

February

St Paul School

FOOD IN FOCUS



Grades 5th -8th

Monday: Chicken Nuggets w/ Fries Basket

Tuesday: Chicken Patty Sandwich w/ Chips

Wednesday: Pretzel & Cheese w/Fruit

Thursday: Bacon Cheeseburger w/ Chips

Friday: Bosco Stick w/ Sauce & Fruit

Plate Lunch Prices

Pre-School \$4.50

Grades K-2nd \$5.00

Grades 3rd-8th \$5.50

Extra Entrée \$2.15

Ala Carte Milk or Bottled Water \$.50

Available Daily

Snack Rack & Drink Cooler

Many offerings & various prices

Sharon LaBarge, Cafe Manager
cafeteria@stpaulknights.org

Please Check your Meal Magic Account. Thank You!

MENU IS SUBJECT TO CHANGE

Contact our dietitian at lisa@foodserv.org for special dietary and allergy concerns.

For more information about FSC or employment opportunities, please go to www.foodserviceconsultants.org

MONDAY

Ground Hog Day
 Punxsutawney Mini Corndogs
 Or
 No Winter Baked Chicken Leg
 My Shadow Tater Tots
 Sunshine Cookie
 Spring is Coming Fruit

2

TUESDAY

Toasted Beef Ravioli
 OR
 Popcorn Chicken
 with
 Broccoli
 Breadstick
 Mini Rice Krispies Treat

3

WEDNESDAY

PAPA JOHNS PIZZA
 Cheese
 Fresh Veggies with Dip
 Apple Slices
 Oven Baked Cookie



4

THURSDAY

Chicken Nuggets
 OR
 Baked Ravioli & Meat Sauce
 with
 Tossed Mixed Greens
 Diced Peaches
 Ice Cream Cup

5

FRIDAY

No Lunch

6



SUPER BOWL SPECIAL
 Super Bowl Dog
 Or
 Tight End Burger
 Field Goal Fries
 Touch Down Brownie
 Huddle Apples



9

Emoji Waffle
 OR
 French Toast Sticks
 with
 Golden Hash Browns
 Frosty Strawberries
 Mini Blueberry Muffin

10

PAPA JOHNS PIZZA
 Sausage
 Fresh Veggies with Dip
 Grapes
 Oven Baked Cookie



11

Hot Ham & Cheese
 Croissant
 OR
 Crispy Chicken Tenders
 with
 Ruffles Chips
 Fresh Veggies with Dip
 Pineapple Tidbits

12

FRIDAY THE 13TH
 Superstition Grilled
 Cheese
 Or
 Chicken Patty Sandwich
 Scaredy Cat Fries
 Broken Mirror Jell-O
 Ghostly Grapes



13



No School

Presidents Day Special
 By George Bosco Stick
 Or
 Lincoln Dino Nuggets
 Lincoln Log Mixed
 Veggies
 Honest Abe Fruit
 Gettysburg Vanilla Wafers

17

Ash Wednesday
 PAPA JOHNS PIZZA
 Cheese
 Fresh Veggies with Dip
 Oranges
 Oven Baked Cookie



18

Pizza Quesadilla
 OR
 Chicken Rings
 with
 Tossed Salad
 Crunchy Grapes
 Cinnamon Goldfish

19

Lent
 ST. LOUIS CITY SOCCER
 Goalie Pretzel w/ Cheese
 Or
 Score Toasted Cheese Ravioli
 Yellow Card Corn
 Offsides Cookie
 Penalty Kick Peaches



20



Corn Dog
 OR
 Chicken Bacon Wrap
 with
 Garden Green Beans
 Pineapple Chunks
 Sparkling Jell-O

23

Pancake & Sausage Bites
 OR
 Mini Waffles
 with
 Golden Hash Brown
 Frosty Peaches
 Yogurt

24

PAPA JOHNS PIZZA
 Pepperoni
 Fresh Veggies with Dip
 Apple Slices
 Oven Baked Cookie



25

Classic Baked Lasagna
 OR
 Chicken Nuggets
 with
 Caesar Salad
 Garlic Breadstick
 Fresh Apples

26

Lent
 Breaded Popcorn Shrimp
 OR
 Golden Grilled Cheese
 with
 Crispy French Fries
 Steamed Vegetable
 Medley
 Creamy Sherbet

27

Did you know?

One study showed that on Super Bowl Sunday the country consumes a whopping 1.4 billion wings!



Celebrating
 40
 YEARS
 FSC