. 80's Theme! Door prizes! Prize for best decorated table! Preregister your child or a whole table at [stjosephtrivia2018@gmail.com](mailto:stjosephtrivia2018@gmail.com) or by calling Tonia at 636-299-7805. Preregistration is recommended but not required.

**Alumni, Parents, and Friends**  
**GOLF TOURNAMENT**  
 FRIDAY, OCTOBER 5, 2018

**PRIZES AND AWARDS**

THE FALLS GOLF CLUB | O'FALLON, MO 63366

10:30 A.M. | Registration and BBQ lunch available through the day  
 12 P.M. | Shotgun start – please advance to your assigned tee!  
 5:30 P.M. | Awards, raffle drawings, and dinner

FOUR PERSON SCRAMBLE | 18 HOLES | FLIGHTED A AND B

REGISTER ONLINE: [DUCESNE-HS.ORG/GOLF](http://DUCESNE-HS.ORG/GOLF)

Proceeds benefit the Alumni Association Scholarship Fund and tuition assistance. Deadline to register is September 28th. Sponsorship opportunities available online. For more information, contact [ksantellano@duchesne-hs.org](mailto:ksantellano@duchesne-hs.org).



2017-18 AAA Conference Champions

## ST. DOMINIC CRUSADERS CHEER CLINIC

**WHO:** Open to grades K-8

**WHEN:** Saturday, October 13, 2018  
 9:00 – 11:00 am  
 (parents arrive at 10:50 for parent performance pre-view)

**WHERE:** Crusader Stadium (In case of rain – Fallon Family Center gym)

**HOW MUCH:** \$25.00 (checks made out to SDHS Cheer/Child's name in Memo)  
 Mail checks to: SDHS Cheer Clinic 6 Hillside Ct. Wentzville 63385

**DETAILS:** FREE T-shirt for Pre-Registration and Full Payment  
 Pre-Registration Deadline - September 28, 2018

**ALL PARTICIPANTS PERFORM AT HALF TIME VARSITY SOCCER GAME THURSDAY, OCTOBER 18<sup>TH</sup>**

Arrival time 6:15 p.m. at the Stadium track and wear your camp t-shirt!  
 Parents pick up participants from track immediately after half time performance.  
 Questions: Contact Aimee (314-323-9268) or Sheri (636-751-8678)

St. Dominic Crusaders Cheer Clinic Registration form - October 13, 2018

Child's name: \_\_\_\_\_ Grade: \_\_\_\_\_ T-Shirt Size: \_\_\_\_\_ (Youth / Adult)

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Parent: \_\_\_\_\_ Phone #: \_\_\_\_\_ Email: \_\_\_\_\_

Check #: \_\_\_\_\_ School: \_\_\_\_\_