



The Knight's Tablet

"Put on the armor of God and fight the good fight of faith." – St. Paul

November 8, 2023

Upcoming Events

Nov 9~ SPPTO Share Night at Freddy's

Nov 10~ DRESS IN RED, WHITE, and BLUE - All School Veterans Day Mass@ 8AM

Nov 17~ All School Thanksgiving Mass @8:00AM

Nov 22-24~ Thanksgiving Break / NO SCHOOL

Dec 1~ Spirit Day/ Noon Dismissal

Dec 3~ Breakfast with Santa

Dec 6~ First Reconciliation @ 6:30PM

Dec 12~ K-4 Christmas Program @6:30 PM

Servers Schedule

Nov 10 Connor Hoff & Kenley Lickteig

Nov 11 4:30pm Volunteers

Nov 12 7:00am Anna VonBokel & MaKenna Erwin

9:00am Marianne Vomund & Gavin Barry

11:00am Tommy & Catherine Dyer

Nov 13 John Roettger & Catherine Dyer

Nov 15 John Roettger & Catherine Dyer



School News/Reminders:

DONATE WITH A *Freddy's* DOUBLE

FREDDY'S IS PROUD
TO CONTRIBUTE

15%

OF EVENT SALES!

IN-STORE

➤ SHOW THIS FLYER
OR SAY "I'M HERE FOR
THE FUNDRAISER"
AT CHECKOUT

ONLINE OR MOBILE APP

USE PROMO CODE:
GIVEBACK



A FUNDRAISER SUPPORTING:
St Paul School

COME ENJOY YOUR FREDDY'S FAVORITES WHILE HELPING A GREAT CAUSE!

November 9, 2023 | 5PM-9PM

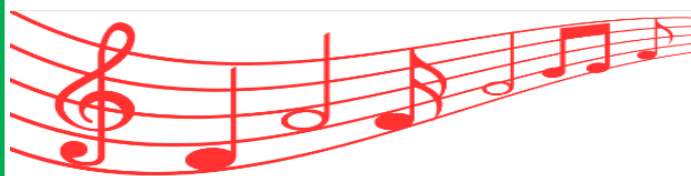
2675 Hwy K, O'Fallon, MO 63368

Offer valid only on select date(s). Only non-profit organizations are eligible to participate in the Freddy's fundraising program. Freddy's will donate 15% of qualifying food and beverage sales to the organization. Tax, gift cards, catering and delivery are excluded from the donation. Offer void if flyer is distributed in or near the restaurant. For more information about fundraising, email fundraising@freddys.com.

Donate Supplies
from our

amazon **wishlist**

Click Here



The St. Paul Youth Choir is invited to sing at the 4:30 pm Mass on Christmas Eve. Students in grades 4-8 are welcome to join. I will be directing and supervising the choir.

As I continue to plan our Christmas Mass, I need to be sure there are enough students interested in singing with the choir. If we have enough voices, rehearsals will be held on Tuesdays from 3:15 – 4:00. Our rehearsal dates will be Nov. 28th, Dec. 5th, Dec. 12th and Dec. 19th .

If your child/children would like to participate, please reply to principal@stpaulknights.org by Wednesday, Nov. 22nd.

If you have questions, feel free to call me at 814-566-3536 or email at janice.wilson2002@gmail.com.

Thank you!

Janice Wilson

Dress Code for Cool Weather

With cool weather occasionally knocking at our door here are a few dress codes to remember when sending the children off to school:

Navy or black leggings or tights may be worn under the uniform skirt or jumper.

No boots are allowed ([see Handbook](#)).



Congratulations!!



4th Grade Girls Miller -
Regular Season Gold Division
Winners



7th Grade Girls O'Connor -
Regular Season Red Division
Winners



4th Grade Boys
Campbell - Reg-
ular Season Blue
Division Winners
AND St. Charles
County Post-
Season Playoff
Champions





**5th Grade Girls Auchly -
St. Charles County Post-
Season Playoff Champions**

**5th Grade Boys Hawkins -
St. Charles County Post-
Season Playoff
Champions**



**7th Grade Girls Beckring -
St. Charles County Post-
Season Playoff Champions**

St. VINCENT DePAUL

St. Vincent DePaul (SVDP) provides Christian care and service to neighbors in need in our own community. When our neighbors are faced with troubles, St. Vincent DePaul is able to assist. First and foremost we provide faith and prayer, sharing our Love of Christ. If needed, we are able to provide financial assistance for housing, groceries, transportation, clothing or other forms of assistance as necessary. The goal of St. Vincent DePaul is to live the gospel message by serving Christ in the poor with love, respect, justice, hope and joy. Our services are confidential. If you would like to serve, contact Teresa Montgomery at 636-443-5684 or email us at stvdpstpaul@gmail.com. If you know someone in need: Call our Hotline 1-314-289-6101.

SVDP provides your family the opportunity to serve your community. Consider participating in some of these activities as a family:

- 1. Pray daily for the less fortunate in our world-at home or during an hour of Adoration.**
- 2. Participate in our annual Spring Food Drive**
- 3. Participate in our annual Clothing and Household collection.**
- 4. Clean out closets, toys and household items and donate to the SVDP Thrift Store or Sell items and donate a portion of the proceeds to St. Paul SVDP.**
- 5. Adults are able to answer hotline calls or make home visits**
- 6. Volunteer as a family at the Food Pantry at Old Monroe**



HELP—Volunteers are Needed

[LUNCH VOLUNTEER SIGN UP](#) [RECESS VOLUNTEER SIGN UP](#)

YOU MUST COMPLETE Prevent & Protect to volunteer at school.

THANK YOU!



NOVEMBER/DECEMBER

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		8 C-DUFFY P - OSTERHOLT	9 C- BOEHMER P - D. MUELLER	10 C- <u>HELP NEEDED</u> P- RIFFLE
13 C- <u>HELP NEEDED</u> P-DUNKIN	14 C-SMALLEY P- NOAH	15 C- WALTERSDORF P - HENNEN	16 C - PFLUM P - D. MUELLER	17 C- GROHMANN P - RIFFLE
		22 NO SCHOOL	23 HAPPY THANKSGIVING	24 NO SCHOOL
20 C- <u>HELP NEEDED</u> P-DUNKIN	21 C-SMALLEY P- WILSONHOLM			
		29 C- WALTERSDORF P - <u>HELP NEEDED</u>	30 C-CUNNINGHAM P- <u>HELP NEEDED</u>	01 NOON DISMISSAL
04 C- SMALLEY P-DUNKIN	05 C- <u>HELP NEEDED</u> P- HENNEN	06 C- <u>HELP NEEDED</u> P - <u>HELP NEEDED</u>	07 C- <u>HELP NEEDED</u> P- <u>HELP NEEDED</u>	08 C- GROHMANN P- <u>HELP NEEDED</u>
		13 C- <u>HELP NEEDED</u> P - <u>HELP NEEDED</u>	14 C-HANFF P- <u>HELP NEEDED</u>	15 C- SMALLEY P- <u>HELP NEEDED</u>

November

St. Paul
Catholic
School

FOOD IN FOCUS



MONDAY

Did you know?



The first Thanksgiving lasted three whole days in 1863!

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Fall Break
No School

Fall Break
No School

Fall Break
No School



1

2

3

Breaded Chicken Patty
OR
Grilled Cheeseburger
with
Golden French Fries
Fresh Veggies & Dip
Mandarin Oranges

6

Mini Waffle
OR
French Toast Sticks
with
Golden Hash Browns
Tropical Fruit Medley
Mini Blueberry Muffin

7

PAPA JOHN'S
CHEESE PIZZA



Fresh Veggies & Ranch
Orange Wedges

8

Dinosaur Chicken Nuggets
OR
Golden Grilled Cheese
with
Vegetable Medley
Frosty Peaches
Jiggling Jell-O

9

VETERANS DAY
Tribute Toasted Ravioli
Or
Pretzel with Cheese
Hero Green Beans
Overseas Oranges
Courage Cookie

10



Spaghetti with Meat Sauce
OR
Chicken Bacon Wrap
with
Garden Green Beans
Pineapple Chunks
Jell-O

13

Popcorn Chicken
OR
Hot Ham and Cheese
with
Fruit Flavored Yogurt
French Fries
Veggies with Dip

14

PAPA JOHN'S
PEPPERONI PIZZA



Carrots & Ranch
Fresh Grapes

15

Crispy Nachos with Cheese
OR
Carnival Corn Dog
with
Fresh Veggies & Dip
Tropical Mixed Fruit
Vanilla Wafers

16

MICKEY MOUSE'S
BIRTHDAY
Mickey Burgers
Or
Chicken Rings
Minnie Chips (Tater Tots)
Goofy Fruit
Donald Duck Dessert

17



Mini Stuffed Chicken Tacos
OR
Cheesy Quesadilla
with
Fiesta Rice
Flame Roasted Corn
Frosty Cherries

20

Cheese Stuffed Bosco Stick
OR
Pepperoni Hot Pocket
with
Fresh Veggies & Dip
Orange Wedges
Ice Cream

21

Thanksgiving
Break
No School

22

Thanksgiving
Break
No School



23

Thanksgiving
Break
No School

24

Stadium Style Hot Dog
OR
Crispy Chicken Nuggets
with
Tater Tots
Fresh Veggies & Dip
Creamy Sherbet

27

Fluffy Pancake
OR
Scrambled Eggs
with
Pork Sausage Patty
Fresh Melon
Creamy Yogurt

28

PAPA JOHN'S
CHEESE PIZZA

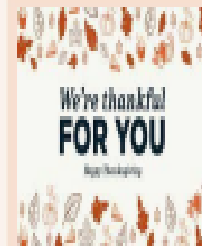


Carrots with Ranch
Orange Wedges

29

Mini Corn Dogs
OR
Crispy Chicken Tenders
with
Tossed Salad
Vine-Ripened Grapes
Mini Rice Krispies Treat

30



Daily Specials \$3.50

Grades 5th-8th Only

Monday Toasted Beef Ravioli & Fruit

Tuesday Spicy Chicken Sandwich & Chips

Wednesday Grilled Cheese on Texas
Toast & Fruit

Thursday Chicken Nuggets & Fries Basket

Friday Bosco Stick with Sauce & Fruit

Plate Lunch Prices

Pre-School \$4.00

Grades K-2nd \$4.50

Grades 3rd-8th \$4.85

Extra Entrée \$1.95

Ala Carte Milk or Bottled Water \$.50

Available Daily

Snack Rack & Drink Cooler

Many offerings & various prices

Sharon LaBarge
Cafeteria Manager
cafeteria@stpaulknights.org

Please Check your MySCHOOLBUCKS Account

Thank you!

MENU IS SUBJECT TO CHANGE

Contact our dietitian
at lisa@foodserv.org for special
dietary concerns

For more information about FSC or
employment opportunities, please go to
www.foodserviceconsultants.org

