

September

St Paul School

**FOOD IN
FOCUS**



Grades 5th -8th

Monday: Spicy Chicken

Sandwich with Chips

Tuesday: Tony's 5 inch Cheese

Pizza with Fruit

Wednesday: Grilled Cheese on

Texas Toast with Chips

**Thursday: Chicken Nuggets and
Fries**

**Friday: Bacon Cheeseburger w/
Chips**

Plate Lunch Prices

Pre-School \$4.50

Grades K-2nd \$5.00

Grades 3rd-8th \$5.50

Extra Entrée \$2.15

**Ala Carte Milk or Bottled Water
\$.50**

Available Daily

Snack Rack & Drink Cooler

Many offerings & various prices

Sharon LaBarge, Cafe Manager

cafeteria@stpaulknights.org

Please Check your Meal Magic

Account. Thank You!

MENU IS SUBJECT TO CHANGE

Contact our dietitian at lisa@foodserv.org
for special dietary and allergy concerns.

For more information about FSC or
employment opportunities, please go to
www.foodserviceconsultants.org

MONDAY

Labor Day

No School

1

TUESDAY

Bosco Pepperoni Stick
or
Baked Ravioli with
Meat Sauce
Tossed Mixed Greens
Diced Peaches
Vanilla Wafers

2

WEDNESDAY

PAPA JOHN'S PIZZA
Cheese

with
Veggies and Dip
Cookie
Grapes

3

THURSDAY

Breaded Chicken Patty
Sandwich
or
Pig in a Blanket
Broccoli
Fresh Apple Slices
Teddy Grahms

4

FRIDAY

Half Day

No Lunch Service

5

Pizza Quesadilla
or
Dinosaur Chicken
Nuggets
Tossed Salad
Crunchy Grapes
Cinnamon Goldfish

8

Emoji Waffle
or
French Toast Sticks
Golden Hashbrown
Frosty Strawberries
Mini Blueberry Muffin

9

PAPA JOHN'S PIZZA
Pepperoni

with
Veggies and Dip
Cookie
Oranges

10

Breaded Popcorn
Shrimp
or
Hot Dog on a Bun
Tator Tots
Steamed Vegetable
Medley
Creamy Sherbert

11

Classic Baked
Lasagna
or
Chicken Nuggets
Tossed Salad
Breadstick
Fresh Apple Slices

12

Baked Chicken Leg
or
Grilled Hamburger
Smiley Face Potatoes
Fresh Veggies and Dip
Mandarin Oranges

15

Golden Grilled Cheese
or
Chicken Rings
Chips
Sweet Strawberries
Chilled Pudding

16

PAPA JOHN'S PIZZA
Cheese

with
Veggies and Dip
Cookie
Grapes

17

Beefy Nachos
or
Soft Pretzel with
Cheese
Pineapple Chunks
Corn
Churro

18

Popcorn Chicken
or
Hot Ham and Cheese
Sliders
Golden French Fries
GreenBeans
Applesauce

19

Toasted Beef Ravioli
or
Bosco Cheese Stick
Broccoli
Fresh Seasonal Fruit
Brownie

22

Pancake Sausage
Bites
or
Mini Waffles
Golden Hashbrowns
Frosty Peaches
Creamy Yogurt

23

PAPA JOHN'S PIZZA
Pepperoni

with
Veggies and Dip
Cookie
Oranges

24

Mini Corn Dogs
or
Crispy Chicken Strips
Tossed Salad
Vine-Ripped Grapes
Mini Rice Krispies Treat

25

Walking Taco
or
Dinosaur Chicken
Nuggets
Fiesta Rice
Golden Corn
Chuuro

26

Stadium Hot Dog
or
Crispy Chicken
Nuggets
Tator Tots
Fresh Vegies and Dip
Creamy Sherbert

29

Carnival Corn Dog
or
Cheeseburger on a Bun
Chips
Crisp Grapes
Jello

30



Did you know?

818 hot dogs are eaten every second in the
U.S. between Memorial Day and Labor Day.