

September

St. Paul
Catholic
School

FOOD IN
FOCUS



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Did you know?

The U.S. constitution was signed
on September 17, 1787!



4

Emoji Waffle
OR
French Toast Sticks
with
Golden Hash Browns
Tropical Fruit Medley
Mini Blueberry Muffin

5

PAPA JOHNS CHEESE
PIZZA



with
Orange Wedges
Oreo Cookies

6

Crispy Nachos with Cheese
OR
Carnival Corn Dog
with
Fresh Veggies & Dip
Tropical Mixed Fruit
Vanilla Wafers

7

Spaghetti with Meat Sauce
OR
Chicken Bacon Wrap
with
Garden Green Beans
Pineapple Chunks
Jell-O

8

Popcorn Chicken
OR
Hot Ham and Cheese
with
Fruit Flavored Yogurt
French Fries
Freshly Baked Brownie

11

Stadium Style Hot Dog
OR
Crispy Chicken Nuggets
with
Tater Tots
Fresh Veggies & Dip
Creamy Sherbet

12

PAPA JOHNS Pepperoni
PIZZA



with
Orange Wedges
Oreo Cookies

13

Dinosaur Chicken Nuggets
OR
Golden Grilled Cheese
with
Vegetable Medley
Frosty Peaches
Jiggling Jell-O

14

Mini Stuffed Tacos
OR
Cheesy Quesadilla
with
Fiesta Rice
Flame Roasted Corn
Frosty Cherries

15

Penne with Meat Sauce
OR
Toasted Cheese Ravioli
with
Tossed Salad with Dressing
Fresh Apple Slices
Bread Stick

18

Fluffy Pancake
OR
Scrambled Eggs
with
Pork Sausage Patty
Fresh Melon
Creamy Yogurt

19

PAPA JOHNS CHEESE
PIZZA



with
Orange Wedges
Oreo Cookies

20

Breaded Chicken Patty
OR
Grilled Hamburger
with
Golden French Fries
Fresh Veggies & Dip
Mandarin Oranges

21

Chicken Alfredo Pasta
OR
Toasted Beef Ravioli
with
Garlic Breadstick
Garden Salad
Diced Pears

22

Captain's Fish Bites
OR
Cheesy Quesadilla
with
Chips
Garden Green Beans
Oreo Cookies

25

Crispy Chicken Strips
OR
Turkey & Cheese Croissant
with
Golden French Fries
Garden Salad
Ice Cream Cup

26

PAPA JOHNS Pepperoni
PIZZA



with
Orange Wedges
Oreo Cookies

27

Chicken Rings
OR
Toasted Beef Ravioli
with
Buttered Noodles
Golden Corn
Sparkling Jell-O

28

No School-
Professional
Development
Day

29

Daily Specials \$3.50

Grades 5th-8th Only

Monday Chicken Patty Sandwich & Chips

Tuesday Tony 5" Cheese Pizza & Fruit

Wednesday Grilled Cheese & Fruit

Thursday Bosco Sticks w Sauce & Fruit

Friday Chicken Nuggets & Fries Basket

Plate Lunch Prices

Pre-School \$ 4.00

Grades K-2nd \$ 4.50

Grades 3rd-8th \$ 4.85

Extra Entrée \$1.95

Ala Carte Milk or Bottled Water \$.50

Available Daily

Snack Rack & Drink Cooler

Many offerings & various prices

Please Check your MYSCHOOLBUCKS
Account

Thank you!

MENU IS SUBJECT TO CHANGE

Contact our dietitian
at lisa@foodserv.org for special
dietary concerns

For more information about FSC or
employment opportunities, please go to
www.foodserviceconsultants.org

