

ST. PAUL IN ST. PAUL

Healthy Habits Lunch

DECEMBER 2109



**= Baked*

WG=Whole Grain Ingredients

Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
<p>HOT LUNCH</p> <p>* Chicken Strips Corn Fresh Fruit/Seasonal Cookie Milk, Fat Free</p> <p><u>ALTERNATE</u> Meatball Slider</p>	<p>HOT LUNCH</p> <p><u>BREAKFAST FOR LUNCH!</u></p> <p>*French Toast Sticks Syrup *Bacon *Triangle Hash Brown Fresh Fruit/Seasonal Milk, Fat Free</p> <p><u>ALTERNATE</u> Scrambled Eggs</p>	<p>HOT LUNCH</p> <p>Papa John's Pepperoni Pizza Tossed Salad w/dressing Fresh Fruit/Seasonal Milk, Fat-Free</p> <p>DONUTS BEFORE SCHOOL \$1.00 Cash Only</p> <p><u>NO ALTERNATE</u></p>	<p>HOT LUNCH</p> <p><u>DISNEY DAY</u></p> <p>Snow White Cheeseburger Jungle Book Corn Mary Poppins Fruit Mickey Mouse Chocolate Pudding Minnie Milk, Fat-Free</p> <p><u>ALTERNATE</u> Disneyland Chicken Drumsticks</p>	<p style="text-align: center;">1/2 DAY NO FOOD SERVICE</p>
9	10	11	12	13
<p>HOT LUNCH</p> <p>Bowl of Chili *Cheddar Goldfish, WG Fresh Fruit/Seasonal Vanilla Ice Cream Milk, Fat Free</p> <p><u>ALTERNATE</u> Popcorn Chicken</p>	<p>HOT LUNCH</p> <p>Glad Tidings Grilled Cheese Joseph's Chips Mary's Chilled Fruit Wise Men's Cookie Mistletoe Milk, Fat Free</p> <p><u>ALTERNATE</u> Comet's Chicken Drumstick</p>	<p>HOT LUNCH</p> <p>CHICK-FIL-A <u>Grades Pk-4</u> Chicken Slider French Fries Fresh Fruit/Seasonal Milk, Fat Free <u>Grades 5-8</u> Large Chicken Sandwich Fries \$5.30</p> <p><u>NO ALTERNATE</u></p>	<p>HOT LUNCH</p> <p><u>SNOWBALL SPECIAL</u></p> <p>Mistletoe Macho Nachos Taco Meat, Cheese, Lettuce, Tomatoes and other Toppings</p> <p><u>NO ALTERNATE</u></p>	<p>HOT LUNCH</p> <p><u>CHRISTMAS SPECIAL</u></p> <p>Santa Bites (Mini Corn Dogs) Tinsel Fries Sugar Plum Jell-O Elfin Cookie Mistletoe Milk</p> <p><u>ALTERNATE</u> Comet's Cheese Quesadilla</p>
16	17	18	19	20
<p>HOT LUNCH</p> <p>Reindeer Antlers (Bosco Stick) Christmas Tree Green Beans Elf Fruit Mistletoe Milk, Fat Free</p> <p><u>ALTERNATE</u> Holiday Hot Dog</p>	<p>HOT LUNCH</p> <p><u>CHRISTMAS SPECIAL</u></p> <p>Santa Bites (Nuggets) Antlers (Fries) Bells & Snowflakes (Jell-O Bells) Snowflake Brown Mistletoe Milk</p> <p><u>ALTERNATE</u> Candy Cane Toasted Ravioli</p>	<p>HOT LUNCH</p> <p><u>MERRY CHRISTMAS!</u></p> <p>Grinch Papa Johns Cheese Pizza Cindy Lou's Carrots & Celery with Ranch Dressing Rudolph Chilled Fruit Mistletoe Milk, Fat Free</p> <p><u>NO ALTERNATE</u></p>	<p style="text-align: center;">1/2 DAY NO FOOD SERVICE</p>	<p style="text-align: center;">CHRISTMAS BREAK</p>
23	24	25	26	27
NO SCHOOL	NO SCHOOL	NO SCHOOL	NO SCHOOL	NO SCHOOL
30	31			
NO SCHOOL	NO SCHOOL			

DAILY SPECIALS (GRADES 5-8 ONLY)

2 BOSCO STICKS WITH SAUCE \$3.00	BACON CHEESEBURGER AND CHIPS \$3.20	GRILLED CHEESE ON TEXAS TOAST 3.10	CHICKEN PATTY ON BUN WITH CHIPS 3.10	CHICKEN STRIPS AND FRIES 2.90
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All FSC menus follow the USDA guidelines & Archdiocese Wellness Plan and have been approved by Registered Dietitian Associates, Inc. (does not include alternate entrée).



Food Service Consultants, Inc.

"Serving You With Pride"

