

# February

## St. Paul Catholic School

### FOOD IN FOCUS



#### Daily Specials \$3.50

Grades 5th-8th Only

Monday Toasted Ravioli with Red Sauce & Fruit

Tuesday Breaded Spicy Chicken Sandwich with Chips

Wednesday Pretzel with Cheese & Fruit

Thursday Chicken Nuggets & Fries Basket

Friday Bosco Stick with Sauce & Fruit

#### Plate Lunch Prices

Pre-School \$ 4.00

Grades K-2nd \$ 4.15

Grades 3rd-8th \$ 4.50

Extra Entrée \$1.95

Ala Carte Milk or Bottled Water \$.50

#### Available Daily

Snack Rack & Drink Cooler

Many offerings & various prices

Sharon LaBarge  
Cafeteria Manager  
[cafeteria@stpaulknights.org](mailto:cafeteria@stpaulknights.org)

Please Check your  
MYSCHOOLBUCKS Account

Thank you!

MENU IS SUBJECT TO CHANGE

Contact our dietitian  
at [lisa@foodserv.org](mailto:lisa@foodserv.org) for special  
dietary concerns

For more information about FSC or  
employment opportunities, please go to  
[www.foodserviceconsultants.org](http://www.foodserviceconsultants.org)



#### MONDAY

### Did you know?

Leap days happen every 4 years, but we actually skip it once every 400 years like in the year 2000.



Mini Stuffed Tacos  
OR  
Cheesy Quesadilla  
with  
Fiesta Rice  
Flame Roasted Corn  
Pineapple

5

Fluffy Pancake  
OR  
Scrambled Eggs  
with  
Pork Sausage Patty  
Fresh Fruit  
Creamy Yogurt

6

#### WEDNESDAY

PAPA JOHNS  
PEPPERONI



Fresh Carrots & Ranch  
Fresh Orange Wedges

7

#### THURSDAY

Ground Hog Day Special  
Ground Hog Chicken  
Strips  
Or  
Cloudy Sloppy Joe  
Shadow Chips  
Spring is Coming Salad  
Sunshine Cookie



1

#### FRIDAY

½ Day

No Lunch  
Service

2

SUPER BOWL SPECIAL  
Super Bowl Dog  
Or  
Tight End Burger  
Field Goal Fries  
Touch Down Brownie  
Huddle Apples

12



Chicken Rings  
OR  
Toasted Beef Ravioli  
with  
Buttered Noodles  
Golden Corn  
Chocolate Pudding

13

PAPA JOHNS  
CHEESE PIZZA



Fresh Veggies & Ranch  
Vine Ripened Grapes

14



VALENTINE'S DAY  
Friendship Nuggets  
Or  
Cupid's Mini Corndogs  
Cupid's Carrots  
Shimmering Heart Jell-O  
Valentine Treat

15

Captain's Fish Bites  
OR  
Pretzel with Cheese  
with  
Golden French Fries  
Garden Salad  
Ice Cream Cup

16

### No School



19

Presidents Day Special  
By George Bosco Stick  
Or  
Lincoln Dinosaur Nuggets  
Log Cabin Broccoli  
Honest Abe Fruit  
Gettysburg Vanilla Wafers

20



PAPA JOHNS  
PEPPERONI



Fresh Veggies & Ranch  
Vine Ripened Grapes

21

Carnival Corn Dog  
OR  
Cheeseburger with Bun  
with  
Smiley Face Potatoes  
Strawberries  
Ice Cream Cup

22

ST. LOUIS CITY  
SOCCER  
Goalie Grilled Cheese  
Or  
Field Popcorn Shrimp  
Yellow Card Corn  
Offsides Cookie  
Punt Peaches

23



CARDINALS Spring Training  
Double Play Dog  
Or  
Fielders Choice Chicken  
Rings  
Fair Ball Fries  
Curve Ball Cookie  
Stolen Base Strawberries

26



Pancake & Sausage  
Bites  
OR  
Mini French Toast  
with  
Golden Hash Browns  
Frosty Peaches  
Yogurt

27

PAPA JOHNS  
CHEESE PIZZA



Fresh Carrots & Ranch  
Fresh Orange Wedges

28

Mini Corn Dogs  
OR  
Crispy Chicken Tenders  
with  
Tossed Salad  
Vine-Ripened Grapes  
Mini Rice Krispies Treat

29

