



The Knight's Tablet

"Put on the armor of God and fight the good fight of faith." – St. Paul

October 16, 2024

Upcoming Events

- Oct 18~** Trunk or Treat
- Oct. 23~** First Reconciliation Parent Meeting 6:30 PM
- Oct. 25~ Noon Dismissal**, Parent / Teacher Conferences
- Oct. 26-Nov. 3~**Fall Break
- Nov. 4~**Classes resume
- Nov. 8~**Faculty Meeting-**NOON DISMISSAL**
- Nov. 11-15~**Wild West Walk-a-thon! (p5)
- Nov. 27~**Grandparents Day-**Noon Dismissal**

Servers Schedule

- Oct. 14-18** N. Loy & L. Mueller
- Oct. 19** 4:30 PM VOLUNTEERS NEEDED
- Oct. 20** 7:00AM L. Talbott & E. Vomund
9:00 AM M. Donovan & K. O'Connor
11:00 AM B. Hemmer & E. Wehmeier
- Oct. 21-25** P. Mueller & T. Prudlow

Good Afternoon St. Paul Families,
This Thursday and Friday we will have visitors in our school as the School Improvement Process continues. They will have a chance to visit the school and see how awesome St. Paul is! We will publish their findings in next week's newsletter.

*Report Cards can be viewed tomorrow on Teacherease. You will receive a hard copy during parent teacher conference as well.

*The students will have a noon dismissal next **Friday, October 25**. All students may dress down in Halloween colors! Dress down rules apply. **ONLY PreK and Kindergarten may wear costumes.**

*Walk-a-thon: NEW date see page 5 for details.

If you would like to help with prizes see the sign-up genesis below.

<https://www.signupgenius.com/>

School News/Reminders:

Recess Volunteers are needed on:

October 18,

November 7, 12, 13

<https://www.signupgenius.com/go/8050F4FACA822A2F85-49729409-20242025>

Parent ~ Teacher Conferences

Friday, October 25, 1-8pm.

If you have not signed up to meet with your child's teacher, please contact the school office as soon as possible. THANK YOU!!!

WANTED: 7th and 8th Grade Cheerleaders

If you have a current 7th or 8th grader interested in cheer, please fill out the following survey by 10/31 to show your interest. This cheer squad would cheer for the 7th and 8th grade boys home basketball games. More information to come, but first getting a feel for interest.

Visit this website or scan the QR code:
<https://www.surveymonkey.com/r/GVYJNC7>



Questions:
Contact Lisa Trower
jltrower@charter.net
636-262-9142



'Tis the season for lost sweatshirts. Please put your child's name or initials on the tag on the lower side of the sweatshirt.

Please join us for a monthly family rosary led by children on Tuesday, November 5. Doors open at 6:30PM. Rosary begins at 6:45 PM. All are welcome!



ST. PAUL SHARE NIGHT AT



Tuesday, November 5th
from 4:00 pm – 8:00 pm

Chick-fil-A – Lake St. Louis
8280 Old Hwy N, Lake St.
Louis, MO 63367



**Mention St. Paul School during payment
the night of Nov. 5th to ensure a portion of
the proceeds go directly back to our
school! Come out for dinner and help
support our school!**

School News/Reminders:



St. Paul 175th
Anniversary Shirts are
still available in adult
sizes for \$15.

Donate Supplies
from our
amazon **wishlist**

[Click Here](#)



Sunday Movie Nights

October 13 - Episodes 1 and 2

October 27 - Episodes 3 and 4

November 17 - Episodes 5 and 6

November 24 - Episodes 7 and 8

Join us in the gym at St. Paul School to watch Season 4 of The Chosen on the big screen TV. We will begin at 5:30pm. Each evening there will be a short intermission between the 1 hour (+/-) long episodes.

No need to RSVP!



Congratulations to the 5th
Grade boys volleyball team who
won the division championship
for the third year in a row! They
have won every match since the
team was formed in 3rd
grade—that's 40 matches!!

ST. PAUL PTO PRESENTS

WILD WEST WALK-A-THON ROUND-UP

NOVEMBER 11-15

★ Our St. Paul School Wild West Walk-a-thon Round-Up Fundraiser will be held November 11-15. We are excited to reinforce good habits while raising funds for our school. The students will be participating in an extracurricular activity for 20 minutes a day during a designated time with their teachers and class for a total of 100 minutes. ★

MONDAY Dress in your best western-themed cowgirl and cowboy clothes! Be ready to do some boot-scootin' boogie on this day!

TUESDAY Pajama Day: We will be lassoing some sweet dreams with time to jump rope!

WEDNESDAY Flannel Day: Wear your favorite flannel shirt and be ready to hop, skip and jump in a hopscotch relay race!

THURSDAY Country vs. Country Club: Wear your country clothes or country club attire. Each class will go on a 20 minute nature walk...that's pretty neat!

FRIDAY Showdown of the Knights: Spirit Day Dress Down...Race Day!!!

Our goal for this event is \$20,000. We have an individual goal of \$50.00. This will be our "Big" fall fundraiser with proceeds directly benefiting our School. Students will be bringing home information next Wednesday. Donations can be made directly to your child, or you can share the QR code below. While the event takes place November 11-15, students can start collecting donations NOW.



SCHOOL GOAL: \$20,000

October St Paul School

FOOD IN FOCUS



Daily Specials \$3.75
Grades 5th-8th Only

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	Crispy Chicken Strips OR Ham & Cheese Croissant with Golden French Fries Garden Salad Ice Cream Cup 1	PAPA JOHNS PIZZA Pepperoni Pizza Veggies w/ Ranch Grapes 2	BBQ Riblet Sandwich OR Corn Dog with Lay's Chips Garden Green Beans Chilled Peaches 3	No Lunch 4
Breaded Popcorn Shrimp OR Golden Grilled Cheese with Golden French Fries Vegetable Medley Creamy Sherbet 7	Bacon Macaroni & Cheese OR Dino Nuggets with Fresh Veggies & Dip Mandarin Oranges Cinnamon Goldfish 8	PAPA JOHNS PIZZA Cheese Pizza Veggies w/ Ranch Orange Slices 9	Chicken Rings OR Bosco Pepperoni Stick with Tossed Salad with Ranch Dressing Grapes Chilled Pudding 10	Crispy Nachos with Cheese OR Hot Dog on a Bun with Fresh Veggies & Dip Frozen Mixed Fruit Vanilla Wafers 11
COLUMBUS DAY Nina Bosco Sticks or America Chicken Nuggets Pinta Mixed Veggies Santa Maria Applesauce 1492 Ocean Blue Oreos 14	ST. LOUIS BLUES SPECIAL Hockey Sticks (French Toast) Or Between the Pipes Pancake Bites Hockey Puck (Sausage) Goalie Fruit Hat Trick Hash Brown 15	PAPA JOHNS PIZZA Pepperoni Pizza Veggies w/ Ranch Apple Slices 16	Mini Corn Dogs OR Crispy Chicken Tenders with Tossed Salad Vine-Ripened Grapes Mini Rice Krispies Treat 17	Sloppy Joes OR Soft Pretzel w/Cheese Garden Salad Fresh Apple Slices Teddy Grahams 18
Chicken Snack Wrap Or Corn dog Fresh Veggies w/dip Seasonal Fresh Fruit Cookie 21	Mostaccioli with Meat Sauce OR Toasted Beef Ravioli with Tossed Salad with Dressing Fresh Apple Slices Breadstick 22	PAPA JOHNS PIZZA Cheese Pizza Veggies w/ Ranch Orange Slices 23	HALLOWEEN SPECIAL Ghoulish Hot Dog or Boo Burger Skeleton Bones (Fries) Bat Teeth (Corn) Witch's Surprise 24	No Lunch 25
Fall Break 28	Fall Break 29	Fall Break 30	Fall Break 31	

Monday: Chicken Strips with Fries

Tuesday: Spicy Chicken Sandwich & Fruit

Wednesday: Pretzel Cheese & Fruit

Thursday: Bosco Stick w/ Fruit

Friday: Tony's Personal Cheese Pizza & Fruit

Plate Lunch Prices

Pre-School \$4.25
Grades K-2nd \$4.50
Grades 3rd-8th \$5.00
Extra Entrée \$2.00

Ala Carte Milk or Bottled Water \$.50

Available Daily
Snack Rack & Drink Cooler
Many offerings & various prices

Sharon LaBarge, Cafeteria Manager
605manager@foodserv.org

Please Check your Meal Magic Account

Thank you!

MENU IS SUBJECT TO CHANGE

Contact our dietician at lisa@foodserv.org for special dietary and allergy concerns.

For more information about FSC or employment opportunities, please go to www.foodserviceconsultants.org



RUNNING ACROSS AMERICA, KEEPING KIDS SAFE ONLINE.

@BENJTRACY



TRACYTREK.COM

DUCHESNE HIGH SCHOOL PRESENTS

BEN TRACY

NOV. 11TH

7PM

PARENT PRESENTATION

**Ted Yeater
Athletic Center**

ONLINE SAFETY •
CYBERBULLYING •
DIGITAL CITIZENSHIP •
ONLINE PREDATORS •
MENTAL HEALTH & SOCIAL MEDIA •
ARTIFICIAL INTELLIGENCE •



FOLLOW BEN ON
HIS JOURNEY



REGISTER
(LIMITED SPOTS AVAILABLE)

120 MARATHONS - 120 DAYS - 1 MISSION - KEEP KIDS SAFE ONLINE



SAFE ENVIRONMENT USER REGISTRATION

Got to <https://www.preventandprotectstl.org>

Click "Register" below the LOG IN button (image at right).

Enter the passcode **stlprotect** when prompted.

Select the type of location where you are a volunteer or employee

- Parish or Parish School

Select the specific location by name

- St. Paul Parish and School (St. Paul)

Click the roles associated with your employment/service at the parish.

If you are active at only one location, this will be your "primary" location.

If you are active at more than one location, click the ADD PARISH/LOCATION button and repeat the steps above. With more than one location, please click the "This is my main/primary location" circle to indicate where you are employed or, if you are a volunteer, where most of your ministry or service is performed.

Complete your personal information. Please enter your **legal first name** for the purposes of the background screening.

Create a username, password and password clue.

Agree to the Terms of Use and click SUBMIT.

You will then be prompted to submit information for a background screening, register for a Protecting God's Children workshop*, view two online training modules, and agree to the Code of Ethical Conduct.

*If you have previously attended a PGC workshop, the system will find and/or ask you to confirm your previous record of attendance. You will not be prompted to register for an upcoming workshop. If, for some reason, it does not match your previous training to this account and you are prompted to register for a class, please register for "PREVIOUSLY ATTENDED-DATE NOT LISTED" and send an email to the address below. We will apply the correct training record to your account.

You may use the links in your approval checklist to access these requirements. These steps may be completed all at once or may be completed separately at your convenience. You will receive an automated email weekly to remind you which requirements are outstanding. When all compliance requirements have been completed, your account will be approved and you will be clear to work with minors and vulnerable adults.

- Register onto the site
- [Submit New Background Check](#)
- Complete "[Protecting God's Children](#)" training
- Complete "[Mandated Reporter](#)" training
- Complete "[Code of Conduct](#)" training
- Sign "[Code of Conduct](#)"

Username

Password

Remember this account

LOG IN

[Forgot Password](#) [Register](#)

Should you need any assistance, please contact ocyp@archstl.org