

November

St Paul School

FOOD IN
FOCUS



Grades 5th -8th

Monday: Chicken Nuggets with Fries
Tuesday: Chicken Patty Sandwich with Chips
Wednesday: Big Texas Grilled Cheese with Chips
Thursday: Bacon Cheeseburger with Chips
Friday: Toasted Ravioli & Sauce with Fruit

Plate Lunch Prices

Pre-School \$4.50
Grades K-2nd \$5.00
Grades 3rd-8th \$5.50
Extra Entrée \$2.15
Ala Carte Milk or Bottled Water \$5.00

Available Daily
Snack Rack & Drink Cooler
Many offerings & various prices

Sharon LaBarge, Cafe Manager
cafeteria@stpaulknights.org

Please Check your Meal Magic Account. Thank You!

MENU IS SUBJECT TO CHANGE

Contact our dietitian at lisa@foodserv.org for special dietary and allergy concerns.

For more information about FSC or employment opportunities, please go to www.foodserviceconsultants.org

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



Did you know?

The first known stuffing recipe is found in a cookbook written sometime between 200 BC and 100 AD by a chef named Apicius.

Crispy Nachos with Cheese
OR
Hot Dog on a Bun with
Fresh Veggies with Dip
Sweet Strawberries
Vanilla Wafers **3**

Popcorn Chicken
OR
Hot Ham & Cheese on Croissant
with
Golden French Fries
Green Beans
Brownie **4**

PAPA JOHNS PIZZA
Cheese
Fresh Veggies with Dip
Oranges
Oven Baked Cookie **5**



Classic Baked Lasagna
OR
Chicken Nuggets with
Tossed Salad
Garlic Breadstick
Fresh Apples **6**

No Lunch **7**

Chicken Rings
OR
Cheese Stuffed Bosco Stick
with
Apple Slices
Sweet Corn
Sparkling Jell-O **10**

VETERANS DAY
Tribute Toasted Ravioli
Or
Red, White & Blue Dino
Nuggets
Hero Green Beans
Overseas Oranges
Courage Cookie **11**



PAPA JOHNS PIZZA
Pepperoni
Fresh Veggies with Dip
Grapes
Oven Baked Cookie **12**



Mini French Toast
OR
Mini Waffles
with
Sausage Patty
Hash Browns
Creamy Yogurt **13**

Mini Corn Dogs
OR
Crispy Chicken Tenders
with
Tossed Salad
Vine-Ripened Grapes
Mini Rice Krispies Treat **14**

Pizza Quesadilla
OR
Mini Tacos
with
Mixed Veggies
Crunchy Grapes
Cinnamon Goldfish **17**

MICKEY MOUSE'S BIRTHDAY
Mickey Cheeseburgers
OR
Magic Pretzel w/ Cheese
Minnie Chips (Lays Chips)
Goofy Fruit
Donald Duck Dessert **18**



PAPA JOHNS PIZZA
Cheese
Fresh Veggies with Dip
Oranges
Oven Baked Cookie **19**



Golden Grilled Cheese
OR
Chicken Rings
with
Ruffles Chips
Sweet Strawberries
Chilled Pudding **20**

Popcorn Chicken
OR
Baked Ravioli with Meat
Sauce
with
Tossed Mixed Greens
Diced Peaches
Ice Cream **21**

Carnival Corn Dog
OR
Baked Chicken Leg
with
Smiley Face Potatoes
Crisp Grapes
Cookie **24**

Stadium Style Hot Dog
OR
Crispy Chicken Nuggets
with
Tater Tots
Fresh Veggies with Dip
Creamy Sherbet **25**

No Lunch **26**



27

28