

# March

# St Paul School

**FOOD IN FOCUS**



**Grades 5th -8th**

**Monday: Chicken Strip & Fries**

**Tuesday: Chicken Patty Sandwich & Chips**

**Wednesday: Texas Toast Grilled Cheese & Chips**

**Thursday: Toasted Ravs w/ Sauce & Fruit**

**Friday: Tony's Cheese Pizza w/ Fruit**

**Plate Lunch Prices**

**Pre-School \$4.25**

**Grades K-2nd \$4.50**

**Grades 3rd-8th \$5.00**

**Extra Entrée \$2.00**

**Ala Carte Milk or Bottled Water \$0.50**

**Available Daily**

**Snack Rack & Drink Cooler**

**Many offerings & various prices**

**Sharon LaBarge, Cafe Manager**

**cafeteria@stpaulknights.org**

**Please Check your Meal Magic**

**Account. Thank You!**

**MENU IS SUBJECT TO CHANGE**

Contact our dietitian at [lisa@foodserv.org](mailto:lisa@foodserv.org) for special dietary and allergy concerns.

For more information about FSC or employment opportunities, please go to [www.foodserviceconsultants.org](http://www.foodserviceconsultants.org)

| MONDAY   | TUESDAY   | WEDNESDAY  | THURSDAY  | FRIDAY  |
|--|---|--|---|---|
| DR. SEUSS DAY<br>Thing One Grilled Cheese<br>Or<br>Grinch Popcorn Chicken<br>Sam I Am Chips<br>Lorax Fresh Fruit<br>Whoville Veggies with Dip <b>3</b> |  Turkey & Cheese<br>Croissant<br>Or<br>Chicken Rings<br>Apple Slices<br>Baked Chips<br>Mini Rice Krispies Treat <b>4</b> | PAPA JOHNS PIZZA<br>Cheese<br>with <br>Veggies w/Dip<br>Grapes <b>5</b>           | Stadium Style Hot Dog<br>OR<br>Crispy Chicken Nuggets<br>with<br>Tater Tots<br>Corn<br>Creamy Sherbet <b>6</b>          | No Lunch<br> <b>7</b>  |
| Mostaccioli with Meat<br>Sauce<br>OR<br>Toasted Beef Ravioli<br>with<br>Tossed Salad with<br>Dressing<br>Fresh Apple Slices<br>Breadstick <b>10</b>    | Pancake & Sausage Bites<br>OR<br>Mini French Toast<br>with<br>Golden Hash Browns<br>Frosty Peaches<br>Yogurt <b>11</b>  | PAPA JOHNS PIZZA<br>Pepperoni<br>with <br>Veggies w/Dip<br>Apple Slices <b>12</b> | Hot Ham & Cheese<br>OR<br>Crispy Chicken Tenders<br>with<br>Lay's Chips<br>Veggies & Dip<br>Pineapple Tidbits <b>13</b> | Spring Break Special<br>Relaxing Soft Pretzel & cheese<br>Or<br>Fun in the Sun Fish Nuggets<br>Frolicking Fruit<br>Beach Side Tossed Salad<br>Just Chillin' Ice Cream <b>14</b> |

# Happy Spring Break

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| Chicken Snack Wrap<br>Or<br>Corndog<br>Fresh Veggies w/dip<br>Seasonal Fresh Fruit<br>Cookie <b>24</b> | Dinosaur Chicken<br>Nuggets<br>OR<br>Golden Grilled Cheese<br>with<br>Smiley Fries<br>Peach Slices<br>Jiggling Jell-O <b>25</b> | PAPA JOHNS PIZZA<br>Cheese<br>with <br>Veggies w/Dip<br>Oranges <b>26</b> | CARDINALS PEP RALLY<br>Double Play Dog<br>Or<br>On Deck Chicken Rings<br>Fair Ball Fries<br>Curve Ball Cookie<br>Stolen Base Strawberries <b>27</b>  | Toasted Cheese Ravioli<br>OR<br>Fish Sticks<br>with<br>Green Beans<br>Brownie<br>Tropical Fruit <b>28</b> |
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| Breaded Chicken Patty<br>OR<br>Grilled Hamburger<br>with<br>Golden French Fries<br>Fresh Veggies & Dip<br>Mandarin Oranges <b>31</b> |
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## Did you know?

National Registered Dietitian Day is March 12<sup>th</sup>. Dietitians plan meals to help people obtain proper nutrition and stay strong and healthy as possible. Thank you to our RD, Lisa Baragiola!

