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Healthy Habits Lunch

December 2022

\* = Baked

WG = Whole Grain Ingredients

Monday	Tuesday	Wednesday	Thursday	Friday
				
			1	2
			<p>JUMBO CORN DOG CORN SEASONAL FRESH FRUIT VANILLA WAFERS MILK, FAT FREE</p> <p align="center"><u>ALTERNATE</u> TOASTED CHEESE RAVIOLI</p>	<p></p> <p>NO FOOD SERVICE!!</p> <p align="center">  </p>
5	6	7	8	9
<p>SNOW WHITE HOT DOG JUNGLE BOOK MIXED VEGETABLE MARY POPPINS FRUIT MICKEY MOUSE  CHOCOLATE PUDDING MINNIE MOUSE MILK </p> <p align="center"><u>ALTERNATE</u> DISNEYLAND CHICKEN RING</p>	<p align="center"><b><u>BREAKFAST FOR LUNCH!!!</u></b></p> <p>WAFFLE WITH SYRUP SAUSAGE STRAWBERRY YOGURT SEASONAL FRESH FRUIT MILK, FAT FREE</p> <p align="center"><u>ALTERNATE</u> SCRAMBLED EGGS</p>	<p>PAPA JOHNS  CHEESE PIZZA TOSSED SALAD WITH DRESSING CHILLED FRUIT  MILK, FAT FREE</p> <p align="center"><u>NO ALTERNATE</u></p>	<p>CHICKEN PATTY SANDWICH FRENCH FRIES VEGGIES &amp; DIP SEASONAL FRUIT MILK, FAT FREE</p> <p align="center"><u>ALTERNATE</u> MINI TACO</p>	<p>PEPPERONI HOT POCKET TOSSED SALAD SEASONAL FRESH FRUIT COOKIE MILK, FAT FREE</p> <p align="center"><u>ALTERNATE</u> HAMBURGER ON BUN</p>
12	13	14	15	16
<p>FETTUCINI ALFREDO STEAMED BROCCOLI BREADSTICK COOKIE MILK, FAT FREE</p> <p align="center"><u>ALTERNATE</u> DINOSAUR NUGGETS</p>	<p>SANTA BITES (NUGGETS) ANTLERS (FRIES) BELLS &amp; SNOWFLAKES (ICE CREAM CUP) SNOWFLAKE COOKIES MISTLETOE MILK</p> <p align="center"><u>ALTERNATE</u> CANDY CANE MINI CORN DOGS</p>	<p>PAPA JOHNS  PEPPERONI PIZZA CARROTS &amp; CELERY WITH DRESSING CHILLED FRUIT MILK, FAT FREE</p> <p align="center"><u>NO ALTERNATE</u></p>	<p>REINDEER ANTLERS (BOSCO STICKS) CHRISTMAS TREE CORN  ORNAMENT OREOS ELF FRUIT MISTLETOE MILK</p> <p align="center"><u>ALTERNATE</u> COMETS TOASTED RAVIOLI</p>	<p>TINSEL &amp; MEAT SAUCE (SPAGHETTI) RED &amp; GREEN PACKAGES (JELL-O CUBES) ELF BREAD (GARLIC BREAD) SANTA'S CINNAMON APPLESAUCE MERRY MILK</p> <p align="center"><u>ALTERNATE</u> DASHER'S CHICKEN STRIPS</p>
19	20	21	22	23
<p>GRINCH GRILLED CHEESE JOSEPH'S CHIPS MARY'S CHILLED FRUIT WISE MEN'S COOKIE MISTLETOE MILK </p> <p align="center"><u>ALTERNATE</u> SHEPHERD'S POPCORN CHICKEN</p>	<p>MISTLETOE MACHO NACHOS TACO MEAT, CHEESE. LETTUCE TOMATOES &amp; OTHER TOPPING MILK, FAT FREE</p> <p align="center"><u>NO ALTERNATE</u></p>	<p align="center">  </p> <p>NO FOOD SERVICE!!</p> <p align="center">  </p>	<p><b>CHRISTMAS BREAK</b></p> 	
26	27	28	29	30
<p><b>CHRISTMAS BREAK</b></p> 				
<p><b>No School</b></p> 				

DAILY SPECIALS (GRADES 5-8 ONLY) \$3.50

Bacon Cheeseburger and Chips	Chicken Patty On Bun and Chips	Grilled Cheese On Texas Toast and Fruit	Chicken Strips and Fries	Toasted Ravioli with Sauce and Fruit
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