

# THE KNIGHT'S TABLET

September 24, 2025



## Upcoming Events

- September 25--PICTURE DAY
- September 29 - October 3--Read-A-Thon
- October 1--Pet Blessing 2:30
- October 3--NOON DISMISSAL
- October 23--NOON DISMISSAL & Parent Teacher Conferences
- October 24--FALL BREAK BEGINS



SEPTEMBER 22 – 25, 2025

# BOYS VS Girls

# PENNY WAR

**HOW TO PLAY:**  
PUT PENNIES INTO YOUR  
TEAM'S CONTAINER

**SABOTAGE THE OPPOSING  
TEAM BY PUTTING ANY  
SILVER COIN INTO THEIR  
CONTAINER!**

## POINTS:

1 PENNY = +1 POINT  
1 NICKEL = -5 POINTS  
1 DIME = - 10 POINTS  
1 QUARTER = - 25 POINTS

**THE TEAM THAT HAS THE MOST POINTS BY  
THE FINAL DAY WINS A DRESS DOWN DAY!**

**ALL PROCEEDS WILL BE DONATED TO ST VINCENT DE PAUL SOCIETY**



## Thank You, Recess Volunteers!

A huge shout out to everyone who has volunteered for recess duty!  
If you would like to get on the calendar for October, use the link  
below.

WE APPRECIATE YOU!!

<https://www.signupgenius.com/go/8050F4FACA822A2F85-57644868-20252026>



## Server Schedule

September 22-26

G. Barry & T. Dyer

September 27

4:30 Mass - C. Hoff & S. Schultz

September 28

7:00 Mass - M.Buerck & T. Prudlow

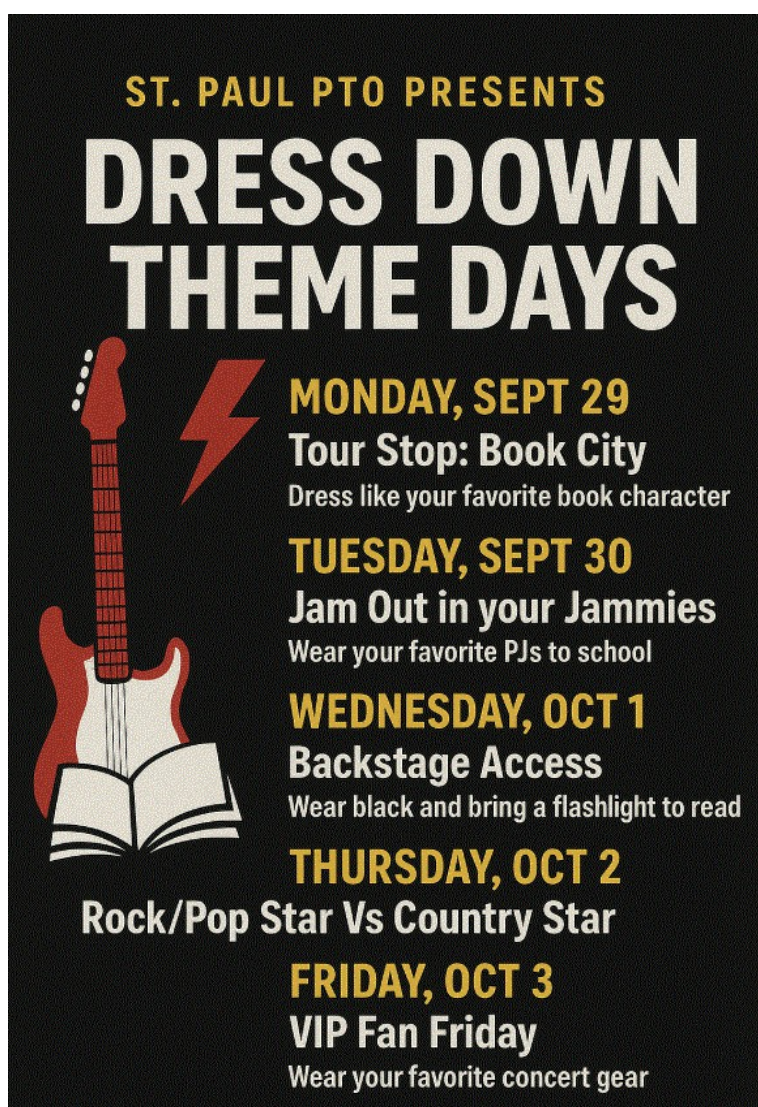
9:00 Mass - A. Mueller & C. Osterholt

11:00 Mass - C. Fowler & D. Fowler

September 29-October 3

E. Riffle & J. Roettger

## ROCK & READ – A – THON



### 🔊 St. Paul PTO Presents: Rock & Read!

#### Turn Up the Volume on Reading!

Dear St. Paul Families,

Get ready to crank up the excitement—because St. Paul School's Rock & Read: Rockin' Read-A-Thon kicks off on Monday, September 29th, 2025!

This school-wide event will run Monday, September 29 through Friday, October 3 and will combine two of our favorite things: reading and school spirit! Every student will join in by reading 20 minutes a day during a special time in their classrooms. By the end of the week, we'll have rocked out with 100 minutes of reading together!

🎯 Our Goal: \$40,000



This year, we're aiming high to support our students and teachers. Here's how your donations will make an impact:

- **\$5,000** – Playground fun, special days, and assemblies 🎪
- **\$10,000** – Teacher classroom needs and extra engagement tools 📚
- **\$25,000** – Technology upgrades and Go Guardian software 🖥️🔒
- **\$40,000** – All of the above **PLUS Field Trips** (including transportation!) 🚌🌟

### 🎁 Incentives & Prizes

We want every student to feel like a rock star for helping our school!

- 📦 **Minimum Goal:** Each student is asked to raise at least **\$30**.
- 🎁 **First \$30:** Students earn a **dress-down day** *and* a **raffle ticket**.
- 📦 **Every Additional \$30:** Students earn **more raffle tickets** for a chance at **top prizes**!
- 📦 **Top 3 Earners:** Win gift cards valued at **\$50, \$75, and \$100**.
- 🌟 **Class Participation Prize:** The class with the highest participation wins a **whole-class reward**!
- ☆ **Surprise Incentives:** Watch for special goal celebrations throughout the week!

### 👏 How You Can Help

We're counting on our amazing St. Paul community to help us reach this goal. Please consider asking **friends, family, and neighbors** to donate a flat amount. Every contribution—big or small—helps us get closer to unlocking these awesome rewards for our kids.

Here is the direct link to the fundraiser page:

🔗 <https://app.99pledges.com/fund/stpaulrocks>

You may also send in cash/check payable to St. Paul School as well as donating online. See the attached envelope. Donations will be accepted until October 11, 2025 to be considered for top prizes.

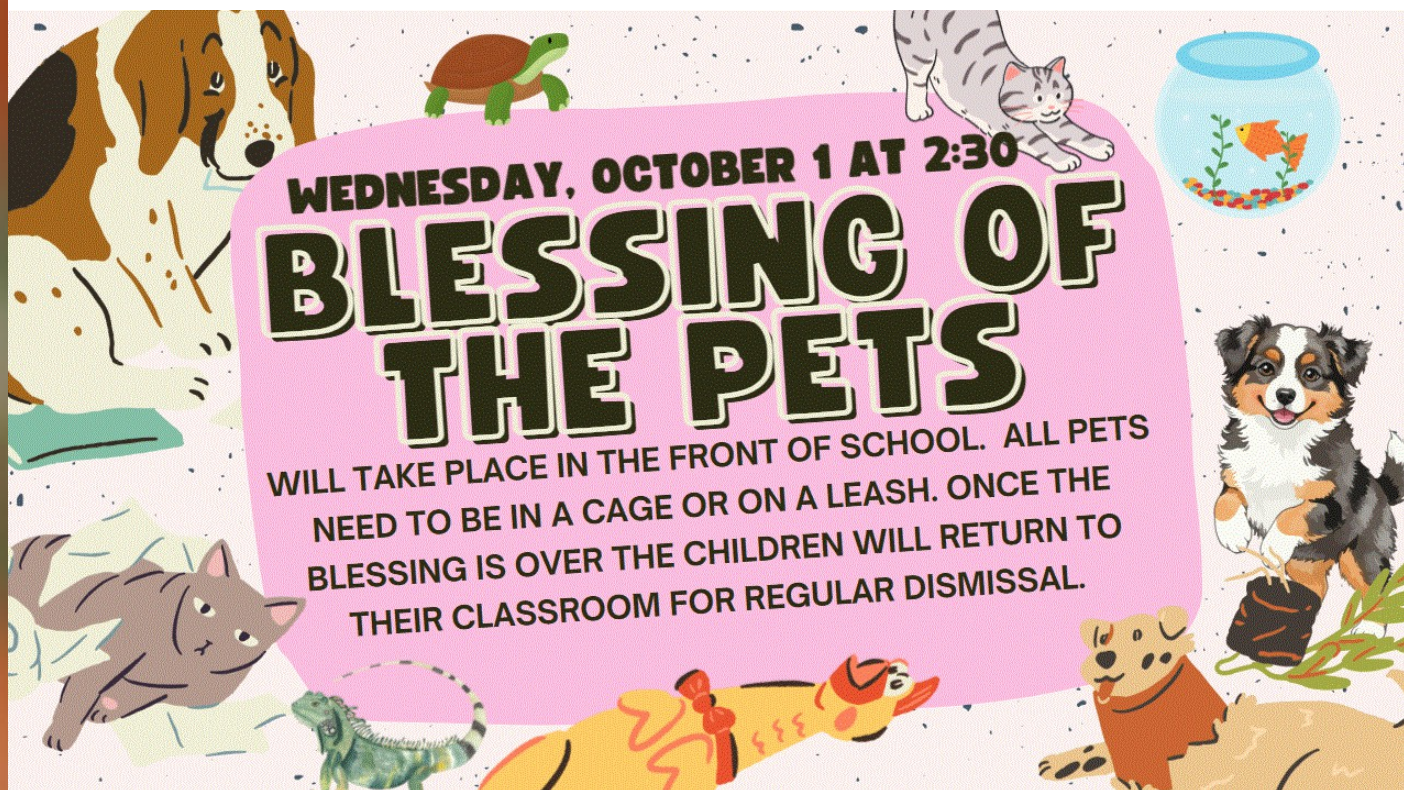
### 📅 Save the Date & Get Ready to Rock!

September 29 – October 3 will be a week full of **dress-down theme days, reading celebrations, and plenty of rock-star energy**. Watch for more details about how to get involved and how your student can help lead the way.

Thank you for helping us **turn up the volume on reading** and supporting St. Paul students. Together, we're going to make this year's Rock & Read our **biggest hit yet!** 🎵

Rock On,

**St. Paul PTO**



**WEDNESDAY, OCTOBER 1 AT 2:30**  
**BLESSING OF THE PETS**

WILL TAKE PLACE IN THE FRONT OF SCHOOL. ALL PETS  
NEED TO BE IN A CAGE OR ON A LEASH. ONCE THE  
BLESSING IS OVER THE CHILDREN WILL RETURN TO  
THEIR CLASSROOM FOR REGULAR DISMISSAL.



**SPPTO TRUNK  
OR TREAT  
OCTOBER 10TH**

St. Paul School back parking lot  
6:30-7:30pm

Questions - contact Wendy Friedel 636-262-1676

Please return to school by 10/3/25,

Checks made payable to St. Paul School

\$10/kid for walk-ins

Lot will open 5:45, and close at 6:30

Pizza to be picked up by 6:30

\$20 for parking and 1 pizza, \$7 for additional pizza

Family\_\_\_\_\_Pep\_\_\_\_Saus\_\_\_\_Chesse\_\_\_\_



## BASKETBALL REGISTRATION NOW OPEN!

St. Paul Basketball Registration is live until October 31st!

Please register your child and if you need a new uniform please also order asap!

Link to Team Sideline:

<https://teamsideline.com/sites/cyncnorthwest/home> (May need to Copy and Paste)

Here is the link to the uniform store open through October 30th:

<https://bsnteamssports.com/shop/5ZTqGNMRBT>.

It is also located on the registration page. (May need to Copy and Paste)

Here is the link to the registration page. <https://teamsideline.com/sites/cyncnorthwest/current-programs>

(May need to Copy and Paste)

IF you are signing up to be a Head Coach please email Daniel Mueller at [spysa.mail@gmail.com](mailto:spysa.mail@gmail.com) before registering your child.

Thank you,

SPYSA

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# GOT SPIRIT? WE WANT TO HEAR IT!

*Signups Open Now*

Open to all 6<sup>th</sup>, 7<sup>th</sup>, and 8<sup>th</sup> graders! Please register by **September 26<sup>th</sup>** at this link: <https://www.surveymonkey.com/r/LLXDSD3>

or scan the QR code. There is no cost to join the squad but if you don't already have a uniform from last year you will need to order a uniform, bow, and Poms! The cost for this was around \$100 last year and we estimate this to be around the same. Fittings will be in mid October. Practices will be after school 1-2 days a week starting in mid October TBD on team availability.

We cheer for 6<sup>th</sup>, 7<sup>th</sup>, and 8<sup>th</sup> grade Boy's basketball HOME games only. We encourage multi-sport athletes to join and make what they can as we understand there will be conflicts!

We look forward to another great season!

Lisa Trower (636-262-9142) and Chrystal France (636)-278-0234



SUNDAY, OCTOBER 5, 2025  
AT ST PAUL CHURCH

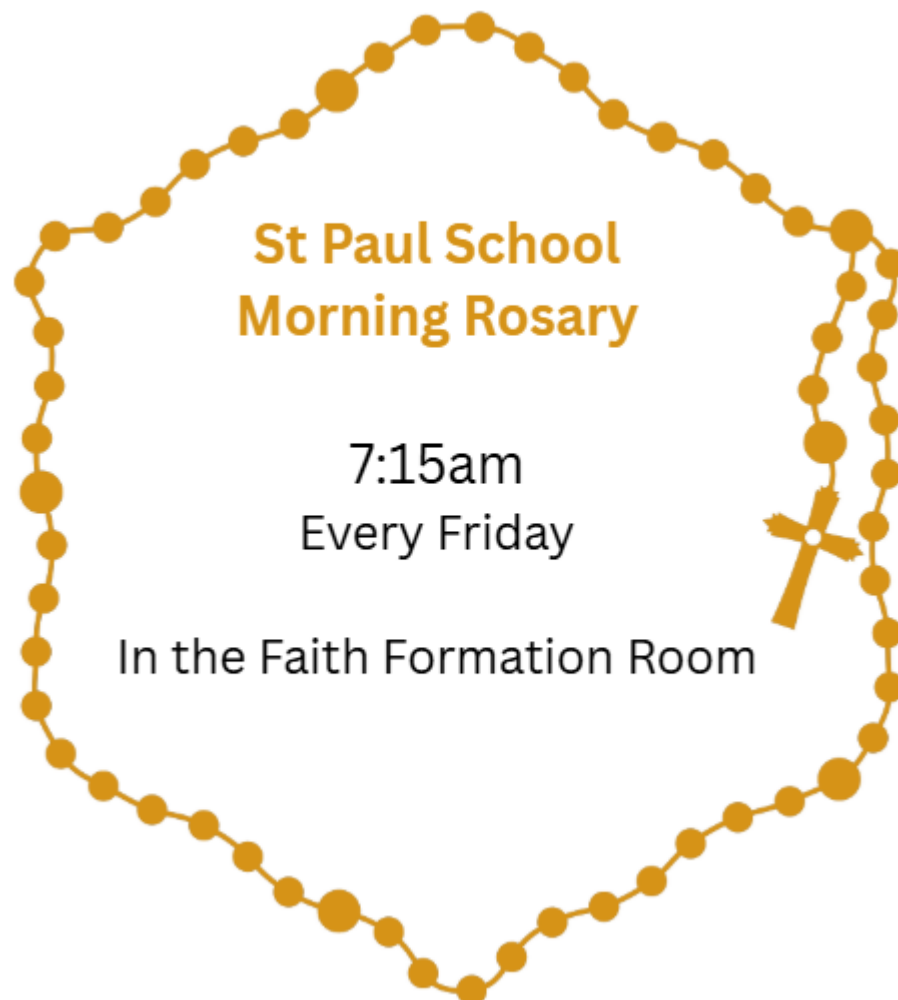
# DONUT SUNDAY

Join us for Mass at  
7am, 9am or 11am

Afterwards enjoy coffee, donuts  
and fellowship on the lawn  
in front of church!

THANK YOU TO THE PARISH COUNCIL FOR  
SERVING AND THE LADIES SODALITY FOR  
SPONSORING THE EVENT!





**St Paul School  
Morning Rosary**

7:15am  
Every Friday

In the Faith Formation Room





**ST. PAUL CHURCH 2ND ANNUAL  
HUNTER'S MASS  
&  
CHILI COOK-OFF**

**FRIDAY, OCTOBER 24TH  
AT SCHULTE HALL - MASS BEGINS 5PM**

BRING YOUR BEST CHILI TO SHARE AND BE JUDGED BY THE SPECIAL DESIGNATED JUDGES.  
THIS WILL BE A FUN - BYOB AND BYOCHILI - EVENT WITH NO COST FOR ENTRY.  
BRING YOUR LAWN CHAIRS FOR TAILGATING AND THE FIRE PITS.  
BOWLS, SPOONS AND NAPKINS WILL BE PROVIDED.

ALL ARE WELCOME, NOT JUST THE HUNTERS! COME TO MASS FIRST, BECAUSE THE LORD WILL BE MORE MERCIFUL THAN THE CHILI MAY BE.



# September St Paul School

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Labor Day  No School  1	Bosco Pepperoni Stick or Baked Ravioli with Meat Sauce Tossed Mixed Greens Diced Peaches Vanilla Wafers 2	PAPA JOHN'S PIZZA Cheese  with Veggies and Dip Cookie Grapes 3	Breaded Chicken Patty Sandwich or Pig in a Blanket Broccoli Fresh Apple Slices Teddy Grahams 4	Half Day  No Lunch Service  5
Pizza Quesadilla or Dinosaur Chicken Nuggets Tossed Salad Crunchy Grapes Cinnamon Goldfish 8	Emoji Waffle or French Toast Sticks Golden Hashbrown Frosty Strawberries Mini Blueberry Muffin 9	PAPA JOHN'S PIZZA Pepperoni  with Veggies and Dip Cookie Oranges 10	Breaded Popcorn Shrimp or Hot Dog on a Bun Tator Tots Steamed Vegetable Medley Creamy Sherbert 11	Classic Baked Lasagna or Chicken Nuggets Tossed Salad Breadstick Fresh Apple Slices 12
Baked Chicken Leg or Grilled Hamburger Smiley Face Potatoes Fresh Veggies and Dip Mandarin Oranges 15	Golden Grilled Cheese or Chicken Rings Chips Sweet Strawberries Chilled Pudding 16	PAPA JOHN'S PIZZA Cheese  with Veggies and Dip Cookie Grapes 17	Beefy Nachos or Soft Pretzel with Cheese Pineapple Chunks Corn Churro 18	Popcorn Chicken or Hot Ham and Cheese Sliders Golden French Fries GreenBeans Applesauce 19
Toasted Beef Ravioli or Bosco Cheese Stick Broccoli Fresh Seasonal Fruit Brownie 22	Pancake Sausage Bites or Mini Waffles Golden Hashbrowns Frosty Peaches Creamy Yogurt 23	PAPA JOHN'S PIZZA Pepperoni  with Veggies and Dip Cookie Oranges 24	Mini Corn Dogs or Crispy Chicken Strips Tossed Salad Vine-Rippened Grapes Mini Rice Krispies Treat 25	Walking Taco or Dinosaur Chicken Nuggets Fiesta Rice Golden Corn Chuuro 26
Stadium Hot Dog or Crispy Chicken Nuggets Tator Tots Fresh Veggies and Dip Creamy Sherbert 29	Carnival Corn Dog or Cheeseburger on a Bun Chips Crisp Grapes Jello 30	<div>  <div> <h2>Did you know?</h2> <p>818 hot dogs are eaten every second in the U.S. between Memorial Day and Labor Day.</p> </div> </div>		

## FOOD IN FOCUS



Grades 5th -8th

**Monday: Spicy Chicken Sandwich with Chips**  
**Tuesday: Tony's 5 inch Cheese Pizza with Fruit**  
**Wednesday: Grilled Cheese on Texas Toast with Chips**  
**Thursday: Chicken Nuggets and Fries**  
**Friday: Bacon Cheeseburger w/ Chips**

### Plate Lunch Prices

**Pre-School \$4.50**

**Grades K-2nd \$5.00**

**Grades 3rd-8th \$5.50**

**Extra Entrée \$2.15**

**Ala Carte Milk or Bottled Water \$5.50**

### Available Daily

**Snack Rack & Drink Cooler**

**Many offerings & various prices**

**Sharon LaBarge, Cafe Manager**  
**cafeteria@stpaulknights.org**

**Please Check your Meal Magic Account. Thank You!**

### MENU IS SUBJECT TO CHANGE

Contact our dietitian at [lisa@foodserv.org](mailto:lisa@foodserv.org) for special dietary and allergy concerns.

For more information about FSC or employment opportunities, please go to [www.foodserviceconsultants.org](http://www.foodserviceconsultants.org)





## SAFE ENVIRONMENT USER REGISTRATION

Got to <https://www.preventandprotectstl.org>

Click "Register" below the LOG IN button (image at right).

Enter the passcode [stlprotect](#) when prompted.

Select the type of location where you are a volunteer or employee

- Parish or Parish School

Select the specific location by name

- St. Paul Parish and School (St. Paul)

Click the roles associated with your employment/service at the parish.

If you are active at only one location, this will be your "primary" location.

If you are active at more than one location, click the ADD PARISH/LOCATION button and repeat the steps above. With more than one location, please click the "This is my main/primary location" circle to indicate where you are employed or, if you are a volunteer, where most of your ministry or service is performed.

Complete your personal information. Please enter your **legal first name** for the purposes of the background screening.

Create a username, password and password clue.

Agree to the Terms of Use and click SUBMIT.

You will then be prompted to submit information for a background screening, register for a Protecting God's Children workshop\*, view two online training modules, and agree to the Code of Ethical Conduct.

\*If you have previously attended a PGC workshop, the system will find and/or ask you to confirm your previous record of attendance. You will not be prompted to register for an upcoming workshop. If, for some reason, it does not match your previous training to this account and you are prompted to register for a class, please register for "PREVIOUSLY ATTENDED-DATE NOT LISTED" and send an email to the address below. We will apply the correct training record to your account.

Use may use the links in your approval checklist to access these requirements. These steps may be completed all at once or may be completed separately at your convenience. You will receive an automated email weekly to remind you which requirements are outstanding. When all compliance requirements have been completed, your account will be approved and you will be clear to work with minors and vulnerable adults.

- ☒ Register onto the site
- ☐ [Submit New Background Check](#)
- ☐ Complete "Protecting God's Children" training
- ☐ Complete "Mandated Reporter" training
- ☐ Complete "Code of Conduct" training
- ☐ Sign "Code of Conduct"

Should you need any assistance, please contact [ocyp@archstl.org](mailto:ocyp@archstl.org)

# Family Rosary



**07 OCTOBER, 2025**

PLEASE JOIN US THE  
FIRST TUESDAY OF EVERY  
MONTH TO PRAY THE  
ROSARY AT CHURCH.  
DOORS OPEN AT 6:30PM,  
PRAYER STARTS AT  
6:45PM. ALL AGES  
WELCOME!





### AMAZON WISH LIST

[https://school.st-paulchurch.org/sites/stpaulschool/files/uploads/documents/amazon\\_wish\\_list\\_8.pdf](https://school.st-paulchurch.org/sites/stpaulschool/files/uploads/documents/amazon_wish_list_8.pdf)



### Mrs. Kelly Kaimann

*"But now, thus says the LORD, who created you, Jacob, and formed you, Israel: Do not fear, for I have redeemed you; I have called you by name: you are mine" Isaiah 43:1*

Email: [Principal@stpaulknights.org](mailto:Principal@stpaulknights.org)

Website: [Stpaulknights.org](http://Stpaulknights.org)

Location: [1235 Church Road, Saint Paul, MO, USA](#)

Phone: [636-978-1900](tel:636-978-1900)





**Kelly Kaimann**

Kelly is using Smore to create beautiful newsletters

[Contact](#)