## ST. PAUL IN ST. PAUL

## Healthy Habits Lunch

## JANUARY 2019

large salad will be available		-	*= Baked	WG=Whole Grain Ingred
Monday	Tuesday	Wednesday	Thursday	Friday
	1	2	3	
		HOT LUNCH	HOT LUNCH	
0 _ 0	NO SCHOOL	PAPA JOHNS	NATIONAL SPAGHETTI DAY	1/2 DAY
		CHEESE PIZZA	Spaghetti with Meat Sauce	
	MARTINA	CARROTS & CELERY	Green Beans	NO LUNCH SERVICE
	WALTER WISO	WITH RANCH DRESSING	Breadstick	
Jarquary		CHILLED FRUIT	100% Fruit Juice Bar	
3	YEAR	MILK, FAT FREE Better Figure.	Milk, Fat Free	
		NO ALTERNATE	<u>ALTERNATE</u>	
			Chicken Drumstick	
7	HOT LUNCH	9	HOT LUNCH	HOTHINGH
HOT LUNCH	Pulled Pork Slammer	HOT LUNCH		HOT LUNCH
*Jumbo Corn Dog Corn	Palled Pork Slammer Pasta Salad	PAPA JOHNS	Beef Dippers	NATIONAL DONUT DAY
Fresh Fruit/Seasonal		PEPPERONI PIZZA TOSSED SALAD	Mashed Potato with Gravy	BREAKFAST FOR LUNCH!
*Vanilla Wafers	Pickle Chips Fresh Fruit/Seasonal	WITH DRESSING	Fresh Fruit/Seasonal Green Beans	Scrambled Eggs *Hash Brown Triangle
Milk, Fat Free	Milk, Fat Free	CHILLED FRUIT	Milk, Fat Free	Fresh Fruit/Seasonal
Willik, Fat Flee	willk, Fat Flee	MILK, FAT FREE  Retter Pizza.  Better Pizza.	ivilik, rat riee	Donut
		DONUTS BEFORE SCHOOL		Milk, Fat Free
		\$1.00 CASH ONLY		ivilik, Fat Fiee
ALTERNATE	ALTERNATE	NO ALTERNATE	ALTERNATE	ALTERNATE
Crunchy Taco	Chicken Drummies	NO BELLINGSIE	Hot Dog	French Toast Sticks
14	15	16	17	Trenen rouse stiens
HOT LUNCH	HOT LUNCH	HOT LUNCH	HOT LUNCH	HOT LUNCH
NATIONAL SOUP MONTH	Soft Pretzel with Cheese	CHICK-FIL-A DAY	* Chicken Strips	NATIONAL POPCORN DAY
Bowl of Chili	Carroteenies	GRADES PK-4	PPO Souss	Turkey & Cheese Panini
*Cheddar Goldfish, WG	Light Ranch Dressing	CHICKEN SLIDER	Corn	Fresh Veggies with Dip
Fresh Fruit/Seasonal	Fresh Fruit/Seasonal	FRENCH FRIES	Fresh Fruit/Seasonal	Fresh Fruit/Seasonal
Jell-O	Brownie	FRESH FRUIT/SEASONAL	Cookies	Popcorn
Milk, Fat Free	Milk, Fat Free	MILK, FAT FREE	Milk, Fat Free	Milk, Fat Free 🌃
		GRADES 5-8		PO
	4 <del>4</del>	LARGE CHICKEN SANDWICH		COL
<u>ALTERNATE</u>	<u>ALTERNATE</u>	AND FRIES \$5.25	<u>ALTERNATE</u>	<u>ALTERNATE</u>
Grilled Cheese	Meatball Sub	NO ALTERNATE	Cheeseburger Burrito	Chicken Nuggets
21	22	23	24	
	HOT LUNCH	HOT LUNCH	HOT LUNCH	HOT LUNCH
NO SCHOOL	NATIONAL CHEESE LOVER'S DAY	PAPA JOHNS	NATIONAL EGG DAY	Chicken Parmesan Slider
	Nachos and Cheese, WG	CHEESE PIZZA	BREAKFAST FOR LUNCH!	Grapes
MARTIN .	Green Beans	CARROTS & CELERY	*Pancake with Syrup	Tossed Salad
MARTIN LUTHER	Fresh Fruit/Seasonal	WITH RANCH DRESSING	*Sausage Patty	100% Fruit Juice Bar
KING JR.	Churro	CHILLED FRUIT PAR Better Ingredients.	Fresh Fruit/Seasonal	Milk, Fat Free
Duy	Milk, Fat Free	MILK, FAT FREE Better Pizza	Yogurt	
All Marie Marie	ALTERNATE	NO ALTERNATE	Milk, Fat Free	ALTEDALATE
	ALTERNATE Soft Tage	NO ALTERNATE	ALTERNATE For & Chaosa Bagal	ALTERNATE Baked Macaroni & Cheese
30	Soft Taco	30	Egg & Cheese Bagel	Baked Iviacaroni & Cheese
HOT LUNCH	HOT LUNCH	HOT LUNCH	HOT LUNCH	
rkey & Cheese on Skinny Bun	NATIONAL CORN CHIP DAY	PAPA JOHNS	*Toasted Ravioli	
Baby Carrots	Sweet N Sour Chicken	PEPPERONI PIZZA	Green Beans	
Light Ranch Dressing	White Rice	TOSSED SALAD	Fresh Fruit/Seasonal	
Fresh Fruit/Seasonal	Steamed Broccoli	WITH DRESSING	*Cookie	
Rice Krispies Treat	Fortune Cookie	CHILLED FRUIT	Milk, Fat Free	
Milk, Fat Free	Milk, Fat Free	MILK, FAT FREE Better Ingredients.	ICE CREAM CUPS	
ivility i de l'ice	issuit, ractive	Better Pizza.	\$1.00 CASH ONLY	
ALTERNATE	ALTERNATE SALTERNATE	NO ALTERNATE	ALTERNATE	
eaded Chicken Patty Sandwich	Taco Frito Boat	NO BELLINGSIE	Bosco Stick	
sassa cincicii i atty sanawith		AILY SPECIALS (GRADES 5-8 ONL		
2 BOSCO STICKS	CHICKEN STRIPS	PRETZEL	TONY'S 5" PIZZA	BACON CHEESEBURGER
	C. HOREIT STRIFTS	THETELL		D. CON CHEESEBORGER
WITH SAUCE \$3.00	WITH FRIES \$2.90	WITH CHEESE \$1.75	\$2.75	WITH CHIPS \$3.20

Food Service Consultants, Inc.

"Serving You With Pride"



