





# ST. PAUL IN ST. PAUL

## Healthy Habits Lunch

**MAY 2021**

\* = Baked

WG = Whole Grain Ingredients

Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5	6	7
<p><b>ENTRÉE CHOICE 1</b> *Popcorn Shrimp</p> <p><b>ENTRÉE CHOICE 2</b> Chicken Drumsticks</p> <p><b>SIDE ITEMS:</b> *Seasoned Fries Mixed Vegetables *Cookie Milk, Fat Free</p>	<p><b>STAR WARS DAY</b></p> <p><b>ENTRÉE CHOICE 1</b> Luke Skywalker Chicken Strips</p> <p><b>ENTRÉE CHOICE 2</b> Hot Dog on Bun</p> <p><b>SIDE ITEMS:</b> Boba Fett BBQ Sauce Stormtrooper Corn R2D2 Fruit Eewok Cookie Darth Vader Milk</p>	<p>PAPA JOHN'S PEPPERONI PIZZA</p> <p>Carrots &amp; Celery/Ranch Chilled Fruit Milk, Fat Free</p> 	<p><b>ENTRÉE CHOICE 1</b> Mini Tacos</p> <p><b>ENTRÉE CHOICE 2</b> Spaghetti with Meatballs</p> <p><b>SIDE ITEMS:</b> Corn Seasonal Fresh Fruit Churro Milk, Fat Free</p>	<p style="text-align: center;">1/2 DAY</p> <p style="text-align: center;">NO LUNCH</p>
10	11	12	13	14
<p><b>ENTRÉE CHOICE 1</b> Crunchy Taco, WG</p> <p><b>ENTRÉE CHOICE 2</b> Chicken Drumstick</p> <p><b>SIDE ITEMS:</b> Spanish Rice, WG Mexicali Corn Seasonal Fresh Fruit Milk, Fat Free</p>	<p><b>ENTRÉE CHOICE 1</b> *Bosco Stick with Spaghetti Sauce</p> <p><b>ENTRÉE CHOICE 2</b> Toasted Ravioli with Sauce</p> <p><b>SIDE ITEMS:</b> Mixed Vegetables Seasonal Fresh Fruit Teddy Grahams Milk, Fat Free</p>	<p>PAPA JOHN'S CHEESE PIZZA</p> <p>Tossed Salad/Ranch Chilled Fruit Milk, Fat Free</p> 	<p><b>ENTRÉE CHOICE 1</b> *Chicken Nuggets</p> <p><b>ENTRÉE CHOICE 2</b> Hot Dog on Bun</p> <p><b>SIDE ITEMS:</b> Green Beans Seasonal Fresh Fruit Rice Krispies Treat Milk, Fat Free</p>	<p><b>ENTRÉE CHOICE 1</b> *Chicken Patty Sandwich WG</p> <p><b>ENTRÉE CHOICE 2</b> Fish Sticks</p> <p><b>SIDE ITEMS:</b> *French Fries/Ketchup Green Beans Seasonal Fresh Fruit Milk, Fat Free</p>
17	18	19	20	21
<p><b>ENTRÉE CHOICE 1</b> Mini Corn Dogs with Ketchup</p> <p><b>ENTRÉE CHOICE 2</b> Toasted Cheese Ravioli with Sauce</p> <p><b>SIDE ITEMS:</b> Tossed Salad Seasonal Fresh Fruit Cookie Milk, Fat Free</p>	<p><b>ENTRÉE CHOICE 1</b> *Waffle with Syrup</p> <p><b>ENTRÉE CHOICE 2</b> French Toast Sticks with Syrup</p> <p><b>SIDE ITEMS:</b> *Sausage Patty Seasonal Fresh Fruit Strawberry Yogurt Cup Milk, Fat Free</p>	<p>PAPA JOHN'S PEPPERONI PIZZA</p> <p>Carrots &amp; Celery/Ranch Chilled Fruit Milk, Fat Free</p> 	<p><b>MACHO NACHOS</b> CHIPS, TACO MEAT, CHEESE, SALSA ASSORTED TOPPING MILK, FAT FREE</p> <p style="text-align: center;">NO ALTERNATE</p>	<p style="text-align: center;">1/2 DAY</p> <p style="text-align: center;">NO LUNCH</p>
24	25	26	27	28
<p><b>ENTRÉE CHOICE 1</b> Happy Cheeseburger</p> <p><b>ENTRÉE CHOICE 2</b> Catch Me If You Can Chicken</p> <p><b>SIDE ITEMS:</b> It's Been Fun French Fries Sleeping In Carrot Sticks Going on Vacation Fruit Good Bye Milk</p>	<p><b>ENTRÉE CHOICE 1</b> Sunny Skies Ahead Grilled Cheese</p> <p><b>ENTRÉE CHOICE 2</b> Farewell Chicken</p> <p><b>SIDE ITEMS:</b> Fun in the Sun Fruit Catch Some Rays Chips Cool Times Ahead Treat Goodbye Milk</p>	<p style="text-align: center;">1/2 DAY</p> <p style="text-align: center;">NO LUNCH</p>		<p style="text-align: center;">CONGRATS TO OUR GRADUATES!</p> 
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## HAVE A GREAT SUMMER! SEE YOU IN THE FALL!



**DAILY SPECIALS (GRADES 5-8 ONLY) \$3.50**

TOASTED RAVIOLI AND FRUIT	CHICKEN PATTY SANDWICH AND CHIPS	GRILLED CHEESE ON TEXAS TOAST WITH FRUIT	CHICKEN STRIPS WITH FRIES	TONY'S 5" PIZZA WITH FRUIT
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All FSC menus follow the USDA guidelines & Archdiocese Wellness Plan and have been approved by Registered Dietitian Associates, Inc. (does not include alternate entrée).

**Food Service Consultants, Inc.**

**"A Local Company Serving You With Pride"**

