



The Knight's Tablet

"Put on the armor of God and fight the good fight of faith." – St. Paul

November 4, 2020

Upcoming Events

November 6~ Spirit Day/ Noon Dismissal/ Faculty Meeting

November 11~ All School Mass in the Gym.

November 16~Read-A-Thon Kick off.

November 25-27~ NO SCHOOL—Thanksgiving break.

December 2~ First Reconciliation

December 3~ Picture Retake Day

December 4~ Noon Dismissal/ Faculty Meeting/ SPIRIT Day

December 22~ Noon Dismissal

December 23-January 3 ~ Christmas Break



Are you ready to READ
like a ROCK STAR?



This year our school will participate in a READ-A-THON! The week of November 16 we will dedicate a full week to celebrate



the importance of
reading while raising
money for our school.

COVID-19 Reminder

IF ANYONE IN YOUR FAMILY HOUSEHOLD HAS SYMPTOMS AND/OR GETS TESTED FOR COVID, PLEASE KEEP YOUR CHILD(REN) HOME UNTIL YOU HAVE MORE INFORMATION (i.e...TAKEN A COVID TEST/TEST RESULTS, DOCTOR VISIT)!
PLEASE CALL MRS. KAIMANN IF YOU ARE UNSURE ABOUT WHAT TO DO!
THANK YOU FOR YOUR SUPPORT!

School News/ Reminders:

Read-A-Thon Days Coming your way:

Monday, November 16: **Wild About Reading**- You can dress in animal print/camo and bring your favorite stuffed animal to school to read with!

Tuesday, November 17: **Hats off to Reading**- Wear your favorite hat to school!

Wednesday, November 18: **Glow-Up and READ**~ Dress in Neon

Thursday, November 19: **Electric Black Out Day**~ Dress in Black and Bring a flashlight to read with.

Friday, November 20: **Reading Rocks**~ Dress up like a Rock Star



MORE DETAILS WILL BE COMING HOME SOON!!

Amerigas School Days

The Amerigas School Days program is changing the way they handle the propane rebate program for schools. Previously, Amerigas customers turned in their receipts to the school and we sent them in for the rebate. Now each customer must register with Amerigas and their total gallons will automatically be assigned to our account. Customers can register at:

<http://ameri.gs/ParticipationForm>.

Our school ID# is 692329139.

Interested in Volunteering?

Please make sure you have updated your Safe Environment Course.

See page 6 for details!

Thank you!

Aftercare Notice

There will be **NO AFTERCARE** on November 6. This is a **12:00 dismissal** day as well. Please make arrangements for the noon pick up of your children.

Dress Down Passes

We will honor all dress down passes from last school year until December 31 of this year!

November

Mon	Tue	Wed	Thu	Fri
			5	6
			R1- Grohmann R2- CS-	NOON DISMISSAL
9	10	11	12	13
R1- Dunkin R2- CS- Wright	R1- Montgomery R2- CS- Burkemper	R1- Smith R2- CS- Burkemper	R1- R2- CS-	R1- R2- CS-
16	17	18	19	20
R1- Dunkin R2- CS- Wright	R1- Montgomery R2- CS- Burkemper	R1- Smith R2- CS- Burkemper	R1- R2- CS-	R1- R2- CS-
23	24	25	26	27
R1- Dunkin R2- CS- Wright	R1- R2- CS- Burkemper	NO SCHOOL	THANKSGIVING	NO SCHOOL
30	1 (December)	2 (December)	3 (December)	4
R1- Dunkin R2- CS- Wright	R1 – Montgomery R2 – CS –	R1- Smith R2 – CS –	R1 – Grohmann R2 – CS –	NOON DISMISSAL
R1 – Recess Monitor, R2 – Recess Monitor, CS – Café Server				

If you have any extra time and would like to help out during lunch feel free to sign up at the following links:

Recess Monitors: <https://www.signupgenius.com/go/8050F4FACA822A2F85-202021>

Cafe Servers: <https://www.signupgenius.com/go/8050F4FACA822A2F85-2020211>

ST. PAUL IN ST. PAUL

Healthy Habits Lunch

NOVEMBER 2020

* = Baked

WG = Whole Grain Ingredients

Monday 2	Tuesday 3	Wednesday 4	Thursday 5	Friday 6
ENTRÉE CHOICE 1 *Jumbo Corn Dog ENTRÉE CHOICE 2 Popcorn Chicken Wrap SIDE ITEMS: Green Beans Seasonal Fresh Fruit *Vanilla Wafers Milk, Fat Free	ELECTION DAY ENTRÉE CHOICE 1 Ballot Cheeseburger ENTRÉE CHOICE 2 Vote for Me Hot Dog SIDE ITEMS: Democratic Tator Tots Polling Place Peaches Republican Rice Krispies Treat Majority Milk, Fat Free	ENTRÉE CHOICE 1 PAPA JOHNS PEPPERONI PIZZA NO ENTRÉE CHOICE 2 SIDE ITEMS: CARROTS AND CELERY WITH RANCH DRESSING CHILLED FRUIT MILK, FAT FREE	NATIONAL DONUT DAY ENTRÉE CHOICE 1 Scrambled Eggs ENTRÉE CHOICE 2 Waffles with Syrup SIDE ITEMS: *Hash Brown Triangle Seasonal Fresh Fruit Donut Milk, Fat Free	1/2 DAY NO FOOD SERVICE
9 HUG A BEAR DAY ENTRÉE CHOICE 1 Teddy Bear Bosco Stick with Sun Bear Sauce ENTRÉE CHOICE 2 Cuddly Mini Taco SIDE ITEMS: My Friend Mixed Veggies Best Buddy Fruit Teddy Grahams Companion Milk, Fat Free	10 ENTRÉE CHOICE 1 * Chicken Strips ENTRÉE CHOICE 2 Crunchy Taco SIDE ITEMS: Corn Seasonal Fresh Fruit Cookie Milk, Fat Free	11 ENTRÉE CHOICE 1 PAPA JOHNS CHEESE PIZZA NO ENTRÉE CHOICE 2 SIDE ITEMS: TOSSED SALAD WITH RANCH DRESSING CHILLED FRUIT MILK, FAT FREE	12 ENTRÉE CHOICE 1 Baked Macaroni & Cheese ENTRÉE CHOICE 2 Chicken Nuggets SIDE ITEMS: Green Beans Seasonal Fresh Fruit Teddy Grahams Milk, Fat Free	13 ENTRÉE CHOICE 1 *Popcorn Shrimp ENTRÉE CHOICE 2 Pretzel with Cheese SIDE ITEMS: *Seasoned Fries Mixed Vegetables *Cookie Milk, Fat Free
16 ENTRÉE CHOICE 1 Chicken Snack Wrap ENTRÉE CHOICE 2 Mini Corn Dogs SIDE ITEMS: Fresh Vegetables with Dip Seasonal Fresh Fruit Chocolate Pudding Milk, Fat Free	17 ENTRÉE CHOICE 1 *Toasted Ravioli ENTRÉE CHOICE 2 Pulled Pork Slammer SIDE ITEMS: Green Beans Seasonal Fresh Fruit *Cookie Milk, Fat Free	18 ENTRÉE CHOICE 1 PAPA JOHNS PEPPERONI PIZZA NO ENTRÉE CHOICE 2 SIDE ITEMS: TOSSED SALAD WITH RANCH DRESSING CHILLED FRUIT MILK, FAT FREE	19 ENTRÉE CHOICE 1 *Popcorn Chicken ENTRÉE CHOICE 2 Hot Dog SIDE ITEMS: *Seasoned Fries Seasonal Fresh Fruit *Homemade Brownie Milk, Fat Free	20 ENTRÉE CHOICE 1 Turkey, Bacon & Cheese on Skinny Bun ENTRÉE CHOICE 2 Chicken Drumsticks SIDE ITEMS: Baby Carrots Light Ranch Dressing Seasonal Fresh Fruit Mini Rice Krispies Treat Milk, Fat Free
23 ENTRÉE CHOICE 1 Grilled Cheese Sandwich, WG ENTRÉE CHOICE 2 Meatball Sub SIDE ITEMS: Green Beans Seasonal Fresh Fruit Cookie Milk, Fat Free	24 THANKSGIVING FEAST ENTRÉE CHOICE 1 Open Faced Turkey ENTRÉE CHOICE 2 Chicken Drumstick SIDE ITEMS: Mashed Potatoes & Gravy Mixed Veggies Cookie Milk, Fat Free	25 NO SCHOOL NO FOOD SERVICE	26 NO SCHOOL HAPPY  THANKSGIVING	27 NO SCHOOL
30 NATIONAL FRENCH TOAST DAY ENTRÉE CHOICE 1 *Pancake with Syrup ENTRÉE CHOICE 2 French Toast Sticks & Syrup SIDE ITEMS: *Sausage Patty Seasonal Fresh Fruit Yogurt Milk, Fat Free				

DAILY SPECIALS (GRADES 5-8 ONLY) \$3.50

6" CHEESE FRENCH BREAD PIZZA AND FRUIT	GRILLED CHICKEN SANDWICH AND CHIPS	PRETZEL WITH CHEESE AND FRUIT	TOASTED RAVIOLI WITH SAUCE AND FRUIT	CHICKEN NUGGETS AND FRIES
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All FSC menus follow the USDA guidelines & Archdiocese Wellness Plan and have been approved by Registered Dietitian Associates, Inc. (does not include alternate entrée).

Food Service Consultants, Inc.

"A Local Company Serving You With Pride"





SAFE ENVIRONMENT USER REGISTRATION

Got to <https://www.preventandprotectstl.org>

Click "Register" below the LOG IN button (image at right).

Enter the passcode **stlprotect** when prompted.

Select the type of location where you are a volunteer or employee

- Parish or Parish School

Select the specific location by name

- St. Paul Parish and School (St. Paul)

Click the roles associated with your employment/service at the parish.

If you are active at only one location, this will be your "primary" location.

If you are active at more than one location, click the ADD PARISH/LOCATION button and repeat the steps above. With more than one location, please click the "This is my main/primary location" circle to indicate where you are employed or, if you are a volunteer, where most of your ministry or service is performed.

Complete your personal information. Please enter your **legal first name** for the purposes of the background screening.

Create a username, password and password clue.

Agree to the Terms of Use and click SUBMIT.

You will then be prompted to submit information for a background screening, register for a Protecting God's Children workshop*, view two online training modules, and agree to the Code of Ethical Conduct.

*If you have previously attended a PGC workshop, the system will find and/or ask you to confirm your previous record of attendance. You will not be prompted to register for an upcoming workshop. If, for some reason, it does not match your previous training to this account and you are prompted to register for a class, please register for "PREVIOUSLY ATTENDED-DATE NOT LISTED" and send an email to the address below. We will apply the correct training record to your account.

Use may use the links in your approval checklist to access these requirements. These steps may be completed all at once or may be completed separately at your convenience. You will receive an automated email weekly to remind you which requirements are outstanding. When all compliance requirements have been completed, your account will be approved and you will be clear to work with minors and vulnerable adults.

LOG IN

Username

Password

☐ Remember this account

LOG IN

[Forgot Password](#) [Register](#)

- ☒ Register onto the site
- ☐ [Submit New Background Check](#)
- ☐ Complete "[Protecting God's Children](#)" training
- ☐ Complete "[Mandated Reporter](#)" training
- ☐ Complete "[Code of Conduct](#)" training
- ☐ Sign "[Code of Conduct](#)"

Should you need any assistance, please contact ocyp@archstl.org

DON'T FEEL WELL?

STAY HOME WHEN YOU ARE SICK

Tell your mom, dad, or caregiver before you come to school. Tell your teacher or an adult if you become sick at school



cough



Shortness of breath
or problem breathing



chills



sore throat



loss of taste
or smell



muscle pain

OTHER SYMPTOMS INCLUDE:

fever, runny nose, diarrhea, feeling nauseous
or vomiting, feeling tired, headache,
and poor appetite