

# February St Paul School

FOOD IN FOCUS



Grades 5th -8th

**Monday: Spicy Chicken Patty & Chips**

**Tuesday: Chicken Nugget & Fries**

**Wednesday: Pretzel w/ Cheese & Fruit**

**Thursday: Bosco Stick w/ Sauce & Fruit**

**Friday: Bacon Cheeseburger w/ Chips**

**Plate Lunch Prices**

**Pre-School \$4.25**

**Grades K-2nd \$4.50**

**Grades 3rd-8th \$5.00**

**Extra Entrée \$2.00**

**Ala Carte Milk or Bottled Water  
\$.50**

**Available Daily**

**Snack Rack & Drink Cooler**

**Many offerings & various prices**

**Sharon LaBarge, Cafe Manager**

**cafeteria@stpaulknights.org**

**Please Check your Meal Magic**


**Account. Thank You!**

**MENU IS SUBJECT TO CHANGE**

Contact our dietitian at [lisa@foodserv.org](mailto:lisa@foodserv.org) for special dietary and allergy concerns.

For more information about FSC or employment opportunities, please go to [www.foodserviceconsultants.org](http://www.foodserviceconsultants.org)



| MONDAY   | TUESDAY  | WEDNESDAY  | THURSDAY  | FRIDAY   |
|--|--|--|---|--|
| Ground Hog Day<br>Ground Hog Grilled Cheese<br>OR<br>Popcorn Chicken with<br>My Shadow Smiley Fries<br>Sunshine Chilled Fruit<br>No Winter Vanilla Wafers <b>3</b> | Chicken Tenders<br>OR<br>Bowtie Alfredo Pasta with<br>Steamed Broccoli Breadstick<br>Mini Rice Krispies Treat <b>4</b>                               | PAPA JOHNS PIZZA<br>Pepperoni<br>with<br>Veggies w/Dip<br>Grapes <b>5</b>        | ST. LOUIS CITY SOCCER<br>Goalie Pretzel w/Cheese<br>OR<br>Score Mini Corndogs<br>Yellow Card Corn<br>Offsides Cookie<br>Penalty Kick Peaches <b>6</b> | No Lunch <b>7</b>  |
| SUPER BOWL SPECIAL<br>Super Bowl Dog<br>Or<br>Mini Football Tacos<br>Field Goal Fries<br>Touch Down Brownie<br>Huddle Apples <b>10</b>                             | Emoji Waffle<br>OR<br>French Toast Sticks with<br>Golden Hash Browns<br>Tropical Fruit Medley<br>Mini Blueberry Muffin <b>11</b>                     | PAPA JOHNS PIZZA<br>Cheese<br>with<br>Veggies w/Dip<br>Oranges <b>12</b>         | Bosco Pepperoni Stick<br>OR<br>Toasted Beef Ravioli with<br>Tossed Mixed Greens<br>Diced Peaches<br>Creamy Yogurt <b>13</b>                           | VALENTINE'S DAY<br>Friendship Nuggets<br>Or<br>Cupids Cheese Quesadilla<br>Cupid's Carrots<br>Shimmering Heart Apple Slices<br>Valentine Treat <b>14</b> |
| No school<br> <b>17</b>  | Presidents Day<br>By George Cheeseburger<br>Or<br>Lincoln Chicken Rings<br>No Lie Chips<br>My Little Hatchers<br>Peaches<br>4Term Sherbert <b>18</b> | PAPA JOHNS PIZZA<br>Pepperoni<br>with<br>Veggies w/Dip<br>Apple Slices <b>19</b> | Mac & Cheese<br>OR<br>Dino Chicken Nuggets with<br>Steamed Broccoli<br>Pineapple Tidbits<br>Vanilla Wafers <b>20</b>                                  | CARDINALS PEP RALLY<br>Ballpark Nachos<br>Or<br>Soft Beef Burrito<br>Grand Slam Fruit<br>Grassy Field Salad<br>Bases Loaded Brownie <b>21</b>            |
| Popcorn Chicken Wrap<br>Or<br>Corndog<br>Seasonal Fresh Fruit<br>Fresh Vegetables & Dip<br>Vanilla Wafers <b>24</b>  | Mini Waffle<br>OR<br>Pancake & Sausage on a Stick with<br>Hash Brown<br>Strawberry Yogurt<br>Fresh Melon <b>25</b>                                   | PAPA JOHNS PIZZA<br>Cheese<br>with<br>Veggies w/Dip<br>Oranges <b>26</b>         | Mini Corn Dogs<br>OR<br>Crispy Chicken Tenders with<br>Tossed Salad<br>Vine-Ripened Grapes<br>Mini Rice Krispies Treat <b>27</b>                      | Breaded Popcorn Shrimp<br>OR<br>Bosco Cheese Stick with<br>Golden French Fries<br>Vegetable Medley<br>Creamy Sherbet <b>28</b>                           |

## Did you know?

One study showed that on Super Bowl Sunday the country consumes a whopping 1.4 billion wings!

