



The Knight's Tablet

"Put on the armor of God and fight the good fight of faith." – St. Paul

October 14, 2020

Upcoming Events

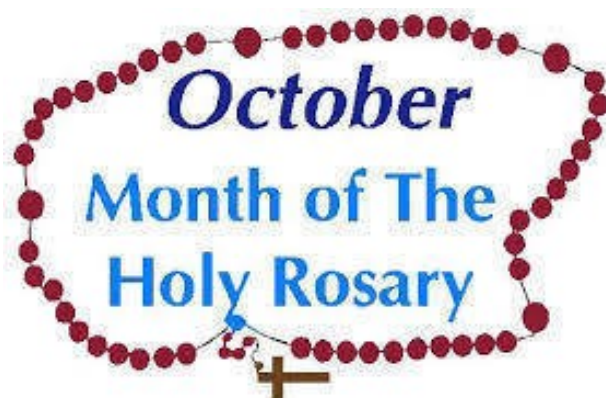
October 16~ End of First Quarter—bring your rosary to school, DRESS DOWN in BLUE to honor our Blessed Mother. We will be praying the Rosary as a school with Father Blessing.

October 23~ Dress down in your favorite Halloween shirt! Noon Dismissal/ Parent Teacher Conferences. Please contact the office if you have not set up a time yet.

October 26-30~ Fall Break—time to rest, relax, and stay well!

November 2~ Classes resume

November 11~ All School Mass in the Gym.



We will be honoring our Blessed Mother on Friday by dressing in all BLUE and praying the rosary as a school. I challenge you to pray the rosary as a family!



COVID-19 Reminder

IF ANYONE IN YOUR FAMILY HOUSEHOLD HAS SYMPTOMS AND/OR GETS TESTED FOR COVID, PLEASE KEEP YOUR CHILD(REN) HOME UNTIL YOU HAVE MORE INFORMATION (i.e...TAKEN A COVID TEST/TEST RESULTS, DOCTOR VISIT)! PLEASE CALL MRS. KAIMANN IF YOU ARE UNSURE ABOUT WHAT TO DO!
THANK YOU FOR YOUR SUPPORT!

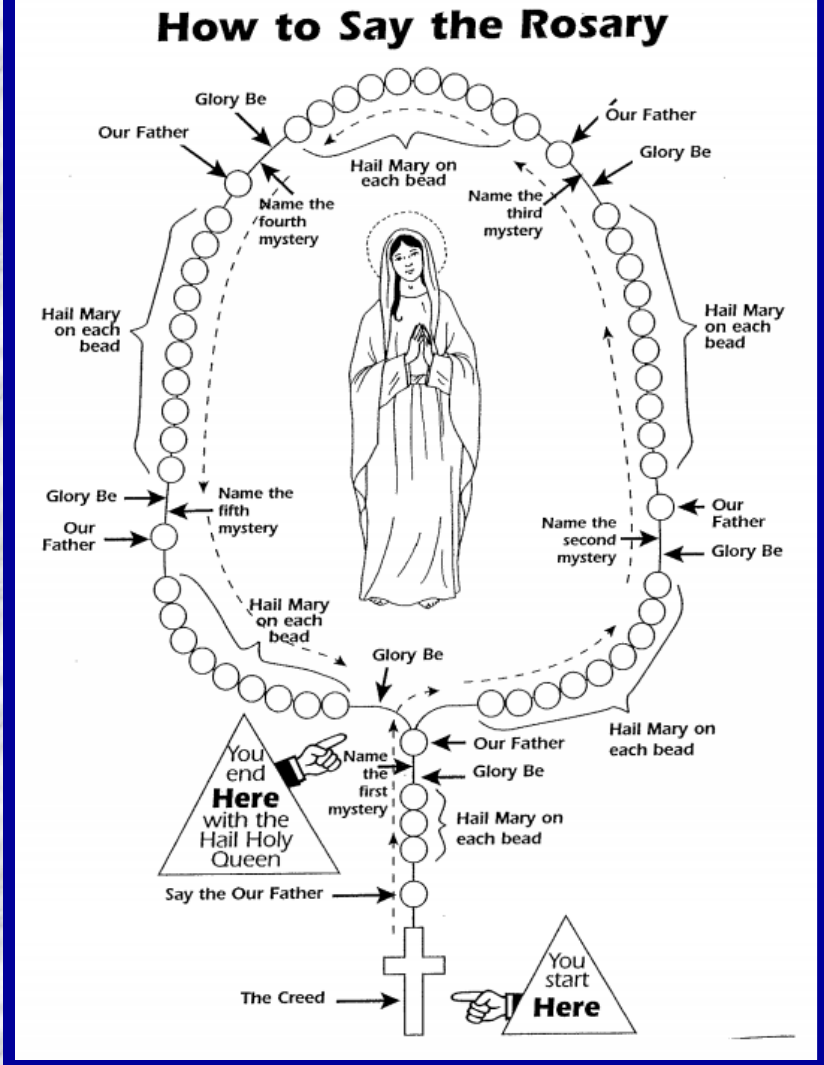
School News/ Reminders

Aftercare Notice

There will be **NO AFTERCARE** on October 23rd. This is a **12:00 dismissal** day as well. Please make arrangements for the noon pick up of your children.

Thank you.

VIRTUE OF THE MONTH
REVERENCE



DON'T FEEL WELL? STAY HOME WHEN YOU ARE SICK

Tell your mom, dad, or caregiver before you come to school. Tell your teacher or an adult if you become sick at school



cough



Shortness of breath
or problem breathing



chills



sore throat



loss of taste
or smell



muscle pain

OTHER SYMPTOMS INCLUDE:

fever, runny nose, diarrhea, feeling nauseous
or vomiting, feeling tired, headache,
and poor appetite

amazon smile
Org Central

You can make a difference while you shop Amazon. Simply shop at smile.amazon.com/ch/43-0750428 or with AmazonSmile ON in the Amazon Shopping app and Amazon Smile donates to St Paul.

TWB/SCRIP NEWS

BONUS FEST

NEW 2-DAY BONUSES

EVERY FRIDAY & SATURDAY • OCTOBER 9 – 31

4 weekends in a row of 2-day bonuses is coming Oct 9 – 31. Take advantage of the extra earnings to make an even bigger impact for your organization and the people that matter most to you. Check your messages from TeacherEase each Friday for the list of bonuses.

OCTOBER

Monday	Tuesday	Wednesday	Thursday	Friday
12 R1 – Dunkin R2 – _____ CS – _____	13 R1 – Montgomery R2 – _____ CS – Wright	14 R1 – Alterson R2 – _____ CS – _____	15 R1 – Mullenschlader R2 – _____ CS – _____	16 R1 – _____ R2 – _____ CS – _____
19 R1 – Dunkin R2 – _____ CS – _____	20 R1 – Montgomery R2 – _____ CS – Wright	21 R1 – Alterson R2 – _____ CS – _____	22 R1 – Mullenschlader R2 – _____ CS – _____	23 NOON DISMISSAL

R1 AND R2 = RECESS MONITORs, CS = CAFÉ SERVER

If you have any extra time and would like to help out during lunch feel free to sign up at the following links:

Recess Monitors: <https://www.signupgenius.com/go/8050F4FACA822A2F85-202021>

Cafe Servers: <https://www.signupgenius.com/go/8050F4FACA822A2F85-2020211>

ST. PAUL IN ST. PAUL

Healthy Habits Lunch

OCTOBER 2020

* = Baked

WG=Whole Grain Ingredients

Monday	Tuesday	Wednesday	Thursday	Friday
12	13	14	15	16
COLUMBUS DAY ENTRÉE CHOICE 1 NINA BOSCO STICK ENTRÉE CHOICE 2 AMERICA CHICKEN NUGGETS SIDE ITEMS: Pinta Mixed Vegetables Santa Maria Applesauce 1492 Ocean Blue Oreos Map Milk, Fat Free	ENTRÉE CHOICE 1 *French Toast Sticks with Syrup ENTRÉE CHOICE 2 Pancakes SIDE ITEMS: *Bacon *Triangle Hash Brown Seasonal Fresh Fruit Milk, Fat Free	ENTRÉE CHOICE 1 PAPA JOHNS PEPPERONI PIZZA NO ENTRÉE CHOICE 2 SIDE ITEMS: TOSSED SALAD WITH RANCH DRESSING CHILLED FRUIT MILK, FAT FREE	ENTRÉE CHOICE 1 *Chicken Patty Sandwich WG ENTRÉE CHOICE 2 Mini Corn Dogs SIDE ITEMS: *French Fries/Ketchup Green Beans Seasonal Fresh Fruit Milk, Fat Free	NATIONAL PASTA DAY ENTRÉE CHOICE 1 Spaghetti with Meat Sauce ENTRÉE CHOICE 2 Chicken Drumsticks SIDE ITEMS: Green Beans *WG Dinner Roll 100% Fruit Juice Bar Milk, Fat Free
19	20	21	22	23
ENTRÉE CHOICE 1 Grilled Cheese Sandwich, WG ENTRÉE CHOICE 2 Manwich Sloppy Joe SIDE ITEMS: Green Beans Seasonal Fresh Fruit Cookie Milk, Fat Free	ENTRÉE CHOICE 1 Nachos and Cheese, WG ENTRÉE CHOICE 2 Chicken Strips SIDE ITEMS: Green Beans Seasonal Fresh Fruit Churro Milk, Fat Free	ENTRÉE CHOICE 1 PAPA JOHNS CHEESE PIZZA NO ENTRÉE CHOICE 2 SIDE ITEMS: CARROTS AND CELERY WITH RANCH DRESSING CHILLED FRUIT MILK, FAT FREE	HALLOWEEN SPECIAL ENTRÉE CHOICE 1 Skeleton Bones (Chicken Legs) ENTRÉE CHOICE 2 Devil Dog (Hot Dog) SIDE ITEMS: Spider Legs (Fries) Bat's Teeth (Corn) Witches Surprise Monster Mash Milk	1/2 DAY NO FOODSERVICE
26	27	28	29	30

FALL BREAK THIS WEEK. ENJOY!



DAILY SPECIALS (GRADES 5-8 ONLY) \$3.50

CHICKEN PATTY SANDWICH
WITH CHIPS

BACON CHEESEBURGER
WITH CHIPS

GRILLED CHEESE ON TEXAS
TOAST WITH FRUIT

CHICKEN STRIPS
WITH FRIES

2 BOSCO STICKS
AND CHIPS

All FSC menus follow the USDA guidelines & Archdiocese Wellness Plan and have been approved by Registered Dietitian Associates, Inc. (does not include alternate entrée).



Food Service Consultants, Inc.
"A Local Company Serving You With Pride"





1223 Church Road
St. Paul, MO 63366
636-978-1900
www.st-paulchurch.org

Date **October 7, 2020**

School Arch Code 361

TO: Parents, Students, Teachers, Employees and Organizations Representing Parents, Students, Teachers and Employees of **St. Paul School.**

During the summer of 1988, the Archdiocese of St. Louis, the LEA (Local Education Agency) for this School, inspected each school building leased, owned or otherwise used as a school building by the Archdiocese to identify all locations of asbestos-containing building materials (ACBM) in accordance with the Asbestos Hazard Emergency Response Act (AHERA) and the AHERA Regulations. Samples were taken of all ACBM and suspected ACBM, analysis of the samples was performed, and the condition of the material was assessed. An Asbestos Management Plan was prepared from this information.

On October 12, 1988, the Archdiocese of St. Louis submitted a copy of this Management Plan to the State of Missouri, as mandated by AHERA and pursuant to the EPA "Asbestos-Containing Materials in Schools" regulations (40 C.F.R. Part 763, Subpart E) (the "AHERA Regulations").

The Management Plan is available in the Office of Building and Real Estate, Cardinal Rigali Center, 20 Archbishop May Drive, St. Louis, Missouri 63119-5738, and in the Administrative Office of this School located at **1235 Church Road, St. Paul, MO 63366.**

The Management Plan shall be available at these locations during normal business hours, without cost or restriction, for inspection by the public, including teachers, other school personnel and their representatives, and parents. A reasonable cost may be charged to make copies of any portion of the Management Plan.

Response Actions to the ACBM may include removal, encapsulation, enclosure or repair. All Response Actions at this school are being performed in compliance with AHERA and the AHERA regulations. In accordance with Management Plan recommendations. If abatement activity has been conducted at your school, this information will be located at the "Response Action" tab of your School's Management Plan.

Periodic Surveillance of the ACBM is being performed every six months. The results of each of these inspections are available in the Management Plan located at the school and the Office of Building and Real Estate. Periodic Surveillance consists of a visual inspection of all areas that are identified in the Management Plan as ACBM or assumed ACBM. Any changes in the condition of the materials that require attention are noted by maintenance personnel and reported to the Office of Building and Real Estate, which initiates the appropriate response action.