



The Knight's Tablet

"Put on the armor of God and fight the good fight of faith." – St. Paul

October 5, 2022



The 2022-23 WALK-A-THON is tomorrow from 08:00-10:00AM! Students may dress down for this event—Everyone **MUST** wear tennis shoes!

Our goal for this event is \$15,000. All of the proceeds from this fundraiser will directly benefit St. Paul School! **Each student's goal is to raise \$25. IN ORDER TO PARTICIPATE IN THE RAFFLE PRIZES, DONATION PACKETS MUST BE TURNED IN BY Friday, October 14th.** You can still donate Here: [ST PAUL WALK-A-THON](https://www.signupgenius.com/go/70a0949abab23a4fa7-walkathon1)

Did you know the class with the most participation will win a class celebration? If we meet our school wide goal teachers have volunteered to go CrAzY on the All-School Halloween Party Day and **PERFORM** a Music Video for the **ENTIRE** School! With Father Blessing as the **STAR** of the show!

We are looking for volunteers to help on the day of the event, **OCTOBER 6**. If you are available please sign up here: <https://www.signupgenius.com/go/70a0949abab23a4fa7-walkathon1>

Upcoming Events

October 6~ WALK-A-THON / Middle School Parent Meeting @ St. Patrick's School

October 7~ Noon Dismissal/ Spirit Day/ Faculty Meeting

October 9~ Second Sunday Series - Symbolon: Knowing the Faith

October 11~ Picture Retake Day / Adoration with Adam Bitter

October 27~ Noon Dismissal/Parent Teacher Conferences

Servers Schedule

October 6-7

Tedy Militello and Natalie Griesenauer

October 8 4:30pm *Volunteers*

October 9

7:00am *Gianna Schultz and Amelia Grabenhorst*

9:00am *Marianne Vomund and Carter Lickteig*

11:00am *Jacob Feise and Kamdyn O'Connor*

October 10-12

Nate Elsenrath and Olivia Auchly



ALL THINGS NEW

STEADFAST IN FAITH • FORWARD IN HOPE

The Archdiocese of St. Louis will host over 350 listening sessions throughout our 178 parishes between October 8 - November 19, 2022.

Our Parish Listening Sessions, where the preliminary parish models for the All-Things New Strategic Plan will be revealed.

**Saturdays October 8th and 15th
from 9:00am – 11:00am in the gym**

On-Line Registration is required to attend!

Register via this link: <https://allthingsnew.archstl.org/Ways-to-Engage/Listening-Sessions>

Please, Assist any family members with registering and you can use an email address Multiple times!

An email will be sent after the Listen Sessions are completed for Participants to provide feedback and input.

Note – Registration Website is slow so be patient while registering

Faith Works!



PARENTS!!!! It's time for another fun-filled Faith Works!!!

*****PLEASE NOTE: Additional Adult and Student Volunteers are Needed this month!*****

- + We'll start as a group with prayer and dinner.
 - + **If your child has food allergies/sensitivities, you are welcome to pack a dinner and snack
- + Then we'll read a pre-selected bible verse which relates to the monthly theme. The bible verse will be broken down and we will discuss how it relates to them.
- + This discussion will be strengthened through a hands-on craft that the children can bring home to their families.
- + There will be a song and fun as well.
- + Adult volunteers needed! Must be in compliance with the Archdiocese Safe Environment Program
- + \$5 donation per child helps cover cost of food and crafts
- + High Schoolers and 8th Graders!! *Service hours are available!!*

This month's theme will focus on Friendship. Please see attachment for our community giving event this month.

To RSVP or volunteer, contact:
Diana Roettger @ 636-795-5959
Ellie Carter @ 636-515-8392
(Call or text)



LIMITED SPACE AVAILABLE!
MUST RSVP IN ADVANCE
Faith Works workshop:
Friday October 7th
6:00-9:00pm
Schulte Hall





Community Service Project: Care Packages for Soldiers

- This month our theme is friendship. During Faith Works, we will be making cards for soldiers.
- Each family will be given a plastic toy soldier. Please place this in a spot in your house, that will help your family remember to pray for our men and women serving our country.
- We will be assembling care packages for deployed service members. If you can help your child(ren) pick some items to donate for the packages, that would be greatly appreciated. We will ship these donated items to the charity, Forgotten Soldiers Outreach. They will then forward it on to the troops overseas.
- If you prefer to shop and have shipped directly to the organization, they also have an Amazon wish list which can be found at:
https://www.amazon.com/hz/wishlist/ls/18B7ZCFLBPYYD?ref=wl_fm_lg
- Want to learn more? Visit their website at: www.forgottensoldiers.org

We appreciate all the items that we receive; however, we cannot ship aerosol cans, pork products, tobacco, lewd/pornographic materials or alcohol. We do not accept hotel toiletries, canned food, boxes of pasta, cereal or expired and/or used items.

Toiletries/Hygiene (prefer travel size)

Baby Wipes	Baby/Foot Powder
Dental Floss	Tampons
Lip Balm/Chapstick	Mouthwash
Hand Sanitizer	Lotion
Shave Cream Packets	Sunscreen
Shampoo	Body Wash
Deodorant	Bar Soap
Razors	Q-tips
Toothbrushes	Toothpaste
Conditioner	Tissues

Additional Items

Crew Socks	Insect Repellent Wipes
Scotch Heavy Duty Packing Tape	
Snack Storage Bags	
Hand Warmers	

Food Items

Trail Mix	Sunflower Seeds
Individual Crackers	Fruit Roll Ups
Beef Jerky/Sticks	Rice Krispies Treats
Microwave Popcorn	Bagged Popcorn
Ramen Noodles	Candy/Gum
Dried Fruit Snacks	Breakfast Bars
Individual Cookies	Snack Bars
Protein Bars	Cup of Noodles
Foil Tuna & Salmon Packets	
Individual Packed Drink Mixes	
Oatmeal/Grits Packages	
Microwavable Ravioli & Mac & Cheese	
Individual Packages Nuts or Dried Fruit	
Peanut Butter Cups (Jif to Go)	

Revised 09/20/2022

Night of Adoration & Praise

FEATURING
ADAM BITTER

This event is a night of praise and worship, prayer, and adoration. Musical Artist, Adam Bitter, will lead the congregation in praise and worship. Eucharistic Adoration will take place as well as a faith witness.



Outdoor Movie Night Sponsored by Parish Council and American Family Insurance

When: Friday October 14th @ 6:30pm

Location: St. Paul Soccer Fields by KC Hall

Please join us for an outdoor movie night at the Soccer Fields. We will be showing Sing 2 on a 33ft inflatable screen with open Concessions. Please remember to bring your own chairs, blankets, etc.

We hope to see you there!!

St. Paul Parish Council



Presented by St. Paul PTO



HALLOWEEN

2022

TRUNK OR TREAT

OCTOBER 21 @ 6:30-8PM



IN THE ST PAUL SCHOOL PARKING LOT
\$20 VEHICLE/\$10 A CHILD FOR WALK IN
DECORATED TRUNKS/AREA & COSTUMES ENCOURAGED

***NO ALCOHOL ***

Please do not let kids run behind school

1 pizza included per paid vehicle \$7 for each extra

Family_____Pep_____Saus_____Cheese_____

Please return to school by 10/14, Checks made to St. Paul

Questions? Call Wendy Friedel 636.262.1676 or Lindsay Lampe 314.226.3361

HELP—Volunteers are Needed on the following days:


We are in need of lunch servers on the following days in OCTOBER:

5,6,10,12,14,17,19,20,24,26 [LUNCH VOLUNTEER SIGN UP](#)

We are in need for recess monitors on the following days in OCTOBER: 6 and 18

[RECESS VOLUNTEER SIGN UP](#)

YOU MUST COMPLETE Prevent and Protect to volunteer at school. We are asking each family to work at least one day per semester this year, THANK YOU!



ARCHDIOCESE OF ST. LOUIS
Office of Child and Youth Protection

NOVEMBER 2019

SAFE ENVIRONMENT USER REGISTRATION

Got to <https://www.preventandprotectstl.org>

Click "Register" below the LOG IN button (image at right).

Enter the passcode [stlprotect](#) when prompted.

Select the type of location where you are a volunteer or employee

- Parish or Parish School

Select the specific location by name

- St. Paul Parish and School (St. Paul)

Click the roles associated with your employment/service at the parish.

If you are active at only one location, this will be your "primary" location.

If you are active at more than one location, click the ADD PARISH/LOCATION button and repeat the steps above. With more than one location, please click the "This is my main/primary location" circle to indicate where you are employed or, if you are a volunteer, where most of your ministry or service is performed.

Complete your personal information. Please enter your **legal first name** for the purposes of the background screening.

Create a username, password and password clue.

Agree to the Terms of Use and click SUBMIT.

You will then be prompted to submit information for a background screening, register for a Protecting God's Children workshop*, view two online training modules, and agree to the Code of Ethical Conduct.

*If you have previously attended a PGC workshop, the system will find and/or ask you to confirm your previous record of attendance. You will not be prompted to register for an upcoming workshop. If, for some reason, it does not match your previous training to this account and you are prompted to register for a class, please register for "PREVIOUSLY ATTENDED-DATE NOT LISTED" and send an email to the address below. We will apply the correct training record to your account.

Use may use the links in your approval checklist to access these requirements. These steps may be completed all at once or may be completed separately at your convenience. You will receive an automated email weekly to remind you which requirements are outstanding. When all compliance requirements have been completed, your account will be approved and you will be clear to work with minors and vulnerable adults.

☒ Register onto the site
☐ [Submit New Background Check](#)
☐ Complete "Protecting God's Children" training
☐ Complete "Mandated Reporter" training
☐ Complete "Code of Conduct" training
☐ Sign "Code of Conduct"

LOG IN

☐ Remember this account

[Forgot Password](#) [Register](#)

Should you need any assistance, please contact ocyp@archstl.org

Memorial Poinsettias



St. Paul is once again continuing our annual tradition of offering Memorial Poinsettias to remember those who are not with us this Holiday Season and decorate our church in their memory. This year we are again teaming up with Parkview Gardens to offer red and white 6" and 8" poinsettias with gold wrap. The names of loved ones will be listed in the Christmas church bulletin. Profits from the sale will go to the parent organization to benefit St. Paul School.

The deadline to order is **Friday October 14th** payment must be made at the time of order. Please complete the form below and include cash or check made payable to St. Paul. Order forms can be returned to the School Office or Parish Center. Thank you for your support!

Any questions, please call Jill Gentemann 636-578-5199.

Name _____ Phone _____

Please Select Color and size below

6" / 8" White Red

In Memory Of _____ \$15/ \$25 _____

In Memory Of _____ \$15/ \$25 _____

In Memory Of _____ \$15/ \$25 _____




In Memory Of _____ \$15/ \$25 _____

Total Enclosed: \$ _____

ST. PAUL IN ST. PAUL

Healthy Habits Lunch

OCTOBER 2022

Monday		Tuesday		Wednesday		Thursday		Friday	
3		4		5		6		7	
TOASTED CHEESE RAVIOLI BROCCOLI BREAD STICK VANILLA WAFERS MILK, FAT FREE <u>ALTERNATE</u> CHICKEN NUGGETS		SOFT TACO MEXICALI CORN LETTUCE & TOMATO RAINBOW SHERBET MILK, FAT FREE <u>ALTERNATE</u> JUMBO CORN DOG		PAPA JOHN'S PEPPERONI PIZZA TOSSED SALAD WITH DRESSING CHILLED FRUIT MILK, FAT FREE <u>NO ALTERNATE</u>		NACHOS & CHEESE GREEN BEANS CHURRO SEASONAL FRUIT MILK, FAT FREE <u>ALTERNATE</u> DINOSAUR NUGGETS		Early Dismissal Day! NO FOOD SERVICE!!	
10		11		12		13		14	
BOSCO STICK CORN CHOCOLATE PUDDING COOKIE MILK, FAT FREE <u>ALTERNATE</u> CHICKEN RINGS		CHICKEN NUGGETS GREEN BEANS SEASONAL FRUIT MINI RICE KRISPIES TREAT MILK, FAT FREE <u>ALTERNATE</u> MANWICH SLOPPY JOE		PAPA JOHN'S CHEESE PIZZA TOSSED SALAD WITH DRESSING CHILLED FRUIT MILK, FAT FREE <u>NO ALTERNATE</u>		DINOSAUR CHICKEN NUGGET BUTTERED NOODLES MIXED VEGETABLES JELL-O MILK, FAT FREE <u>ALTERNATE</u> HOT DOG		ST LOUIS BLUES HOME OPENER HOCKEY PUCK CHEESEBURGER TARASENKO TOTS CENTER ICE FROZEN TREAT BETWEEN THE PIPES FRUIT <u>ALTERNATE</u> CORN DOG	
17		18		19		20		21	
CHICKEN PATTY ON BUN FRENCH FRIES VEGGIES W/ DIP SEASONAL FRUIT MILK, FAT FREE <u>ALTERNATE</u> MINI CORN DOG		FRENCH TOAST STICKS TRIANGLE HASH BROWN SAUSAGE SEASONAL FRUIT MILK, FAT FREE <u>ALTERNATE</u> PANCAKE		PAPA JOHN'S PEPPERONI PIZZA CARROTS & CELERY WITH DRESSING CHILLED FRUIT MILK, FAT FREE <u>NO ALTERNATE</u>		CHICKEN STRIPS SEASONED NOODLES TOSSED SALAD SHERBET MILK, FAT FREE <u>ALTERNATE</u> GRILLED CHEESE SANDWICH		NATIONAL CHILI MONTH BOWL OF CHILI CHEDDAR GOLDFISH SEASONAL FRUIT COOKIE MILK, FAT FREE <u>ALTERNATE</u> POPCORN CHICKEN	
24		25		26		27		28	
CHICKEN SNACK WRAP FRESH VEGETABLES SEASONAL FRESH FRUIT COOKIE MILK, FAT FREE <u>ALTERNATE</u> PRETZEL W/ CHEESE		BOO BURGER SKELETON BONES (FRIES) BAT TEETH (CORN) WITCH'S SURPRISE MILK, FAT FREE <u>ALTERNATE</u> HOT DOG		PAPA JOHN'S CHEESE PIZZA CARROTS & CELERY WITH DRESSING CHILLED FRUIT MILK, FAT FREE <u>NO ALTERNATE</u>		Early Dismissal Day! NO FOOD SERVICE!!		No School Fall Break	
31									
 									

DAILY SPECIALS (GRADES 5-8 ONLY) \$3.50

Torrey's Cheese Pizza and Fruit	Chicken Patty Sandwich and Chips	Grilled Cheese on Texas Toast and Fruit	Toasted Ravioli with Sauce and Fruit	Chicken Strips and Fries
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"A Local Company Serving You With Pride"



Second Sunday Series

October 9th at 6pm

The presentation will be held in the gym. All are invited!



Every Catholic Deserves to Know Their Story

Join us in a parish-wide study that presents the BIG picture of the Catholic Faith

Week One: The Journey of Faith

St. Augustine wrote: "Our hearts are restless until they rest in [him]." At every moment of our lives, God draws near to us, calling us to seek him, to know him, and to love him. Our journey of faith begins when we respond to that call. But how are we to know God and what does our response look like?



FORMED® THE CATHOLIC FAITH. ON DEMAND.

Please mark your calendar for future Second Sunday and Lenten presentations:

November 13, December 11, January 8, February 5, February 26, March 5, March 12, March 19, March 26.

Mass Greeters

Firm Foundation
We build our life upon HIS Love!

Dear St Paul Parents,

Greetings from the St Paul Parish and School Board! We hope that your school year is off to a successful start. When we reflect upon those exciting first days of school and how it felt to arrive at school. Many of the teachers and administrators were standing outside of the building or their classrooms waiting to greet you with a smile. This greeting communicated several things to you and to your child. First, we are excited you are here. Second, you are not alone. Finally, we value your presence. There are many tasks that need to be done before any school day, but the choice to welcome us to the building and classrooms was an intentional and meaningful sentiment, we are glad you are here.

It is with that same spirit that we are piloting a new program for the Masses at St Paul. We'd like to invite two families for each Mass to stand at the entryway of the Church and welcome parishioners and guests to each Mass. Let's treat each Mass as like an exciting new school year. Having school and parish families greeted before Mass, will send an intentional and meaningful sentiment that we are entering the building with welcome and open hearts to receive Jesus's Love and we are glad that you are here.

The Greeters should plan to arrive 15 minutes before Mass and have their family open the doors, extend a smile, and then one of the two families should bring up the gifts during the Mass. A Signup Genius link will be provided for all those who would like to join in the physical representation that all those are welcome to join us!

SIGN UP HERE TO BE A MASS GREETER!

If you have any questions, Please contact:
Rachael Prudlow, St Paul School Board
Prudlow@outlook.com



THIS WEEK ON FORMED

Week of October 02, 2022



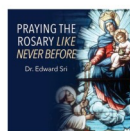
St. Francis of Assisi: Sign of Contradiction

From 4PM Media and The Ministry of the Wild Goose comes a breathtaking film on the life of St. Francis of Assisi. A fool according to the standards of the world, St. Francis' life was a sign of contradiction, convicting others of the beauty of Christ and his Gospel.



Misery Meets Mercy: Saint Faustina

St. Faustina is known as the "secretary of Divine Mercy" because of the revelations of the Lord to her about His unfathomable mercy. Join Dr. Ben Akers and Fr. Mateusz as they discuss her proclamation of the message of Divine Mercy.



Praying the Rosary Like Never Before by Dr. Edward Sri

In this talk, Dr. Edward Sri discusses the main tenets of his book, *The New Rosary in Scripture: Biblical Insights on Praying the Twenty Mysteries*. He shares Pope St. John Paul II's practical strategies for praying the Rosary better so you can encounter Jesus more deeply in prayer.

Our parish has a FORMED subscription.
Visit signup.formed.org and select our parish name.