

# February

St Paul School

FOOD IN  
FOCUS



Grades 5th -8th

**Monday: Chicken Nuggets w/  
Fries Basket**

**Tuesday: Chicken Patty  
Sandwich w/ Chips**

**Wednesday: Pretzel & Cheese  
w/Fruit**

**Thursday: Bacon Cheeseburger  
w/ Chips**

**Friday: Bosco Stick w/ Sauce &  
Fruit**

**Plate Lunch Prices**

**Pre-School \$4.50**

**Grades K-2nd \$5.00**

**Grades 3rd-8th \$5.50**

**Extra Entrée \$2.15**

**Ala Carte Milk or Bottled Water  
\$.50**

**Available Daily**

**Snack Rack & Drink Cooler**

**Many offerings & various prices**

**Sharon LaBarge, Cafe Manager  
cafeteria@stpaulknights.org**

**Please Check your Meal Magic  
Account. Thank You!**

**MENU IS SUBJECT TO CHANGE**

Contact our dietitian at [lisa@foodserv.org](mailto:lisa@foodserv.org)  
for special dietary and allergy concerns.

For more information about FSC or  
employment opportunities, please go to  
[www.foodserviceconsultants.org](http://www.foodserviceconsultants.org)

## MONDAY

Ground Hog Day  
Punxsutawney Mini Corndogs  
Or  
No Winter Baked Chicken Leg  
My Shadow Tater Tots  
Sunshine Cookie  
Spring is Coming Fruit **2**



## TUESDAY

Toasted Beef Ravioli  
OR  
Popcorn Chicken  
with  
Broccoli  
Breadstick  
Mini Rice Krispies Treat **3**

## WEDNESDAY

PAPA JOHNS PIZZA  
Cheese  
Fresh Veggies with Dip  
Apple Slices  
Oven Baked Cookie **4**



## THURSDAY

Chicken Nuggets  
OR  
Baked Ravioli & Meat Sauce  
with  
Tossed Mixed Greens  
Diced Peaches  
Ice Cream Cup **5**

## FRIDAY

No Lunch **6**

SUPER BOWL SPECIAL  
Super Bowl Dog  
Or  
Tight End Burger  
Field Goal Fries  
Touch Down Brownie  
Huddle Apples **9**



Emoji Waffle  
OR  
French Toast Sticks  
with  
Golden Hash Browns  
Frosty Strawberries  
Mini Blueberry Muffin **10**

PAPA JOHNS PIZZA  
Sausage  
Fresh Veggies with Dip  
Grapes  
Oven Baked Cookie **11**



Hot Ham & Cheese  
Croissant  
OR  
Crispy Chicken Tenders  
with  
Ruffles Chips  
Fresh Veggies with Dip  
Pineapple Tidbits **12**

FRIDAY THE 13TH  
Superstition Grilled  
Cheese  
Or  
Chicken Patty Sandwich  
Scaredy Cat Fries  
Broken Mirror Jell-O  
Ghostly Grapes **13**



No School



Presidents Day Special  
By George Bosco Stick  
Or  
Lincoln Dino Nuggets  
Lincoln Log Mixed  
Veggies  
Honest Abe Fruit  
Gettysburg Vanilla Wafers **17**

Ash Wednesday

PAPA JOHNS PIZZA  
Cheese  
Fresh Veggies with Dip  
Oranges  
Oven Baked Cookie **18**



Pizza Quesadilla  
OR  
Chicken Rings  
with  
Tossed Salad  
Crunchy Grapes  
Cinnamon Goldfish **19**

Lent  
ST. LOUIS CITY SOCCER  
Goalie Pretzel w/Cheese  
Or  
Score Toasted Cheese Ravioli  
Yellow Card Corn  
Offsides Cookie  
Penalty Kick Peaches **20**



Corn Dog  
OR  
Chicken Bacon Wrap  
with  
Garden Green Beans  
Pineapple Chunks  
Sparkling Jell-O **23**

Pancake & Sausage Bites  
OR  
Mini Waffles  
with  
Golden Hash Brown  
Frosty Peaches  
Yogurt **24**

PAPA JOHNS PIZZA  
Pepperoni  
Fresh Veggies with Dip  
Apple Slices  
Oven Baked Cookie **25**



Classic Baked Lasagna  
OR  
Chicken Nuggets  
with  
Caesar Salad  
Garlic Breadstick  
Fresh Apples **26**

Lent  
Breaded Popcorn Shrimp  
OR  
Golden Grilled Cheese  
with  
Crispy French Fries  
Steamed Vegetable  
Medley  
Creamy Sherbet **27**



## Did you know?

One study showed that on Super Bowl Sunday the  
country consumes a whopping 1.4 billion wings!

