

# ST. PAUL IN ST. PAUL

Healthy Habits Lunch

November 2021

\*= Baked

WG=Whole Grain Ingredients

Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	4	5



8	9	10	11	12
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**Hug a Bear day!!**  
 Teddy Bear Bosco Stick with Sauce  
 My Friend Mixed Veggies  
 Teddy Grahams  
 Milk, Fat Free   
**ALTERNATE**  
 Cuddly Mini Tacos

All Natural Hot Dog on Bun  
 Potato Chips  
 Fresh Fruit/Seasonal  
 2 Oreos  
 Milk, Fat Free  
**ALTERNATE**  
 Grilled Chicken Sandwich

PAPA JOHNS PEPPERONI PIZZA  
 CARROTS & CELERY WITH DRESSING  
 CHILLED FRUIT MILK, FAT FREE   
**NO ALTERNATE**

**Veterans Day!!!**  
 Toasted Ravioli  
 Green Beans  
 Oranges  
 Cookie  
 Milk, Fat Free   
**ALTERNATE**  
 Mini Corn Dogs

Crunchy Taco  
 Spanish  
 Mexican Corn  
 Seasonal Fruit  
 Milk, Fat Free  
**ALTERNATE**  
 Chicken Drumsticks

15	16	17	18	19
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Golden Grilled Cheese Sandwich  
 Pickle Spear  
 Seasonal Fruit  
 Cookie  
 Milk, Fat Free  
**ALTERNATE**  
 Pulled Pork Slammer

**Breakfast For Lunch!!!**  
 Waffles with Syrup  
 Turkey Sausage Patty  
 Strawberry Yogurt  
 Seasonal Fresh Fruit  
 Milk, Fat Free   
**ALTERNATE**  
 Biscuit & Gravy

PAPA JOHNS CHEESE PIZZA  
 CARROTS & CELERY WITH DRESSING  
 CHILLED FRUIT MILK, FAT FREE   
**NO ALTERNATE**

**Mickey Mouse's Birthday!!**  
 Mickey Burger  
 Minnie Chips (Tator Tots)  
 Goofy Fruit  
 Donald Duck Dessert  
 Milk, Fat Free   
**ALTERNATE**  
 Chip n' Dale Chicken Nuggets

Popcorn Shrimp  
 French Fries  
 Mixed Vegetables  
 Cookie  
 Milk, Fat Free  
**ALTERNATE**  
 Chicken Bacon Ranch Wrap

22	23	24	25	26
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Poor Boy On WG Coney Bun  
 Potato Chips  
 Seasonal Fresh Fruit  
 Mini Rice Krispies Treat  
 Milk, Fat Free  
**ALTERNATE**  
 Popcorn Chicken

**Thanksgiving Feast!!**  
 Open Face Turkey  
 Mashed Potatoes & Gravy  
 Mixed Vegetables  
 Cookie  
 Milk, Fat Free   
**ALTERNATE**  
 Chicken Drumstick

29	30			
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Jumbo Corn Dog  
 Celery & Carrots Sticks with Dip  
 Seasonal Fruit  
 Vanilla Wafers  
 Milk, Fat Free  
**ALTERNATE**  
 Chicken Drumsticks

Nachos & Cheese  
 Green Beans  
 Churro  
 Seasonal Fresh Fruit  
 Milk, Fat Free  
**ALTERNATE**  
 Chicken Strips



DAILY SPECIALS (GRADES 5-8 ONLY) \$3.50				
CHICKEN PATTY ON BUN AND CHIPS	2 BOSCO STICKS W/ SAUCE AND FRUIT	PRETZEL WITH CHEESE AND FRUIT	CHICKEN NUGGETS AND FRIES	BACON CHEESEBURGER AND CHIPS