

October

St Paul School

**FOOD IN
FOCUS**



Grades 5th -8th

Monday: Chicken Strips w/ Fries

**Tuesday: Bosco Stick and
Sauce w/ Fruit**

**Wednesday: Soft Pretzel w/
Cheese and Fruit**

**Thursday: Grilled Chicken
Sandwich w/ Chips**

**Friday: Tony's Cheese Pizza w/
Fruit**

Plate Lunch Prices

Pre-School \$4.50

Grades K-2nd \$5.00

Grades 3rd-8th \$5.50

Extra Entrée \$2.15

**Ala Carte Milk or Bottled Water
\$.50**

Available Daily

Snack Rack & Drink Cooler

Many offerings & various prices

**Sharon LaBarge, Cafe Manager
cafeteria@stpaulknights.org**

**Please Check your Meal Magic
Account. Thank You!**

MENU IS SUBJECT TO CHANGE

Contact our dietitian at lisa@foodserv.org
for special dietary and allergy concerns.

For more information about FSC or
employment opportunities, please go to
www.foodserviceconsultants.org

MONDAY



Did you know?

The largest pumpkin ever
grown weighed 1,140 pounds!

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

PAPA JOHNS PIZZA
Cheese
Fresh Veggies with Dip
Oranges
Oven Baked Cookie



1

Bosco Pepperoni Stick
OR
Popcorn Chicken
with
Tossed Mixed Greens
Diced Peaches
Vanilla Wafers

2

No Lunch

3

Chicken Rings
OR
Cheese Stuffed Bosco
Stick
with
Apple Slices
Sweet Corn
Sparkling Jell-O

6

Dinosaur Chicken
Nuggets
OR
Golden Grilled Cheese
with
Smiley Fries
Peach Slices
Teddy Grahams

7

PAPA JOHNS PIZZA
Pepperoni
Fresh Veggies with Dip
Grapes
Oven Baked Cookie



8

ST. LOUIS BLUES SPECIAL
Hockey Sticks (French Toast)
Or
Between the Pipes Pancakes
Hockey Puck (Sausage)
Goalie Fruit
Hat Trick Hash Brown

9

Baked Macaroni &
Cheese
OR
Chicken Nuggets
with
Fresh Veggies with Dip
Mandarin Oranges
Cinnamon Goldfish

10

Chicken Snack Wrap
Or
Mini Corndogs
Fresh Veggies w/dip
Seasonal Fresh Fruit
Cookie

13

Hot Dog on a Bun
OR
Chicken Mini Tacos
with
Crispy French Fries
Orange Wedges
Mini Rice Krispies Treat

14

PAPA JOHNS PIZZA
Cheese
Fresh Veggies with Dip
Grapes
Oven Baked Cookie



15

Crispy Chicken Strips
OR
Turkey and Cheese
Croissant
with
Chips
Garden Salad
Ice Cream Cup

16

Chicken Breast on Bun
OR
Corn Dog
with
Garden Green Beans
Pineapple Chunks
Sparkling Jell-O

17

Mostaccioli with Meat
Sauce
OR
Toasted Beef Ravioli
with
Tossed Salad
Fresh Apple Slices
Breadstick

20

HALLOWEEN SPECIAL
Boo Burger
Or
Scary Soft Pretzel w/
Cheese
Skeleton Bones (Fries)
Bat Teeth (Corn)
Witch's Surprise

21

PAPA JOHNS PIZZA
Pepperoni
Fresh Veggies with Dip
Oranges
Oven Baked Cookie



22

No Lunch

23

Fall Break

24

Fall Break - No School

27

28

29

30

Halloween

Fall Break



31