

ST. PAUL IN ST. PAUL

Healthy Habits Lunch

MARCH 2020



*= Baked

WG=Whole Grain Ingredients

Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
<p>HOT LUNCH <u>DR. SEUSS DAY</u> Grinch Hot Dog Sam I Am Logs (Fries) Cat 'n the Hat Applesauce Red Fish/Blue Fish Milk</p> <p>ALTERNATE Thing 1 Chicken Drumstick</p>	<p>HOT LUNCH Baked Macaroni & Cheese Green Beans Fresh Fruit/Seasonal Teddy Grahams Milk, Fat Free</p> <p>ALTERNATE Jumbo Corndog</p>	<p>HOT LUNCH Papa John's Pepperoni Pizza Carrots/Celery w/Ranch Dressing Chilled Fruit Milk, Fat Free</p> <p>DONUTS BEFORE SCHOOL \$1.00 CASH ONLY NO ALTERNATE</p>	<p>HOT LUNCH <u>SPRING BREAK SPECIAL</u> Relaxing Ravioli Beachside Marinara Sauce Tossed Salad Frolicking Fruit Take it Easy Milk</p> <p>ALTERNATE Just Chillin' Chicken Strips</p>	<p>HOT LUNCH EARLY DISMISSAL NO LUNCH SERVICE</p>
9	10	11	12	13
16	17	18	19	20
<p>HOT LUNCH <u>SPRING BREAK SPECIAL</u> Bahama Burger St. Thomas Tator Tots "Get Going" Green Beans Frolicking Fruit Oceanside Milk</p> <p>ALTERNATE Cayman Island Chicken Drumsticks</p>	<p>HOT LUNCH <u>ST. PATRICK'S DAY</u> McChicken Nuggets Irish Tator Tots Shimmering Jell-O Cubes Shamrock Cookie Lucky Milk Carton</p> <p>ALTERNATE Pot O' Gold Pretzel & Cheese</p>	<p>HOT LUNCH Papa John's Cheese Pizza Tossed Salad/Dressing Chilled Fruit Milk, Fat Free</p> <p>NO ALTERNATE</p>	<p>HOT LUNCH Chicken Wrap Potato Chips Fresh Fruit/Seasonal Jell-O Milk, Fat Free</p> <p>SUPERVISOR SPECIAL DIRT CUPS \$1.25 CASH ONLY</p> <p>ALTERNATE Mini Corn Dogs</p>	<p>HOT LUNCH Golden Grilled Cheese Fresh Vegetables w/dip Fresh Fruit/Seasonal Vanilla Ice Cream Milk, Fat Free</p> <p>ALTERNATE Toasted Cheese Ravioli</p>
23	24	25	26	27
<p>HOT LUNCH Grand Slam Chicken Patty on Bun Baseball Chips Curveball Cookie Bases Loaded Fresh Fruit Homerun Milk, Fat Free</p> <p>ALTERNATE Cheerleader Crunchy Taco</p>	<p>HOT LUNCH <u>BREAKFAST FOR LUNCH!</u> *French Toast Sticks Syrup *Bacon *Triangle Hash Brown Fresh Fruit/Seasonal Milk, Fat Free</p> <p>ALTERNATE Waffle & Syrup</p>	<p>HOT LUNCH Papa John's Pepperoni Pizza Carrots/Celery w/Ranch Dressing Chilled Fruit Milk, Fat Free</p> <p>NO ALTERNATE</p>	<p>HOT LUNCH *Bosco Breadstick Sauce Lettuce & Carrot Salad Lite Ranch Dressing Applesauce Oreo Cookies Milk, Fat Free</p> <p>ALTERNATE Chicken Strips</p>	<p>HOT LUNCH *Fish Sticks & Tartar Sauce Green Beans Fresh Fruit/Seasonal Flavorful Jell-O Milk, Fat Free</p> <p>ALTERNATE Cheese Quesadilla</p>
30	31			
<p>HOT LUNCH Turkey, Bacon & Cheese on Skinny Bun Baby Carrots Light Ranch Dressing Fresh Fruit/Seasonal Mini Rice Krispies Treat Milk, Fat Free</p> <p>ALTERNATE Chicken Drumsticks</p>	<p>HOT LUNCH *Chicken Nuggets Mashed Potatoes & Gravy Mixed Vegetables Rainbow Sherbet Milk, Fat Free</p> <p>ALTERNATE Meatball Sub</p>			

Daily Specials (Grades 5-8 only) \$3.50

Chicken Nuggets and Fries	Chicken Patty on Bun and Chips	Grilled Cheese on Texas Toast & Chips	Cheeseburger and Chips	2 Bosco Sticks w/Sauce & Fruit
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All FSC menus follow the USDA guidelines & Archdiocese Wellness Plan and have been approved by Registered Dietitian Associates, Inc. (does not include alternate entrée).



Food Service Consultants, Inc.
"Serving You With Pride"

