

# August

## St Paul School

### FOOD IN FOCUS



**Grades 5th -8th**

**Monday: Toastd Beef Ravs with Sauce & Fruit**

**Tuesday: Chicken Patty**

**Sandwich and Chips**

**Wednesday: Pretzel with Cheese Sauce and Fruit**

**Thursday: Cheese Bosco Stick with Sauce & Fruit**

**Friday: Chicken Strips and Fries**

### Plate Lunch Prices

**Pre-School \$4.50**

**Grades K-2nd \$5.00**

**Grades 3rd-8th \$5.50**

**Extra Entrée \$2..15**

**Ala Carte Milk or Bottled Water \$.50**

### Available Daily

**Snack Rack & Drink Cooler**

**Many offerings & various prices**

**Sharon LaBarge, Cafe Manager**  
[cafeteria@stpaulknights.org](mailto:cafeteria@stpaulknights.org)

**Please Check your Meal Magic Account. Thank You!**

### MENU IS SUBJECT TO CHANGE

Contact our dietitian at [lisa@foodserv.org](mailto:lisa@foodserv.org) for special dietary and allergy concerns.

For more information about FSC or employment opportunities, please go to [www.foodserviceconsultants.org](http://www.foodserviceconsultants.org)

**MONDAY**

**TUESDAY**

**WEDNESDAY**

**THURSDAY**

**FRIDAY**



## Did you know?

In August 1762 the sandwich, as we know it, was created when the Earl of Sandwich requested meat between two pieces of bread.

4

5

6

7

1

8

11

No lunch service

12

No lunch service

13

Welcome Back  
ABC Grilled Cheese  
or  
Dino Chicken Nuggets  
Pencil Potatoes (fries)  
Crayons (veggie sticks)  
Back to School Treat

14

Chicken Rings  
or  
Cheese Stuffed  
Bosco Stick  
Apple Slices  
Sparkling Jello-O  
Sweet Corn

15

Chicken Snack Wrap  
or  
Mini Corn Dogs  
Fresh Veggies with Dip  
Seasonal Fresh Fruit  
Cookie

18

Baked Mac -N-Cheese  
or  
Chicken Nuggets  
Mandarin Oranges  
Cinnamon Goldfish  
Fresh Veggies with Dip

19

PAPA JOHN'S PIZZA  
Cheese

with  
Veggies and Dip  
Cookie  
Oranges

20

Crispy Nachos with  
Cheese  
or  
Hot Dog on a Bun  
Sweet Strawberries  
Vanilla Wafers  
Mixed Veggies

21

Mostaccioli with  
Meat Sauce  
or  
Toasted Beef Ravioli  
Tossed Salad  
Fresh Apple Slices  
Breadstick

22

Mini Chicken Tacos  
or  
Cheesy Quesadilla  
Fiesta Rice  
Sweet Corn  
Frosty Strawberries

25

Mini Waffle  
or  
Pancake on a Stick  
Crispy Hashbrown  
Strawberry Yogurt  
Pineapple Chunks

26

PAPA JOHN'S PIZZA  
Pepperoni

with  
Veggies and Dip  
Cookie  
Grapes

27

Crispy Chicken Strips  
or  
Turkey and Cheese  
Croissant  
Golden French Fries  
Garden Salad  
Ice Cream Cup

28

Hamburger on an Bun  
or  
Corn Dog  
Ruffle Chips  
Garden Green Beans  
Chilled Peaches

29