

January

St Paul School

**FOOD IN
FOCUS**



Grades 5th -8th

Monday: Tony's Pan Pizza and Fruit

Tuesday: Toasted Beef Ravioli w/ Sauce and Fruit

Wednesday: Texas Toast Grilled Cheese w/Chips

Thursday: Chicken Strips w/ Fries

Friday: Orange Chicken w/ Rice

Plate Lunch Prices

Pre-School \$4.50

Grades K-2nd \$5.00

Grades 3rd-8th \$5.50

Extra Entrée \$2.15

Ala Carte Milk or Bottled Water \$.50

Available Daily

Snack Rack & Drink Cooler

Many offerings & various prices

Sharon LaBarge, Cafe Manager
cafeteria@stpaulknights.org

Please Check your Meal Magic Account. Thank You!

MENU IS SUBJECT TO CHANGE

Contact our dietitian at lisa@foodserv.org for special dietary and allergy concerns.

For more information about FSC or employment opportunities, please go to www.foodserviceconsultants.org

MONDAY



Did you know?

January 23 is National Pie Day which was established in 1986 to commemorate Crisco's 75th anniversary.

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

No School



1

No School



2

Chicken Snack Wrap
OR
Hamburger
Fresh Veggies w/dip
Seasonal Fresh Fruit
Cookie

5

Pancake on a Stick
OR
French Toast Sticks
with
Golden Hash Browns
Frosty Strawberries
Mini Blueberry Muffin

6

PAPA JOHNS PIZZA
Cheese
Fresh Veggies with Dip
Grapes
Oven Baked Cookie



7

Golden Grilled Cheese
OR
Chicken Rings
with
Ruffles Chips
Pineapple
Chilled Pudding

8

No Lunch

9

Chicken Alfredo Pasta
OR
Toasted Beef Ravioli
with
Garlic Breadstick
Garden Salad
Diced Peaches

12

Mini Corn Dogs
OR
Crispy Chicken Tenders
with
Mixed Veggies
Vine-Ripened Grapes
Mini Rice Krispies Treat

13

PAPA JOHNS PIZZA
Sausage
Fresh Veggies with Dip
Oranges
Oven Baked Cookie



14

Turkey & Cheese
Croissant
OR
Chicken Nuggets
Apple Slices
Baked Chips
Sherbet

15

Sloppy Joe
OR
Soft Pretzel with Cheese
with
Pineapple Chunks
Cookie
Fresh Veggies with Dip

16

No School
MLK Day



19

Carnival Corn Dog
OR
Cheeseburger with Bun
with
Smiley Face Potatoes
Crisp Grapes
Flavored Jell-O

20

PAPA JOHNS PIZZA
Cheese
Fresh Veggies with Dip
Apples
Oven Baked Cookie



21

Fluffy Pancake
OR
Mini French Toast
with
Pork Sausage Patty
Frosty Peaches
Creamy Yogurt

22

Popcorn Chicken
OR
Chicken Mini Tacos
with
Crispy French Fries
Orange Wedges
Mini Rice Krispies Treat

23

Street Soft Taco
OR
Chicken Strips
with
Spanish Rice
Vine Ripened Grapes
Churro

26

Chicken Rings
OR
Cheese Stuffed Bosco
Stick
with
Apple Slices
Sweet Corn
Sparkling Jell-O

27

PAPA JOHNS PIZZA
Pepperoni
Fresh Veggies with Dip
Oranges
Oven Baked Cookie



28

Dino Chicken Nuggets
OR
Pasta with Red Sauce
with
Steamed Broccoli
Mandarin Oranges
Chilled Pudding

29

Crispy Nachos with
Cheese
OR
Hot Dog on a Bun
with
Fresh Veggies with Dip
Sweet Strawberries
Vanilla Wafers

30